

801 Homeless (All)

- Description**
- Participants who do not have a regular nighttime residence: live in shelters, temporary institutions or temporary accommodations
 - Homeless are at risk and have special needs

Assess Readiness for Change: with open ended questions

- “Tell me more about your living situation.”
- “What is your biggest concern today?”

Discussion, Counseling and Education

If the answer is:	Try Counseling Strategies	Try Education
<p>Not ready →</p> <p>“I live out of my car. I just take it a day at a time.”</p> <p>Raise awareness & personalize change</p>	<ul style="list-style-type: none"> • “That must be really hard. Tell me where you have gone for help?” • “Would you like me to share some agencies that can help you find shelter and food?” 	<ul style="list-style-type: none"> • “WIC can give you food packed in individual servings that need less cooking. Would that be helpful or do you prefer fluid milk & fresh eggs?” • Provide info on homeless package options (UHT milk, juice packs, hard boiled eggs, etc.) • Provide referrals that fit client situation

Record Plan or Goal Participant preferred HOM package. Not ready to contact a shelter. Will re-assess readiness referrals next appointment.

<p>Unsure →</p> <p>“I live in a hotel. I cook with an electric skillet and have an ice chest?”</p> <p>Raise awareness & confidence & identify barriers to change</p>	<ul style="list-style-type: none"> • “It sounds like you are able to store and cook simple foods. Tell me about the kinds of foods you have been preparing and eating recently.” • “How long do you think you will be able to stay at the hotel? What do you plan to do after that?” 	<ul style="list-style-type: none"> • Provide info on homeless package options (UHT milk, juice packs, hard boiled eggs, etc.). • Offer referrals that fit client situation • Offer recipe/food ideas for situation
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Record Plan or Goal Parent prefers regular package. Provided recipes. Will check changes in living situation next appointment.

<p>Ready →</p> <p>“I’m at the shelter but I don’t like having to take my children there.”</p> <p>Help plan change-support</p>	<ul style="list-style-type: none"> • “It must be scary for your children. How has the staff helped you in finding permanent shelter?” • “Tell me how the children have been eating since you have been at the shelter?” 	<ul style="list-style-type: none"> • “WIC is allowed to provide you with WIC foods if you are able to keep your foods separated from other residents.”
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Record Plan or Goal Parent feels shelter is helping find a permanent place. Follow-up on housing next appointment.

Education Resources	<p>http://www.hud.gov/local/index.cfm?state=ak&topic=homeless Resource- <i>Homeless Services in Alaska</i></p> <p>http://www.homelessshelterdirectory.org/alaska.html Resource- <i>Directory Alaska Shelters & Services</i></p> <p>http://www.nationalhomeless.org/factsheets/ Resource- <i>National Coalition for Homeless</i></p>
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