### Other Medical Problems (ALL)

| Description | • Diagnosed conditions not included in other risks affecting nutritional status  
|             | • Such as: juvenile rheumatoid arthritis, lupus, cardiorespiratory & heart disease, cystic fibrosis, persistent asthma (requiring daily medication) |

#### Assess Readiness for Change: with open ended questions

- “Tell me about the treatment Sam is getting for his xx (i.e. juvenile rheumatoid arthritis)?”
- “How is his xx (i.e. juvenile rheumatoid arthritis) affecting his eating or his bowels?”

#### Discussion, Counseling and Education

<table>
<thead>
<tr>
<th>If the answer is:</th>
<th>Try Counseling Strategies</th>
<th>Try Education</th>
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| Not ready         | • “How has the joint pain interfered with his eating?”  
|                   | • “It looks like his weight is consistent today. How do you and the Dr feel about his weight?”  
| Mom feels Dr’s plan is working. No info desired. Re-assess status next appointment. |
| Unsure            | • “Medications can have side effects. What problems have you seen since he has been on the medications?”  
|                   | • “On a scale of 1-10, how much do you think the medications interfere with his eating or bowels?”  
|                   | • “How would you feel about talking to the Dr about your concerns for Sam’s medications?”  
| Mom to talk to Dr about meds. No specific side affects noted but is still concerned. Re-asses med changes next appointment. |
| Ready             | • “What has the Dr said about the level of comfort he can get for Sam?”  
|                   | • “What have you tried to do to make meals easier for him?”  
| Mom to try new finger foods. Check weight and follow-up on medications and finger foods tried next appointment. |

#### Education Resources

- Resources:  
  - [CF](http://www.cff.org/)  
  - [Juvenile Arthritis](http://www.arthritis.org/disease-center.php?disease_id=38&df=treatments)  
  - [Asthma](http://www.aaaai.org/patients/topicofthemonth/0107/)