

Cert Form Cheat Sheet (Enlarged Version): AK WIC

Rev 02-13

*** High Risk**

USDA	Risk Factor	USDA	Risk Factor
101	PG: Underweight; Prepregnancy BMI<19.8	353	ALL CAT*: Food Allergies (H* up to 1 yr certification)
	BF/NBF: Current BMI<18.5	354	ALL CAT*: Celiac Disease
103	I/C* Underweight or At Risk of Becoming Underweight	355	ALL CAT: Lactose Intolerance
	≤10% BMI or ≤10th % wt/lgth or stature	356	ALL CAT: Hypoglycemia
	(H≤ 2.3th% 0-24 months, ≤5% 2-5 yrs)	357	ALL CAT: Drug-Nutrient Interactions
111	PG: Overweight; Prepregnancy BMI ≥ 26.1	358	PG/BF/NBF: Eating Disorders
	BF:< 6mos Prepreg BMI ≥25; ≥ 6mos Current BMI ≥25	359	ALL CAT: Recent Major Surgery, Trauma, Burns
	NBF: Prepregnancy BMI ≥ 25	360	ALL CAT*: Other Medical Conditions
113	C: Obese, ≥95th% BMI or wt/stature, 2 to 5 yrs	361	PG/BF/NBF/C: Depression
114	I/C: Overweight or At Risk of Overweight	362	ALL CAT*: Dev/Sens/Motor Disabil Feed Prob (H up to 1yr cert)
115	I/C: High Weight for Length (Children < 24 months)	363	Pre-Diabetes
121	I/C: Short or At Risk ≤ 10th% length/age or ht/age	371	PG/BF/NBF: Maternal Smoking
131	PG*: Low Maternal Weight Gain	372	PG/BF/NBF: Alcohol and Illegal Drug Use
132	PG: Maternal Weight Loss During Pregnancy	381	ALL CAT: Dental Problems
133	PG/BF/NBF: High Maternal Weight Gain	382	I/C*: Fetal Alcohol Syndrome (FAS) (H* up to 1yr cert)
134	I/C*: Failure To Thrive	401	PG/BF/NBF/C ≥2yr: Fail Meet <i>Dietary Guidelines for Americans</i>
135	I/C: Inadequate Growth	411	I: Inappropriate Nutrition Practices for Infants
141	I*/C: < 24 mos: LBW/VLBW: BW≤ 5# 8oz (H:I* <5#)	411.01	I: Inappropriate Breast/Formula Substitutes
142	I*/C:<24mo. Prematurity. Infant born ≤ 37 wks (H:I*)	411.02	I: Inappropriate Use Bottle/Cup
151	I*/C: < 24 mos: small for gest. age physician diag. (H:I*)	411.03	I: Inapprop Complementary Foods (food other than breast/formula)
152	I*: Low Head Circumference < 2.3 % (NCHS/CDC)	411.04	I: Developmentally Inappropriate Feeding
153	I: BW ≥9# or ≥4000 g	411.05	I: Feeding Harmful Foods (contaminants/toxins)
201	ALL Cat*: Low Hct/Hgb (H* <9gms/dl, Hct<30%)	411.06	I: Inappropriate Dilution of Formula
211	ALL Cat: High Lead levels≥10µg/dl within 12mos	411.07	I: Limited Frequency of Nursing
301	PG: Hyperemesis Gravidarum	411.08	I: Diet Low Essential Nutrients (Vegan, Microbiotic, etc.)
302	PG*: Gestational Diabetes	411.09	I: Lack Sanitation
303	PG: any history of gestational diabetes (GDM)	411.10	I: Excess Vit/Mineral/Herb Supplements
	BF/NBF: GDM= most recent pregnancy	411.11	I: Inadequate Dietary Supplements (fluoride, Vit D)
304	History of Preeclampsia	425	C: Inappropriate Nutrition Practices for Children
311	PG: any history of preterm delivery (≤ 37 wks)	425.01	C: Inappropriate Milk Substitutes
	BF/NBF: preterm= most recent pregnancy	425.02	C: Sugar Containing Fluids
