

901 Recipient of Abuse past 6mo (All)

- Description**
- Battering or child abuse or neglect
 - Violence in pregnancy is related to LBW & preterm delivery; neglect in children is related to poor growth and failure to thrive

Assess Readiness for Change: with open ended questions

- “You said you were in a relationship where you felt threatened. How safe do you feel at home?”
- “What do you think you want to do to protect yourself?”

Discussion, Counseling and Education

If the answer is:	Try Counseling Strategies	Try Education
<p>Not ready →</p> <p>“He just got mad at me last night. I just need to go home after WIC as he will call to check on me”</p> <p>Raise awareness & personalize change</p> <p>Record Plan or Goal</p>	<ul style="list-style-type: none"> • “I’m worried you may not be safe. Is there something I can do to help you?” • “Do you feel like you want to talk to someone about your situation? Would you like the number to the shelter or domestic violence hotline?” 	<ul style="list-style-type: none"> • “It sounds like you are worried about getting home right away so we won’t keep you. There is a violence help line that can talk to you confidentially when you feel ready. If you are afraid to take it now, we can give it to you later.” <p>Mom fearful of partner, worried about getting home, not ready to call abuse hotline. Offer referral again next appointment.</p>
<p>Unsure →</p> <p>“My friend said I should leave but I don’t have any money or anywhere to go?”</p> <p>Raise awareness & confidence & identify barriers to change</p> <p>Record Plan or Goal</p>	<ul style="list-style-type: none"> • “I’m sure you are worried about your children. I can give you the shelter number. They have counselors that can help you, even if you aren’t ready to leave yet, to decide what you can do. How do you feel about calling the shelter at some point?” • “On a scale of 1-10, how comfortable are you in calling the shelter?” 	<ul style="list-style-type: none"> • Be aware of client’s safety • Be sensitive of client’s fears • Provide appropriate referrals: <ul style="list-style-type: none"> ○ Domestic violence agency ○ Local abuse hot line ○ Legal support ○ Housing or shelter <p>Mom took referral card. Not ready to call shelter but has friend to call. Re-asses next appointment.</p>
<p>Ready →</p> <p>“My friend brought me here. I brought the children. I can’t go back home today.”</p> <p>Help plan change-support</p> <p>Record Plan or Goal</p>	<ul style="list-style-type: none"> • “That must have been a hard decision. Would you like to call the shelter from here now?” • “How else can I help you today?” 	<ul style="list-style-type: none"> • “We can also remove your partner as your WIC alternate. And I’ll flag your record so no information will be provided to him.” <p>Mom called shelter from WIC office. Friend will drive her there. Removed partner as alternate. Flagged chart as confidential.</p>

- Education Resources**
- http://www.alaskawomensnetwork.org/domestic_violence.html Resource- Alaska Women’s Network Abuse Hotline
 - <http://www.andvsa.org/> Resource- Alaska Network on Domestic Violence & Sexual Assault (link to local AK numbers)
 - http://www.marchofdimes.com/pnhec/159_528.asp Resource-Abuse During Pregnancy