

Eriksen, Christina N (HSS)

From: Wayne, Kathleen A (HSS)
Sent: Monday, August 23, 2010 8:02 AM
To: HSS DPA WIC Coordinators
Cc: HSS DPA WIC Juneau; HSS DPA WIC Anchorage; vanTassel, Robin C (HSS); Bish, Marcey A (HSS); Fitzjarrald, Elinor A (HSS); 'anrrf@uaa.alaska.edu'
Subject: WIC Update August 20
Attachments: Video Viewing Instructions.pdf; NMNI Course Instructions.pdf; NMNI Course Participant Viewing Verification.pdf; Participant Centered Services.pdf; Foraker Exercise Logic Model.doc

Follow Up Flag: Follow up
Flag Status: Flagged

Hi Everyone,

I can't believe that summer is over and school starts next week (at least in Juneau.) Hope you and your staff enjoyed a bountiful summer.

Kathleen

1. Altarum September 8-10 Training ---Altarum is conducting Alaska WIC's Participant Centered Services Technical Assistance visit, September 8-10 2010. Please, let Fatima Hoger know if you plan to send a Champion to the PCS training in Wasilla. For details, please refer to the attached document.

The general schedule is as follows:

- September 8:PCS observations at Alaska Family Services WIC, Wasilla and Palmer.
 - September 9:A 2-4 hour training session on PCS topic(s) fo approximately 20 staff. There are approximately 7 spots available for LAs interested in sending their Champions.
 - September 10:Informational meeting for WIC partners to provide an overview of PCS and to determine opportunities for collaborations at the Frontier Building, 3601 C Street, Conference Room 890.
2. Free Nutrition Education Materials—we are still striving to clean-out or nutrition education storage area. If you are interested in receiving a box of various free nutrition education materials, please contact Christina.Eriksen@alaska.gov . The materials include breastfeeding support, pregnancy calendar/journals, recipes, etc.
 3. BRFS Survey—DHSS completes an annual random telephone survey of Alaskans and WIC has the opportunity to add nutrition questions to this survey. If you have ideas of questions to ask, the due date to submit questions to the BRFS survey team is September 21, so please provide your ideas to me, Kathleen Wayne, by September 1st . If you would like to know more about the BRFS please use this link: <http://www.hss.state.ak.us/dph/chronic/hsl/brfss/default.htm>
 4. **2010 National Maternal Nutrition Intensive Course**--As a continuing education opportunity for Alaska WIC staff, we have enrolled in the group viewing option for the National Maternal Nutrition Intensive Course through the University of Minnesota School of Public Health. This provides an opportunity to view videos of the speakers at the face-to-face conference that was held July 28-30, 2010. These will be available for you from **August 20, 2010 to October 22, 2010**. Please see the attachments for instruction on participating in this educational opportunity.
 5. CLC training: The faculty for the CLC training will be Karin Cadwell and Lois Arnold. Their website is www.healthychildren.cc under faculty to see their bios.

6. Medela has new round bottomed bottles in their pump kits. The bottles do not fit onto the Lactina pump quite as well as the older the bottles. Since they fit snugly, you may need to coax them into the spot on the pump; but they do fit according to Medela. Any problems with Medela products such as Harmony pumps not suctioning properly or the tops coming off need to be discussed with their customer service department. They have staff that may be able to trouble shoot problems or can help to initiate resolution to an issue. Please call them at 1-800-435-8316. If you have an electric breast pump that you feel requires some deep cleaning, this can occur at the Medela service department. Pumps are taken apart, cleaned, put back together and sent back to your agency. This will cost your agency to have this service, so you may want to first call the service department to see if they have other ideas or use a local biomedical company to sterilize the pump for you.
7. Egg Recall—see article below –Thanks Margaret for forwarding this message!

WEDNESDAY, AUGUST 18, 2010 [200,000,000 eggs recalled](#)

FOR IMMEDIATE RELEASE - August 13, 2010 - The following statement was released by officials of Wright County Egg regarding the US Food and Drug Administration's (FDA) on-farm records review and egg testing for Salmonella.

Wright County Egg of Galt, Iowa is voluntarily recalling specific Julian dates of shell eggs produced by their farms because they have the potential to be contaminated with *Salmonella*. *Salmonella* is an organism which can cause serious and sometimes fatal infections in young children, frail or elderly people, and others with weakened immune systems. Healthy persons infected with *Salmonella* often experience fever, diarrhea, nausea, vomiting and abdominal pain. In rare circumstances, infection with *Salmonella* can result in the organism getting into the bloodstream and producing more severe illnesses such as arterial infections, endocarditis or arthritis.

Eggs affected by this recall were distributed to food wholesalers, distribution centers and foodservice companies in California, Illinois, Missouri, Colorado, Nebraska, Minnesota, Wisconsin and Iowa. These companies distribute nationwide.

Eggs are packaged under the following brand names: Lucerne, Albertson, Mountain Dairy, Ralph's, Boomsma's, Sunshine, Hillandale, Trafficanda, Farm Fresh, Shoreland, Lund, Dutch Farms and Kemps. Eggs are packed in varying sizes of cartons (6-egg cartons, dozen egg cartons, 18-egg cartons) with Julian dates ranging from 136 to 225 and plant numbers 1026, 1413 and 1946. Dates and codes can be found stamped on the end of the egg carton. The plant number begins with the letter P and then the number. The Julian date follows the plant number, for example: P-1946 223.

There have been confirmed *Salmonella enteritidis* illnesses relating to the shell eggs and traceback investigations are ongoing.

Wright County Egg is fully cooperating with FDA's investigation by undertaking this voluntary recall. Our primary concern is keeping *Salmonella* out of the food supply and away from consumers. As a precautionary measure, Wright County Egg also has decided to divert its existing inventory of shell eggs to a breaker, where they will be pasteurized to kill any *Salmonella* bacteria present.

Consumers who believe they may have purchased these shell eggs should not eat them but should return them to the store where they were purchased for a full refund. This recall is of shell eggs only. Other egg products produced by Wright County Eggs are not affected. Consumers with questions should visit www.eggsafety.org.

NICE TO KNOW:

Here is a list of all USP verified supplements:

<http://www.usp.org/USPVerified/dietarySupplements/supplements.html>

There are only a few Prenatals on the list.

You should be aware that there is no standard of identity for prenatal vitamins. They contain whatever the company decides should be in there. USP only verifies that the label and the actual ingredients match, and that they are free from contamination and will dissolve and be absorbed.

You should also know that USP also is responsible for verifying Prescription Prenatals, which also have no standard of identity and contain only what the manufacturer decides to put in there. Rx prenatals often contain fewer nutrients than OTCs, plus, they usually come without a Nutrition Facts label. To get that info, the buy has to ask the pharmacy for a copy of the label from their large-quantity supply. (Doctors usually don't know this, either.)

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>>> Marissa Grace <marissagrace@HOTMAIL.COM> 8/4/2010 10:33 AM >>>

Hello I wanted to ask if there was a particular brand of Prenatal vitamins that were recommended over another. In school we learned about GMP and USP for third party testing. But I did not see this on the Prenatal vitamins I looked at in 2 different stores.

Any comments

Marissa Grace RD, CD

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