

802 Migrancy (All)

- Description**
- Participant whose family works in agriculture on a seasonal basis and has temporary housing (within the last 24mos)
  - Migrant participants may have more infant death, malnutrition and parasites

**Assess Readiness for Change:** with open ended questions

- “I see you move a lot due to work. How does that affect how your family eats?”
- “Where are you staying now? Tell me do you have refrigeration and a place to cook?”

**Discussion, Counseling and Education**

If the answer is:	Try Counseling Strategies	Try Education
<p><b>Not ready</b> →</p> <p>“My family is used to it. We move between fish camp and town.”</p> <p>Raise awareness &amp; personalize change</p>	<ul style="list-style-type: none"> <li>• “It sounds like you are able to make it work wherever you are. How would you say meals are going for you here?”</li> <li>• “How has Sam’s health been with all the moves?”</li> </ul>	<ul style="list-style-type: none"> <li>• “You are eligible for WIC because migrant workers have more risk of poor nutrition. I can share some local resources that might be of help to you?”</li> </ul>
<p><b>Record Plan or Goal</b> Mom says they have been healthy, just no money. Referred to local assistance. Re-assess status next appointment.</p>		
<p><b>Unsure</b> →</p> <p>“It’s harder here in town as we live in a camper for such a short period of time. But we have a stove &amp; frig.”</p> <p>Raise awareness &amp; confidence &amp; identify barriers to change</p>	<ul style="list-style-type: none"> <li>• “So it sounds like you don’t bring much back with you to town? How does eating differ in the camp versus here in town?”</li> <li>• On a scale of 1-10, how easy is it for you to get the supplies you need in town?”</li> </ul>	<ul style="list-style-type: none"> <li>• Risks for migrant:                             <ul style="list-style-type: none"> <li>○ Health problems due to poor nutrition</li> <li>○ More parasites in children</li> </ul> </li> <li>• Refer as needed to local assistance</li> <li>• Offer nutrition services for medical needs</li> </ul>
<p><b>Record Plan or Goal</b> Parents say they like their lifestyle other than the money. Local referrals made. Re-asses needs next appointment.</p>		
<p><b>Ready</b> →</p> <p>“It is the only work I have. I worry my kids aren’t getting enough to eat.”</p> <p>Help plan change-support</p>	<ul style="list-style-type: none"> <li>• “That is a big worry. Tell me more about what you usually have available to eat and what you think is lacking?”</li> <li>• “How would you feel about going to the local food bank for assistance?”</li> </ul>	<ul style="list-style-type: none"> <li>• “You may also want to contact this list of local churches that also have food and household supplies.”</li> </ul>
<p><b>Record Plan or Goal</b> Parents say kids eat first. Accepted food bank referrals. Will move back to fish camp by next appointment.</p>		

<b>Education Resources</b>	<a href="http://www.ncfh.org/docs/00-10%20-%20monograph.pdf">http://www.ncfh.org/docs/00-10%20-%20monograph.pdf</a> Resource- <i>Migrant Health Issues</i>
	<a href="http://www.migrantclinician.org/migrant_info/health_problems.html">http://www.migrantclinician.org/migrant_info/health_problems.html</a> Resource- <i>Migrants</i>