

381 Dental Problems (ALL)

**Description**

- Dental problems diagnosed by provider such as: baby bottle mouth (BBTD), tooth loss, pregnancy gingivitis
- Pregnancy dental disease can lead to preterm delivery & LBW infant

**Assess Readiness for Change:** with open ended questions

- “What did the dentist say caused Sam’s xx (i.e. baby bottle tooth decay)?”
- “What recommendations did the dentist suggest to treat his xx (i.e. decay)?”

**Discussion, Counseling and Education**

If the answer is:	Try Counseling Strategies	Try Education
<p><b>Not ready</b> →</p> <p>“It was the bottle. They capped his teeth. He gets the bottle or he cries.”</p> <p>Raise awareness &amp; personalize change</p>	<ul style="list-style-type: none"> <li>• “It sounds like he still gets his bottle. How worried are you that the bottle could hurt his permanent teeth too?”</li> <li>• “What thoughts do you have about trying to get rid of his bottles now?”</li> <li>• When does he see the dentist again? *****</li> </ul> <p>Pregnancy</p>	<ul style="list-style-type: none"> <li>• “Sam is eligible for WIC because he has BBTD. Tooth damage can affect his eating and continued bottle use can damage his permanent teeth. If you decide to stop the bottle we can share some ideas on how to make it easier for Sam.” *****</li> </ul> <p>Gingivitis can lead to premature labor. Prevention is proper hygiene and dental care</p>
<p><b>Record Plan or Goal</b> Child is 4 and still on bottle. BBTD, teeth capped. Parents have no desire to stop. Follow-up dental care next appointment.</p>		
<p><b>Unsure</b> →</p> <p>“I didn’t know the bottle could do that, as I always took it away once he fell asleep.”</p> <p>Raise awareness &amp; confidence &amp; identify barriers to change</p>	<ul style="list-style-type: none"> <li>• “Yes, unfortunately there is still milk left around his teeth. How do you think you want to deal with his bedtime bottles now?”</li> <li>• “On a scale of 1-10, how hard do you think it would be to stop his bedtime bottle?”</li> </ul>	<ul style="list-style-type: none"> <li>• Children                             <ul style="list-style-type: none"> <li>○ See dentist early (between age 6mo to a 1 year)</li> <li>○ Hygiene (wipe infant gums, brush kids teeth)</li> <li>○ No bedtime bottles</li> <li>○ Balanced diet (helps resist infection, controls sugar around teeth)</li> </ul> </li> <li>• Women:                             <ul style="list-style-type: none"> <li>○ See dentist for proper cleanings</li> <li>○ Balanced diet</li> </ul> </li> </ul>
<p><b>Record Plan or Goal</b> Mom worried removing bottle will upset child. Unsure she is ready for the upset. Re-asses bottle use next appointment.</p>		
<p><b>Ready</b> →</p> <p>“I’ve tried to stop the bottle but he really wants it.”</p> <p>Help plan change-support</p>	<ul style="list-style-type: none"> <li>• “Removing the bottle can be a hard thing for some children. Tell me what you have tried so far and what did and didn’t work?”</li> </ul>	<ul style="list-style-type: none"> <li>• “It sounds like you have tried some good things. Keep it up. You mentioned he gets fussy with the nighttime bottle; you might try substituting a story or toy in place of the bottle. And just water if he must have the bottle.”</li> </ul>
<p><b>Record Plan or Goal</b> Mom to put to bed with favorite toy and bottle of water only. Ask about success of removing bottle next appointment.</p>		

**Education Resources**

[http://www.ada.org/public/topics/decay\\_childhood.asp](http://www.ada.org/public/topics/decay_childhood.asp) Resource- *pictures of decay*

<http://www.mchoralhealth.org/pdfs/babybrochure.pdf> Handout- *Healthy Smile for Your Baby*

[http://www.msdh.state.ms.us/msdhsite/\\_static/resources/1345.pdf](http://www.msdh.state.ms.us/msdhsite/_static/resources/1345.pdf) Handout- *Healthy First Teeth*

[http://www.hmhb.org/pdf/brush-for-two\\_brochure.pdf](http://www.hmhb.org/pdf/brush-for-two_brochure.pdf) Handout- *Brush for Two (pregnancy)*