



⇒ALERT!!!

Please remind all WIC staff that the following FIs should not be handed to a client. They are not redeemable checks and should not leave the WIC office. After the FI is printed, it can be shredded since there is a record of the FI in SPIRIT.

Checks printed out of SPIRIT that cannot be taken into a store and cashed:

- MOV Food Package- Do Not Redeem
- Congratulations on Breastfeeding (For mostly breastfeeding mothers)
- Formula Benefit Paid by Medicaid- No Cash Value

These checks print out of SPIRIT as a means to count the client in the active participation each month. So for these types of clients, an FI must be printed each month to have them counted.

No “rubber check” is issued to an exclusively breastfeeding mother since the baby is counted through the mother-babe 2-way link.

Questions or concerns? Contact Dana Kent at [dana.kent@alaska.gov](mailto:dana.kent@alaska.gov) or 465-5322.

⇒Proration of food packages normally occurs when SPIRIT “syncs” families’ benefits together. It is acceptable practice to prescribe less food than the proration suggests. Particularly in the case of breastfed babies receiving formula, breastfeeding should be protected, and the least amount of formula necessary prescribed.

**SPIRIT Help Desk Info:**

Send all questions, issues and errors to the WIC SPIRIT Helpdesk at [wicpsirithelpdesk@alaska.gov](mailto:wicpsirithelpdesk@alaska.gov) or phone them at 907-334-4900. |

Important to Share: 3 items

---

## 1. 'Disproportionate' poison calls regarding young kids and energy drinks

<http://www.medicalnewstoday.com/articles/285489.php>

According to a new study presented at the American Heart Association's Scientific Sessions 2014, reports to US poison control centers regarding energy drinks and children younger than 6 years old are alarmingly high - at over 40% - and some of these children are suffering serious cardiac and neurological symptoms.

## 2. Easy dinners handout

<https://foodandhealth.com/blog/wp-content/uploads/2014/11/5DinnerOptionsBudgetTime.pdf>

Time – The surefire way to eat healthier

There is a great deal of anecdotal evidence to suggest that cooking at home is better for our health. It's also well known that eating convenience food is associated with poorer nutrition, obesity, and other metabolic diseases. Food experts, ranging from NYU professor Marion Nestle to author Michael Pollan and New York Times columnist Mark Bittman, have long argued that homemade meals belong at the center of a healthy diet. Yet little research to date has focused on the relationship between how often people cook at home and the quality of their diets. A new study presented at the American Public Health Association annual meeting and published in the journal Public Health Nutrition provides strong evidence to support the connection.

3. **From:** Robert Lee [<mailto:RLee@nwica.org>] (See attachment)

**Sent:** Thursday, November 20, 2014 11:43 AM

**To:** Robert Lee

**Cc:** Peggy Lewis; Cecilia Richardson; D.Pierre Francois; Douglas Greenaway; Martelle Esposito; Nayeli Lucero; Samantha Lee

**Subject:** Special Webinar on Human Trafficking

**Importance:** High



The National WIC Association sponsored a webinar on human trafficking in the United States on November 19. The webinar was an eye opener and gave some insight as to what is deemed a global nightmare. The main speaker was Ms. Abbi Tengalia who has graciously offered her PowerPoint and handout as resources for you to use. Please note that Ms. Tengalia's information is proprietary and we kindly ask that you give her credit whenever using excerpts of her presentation. For more information on how you might can use this information, you are encouraged to reach out to Abbi at [info@transforminghopeministries.org](mailto:info@transforminghopeministries.org) / 919.943.1477

The webinar was also recorded and can now be viewed on Youtube at <https://www.youtube.com/watch?v=i1dwu79ggQg&feature=youtu.be> .

Thanks so much for all that you do each day.

Have a wonderful WIC day!

