

Alaska WIC Nutrition Program Enteral Nutrition Prescription Request Form- effective March 1, 2016

State of Alaska Department of Health & Social Services/Public Assistance

Please Fax to _____

Prescription must be completed by Health Care Provider (must be eligible to write prescriptions in AK)

Client Name _____ DOB _____
 Parent's/Caregivers Name _____ Address: _____ Phone _____
 Medicaid Eligible? No Yes Medicaid # _____ End date _____
 Current Measurements (if available): Medical date _____ Ht = _____ in/cm Wt= _____ lbs/kg

Formulas Requiring Medical Documentation

- Similac Sensitive** (19 cal/oz)
- Similac for Spit Up** (19 cal/oz)
- Similac Total Comfort** (19 cal/oz)

For these formulas, only this box needs to be completed: Reason for prescribing formula:

- Malabsorption Formula intolerance Inappropriate Growth Other _____

Length of time the formula is requested for: _____

Health Care Provider Name: _____ Signature: _____

Provider Phone Number: _____

For Therapeutic Formulas and Medical Foods (Listed on the back of this form) complete the information below:

<u>Infant</u>	<u>Child/ Woman</u>
<p>FORMULA _____</p> <p>Prescribed amount of formula: <input type="checkbox"/> Maximum allowable OR <input type="checkbox"/> _____ OUNCES (RD can calculate, based on current weight)</p> <p>Was another Formula Tried <input type="checkbox"/> Yes <input type="checkbox"/> No Formula Tried _____</p> <p align="center"><u>Infants 6-11 months</u></p> <p>Check foods to avoid:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Infant Cereal <input type="checkbox"/> Infant Fruits/Vegetables <input type="checkbox"/> Provide no infant foods, and increase formula amount <p>DURATION: <u>12 MONTHS</u> OR _____ MONTHS</p>	<p>FORMULA _____</p> <p>Prescribed amount of formula: <input type="checkbox"/> Maximum allowable OR <input type="checkbox"/> _____ OUNCES <input type="checkbox"/> Milk in addition to formula SPECIFY <input type="checkbox"/> Whole <input type="checkbox"/> 2% <input type="checkbox"/> 1% or skim</p> <p>Food Prescription (check one)</p> <ul style="list-style-type: none"> <input type="checkbox"/> Allow age appropriate WIC foods. Exceptions specify: _____ <input type="checkbox"/> No solid foods: medical formula only <input type="checkbox"/> Infant cereal <input type="checkbox"/> Infant fruits and vegetables <input type="checkbox"/> Allow WIC Registered Dietitian to prescribe supplemental WIC foods <p>DURATION: <u>12 MONTHS</u> OR _____ MONTHS</p>

Please fill in Medical Diagnosis and ICD-10 Code Both must be completed in order to process the request for therapeutic formulas (some conditions may not qualify for special formula through WIC).

Medical Diagnosis: _____

ICD-10 Code: _____

Signature: _____ Date: _____ Medical Provider Address & Phone

Medical Provider Name _____

Provider Medicaid ID # _____

WIC REGISTERED DIETITIAN OR LICENSED NUTRITIONIST & MEDICAID USE ONLY

Formula average daily calorie needs for _____ months = _____
 Date _____ RD approved _____ Denied _____ Date Range approved: _____
Pharmacy use only Product _____ Size _____ Cans/day _____ Date _____
 Pharmacist signature _____ XEROX use only Authorized Denied

State of Alaska WIC Program

Directions: Please complete the Enteral Nutrition Prescription Request (ENPR) form so that WIC can provide a Non Contract formula for your patient. This form can be provided to the WIC client or faxed to the WIC office. If measurements were completed during the medical exam please document the most current information. The prescription must be completed by a Health Care Provider eligible to write prescriptions in Alaska. Please include your Alaska License number or Medicaid Provider number. If the ENPR form is approved by the Local Agency Registered Dietitian, WIC will provide the Non Contract formula. If your client is currently participating in the State of Alaska Medicaid or Denali Kid Care program, WIC will apply to Medicaid for the Non Contract Formula. The Local Agency will assist the WIC family in the application process. If Medicaid approves the prescription, the formula will be shipped directly to your patient's home. This process may take more than a month for completion, during which time WIC will provide the Non Contract formula for your patient.

Important: Medical documentation is federally required in order to issue special formula and some supplemental food to WIC women, infants and children who have qualifying condition(s) that require the use of the special formulas listed below. The program does NOT authorize issuance of **therapeutic** formulas for:

- 1). Non specific symptoms such as intolerance, fussiness, gas, spitting up, constipation or colic OR
- 2). Enhancing nutrient intake or managing body weight without an underlying medical condition.

WIC is a supplemental Food Program. Infants who are not breastfed may require more formula than WIC is able to provide.

ALASKA WIC STANDARD CONTRACT FORMULAS:

The following contract formulas **DO NOT REQUIRE MEDICAL DOCUMENTATION** for infants younger than 12 months, except when an increased formula amount is requested for infants 6-11 months:

- Similac Advance (milk based) 20 Cal/oz
- Gerber Good Start Soy (soy based) 20 Cal/oz

THERAPEUTIC FORMULAS AND MEDICAL FOODS THAT MAY BE PROVIDED WITH MEDICAL DOCUMENTATION

Hydrolyzed Protein	Amino Acid Based	WIC-eligible Nutritionals for Children/Women
Similac Expert Care Alimentum	Neocate Infant	Pediasure and Pediasure with Fiber
Nutramigen with Enflora	Neocate Jr.	Ensure
Premature Infant Post Discharge	Elecare	
Enfacare		Soy for Children
Neosure		Gerber Graduates Soy

ESTIMATED ENERGY AND PROTEIN REQUIREMENTS

	Age in Years	RDA Energy (kcal/kg)	Protein (g/kg/day)
Infants	Premature	120	2.2
	0-6 months	108	2.2
	6-12 months	98	1.6
Children	1-3 years	102	1.2
	4-6 years	90	1.1

<i>Females Velocity of Weight Gain</i>	gm/day	<i>Males Velocity of Weight Gain</i>	gm/day
Birth-3 month	24	Birth-3 month	28
3-6 months	19	3-6 months	21
6-9 months	14	6-9 months	15
9-12 months	11	9-12 months	11
12-18 months	8	12-18 months	8
18-36 months	5	18-36 months	5
3-4 years	5	3-4 years	5
4-5 years	6	4-5 years	6

Full Provisions of WIC Formula and Food for a month

Infants	Children and Women
<ul style="list-style-type: none"> ● 0-3 months of age: 26 ounces of formula/day ● 4-5 months of age: 29 ounces formula/day ● 6-11 months of age: 20 ounces formula/day* <ul style="list-style-type: none"> ▪ 24 ounces infant cereal ▪ 32 four ounce containers baby food fruit/vegetables <p>*Infants unable to consume baby foods may be eligible for up to 29 ounces formula per day.</p>	Eggs 1 dozen Fruits/Vegetables \$8 or \$11 Cereal 36 ounces Cheese 1 lb Milk up to 4 gallons (children 13-17ounces/day) Exclusively Breastfeeding Women receive additional WIC foods Formula for Children and Women is approximately 29 ounces/day
	Juice 1 gallon (children approx. 4oz/day) Whole grains 1-2 pounds Beans 1 pound Peanut Butter 18 ounces (children have a choice of beans or peanut butter)