

- Description**
- Gastrointestinal obstruction affecting nutritional status diagnosed by provider
 - Associated with projectile vomiting, constipation, weight loss, dehydration; commonly requires surgery

Assess Readiness for Change: with open ended questions

- “How did the Dr decide Sam had pyloric stenosis (felt for lump, ultrasound, barium x-ray)?”
- “Now that Sam has had his surgery, how is feeding going?”

Discussion, Counseling and Education

If the answer is:	Try Counseling Strategies	Try Education
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<p>Not ready →</p> <p>“Feeding has been going well since his surgery.”</p> <p>Raise awareness & personalize change</p>	<ul style="list-style-type: none"> • “I’m glad he is better. Let’s check his weight and see how his gain is today.” • “Has the Dr said if he can return to normal feedings yet?” • “What feeding questions do you have today?” 	<ul style="list-style-type: none"> • “Typically surgery is the cure for pyloric stenosis. He may spit up a day or two after his surgery, but that should subside. If you notice return symptoms, call your Dr. Now that he is eating normally again, may I share an infant feeding guide with you?” • High risk refer to RD • <i>Knowledge: food unable to move from stomach to small intestine, symptoms differs from other GI problems as vomiting is projectile, constipation vs diarrhea, usually occurs 2wk to 2mo of age</i>
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Record Plan or Goal	Surgery completed. Child’s weight normal. Accepted infant feed guide. Follow-up feeding next appointment.	
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<p>Unsure →</p> <p>“He was dehydrated and in the hospital. Feeding stresses me now even though he had surgery?”</p> <p>Raise awareness & confidence & identify barriers to change</p>	<ul style="list-style-type: none"> • “I’m sure feedings were stressful for you. What is stressing you now that he has had his surgery?” • “On a scale of 1-10, how well do you think feedings are going now?” 	<ul style="list-style-type: none"> • Support post surgery feeds • Monitor feeding tolerance- contact Dr if new symptoms • Monitor weight gain • Support normal infant feeding/progression post recovery
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Record Plan or Goal	Mom feeling stressed but says infant has no symptoms. To call Dr as needed. Check weight next appointment.	
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<p>Ready →</p> <p>“He is drinking ok. The Dr said I can feed him normally now. Should I start cereal?”</p> <p>Help plan change-support</p>	<ul style="list-style-type: none"> • “So it sounds like he is taking his formula well and the Dr said he can eat normally for his age? Why are you wanting to add cereal now?” 	<ul style="list-style-type: none"> • “It’s a little early to start cereal. Cereal is started now at 6mo. Let’s look at an infant feeding guide and talk about adding solids!”
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Record Plan or Goal	Infant only 3mo. Mom agrees to hold cereal till 6mo. Gave feed guide. Follow-up solid introduction next appointment.	
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Education Resources	<p>http://kidshealth.org/parent/medical/digestive/pyloric_stenosis.html Resource- <i>Pyloric Stenosis</i></p> <p>http://www.merck.com/mmpe/sec19/ch275/ch275b.html?qt=pyloric%20stenosis&alt=sh Resource- <i>Pyloric Stenosis</i></p>	
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