

# Assistance Programs

## Food and Nutrition Assistance

Program & People	Benefit	Eligibility Requirements	Authority
<p>Supplemental Nutrition Assistance Program (SNAP)</p> <p>35,694 average monthly caseload in SFY 2019</p>	<p>\$368.93 average monthly household allotment in FY 2019</p>	<ul style="list-style-type: none"> <li>Alaska resident</li> <li>Net income of not more than \$1,300 for an individual or \$1,761 for a couple; levels increase based on household size</li> <li>Not more than \$2,250 in assets per household, \$3,500 for a household who has at least one member who is disabled or over age 60</li> </ul>	<p>Federal / State Program</p> <p>PL 110-246 (2008) 7 CFR 271 – 274</p> <p>AS 47.25.975 – 990 7 AAC 46.010 – 990</p>
<p>Supplemental Nutrition Assistance Education Program (SNAP ED)</p> <p>2,029 clients served by direct education (15,465 served through social marketing and direct / indirect education combined)</p>	<p>Social marketing, research and direct client services. Nutrition education information is targeted to SNAP eligible populations</p>	<ul style="list-style-type: none"> <li>Alaska resident</li> <li>Net income of not more than \$1,300 for an individual or \$1,761 for a couple; levels increase based on household size</li> <li>Not more than \$2,250 in assets per household, \$3,500 for a household who has at least one member who is disabled or over age 60</li> </ul>	<p>Federal / State Program</p> <p>PL 110-246 (2008) 7 CFR 271 – 274</p> <p>AS 47.25.975 – 990 7 AAC 46.010 – 990</p>
<p>Women, Infants, and Children (WIC)</p> <p>18,698 monthly participant average in SFY 2019</p>	<p>Provides nutrition education, referrals, breastfeeding support and checks to purchase supplemental foods designed to address nutrient inadequacies and nutrition education</p>	<ul style="list-style-type: none"> <li>Alaska resident</li> <li>Must have a nutrition risk</li> <li>Pregnant, breastfeeding, and postpartum women, infants and children up to five years of age</li> <li>Must meet income criteria or must be within 185% of poverty</li> <li>Yearly income of \$28,860 for a 1 person household, \$39,091 for a 2 person household (2019 - 2020). USDA updates income guidelines annually (April).</li> </ul>	<p>Federal / State Program</p> <p>PL 111-296 (2010) 7 CFR 246</p>



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Breastfeeding Peer Counseling Program  11,358 contacts in SFY 2019	Provides breastfeeding support through a peer- to-peer counseling structure to WIC pregnant and breastfeeding women	<ul style="list-style-type: none"> <li>• Must meet WIC eligibility requirements and be considered a WIC participant for enrollment in the Breastfeeding Peer Counseling Program (BFPC).</li> <li>• BFPC program benefits all WIC pregnant, breastfeeding, and, infant (up to one year of age) participants with breastfeeding support that augments the WIC program support through a peer-to-peer counseling structure.</li> </ul>	Federal / State Program  PL 111-296 (2010) 7 CFR 246
Commodity Supplemental Food Program  2,600 average monthly caseload for FFY 2019	Provides supplemental foods designed to address nutrient inadequacies. Includes nutrition education. Cannot have concurrent participation in WIC.	<ul style="list-style-type: none"> <li>• Alaska resident</li> <li>• 60 years or older</li> <li>• Annual income for one person household of \$28,860 or \$39,091 for two person household</li> <li>• Only available in Anchorage, Mat-Su, Kenai, and Fairbanks and limited outlying areas</li> </ul>	Federal / State Program  PL 111-296 (2010) 7 CFR 247
WIC Farmers Market Nutrition Program  10,000 annual participant in FFY 2019	Provide checks for purchase of fruits and/or vegetables from Alaska farmers. Provide nutrition education materials.	<ul style="list-style-type: none"> <li>• Alaska Resident</li> <li>• Current WIC participants</li> <li>• Available in Anchorage, the Mat-Su Valley, Delta Junction, Dillingham, Fairbanks area, Copper Center, Bethel, on the Kenai Peninsula, and in Haines, Petersburg, and Sitka</li> <li>• Yearly income of \$28,860 for a 1 person household, \$39,091 for a 2 person household (2019 - 2020). USDA updates income guidelines annually (April).</li> </ul>	Federal / State Program  PL 11-296 (2010) 7 CFR 248



