Hello WIC Coordinators,

We hope you all have a wonderful weekend. Thank you for all your hard work serving our WIC families!

-Julie Walker
Assistant WIC Manager

**Free Breastfeeding Articles**

Free Access to breastfeeding articles through July 31 (see attached email):

- Breastfeeding’s Role in the Neurobiology of Parenting
- Maternal Gaze Behaviors During Latching-On for Breastfeeding
- Induction of Lactation in the Biological Mother After Gestational Surrogacy of Twins: A Novel Approach and Review of Literature

**Additional resources**

A special supplement, WIC and Breastfeeding, was published in the *Journal of Nutrition Education and Behavior* last week. The supplement presents results of program interventions, administrative innovations, and epidemiological research. The articles can be accessed here: [http://www.jneb.org/issue/S1499-4046(17)X0007-9](http://www.jneb.org/issue/S1499-4046(17)X0007-9).

The *Journal of Nutrition Education and Behavior* also has an Alaska specific article about research done at the YKHC WIC program with a special mention of our own Bethel WIC program and Jennifer Johnson! [http://www.jneb.org/article/S1499-4046(16)30885-5/fulltext](http://www.jneb.org/article/S1499-4046(16)30885-5/fulltext).

**Success Story from the Esteemed Aleutian Pribilof Islands’ WIC Program**

A WIC client works at the front desk at one of the Clinics in the Aleutians/Pribilofs. She had to go back to work when baby was very young, but she has a very supportive work environment. She is able to exclusively breastfeed and everyone that comes into the clinic gets to love on that baby. Not only is she giving her baby the very best, but she is showing everyone in their community how important breastfeeding is and that a mom can breastfeed and work.

**World Breastfeeding Week is only 12 Days Away!!!**

The State office staff took time this week to mail your local agencies and clinics small amounts of breastfeeding materials for breastfeeding moms and community partners. You may receive magnets, breastfeeding triage tools for clinic staff and physicians, DVDs, door hangers for women expressing breastmilk at work, brochures, milk collection bags and breast pads. Please refer to prior Friday Updates (also posted on the Alaska website at: [http://dhss.alaska.gov/dpa/Pages/nutri/wic/localagencies/laemailupdates.aspx](http://dhss.alaska.gov/dpa/Pages/nutri/wic/localagencies/laemailupdates.aspx)) for tools and materials to set up a successful World Breastfeeding Week celebration. Suggestions, comments or questions please contact Dana Kent at dana.kent@alaska.gov or 465-5322.

**Nice to know**
