

FRESH MILK

Allowed

Fresh whole, 2%, 1%, or fat free (nonfat) milk, must buy the type listed on the check.

SOY MILK

Allowed

Brands and forms listed below are authorized only if soy beverage is listed on checks.

Pacific Natural Foods Ultra Soy; Plain or vanilla flavored. Quart size only; Shelf-stable (UHT)

8th Continent; Plain or vanilla flavored. Quart or Half-Gallon sizes only; Shelf-stable (UHT) or refrigerated



INFANT MEATS

Allowed

Gerber and Beech Nut varieties of infant meat as a single major ingredient, with added broth or gravy. Texture may range from pureed through diced. No organic.



REFRIED BEANS

Allowed

16 oz. Only.

Only brands and forms listed below are authorized.

Bearitos, fat free

Casa Fiesta, No Fat

Goya, fat free

Ortega, fat free

Bush's, fat free

Fred Meyer, fat free

La Preferida, fat free



WHOLE GRAINS

Also Allowed:



24 oz. Country
Oven 100%
Whole White
Wheat Bread



18 oz. Country
Oven 100%
Whole Wheat
Dinner Rolls



16 oz. Kroger/Fred Meyer
100% Whole Wheat Tortilla

JUICE

Allowed

16 oz frozen concentrates (for children only)

Brands and flavor varieties authorized for 11.5-12 oz containers are also authorized for 16 oz.

46-48 oz shelf stable or refrigerated (for women only)

Brands and flavor varieties authorized for 64 oz containers are also authorized for 46-48 oz.

Kroger/Fred Meyer apple juice also approved for 46-48 oz and 64 oz containers.