

## Kent, Dana L (HSS)

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**From:** Wayne, Kathleen A (HSS)  
**Sent:** Friday, February 12, 2010 3:46 PM  
**To:** HSS DPA WIC Coordinators  
**Cc:** Hoger, Fatima S (HSS); Kent, Dana L (HSS); Carrillo, Rebecca N (HSS); Albrecht, Alice E (HSS); Nisonger, Elaine P (HSS); Rich, Elaine M (HSS); Danielle Rybicki; Fitzjarrald, Elinor A (HSS)  
**Subject:** WIC Update February 12  
**Attachments:** Property Salvage.doc; Document.pdf

Hi Everyone,

It certainly looks like spring in Juneau. Dana and I were in Ketchikan this week completing an ME at the SEARHC WIC clinic. We would like to thank Susan Hennon and her Ketchikan staff, Janai Meyer and Laurie Williams, for their exceptional hospitality and patience while we observed their program.

1. WIC Program Offices Closed on February 15—the WIC Program Offices will be closed on Monday, February 15<sup>th</sup>, in celebration of President's Day.
2. State WIC Computer & Equipment Salvage/Destruction Form-- The 2010 computer refresh cycle will provide an opportunity for some Local Agencies to dispose of old equipment. Please use the Property Salvage Destruction Request (PSDR) form when replacing old equipment with your new equipment. These forms are in triplicate and are being mailed to you. Directions to use the form are attached and will be mailed along with the forms. Additionally if you have old monitors, printers, mice or keyboards that need to be destroyed they can be given to Dell during this time at no cost to your agency. A copy of the form is attached and shows highlighted areas that need to be filled out by the LA.
3. Additional Logic Model Training Opportunities—The DHSS Grantee Partnership is offering additional free Logic Model Training to program grantees and non-profit organizations. Please contact Chris Carson, 465-6522 or [Chris.Carson@alaska.gov](mailto:Chris.Carson@alaska.gov) if you are interested in attending any of these training sessions. Please note these sessions will not cover the WIC strategic plan.

### **Anchorage** - March 8, 2010, – 11:00 am – 4:30 pm

- BP Energy Center  
900 E. Benson Blvd  
Conference Room ?  
Anchorage, Alaska 99503  
(907) 743-4270

### **Juneau** - March 30, 2010 – 11:00 am – 4:30 pm

- State of Alaska, Retirement and Benefits  
State Office Building  
333 Willoughby Avenue  
Juneau, Alaska 99811  
6<sup>th</sup> Floor Conference Room

### **Homer** - April 13, 2010, 10:30 am – 4:30 pm

- Kachemak Bay Campus of Kenai Peninsula College  
533 E Pioneer Ave, Homer, AK 99603 US  
(907) 235-7743

**Fairbanks** - April 14, 2010, 11:00 am – 4:30 pm

- Division of Public Health  
Public Health Nursing  
Conference Room  
1025 West Barnette  
Fairbanks, Alaska 99701  
Ph# 452-1776

**Barrow** - April 27, 2010, 11:00 am – 4:30 pm

- Inupiat Heritage Center  
Conference Room  
Barrow, Alaska

Have a great weekend,  
Kathleen

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Here is a nice to know:

A breast milk calculator app is available for an iPhone or iPod Touch, along with the Infant Quick Reference laminated cards that were mailed out to clinics last year. If you don't have an iPhone, your clients will! Great resource.

Those of you who have used our INFANT QUICK REFERENCE laminated cards for years will be pleased to know that three of them are now an iPhone, iPod Touch app!

<http://www.geddesproduction.com/phone-apps.php>

The BREAST MILK CALCULATOR app will tell you, or the nursing mother, how much breast milk baby is likely taking from the breast per 24 hours or per feeding. This app was developed using the standard Recommended Dietary Allowances (RDA) calculations based on how much energy a human infant expends and how much 20 calorie/ounce milk the infant needs to keep his weight the same and to gain. As dietitians know, this RDA calculation changes with the age of the infant and the app changes it's calculation with age up to 6 months of life. Use it to:

- Encourage the mother who doubts what baby is getting!
- Determine how much to leave with the sitter if mom is working
- Change pounds/ounces to kg and back again
- Figure in what baby is taking from the SNS & know what baby may may have taken from the breast.

Don't have an iPhone? Your young patients/clients will! Pass this on to generation "Y" who loves technology! Why shouldn't they have access

to the pediatric RDA calculations that pediatricians and dietitians use daily?

<http://itunes.apple.com/us/app/breast-milk-calculator/id348623986?mt=8>