**Alaska WIC Program Nutrition Care Plan**  
**Version 1/29/10**

### Pyloric Stenosis (I)

| Description | Gastrointestinal obstruction affecting nutritional status diagnosed by provider | Associated with projectile vomiting, constipation, weight loss, dehydration; commonly requires surgery |

**Assess Readiness for Change:** with open ended questions

- “How did the Dr decide Sam had pyloric stenosis (felt for lump, ultrasound, barium x-ray)?”
- “Now that Sam has had his surgery, how is feeding going?”

### Discussion, Counseling and Education

<table>
<thead>
<tr>
<th>If the answer is:</th>
<th>Try Counseling Strategies</th>
<th>Try Education</th>
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</thead>
<tbody>
<tr>
<td>Not ready</td>
<td>“I’m glad he is better. Let’s check his weight and see how his gain is today.”</td>
<td>“Typically surgery is the cure for pyloric stenosis. He may spit up a day or two after his surgery, but that should subside. If you notice return symptoms, call your Dr. Now that he is eating normally again, may I share an infant feeding guide with you?”</td>
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<td>“Has the Dr said if he can return to normal feedings yet?”</td>
<td>High risk refer to RD</td>
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<td>“What feeding questions do you have today?”</td>
<td>Knowledge: food unable to move from stomach to small intestine, symptoms differs from other GI problems as vomiting is projectile, constipation vs diarrhea, usually occurs 2wk to 2mo of age</td>
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**Record Plan or Goal**

Surgery completed. Child’s weight normal. Accepted infant feed guide. Follow-up feeding next appointment.

**Unsure**

- “He was dehydrated and in the hospital. Feeding stresses me now even though he had surgery?”

Raise awareness & confidence & identify barriers to change

**Record Plan or Goal**

Mom feeling stressed but says infant has no symptoms. To call Dr as needed. Check weight next appointment.

**Ready**

- “He is drinking ok. The Dr said I can feed him normally now. Should I start cereal?”

Help plan change-support

**Record Plan or Goal**

Infant only 3mo. Mom agrees to hold cereal till 6mo. Gave feed guide. Follow-up solid introduction next appointment.

### Education Resources

  Resource: Pyloric Stenosis

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