

From: [Walker, Julie K \(HSS\)](#)
To: [HSS DPA WIC Coordinators](#); [O'Gara, Kathy \(HSS Sponsored\)](#); [Bennis, Don](#); [Welch, Scooter \(HSS Sponsored\)](#)
Cc: [HSS DPA WIC Juneau](#); [HSS DPA WIC Anchorage](#); [Olejasz, Almee M \(HSS\)](#); ["Danielle Rybicki"](#); [Butcher, Clay \(HSS\)](#)
Subject: July 1 Friday Update In this issue....July 2016 Vendor Newsletter, MICR Cartridges, Nutrition Education Materials, and more
Date: Friday, July 01, 2016 2:16:28 PM
Attachments: [July 2016 Vendor Newsletter.pdf](#)

Hi Everyone,

Kathleen is out of the office and will return Wednesday, July 6th. I am the Acting FNP Manger, should anything come up while she is gone (I can be reached at Julie.walker@alaska.gov, or 465-8629). The State WIC office will be closed on Monday July, 4th. Hope everyone has a safe and enjoyable holiday weekend!

Thanks,
Julie

1. Success Story from the esteemed Municipality of Anchorage WIC Program

A young mom came back in after not participating for about 2 months. She reported having to flee the state related to an abusive situation. She left without clothing, or her vouchers. Upon her return, the home she was living in had been repossessed and cleaned out, so her vouchers were not found. WIC was able to provide referrals to the food pantry, housing assistance and health agencies, and some formula from our sample supplies to get her by while we determined if it was feasible to replace her vouchers.

2. **Nutrition Education Materials:** WIC was able to purchase a supply of nutrition education materials including information for healthy pregnancy, babies, toddlers, family meals, and many more great topics. State staff will be packaging and distributing to clinics over the next several weeks.

3. **WIC Vendor Newsletter:** The new WIC allowed food lists and summer quarterly newsletters will be mailed to all vendors the week of July 5th. The newsletter is attached to this Friday update.

4. Let us know when you get your MICR Cartridges- ACTION ITEM

You should have received your MICR cartridges by now. If you haven't already, please let Dana.Kent@alaska.gov know how many and when you received the cartridges.

Nice to Know:

Article from "Pediatric Obesity"

Projecting the impact of hypothetical early life interventions on adiposity in children living in low-income households

Nianogo, R. A., Wang, M. C., Wang, A., Nobari, T. Z., Crespi, C. M., Whaley, S. E., and Arah, O. A. (2016) Projecting the impact of hypothetical early life interventions on adiposity in children living in low-income households. *Pediatric Obesity*, doi: [10.1111/ijpo.12157](https://doi.org/10.1111/ijpo.12157).

Summary

Background

It is difficult to evaluate the effectiveness of interventions aimed at reducing early childhood obesity using randomized trials.

Objective

To illustrate how observational data can be analysed using causal inference methods to estimate the potential impact of behavioural 'interventions' on early childhood adiposity.

Methods

We used longitudinal data from 1054 children 1–5 years old enrolled in the Special Supplemental Nutrition Program for Women, Infants and Children and followed (WIC) from 2008 to 2010 for a mean duration of 23 months. The data came from a random sample of WIC families living in Los Angeles County in 2008. We used the parametric g-formula to estimate the impact of various hypothetical behavioural interventions.

Results

Adjusted mean weight-for-height Z score at the end of follow-up was 0.73 (95% CI 0.65, 0.81) under no intervention and 0.63 (95% CI 0.38, 0.87) for all interventions given jointly. Exclusive breastfeeding for 6 months or longer was the most effective intervention [population mean difference = -0.11 (95% CI -0.22, 0.01)]. Other interventions had little or no effect.

Conclusions

Compared with interventions promoting healthy eating and physical activity behaviours, breastfeeding was more effective in reducing obesity risk in children aged 1–5 years. When carefully applied, causal inference methods may offer viable alternatives to randomized trials in etiologic and evaluation research.