

347 Cancer (ALL)

- Description**
- Cancer (current condition or treatment must be affecting nutrition status)
 - Nutrition status affects treatment outcome; treatments may affect ability to eat

Assess Readiness for Change: with open ended questions

- “Tell me more about Sam’s cancer and how treatment is going?”
- “Cancer treatments can affect eating. What problems has Sam had eating?”

Discussion, Counseling and Education

If the answer is:	Try Counseling Strategies	Try Education
<p>Not ready →</p> <p>“Sam had leukemia. It was in remission but it is back. We have been through this before. “</p> <p>Raise awareness & personalize change</p>	<ul style="list-style-type: none"> • “I’m sorry to hear that. That must be tough on both of you. How have the new treatments affected Sam’s eating?” • “In your experience, what helped Sam’s eating the last time?” 	<ul style="list-style-type: none"> • “It sounds like you are familiar with the side effects of treatments. Children with cancer who eat well handle side effects and recovery better. If you would like to talk about eating, we would be happy to.” • Offer feeding suggestions for disease/condition • Not high risk, but refer to RD if above comfort level • Knowledge: leukemia is most common childhood cancer- after treatment & remission, chemotherapy is repeated over next 2-3 years to prevent reoccurrence
<p>Record Plan or Goal</p> <p>Unsure →</p> <p>“Sam’s doing well, some nausea and vomiting. The Dr said he has fewer side effects than most kids?”</p> <p>Raise awareness & confidence & identify barriers to change</p>	<p>Parents feel confident they know what to do for cancer related feeding issues. Re-view treatment changes next appointment.</p> <ul style="list-style-type: none"> • “That is good to hear. What have you found helps the nausea/vomiting?” • “On a scale of 1-10, how much do you think the nausea/vomiting effects his eating?” • “Would you like some other ideas that might help with nausea/vomiting?” 	<p>Address nutrition side effects caused by treatments:</p> <ul style="list-style-type: none"> ○ Nausea, vomiting ○ Weight gain/loss ○ Dry mouth, poor swallowing, sore throat ○ Reduced taste or smell ○ Poor appetite ○ Constipation/diarrhea
<p>Record Plan or Goal</p> <p>Ready →</p> <p>“The biggest problem is nausea & vomiting. Some days I don’t know what to do.”</p> <p>Help plan change-support</p>	<p>Printed American Cancer Society side affects handout for parent. Check weight and re-asses next appointment.</p> <ul style="list-style-type: none"> • “Tell me what you have already tried to reduce the nausea/vomiting?” • “What do you think helps the most?” • “Would you like to talk about some other ideas to try?” 	<p>“Those are good ideas. If Sam needs to rest, you might try having him sit up with his head raised for an hour after he eats.”</p>
<p>Record Plan or Goal</p>	<p>Mom interested in any information. To try sitting up after eating. Follow-up on N/V next appointment.</p>	

- Education Resources**
- <http://www.cancer.org/docroot/home/index.asp> Resource- American Cancer Society
 - http://www.cancer.org/docroot/MBC/MBC_6_1_nutrition_for_children_with_cancer.asp Resource- Nutrition Children with Cancer
 - http://www.cancer.org/docroot/MBC/content/MBC_6_2X_Possible_Side_Effects_7.asp?sitearea=MBC Resource- Side Affects & What to do