National WIC Association  
2001 S Street, NW, Suite 580  
Washington, DC 20009  
[www.nwica.org](http://www.nwica.org)



**“They may use my body but my mind is free. In my mind I escape.”**

— [Gladys Lawson](#), *[Blood Borne Connections](#)*

## Additional Resources

Sample questions to ask:

- Can you leave your work or job situation if you want?
- When you are not working, can you come and go as you please?
- Have you been threatened with harm if you try to quit?
- Has anyone threatened your family?
- What are your working or living conditions like?
- Where do you sleep and eat?
- Do you have to ask permission to eat, sleep or go to the bathroom?
- Is there a lock on your door or windows so you cannot get out?

Sample messages to convey:

- We are here to help you.
- Our first priority is your safety.
- If you are a victim of trafficking and you cooperate, you will not be deported.
- We will give you the medical care that you need.
- We can find you a safe place to stay.
- We can help get you what you need.
- We want to make sure what happened to you doesn't happen to anyone else.
- You are entitled to assistance. We can help you get assistance.
- If you are a victim of trafficking, you can receive help to rebuild your life safely in this country.

Shared Hope International ([sharedhope.org](http://sharedhope.org))

Polaris Project ([polarisproject.org](http://polarisproject.org))

International Justice Mission ([ijm.org](http://ijm.org))

Salvation Army ([salvationarmycarolinas.org](http://salvationarmycarolinas.org))

Restore One ([restoreonelife.org](http://restoreonelife.org))

### Books

Renting Lacy by Linda Smith

Not For Sale by David Batstone

Girls Like Us by Rachel Lloyd

Roadmap to Redemption by Rebecca Bender

*Abbi Tenaglia, Founder/Director, [info@transforminghopeministries.org](mailto:info@transforminghopeministries.org), 919-943-1477*

*Human Trafficking Hotline: 888-3737-888 or text INFO or HELP to BeFree (233733)*

*National Center for Missing & Exploited Children: [www.MissingKids.com](http://www.MissingKids.com) or*

*[www.CyberTipLine.com](http://www.CyberTipLine.com)*

# HUMAN TRAFFICKING IN THE U.S.

What it looks like and how to help as  
a Medical Professional

*transforming*  
hope 

# TRANSFORMING HOPE

## Vision

Transforming the world by offering hope to those exploited by human trafficking

## Mission

Educate others

Prevent exploitation

Restore those exploited

educate . prevent . restore

*transforming*  
hope 

# WHAT IS HUMAN TRAFFICKING?

**Human trafficking** is the recruitment, harboring, transportation, provision, or obtaining of a person for the purposes of a commercial sex act, labor or services, in which the act, labor or service is induced by force, fraud, or coercion, or in which the person induced to perform such an act has not attained 18 years of age. (TVPA of 2000)

**Domestic trafficking** in the U.S. is when someone who is considered a U.S. citizen is being exploited in the United States for commercial sex or forced labor through the use of force, fraud, or coercion. (THM definition)



# FORCE, FRAUD, COERCION

## Force

- Forced drug addiction
- Physical assault or beatings
- Date rape or gang rape
- Restrained or bound
- Confinement (doors and windows locked)
- Kidnapped or abducted



## Fraud

- Deception
- Romantic relationship
- False promises of marriage
- Employment
- Better life (job, education, citizenship)

## Coercion

- Threats of serious harm to victim or loved ones
- Threatening to report to police
- Threatening legal ramifications

# LABOR TRAFFICKING

## Recruitment

- Online, via relative or friend
- Debt or family agreement
- False promise of wages/job



## Grooming

- Isolation, breakdown of safety net
- ID taken, relocated

## Turning Out

- “You owe me”, “Your family owes me”
- Physical and mental torture, rape, drug use



# SEX TRAFFICKING

## Recruitment

- Online, school, mall
- Calculated, planned
- Investment of time, trust



## Grooming

- Isolation, Breakdown of safety net
- Sexual relationship
- Gifts, favors, or punishment for refusal to respond

