

## FRESH MILK

### Allowed

Fresh whole, 2%, 1%, or fat free (nonfat) milk, must buy the type listed on the check.

## SOY MILK

### Allowed

Brands and forms listed below are authorized only if soy beverage is listed on checks.

**Pacific Natural Foods Ultra Soy;** Plain or vanilla flavored. Quart size only; Shelf-stable (UHT)

**8th Continent:** Plain or vanilla flavored. Quart or Half-Gallon sizes only; Shelf-stable (UHT) or refrigerated



## INFANT MEATS

### Allowed

Gerber and Beech Nut varieties of infant meat as a single major ingredient, with added broth or gravy. Texture may range from pureed through diced. No organic.



Published December 11, 2015

## REFRIED BEANS

### Allowed

16 oz. Only.

Only brands and forms listed below are authorized.

**Bearitos, fat free**      **Bush's, fat free**  
**Casa Fiesta, No Fat**      **Fred Meyer, fat free**  
**Goya, fat free**      **La Preferida, fat free**  
**Ortega, fat free**



## WHOLE GRAINS

### Also Allowed:

24 oz. Country Oven 100% Whole White Wheat Bread  
18 oz. Country Oven 100% Whole Wheat Dinner Rolls

16 oz. Kroger/Fred Meyer 100% Whole Wheat Tortilla

## JUICE

### Allowed

16 oz frozen concentrates (for children only)

Brands and flavor varieties authorized for 11.5-12 oz containers are also authorized for 16 oz.

46-48 oz shelf stable or refrigerated (for women only)

Brands and flavor varieties authorized for 64 oz containers are also authorized for 46-48 oz.

Kroger/Fred Meyer apple juice also approved for 46-48 oz and 64 oz containers.

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