312	PG: any history of LBW (≤ 5# 8oz)	425.03	C: Improper use bottle/cup/pacifier
	BF/NBF: LBW= most recent pregnancy	425.04	C: Developmentally Inappropriate Feeding
321	PG: any hx SAB, fetal or neonatal loss <20wks/<500gm	425.05	C: Feeding Harmful Foods (contaminants/toxins)
	BF: most recent preg and w/ ≥1 infant still living	425.06	C: Diet Low Essential Nutrients (Vegan, Microbiotic, etc.)
	NBF: fetal neonatal loss= most recent pregnancy	425.07	C: Excess Vit/Mineral/Herb Supplements
331	PG*: Current Preg at ≤17 y/o (H ≤15)	425.08	C: Inadequate Dietary Supplements (fluoride)
	BF*/NBF: Preg at ≤17 = most recent preg (H-BF ≤ 15)	425.09	C: Pica
332	PG: Conception before 16 mos - current pregnancy	427	PG/BF/NBF: Inappropriate Nutrition Practices for Women
	BF/NBF: Concept. before 16 mos= most recent preg	427.01	PG/BF/NBF: Excess Vit/Mineral/Herb Supplements
333	PG: Preg at < 20yr w/ ≥ 3 pregnancies- current preg	427.02	PG/BF/NBF: Diet Low Essential Nutrients (Vegan, Microbiotic, etc.)
	BF/NBF: Preg at < 20yr w/ ≥ 3 preg= most recent preg	427.03	PG/BF/NBF: Pica
334	PG: Lack of or Inadequate Prenatal Care	427.04	PG/BF/NBF: Inadequate Diet Supplement (PG=iron, BF/NBF=folic)
335	PG*: Multifetal gestation current pregnancy	427.05	PG: Feeding Harmful Foods (contaminants/toxins)
	BF*/NBF: Multi gestation= most recent preg	428	I/C (4-24mo): Diet Associated w/Complementary Feed Practices (i.e. gradual addition of food/bev to infant/child's diet)
336	PG: Fetal Growth Restriction (FGR)	501	BF/NBF/I/C: Possibility of Regression
337	PG: Large for gest. age infant - any hx (BW ≥ 9 #)	502	ALL CAT: Transfer of Certification
	BF/NBF: Large gest. infant= most recent preg or any hx	503	PG: Preg Women Presumptive Eligibility- 60 days
338	PG: Pregnant Woman Currently Breastfeeding	601	BF: Breastfeeding Mother of Infant at Nut'nal Risk
339	PG: Hx of congenital birth defect - any hx	602	BF*: BF Complications (woman)
	BF/NBF: Hx congenital birth= most recent preg	603	I*: BF Complications (Infant)
341	ALL CAT: Nutrient Deficiency Diseases	701	I: Infant < 6 Mo Old born to WIC/ELIG Mom
342	ALL CAT: Gastro-Intestinal Disorders	702	I: Breastfeeding Infant of Woman at Nutritional Risk
343	ALL CAT: Diabetes Mellitus	703	I: Infant Born of Woman w/ Mental Retardation/
344	ALL CAT: Thyroid Disorders		Alcohol/Drug Abuse During Most Recent Preg
345	ALL CAT*: Hypertension (includes Chronic / Preg Induced)	801	ALL CAT: Homelessness
346	ALL CAT: Renal Disease (excluding UTI)	802	ALL CAT: Migrancy
347	ALL CAT: Cancer	901	ALL CAT: Recipient of Abuse: past 6 mos
348	ALL CAT: Central Nervous System Disorders	902	ALL CAT: Primary Caregiver w/ Lt'd ability feeding decisions
349	ALL CAT: Genetic and Congenital Disorders	903	ALL CAT: Foster Care
351	ALL CAT*: Inborn Errors of Metabolism	904	ALL CAT: Environmental Tobacco Smoke (ETS) Exposure
352	ALL CAT: Infectious Diseases		