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From: Wayne, Kathleen A (HSS)
Sent: Friday, August 06, 2010 2:06 PM
To: HSS DPA WIC Coordinators
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Follow Up Flag: Follow up
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Hi Everyone,

1. FY 10 WIC Legislative Audit---The WIC Program Office is having our annual visit from the Legislative Auditors. This week the auditors requested copies of signed Rights & Responsibility forms from a statistical sample of client charts. Christy was tasked with working with LAs to retrieve these files and she really appreciated the quick responses from those LAs... *Muchas Gracias*
2. **IE8 and GE deployments to WIC and other DHSS computers** --DHSS ITS will deploy Internet Explorer (IE8) upgrades statewide Monday, August 9th @ 11pm*. Guardian Edge (GE) will be deployed statewide Tuesday, August 10th @ 11pm*. An automatic reboot will occur during these timeframes. **ALL COMPUTERS MUST BE POWERED-ON IN ORDER TO RECEIVE THESE CRITICAL UPDATES! Please leave your computers powered on at the end of the workday throughout next week. Please power-on any unmanned computers.**

*If IE8 and/or GE has already been deployed to your desktop or laptop, please ignore this message, IE8 and GE *will not* be redeployed to your workstation.

Have a great weekend,
Kathleen

Nice to Know:

Monday , July 26, 2010

WebMD newsletter 
Baby's First Year

Week 9
[Wrong Week?](#)

The Pediatrician is in...

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Dear fatima:

All babies **spit up**. Some spit up more than others. And, other babies really suffer with heartburn and acid reflux (GERD). So, when is it run-of-the-mill regurgitation and when does your baby have a problem? That's what this week's newsletter is all about.



First you have to understand why newborns spit up. At birth, the muscle between the esophagus (swallowing tube) and stomach that is supposed to keep food and stomach acid in the stomach is very loose. Because that muscle is loose, it allows breast milk/formula and stomach acid to come back up (and sometimes out!). That muscle tightens up when babies are about 6 months of age. So, you can look forward to seeing less dry, crusted milk on the shoulders of all your shirts!

Normal spit up is effortless and painless. These babies are called Happy Spitters. Your baby nurses or takes a bottle, then brings up a bit of milk afterward. It may look voluminous, but it's usually only a teaspoon or two. But every once in a while, the entire feeding comes right back at you. That's OK as long as every feeding doesn't come back out as projectile across-the-room vomit.

What's abnormal? How do you know if your baby has **acid reflux** (GERD)? The easiest babies to diagnose are fussy when they spit up. These babies spit up generous volumes of milk and are pretty uncomfortable during and after feedings.

But, remember this rule: Babies with acid reflux don't always spit up. The milk and stomach acid can come up to the esophagus and cause pain, or it can come up behind the nose and cause congestion and wheezing. These babies have different symptoms. Here are some clues:

- A baby who stops midway through a feeding and seems upset.
- A baby who arches her back during or after feeding.
- A baby who refuses a feeding, even when you know she is hungry.
- A baby who is not gaining appropriate weight.
- A baby who cries excessively.
- A baby who stops breathing or has difficulty breathing.

Babies who are in pain, who are not gaining weight, or who have labored breathing due to acid reflux need to be treated until they outgrow this problem. The good news is that most babies outgrow it by 6 months of age. Talk to your pediatrician about treatment options. Some treatments are mechanical maneuvers. And, there are several **medications** that are safe for babies.

Next week: How can you tell if your baby is sick?



by *Dr. Ari Brown*, co-author of the best-selling baby books *Baby 411* and *Toddler 411*, an official spokesperson for the American Academy of Pediatrics and a leading child healthcare advocate.

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Parenting Tips

WebMD
symptom
checker

Abdomen

Select parts of body where you are experiencing pain.

- Head/Neck
- Eyes/Ears
- Chest
- Arm/Hand
- **Abdomen**
- Leg / Foot

CHECK YOUR SYMPTOMS HERE

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