



CHILD CARE ASSISTANCE PROGRAM

Division of Public Assistance
Child Care Program Office

Office Use Only

TYPICAL DAILY SCHEDULE OF ACTIVITIES

Complete the section for each age group of children

INFANT AND TODDLER

PRE-SCHOOL

SCHOOL-AGE

Time:	Activity:
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Time:	Activity:
_____	_____
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Time:	Activity:
_____	_____
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_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

REMEMBER:

- Alternate active and quiet play
- Alternate group and individual play
- Provide toys and activities that are age/developmentally appropriate
- Provide choices whenever possible
- Limit screen viewing time, including television, computer, and hand held devices
- Allow time to transition from one activity to the next
- Provide 20 minutes of vigorous physical activity for every 3 hours children are in care
- Do not rush children at meal and snack times
- Encourage children’s independence by allowing them time to try and “do it themselves”