

352 Infectious Disease (ALL)

Description

- Microorganisms in body affecting nutritional status such as: TB, pneumonia, meningitis, parasites, bronchiolitis (3x in 6mo), HIV/AIDS
- Infections increases energy & nutrient needs

Assess Readiness for Change: with open ended questions

- “Tell me about your treatments for xx (i.e. TB)?”
- “How is eating going for you?”

Discussion, Counseling and Education

If the answer is:	Try Counseling Strategies	Try Education
<p>Not ready →</p> <p>“I’m on medications. I am eating normally.”</p> <p>Raise awareness & personalize change</p>	<ul style="list-style-type: none"> • “Describe what you mean by normal?” • “Were you given any suggestions for changing your eating?” • “How are you feeling about your weight?” • <i>Knowledge: bronchitis is inflammation of large airways in the chest, pneumonia inflammation of lung, bronchiolitis inflammation of smaller airways connecting the two & occurs in infants usually by RSV virus</i> <p>*****</p> <p>Breastfeeding</p>	<ul style="list-style-type: none"> • “You are eligible for WIC because you have xx (i.e. TB) that affects your nutrition. May I share a food guide with you?” • Offer feeding suggestions for disease/condition • Not high risk but refer to RD if above comfort level <p>*****</p> <ul style="list-style-type: none"> • Breastfeeding is not recommended for women with HIV/AIDS but is permitted for women with hepatitis
<p>Record Plan or Goal Client normal weight due to TB. Accepted food guide. Follow-up status next appointment.</p>		
<p>Unsure →</p> <p>“I thought I was eating ok but my Dr says I am too thin?”</p> <p>Raise awareness & confidence & identify barriers to change</p>	<ul style="list-style-type: none"> • “How do you feel about your weight?” • “Why is your Dr concerned about your weight?” • “On a scale of 1-10, how comfortable are you with what you are eating?” 	<ul style="list-style-type: none"> • Follow universal precautions with infected clients! • Chronic infection affect on nutrition: <ul style="list-style-type: none"> ○ Decreases ability to eat and body’s use of nutrients (monitor weight for loss) ○ Medication side effects (disrupts food intake) ○ Disease side effects (makes intake difficult)
<p>Record Plan or Goal Weight below normal. Mom agrees should gain. Will add a snack daily. Check weigh and re-asses next appointment.</p>		
<p>Ready →</p> <p>“I need to gain some weight but I don’t seem to be able to keep it on.”</p> <p>Help plan change-support</p>	<ul style="list-style-type: none"> • “Tell me more about what you are doing to put on weight?” 	<ul style="list-style-type: none"> • “It sounds like you have made changes to gain weight. How would you feel about trying a high calorie beverage like carnation instant breakfast? We could talk about what we need to do for WIC to provide it.”
<p>Record Plan or Goal Mom to try CIB, will get on own instead of using an ENPR. Weight and tolerance check next appointment.</p>		

Education Resources

http://fnic.nal.usda.gov/nal_display/index.php?info_center=4&tax_level=2&tax_subject=278&topic_id=1380 Reference-*HIV Diet Guidelines*

<http://www.cdc.gov/tb/> Resource- *TB*

<http://www.cdc.gov/HEPATITIS/> Resource- *Hepatitis*

<http://kidshealth.org/parent/infections/lung/bronchiolitis.html> Resource- *Bronchiolitis*