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Senior Farmers Market Nutrition  Estimated 3,000 participants in FFY 2019	Provides checks for purchase of fresh fruits and/or vegetables from Alaska farmers. Provides nutrition education materials.	<ul style="list-style-type: none"> <li>Alaska resident</li> <li>Age 60 or older</li> <li>Participation in CSFP, TEFAP, Public Assistance, NEOP, or CSFP, or Free or Reduced School Meals <b>OR</b></li> <li>Available in Anchorage, the Mat-Su Valley, Fairbanks area, on the Kenai Peninsula, Haines, Homer and limited outlying areas.</li> <li>Yearly income \$28,860 for one person household, \$39,091 for two person household (as of July 1, 2019)</li> </ul>	Federal / State Program  PL 111-296 (2010) 7 CFR 249

### Medical Assistance

Medicaid  215,028 average monthly enrollees in SFY 2019	Provides medical assistance to needy individuals and families. Basically, it is intended to provide medical coverage for needy families with children, pregnant women, low income adults, and aged, blind and disabled persons	<ul style="list-style-type: none"> <li>To be eligible, recipients must meet certain income and/or resource criteria. These criteria vary depending on the particular Medicaid category for which the recipient is eligible for</li> <li>Eligibility criteria for aged, blind, and disabled persons are based on eligibility criteria used for the Adult Public Assistance program</li> <li>Eligibility criteria for parents and other caretaker relatives, pregnant women, children under age 19, under 21 Medicaid, expansion group, and former foster children up to age 26 are based on the eligibility criteria created by the Affordable Care Act</li> </ul>	Federal / State Program  PL 112-238 (2012) 42 USC 1396  AS 47.07 7 AAC 100.001 – 990  42 CFR 435
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Chronic and Acute Medical Assistance (CAMA)	Provides emergency medical coverage for persons who do not qualify for Medicaid	<ul style="list-style-type: none"> <li>• Age 18 or older</li> <li>• Lack of other medical resources</li> <li>• Covered medical needs only include:               <ul style="list-style-type: none"> <li>➢ A terminal illness</li> <li>➢ Cancer requiring chemotherapy</li> <li>➢ Diabetes and diabetes insipidus</li> <li>➢ Seizure disorders</li> <li>➢ Chronic mental illness</li> <li>➢ Hypertension</li> </ul> </li> <li>• Countable income of not more than \$300 for an individual or \$400 for a couple</li> <li>• Assets that do not exceed \$500</li> </ul>	State Program  AS 47.08.150 7 AAC 48.500 - 900

### Assistance for Seniors & Disabled

Adult Public Assistance (including Interim Assistance and Old Age Assistance)  19,461 average monthly recipients in SFY 2019	Maximum \$1,145/month for an individual and \$1,703/month for a couple (as of January 2020)  \$257.67 average monthly payment in SFY 2019	The Adult Public Assistance program is designed as a State supplement to the Federal Supplemental Security Income Program (SSI). As such, it confers Medicaid eligibility to its recipients. <ul style="list-style-type: none"> <li>• Age 65 or older, blind or disabled</li> <li>• Alaska resident</li> <li>• Less than \$2,000 (single) \$3,000 (couple) in assets excluding house, one vehicle, burial fund</li> <li>• Monthly income below \$1,145 for an individual, \$1,703 for a couple, both eligible (as of January 2020)</li> </ul>	State Program  AS 47.25.430 – 615 7 AAC 40.020 – 900
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Program & People	Benefit	Eligibility Criteria	Authority
Senior Benefits (SB) Program  10,692 average monthly recipients in SFY 2019	Monthly payment of \$76, \$175 or \$250 depending on income	<ul style="list-style-type: none"> <li>Age 65 or older</li> <li>Alaska resident</li> <li>Effective April 1, 2019 -- yearly income of below \$27,300 for an individual or \$36,978 for a couple</li> </ul>	State Program  AS 47.45.300 – 309 7 AAC 47.545 - 599

