

## **Participant Centered Services**

Altarum's Team, Linnea Sallack, Valerie Long and Doris McGuire will be in Alaska at Alaska Family Services (AFS) WIC for our PCS Implementation TA September 8-10, 2010. AFS WIC is the pilot site and we thank Susan Pougher, Karen Cutler and their enthusiastic staff for allowing us to start implementing PCS at the Wasilla and Palmer WIC clinics. The PCS Implementation Charts summaries developed by AFS and all Local Agencies during our April 2010 meeting are the blueprints for Altarum's TA. Several of AFS' interests are similar to other LAs as well.

### **The purposes of the TA visit are:**

1. To work with AFS WIC Program as a pilot for PCS and with Alaska WIC state staff to assist in planning for support for the AFS pilot site.
2. To meet with Alaska WIC state staff and individuals in their state agency to discuss the PCS initiative.
3. To meet with Alaska WIC state staff and individuals they identify to discuss ideas for using technology to support staff in PCS activities.

### **September 8-9, 2010**

Altarum and Alaska WIC staffs will do observations of WIC operations, staff interactions, clinic environment for PCS strengths and challenges and participants surveys. The afternoon of September 9th, Altarum is providing a 2-4 hour training session on PCS topic(s) for approximately 20 staff. There are approximately 7 spots available for LAs interested in sending their Champions to this training opportunity. They are on a first come first serve basis. Please, let Fatima Hoger know if you plan to send a Champion to the PCS training in Wasilla.

The PCS training topics are those identified on the PCS Implementation Charts under Nutrition Education and Interactions categories.

- Incorporate PCE goal setting into Nutrition Education (add PCE goals to charts, documentation of goals, how to discuss with clients, Building conversations with participants, Circle Charts)
- Mentoring/Champion Skills
- Conduct Nutrition Education online or by phone

### **On September 10, 2010**

Altarum and state staffs are convening an informational meeting for WIC partners to provide an overview of PCS and to determine opportunities for collaborations. This informational meeting is taking place at the Frontier Building, 3601 C Street, Conference Room 890.

The design of the TA visit is in a Train the Trainer format. It is our wish to tailor the PCS Implementation to each LA, based on the LA's PCS Implementation Chart addressing and focusing on LA's PCS needs and concerns.

If your LA Champion can attend the September 9 afternoon training at AFS Wasilla clinic, please let Fatima know. There are 7 spots available on a first come first serve basis. More details on the training content will follow.