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**From:** Wayne, Kathleen A (HSS)  
**Sent:** Friday, April 25, 2014 3:02 PM  
**To:** HSS DPA WIC Coordinators; Welch, Scooter (HSS Sponsored); Bennis, Don; O'Gara, Kathy (HSS Sponsored)  
**Cc:** HSS DPA WIC Juneau; HSS DPA WIC Anchorage; 'Danielle Rybicki' ([afdrr@uaa.alaska.edu](mailto:afdrr@uaa.alaska.edu)); Olejasz, Aimee M (HSS)  
**Subject:** WIC Update April 25

Hi Everyone,  
Spring has finally sprung in Juneau. We've hit a balmy 53 degrees today with more warm weather this weekend. Jennifer is working with the printers to get the "Fruits and Vegetables So Good For Me" flyer printed, so you should see that resource fairly soon.

Happy Spring,

Kathleen  
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WIC Success Story:

A mom had identified struggling with getting her children to eat at mealtime. She was making special meals for each child to ensure they were eating. Eating had become a source of stress for the family. At her certification appointment, the CPA had described the division of responsibilities and encouraged the mom to trust the child to eat enough and only offer one choice at a meal. At her following appointment, the mom reported she had used the advice given and her children were eating wonderfully. Meal time was now a great family experience and her children were trying new foods that they had previously refused to eat.

- 1. WIC CPA Training Program:** The Alaska WIC CPA Training and Breastfeeding Peer Counseling Training Programs, which have been housed at UAA, will soon move onto the division's Staff Development and Training (SD&T) Section website. About a year ago, state staff began working with SD&T who currently provide statewide on-line training support to SNAP eligibility caseworkers and are beginning to house other DPA program training resource. This change represents a considerable amount of work by Jennifer, Kathleen, and Danielle Rybicki. The goal is to keep the CPA training system operating very similarly as it did under UAA. Danielle will continue to be our CPA training instructor and your main contact. Our goal is to transfer all CPA and BFPC training modules by June 2014. Additional modules will be housed on the state training website in the near future. As the transfer gets closer, we will provide more detailed information in the

Friday update regarding and any information you'll need to know to use the new website. Please contact Jennifer Johnson at 465-8104 with any questions.

2. Danielle Has Moved---Danielle Rybicki, CPA Training Coordinator, and her family recently relocated to Arizona to be closer to extended family. She will continue to work for UAA and the WIC training programs. You can still reach her or Lori at the same contact information: Danielle- [907-786-4936](tel:907-786-4936)/[drrybicki@uaa.alaska.edu](mailto:drrybicki@uaa.alaska.edu), Lori- [907-786-1409](tel:907-786-1409)/UAA\_WIC@uaa.alaska.edu.

3.

**SPIRIT Information:**

⇒**Traveling with SPIRIT-**

Please see the attached document which describes the procedure for taking a SPIRIT laptop on your village visits.

You can go ahead and begin using this process as soon as you like.

The SPIRIT Utilities web site hosts Reports and Batch Issuance:

<https://wicspiritprod1.dhss.alaska.gov/WICSPIRITPROD1/BatchIssuance/Authentication/Login.aspx>.

(Log-in with your SPIRIT username and password).



⇒**Here to Help**--Send all questions, issues and errors to the WIC SPIRIT Helpdesk at [wicpsirithelpdesk@alaska.gov](mailto:wicpsirithelpdesk@alaska.gov) or phone them at 907-334-4900.

4. New Food Rule: As we move closer to implementing the new food rule, we are going to share possible nutrition education links in the Friday Update to help us all ease into these program changes. Here are some tools produced by Arizona SNAP ED on the topic of low fat milk. Please contact Jennifer Johnson (465-8104) if you have ideas for resources that should be shared.
5. Summer Food Service Program--- Please use the attached web banner on your client-centered emails and web sites! If your organization composes tweets, please use the “hash tag” #SummerFoodRocks. If you use this banner, please send an E-mail to Elizabeth “Libby” Albert at [Elizabeth.Albert@fns.usda.gov](mailto:Elizabeth.Albert@fns.usda.gov) so that we can track our outreach efforts.



Free Meals  
For Kids!

NO APPLICATION NECESSARY  
TO FIND A SUMMER FEEDING  
SITE NEAR YOU CALL:  
**1-866-3HUNGRY**  
**1-877-8HAMBRE**







## Using a SPIRIT Laptop in Village Clinics

Please call the WIC SPIRIT help Desk with the dates of your travel ASAP.

Ask your Local IT if they know the IP Address of the internet connection you'll be using at the village health clinic.

If yes, fill out the form below ("Form for the WIC SPIRIT Help Desk") and email it to the WIC SPIRIT Help Desk prior to your trip.

If No, follow the instructions below.

1. Set up your laptop in the village health clinic where you will be working.
2. Check that you can access the internet. (You can access any site – try the WIC website: <http://dhss.alaska.gov/dpa/Pages/nutri/wic/localagencies/default.aspx>).
3. Go to [www.myipaddress.com](http://www.myipaddress.com). This website will identify the IP address for the network you are currently connected to. Once you know your IP address, contact the WIC SPIRIT Helpdesk at 907-334-4900 or [wicspirithelpdesk@alaska.gov](mailto:wicspirithelpdesk@alaska.gov) and report the following
  - Name, Agency,
  - Village Clinic Location,
  - IP Address
  - Contact Information
4. At this point the SPIRIT helpdesk will submit a request to the State's Network Services Section to allow your IP address access to SPIRIT. Once this is complete the helpdesk will contact you to ensure that you can connect to SPIRIT and assist you as needed.

Typically it will take about 30 minutes for Network Services to arrange your access to SPIRIT. However, it could be as long as four hours if they are working on an emergency outage. Please try to set up your laptop and contact the SPIRIT Help Desk as soon as you arrive at the village clinic.

## Using a SPIRIT Laptop in Village Clinics

### Form for the WIC SPIRIT Help Desk

Name	
Agency	
Village Clinic Location	
IP address	
Travel dates	
Contact Information	