

902 Woman or Infant/Child of Primary Caregiver with Limited Ability to Make Feeding Decisions and/or Prepare Food (All)

- Description**
- Primary caregiver is unable to make good feeding decisions or to prepare food
 - ≤17 yrs old, mentally delayed, mental illness, physically disabled, using or having history alcohol or drug abuse

Assess Readiness for Change: with open ended questions

- “What kind of things do you usually make Sam to eat?”
- “How do you feel you are doing with Sam?”

Discussion, Counseling and Education

If the answer is:	Try Counseling Strategies	Try Education
<p>Not ready →</p> <p>“I can make macaroni and cheese and top-ramen. Sam likes those”</p> <p>Raise awareness & personalize change</p>	<ul style="list-style-type: none"> • “Sounds like you really know what he likes. What other foods does he eat?” • “How is care, like changing diapers and bathing Sam going?” • “Do you have anyone at home who helps you with Sam?” 	<ul style="list-style-type: none"> • “It sounds like you aren’t sure how to change Sam’s diaper when he has a rash. Would you like to have a home health nurse visit you to talk about that and other things like giving Sam a bath?”
<p>Record Plan or Goal Child’s weight normal but appears mom has trouble w/ simple tasks. Referral made to PHN. Check weight next appointment.</p>		
<p>Unsure →</p> <p>“Sam drinks a whole bottle. I’m not sure why he cries after he eats?”</p> <p>Raise awareness & confidence & identify barriers to change</p>	<ul style="list-style-type: none"> • “It is hard when a baby can’t tell you what is wrong. When he cries, what do you do to calm him?” • “Tell me how you make his bottle? And how you feed him?” • “On a scale of 1-10, how concerned are you that something is wrong with Sam?” 	<ul style="list-style-type: none"> • Offer to address parent’s stated concerns • Make referrals as needed • If child safety a concern alert child services
<p>Record Plan or Goal Feeds in car seat and is not burping Sam. Talked about holding and burping. Re-asses crying next appointment.</p>		
<p>Ready →</p> <p>“I just give formula because I don’t know how to make baby food.”</p> <p>Help plan change-support</p>	<ul style="list-style-type: none"> • “WIC now gives jarred baby food on your WIC vouchers. They are the right texture for Sam. Would you like to talk about how to also make your own baby food?” 	<ul style="list-style-type: none"> • “If you run out of baby food, since you already serve cooked vegetables every night, you can smash them with a fork for Sam.”
<p>Record Plan or Goal Mom will relay on jarred foods. Evaluate variety and advancing to finger feeing next appointment.</p>		
<p>Education Resources</p>	<p>http://www.hss.state.ak.us/ocs/publications/ReportingChildAbuse.htm Resource- <i>Reporting Abuse in Alaska</i></p> <p>http://www.hss.state.ak.us/dph/nursing/locations.htm Resource- <i>Public Health Nursing Locator for Alaska</i></p>	