

502 Transfer of Certification (ALL)

**Description**

- Participant with a valid cert may transfer to another WIC agency. Their cert must be considered valid at the new agency until that cert expires
- Relate nutrition education to individual risks that were assigned for that certification period

**Assess Readiness for Change:** with open ended questions

- “Your certification from xx (i.e. their state) shows you were on WIC because of xx (i.e. their risks). Which risk concerns you the most?”
- “What questions do you have about Alaska WIC?”

**Discussion, Counseling and Education**

If the answer is:	Try Counseling Strategies	Try Education
<p><b>Not ready</b> →</p> <p>“I didn’t know I had a risk.”</p> <p>Raise awareness &amp; personalize change</p>	<ul style="list-style-type: none"> <li>• “Yes, to be eligible for WIC you must have a health or nutrition risk. What questions do you have about your xx (i.e. their risk/topic)?”</li> </ul>	<ul style="list-style-type: none"> <li>• As accepted, offer nutrition ed related to their risk(s)</li> <li>• Review Alaska WIC foods/procedures (Alaska may differ from other states)</li> </ul>
<b>Record Plan or Goal</b>		
<p><b>Unsure</b> →</p> <p>“They said his iron was low?”</p> <p>Raise awareness &amp; confidence &amp; identify barriers to change</p>	<ul style="list-style-type: none"> <li>• “Yes, so we will check Sam’s iron again at his next cert. Fill me in on what xx (her state) told you about iron and iron in food?”</li> <li>• “What feeding concerns do you have for Sam?”</li> <li>• “On a scale of 1-10, how concerned are you with Sam’s iron?”</li> </ul>	<ul style="list-style-type: none"> <li>• As accepted, offer nutrition ed related to their risk/risks</li> </ul>
<b>Record Plan or Goal</b>		
<p><b>Ready</b> →</p> <p>“They said he didn’t eat enough vegetables. I still can’t get him to eat any.”</p> <p>Help plan change-support</p>	<ul style="list-style-type: none"> <li>• “It sounds like you have tried to get Sam to eat more vegetables. What have you tried that has worked to get Sam to eat more vegetables?”</li> </ul>	<ul style="list-style-type: none"> <li>• “That is a good way to start. You might also want to try using dips, children love to dip things.”</li> </ul>
<b>Record Plan or Goal</b>		

**Education Resources** [http://www.hss.state.ak.us/dpa/programs/nutri/downloads/Admin/PolicyandProcedures/Admin\\_PandP\\_Ch1.pdf](http://www.hss.state.ak.us/dpa/programs/nutri/downloads/Admin/PolicyandProcedures/Admin_PandP_Ch1.pdf)  
 Resource- AK WIC Policy & Procedure Manual- Accepting VOC's