## Turning Out

- “You’re already doing it...”
- Physical and mental torture, rape, drug use



# MYTHS

- Victims are all immigrants or foreign-born
- Victims know they are victims and will ask for help
- Trafficking requires victims to be transported
- Money has to be exchanged in order to be considered human trafficking
- Girls or women are the only victims
- Victims are only from a specific race or poorer demographic
- All prostitutes are willing participants



# STATISTICS

- 27 million slaves worldwide
- \$32 billion annually worldwide
- 50% worldwide are children
- 100,000-300,000 domestic minor victims in the U.S.
- Average quota is \$500 x 365 days = \$182,500 a year per girl, tax free
- Average age of entry is 12-14 for girls and 11-13 for boys
- Up to 50% of CSEC victims are boys
- 75% of predators have also reported being abused as a child
- 41% of all the calls received by National Hotline in the last five years have been domestic victims
- 1 in 3 homeless children will be trafficked within 48 hours of becoming homeless (Durham & Wake – over 300 in January, 2014)
- 80% of all DMST victims have had contact with foster care or the juvenile justice system (NC has 12,000 foster children as of 2012)
- Between five organizations in NC, served 75 survivors in two years

# NORTH CAROLINA

NC is ranked in the FBI's Top Ten States where human trafficking is most likely to occur for the following reasons:

- Interstates – 95, 85 and 40
- Coastal tourism: mountains & beach
- Agriculture and meat processing industries
- Colleges, Universities, and Military bases
- High demand for cheap sex and labor
- Easy access to vulnerable populations



# SAFE HARBOR LAW

In 2013, NC became 1 of 12 states to adopt Safe Harbor Law, which provides:

- For victims (especially those under 18) to be treated as victims, not criminals (age of consent is now 18, not 16)
- That prostitution charges can be erased from a victim's record once it is proven that they were forced or were under 18
- For compensation from traffickers to their victims for wages earned but not paid
- That buyers can no longer use "age defense"
- For buyers to receive a felony for their second offense (misdemeanor in the past), unless first offense is with minor
- That trafficking or pimping or assisting is now a felony

For more details, go to [ncsafeharbor.org](http://ncsafeharbor.org)

**Other states participating:**

**WA, NE, MN, LA, IL, KY, OH, NY, NJ, VT, MA**

**Progress made but not fully adopted:**

**CA, KS, TX, OK, AR, MI, MS, TN, FL, CT**



# SIDE EFFECTS

- Many physical & psychological issues stemming from: inhumane living conditions, poor personal hygiene, poor nutrition, brutal physical & mental abuse, dangerous workplace, lack of quality health care
- STDs, unwanted pregnancies
- Chronic back, hearing, vision, or respiratory issues
- Hidden physical abuse, substance abuse
- Malnourishment & health/dental issues



# SIGNS OF EXPLOITATION

- Specific or special tattoos
- Very young and appears to be under the influence
- Accompanied by another person who seems controlling/answers for potential victim
- Nice possessions (too nice for so young)
- Evidence of physical abuse
- No identification
- Seems fearful & submissive or overly aggressive & defensive



# WHAT TO DO

- Before questioning, remove accompanying person who may be posing as relative but is trafficker/pimp/recruiter
- Limit number of people that potential victims talks to in order to help them feel safe
- Ask indirect questions; won't identify as "trafficking victim"
- Gaining trust is the most important first step



# ADDITIONAL RESOURCES

National Human Trafficking Hotline

888-3737-888

text INFO or HELP to BeFree (233733)

National Center for Missing & Exploited Children

800-THE-LOST (843-5678)

[www.MissingKids.com](http://www.MissingKids.com)

[www.CyberTipLine.com](http://www.CyberTipLine.com)

# CONTACT INFO

Abbi Tenaglia  
Founder/Director  
[www.AbbiTenaglia.org](http://www.AbbiTenaglia.org)

[info@transforminghopeministries.org](mailto:info@transforminghopeministries.org)  
(919) 943-1477

[www.TransformingHopeMinistries.org](http://www.TransformingHopeMinistries.org)