### Heating Assistance

Heating Assistance Program (LIHEAP)  6,549 households served by the State in SFY 2019  17,821 individuals served by the State in SFY 2019	Provides help paying for home heating costs  \$1,050.72 average benefit per State served household in SFY 2019	<ul style="list-style-type: none"> <li>Annual home heating costs must exceed \$200</li> <li>Gross monthly income at or below \$1,950 for an individual, \$2,641 for a couple (150% of federal poverty level) for FY 2019</li> <li>Household with a person age 60 or older, disabled, or under the age of 6, is considered a priority population. Households receive one additional heating point toward their benefit calculation. Value of extra point is \$140 in FY 2019</li> </ul>	Federal / State Program  PL 97-35 (1981) 45 CFR 96.80 - 89  7 AAC 44.010 – 900
Alaska Affordable Heating Program (AKAHP)  1,374 households served by the State in FY 2016	Provides help paying for home heating costs  \$565/year average per State served household in FY 2016	This program's funding was eliminated so it has not been offered since FY 2016	State Program  AS 47.05.010 AS 47.25.621 - 626 7 AAC 44.200 - 900

## Assistance Programs

### Assistance for Families with Dependent Children

Program & People	Benefit	Eligibility Criteria	Authority
<p>Alaska Temporary Assistance Program (ATAP)</p> <p>6,685 average monthly recipients in SFY 2019</p>	<p>Maximum cash benefit of \$821 for a family with 1 child, \$923 for a family with 2 children</p> <p>\$598.44 average monthly benefit per household in SFY 2019</p>	<ul style="list-style-type: none"> <li>• Alaska resident</li> <li>• Families with dependent children under age 18</li> <li>• Child support cooperation</li> <li>• 60-month time limit               <ul style="list-style-type: none"> <li>➢ 30 states have a 49-60 month lifetime limit</li> <li>➢ 5 states have a 37-48 month lifetime limit</li> <li>➢ 3 states have a 25-36 month lifetime limit</li> <li>➢ 12 states have a 13-24 month lifetime limit</li> <li>➢ 1 state has a 12 month lifetime limit</li> </ul> </li> <li>• Participation in work activities and family self-sufficiency planning</li> <li>• Not more than \$2,000 in assets per household, \$3,000 for a household who has at least one member who is over 60</li> <li>• Net income of not more than \$1,507 for a family with 1 child, \$1,696 for a family with 2 children</li> <li>• Benefit amount based on income (lower if more income or less need)</li> <li>• 62% include a parent and are subject to work and time limits               <ul style="list-style-type: none"> <li>➢ 33% have used less than 2 years</li> <li>➢ 10% have used between 2 and 3 years</li> <li>➢ 7% have used between 3 and 4 years</li> <li>➢ 6% have used between 4 and 5 years</li> <li>➢ 5% have used more than 5 years (on allowable extension)</li> </ul> </li> </ul>	<p>Federal / State Program</p> <p>42 USC 602 – 608 45 CFR 200 – 499</p> <p>AS 47.27.005 – 990 7 AAC 45.150 – 990</p>



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Program	Benefit	Eligibility Criteria	Authority
Child Care Assistance  2,993 average children per month in SFY 2019	Provides monthly subsidy to help with child care expenses based on a sliding fee scale for eligible low-moderate income families. The family benefit is paid to the child care provider on behalf of the family, based on geographic location, type of care, age of children, unit of care authorized, and child's attendance at the child care facility.	<ul style="list-style-type: none"> <li>• Parent(s) in the family must be participating in an eligible activity of working, attending school or a job training program, and meet non- financial and financial eligibility criteria.</li> <li>• Families must not exceed income limits which are set at 85% of adjusted 2016 median income for Alaska: \$5,156 for household of 3, \$6,107 for a household of 4, etc.</li> <li>• Child(ren) must be under the age of 13, be a US citizen or national or qualified alien, and reside with an eligible parent or parents; or be receiving or needing to receive protective services.</li> </ul>	Federal / State Program  PL 112-74 (2011) 42 USC 9858 45 CFR 98 – 99  AS 47.25.001 – 095 7 AAC 41.010 – 990

### Other Assistance

General Relief Assistance (GRA) 1,128 cases in SFY 2019  2,063 recipients in SFY 2019	Provides for emergent basic needs for shelter, utilities, food, clothing, or burial	<ul style="list-style-type: none"> <li>• Alaska resident</li> <li>• Have an emergent need for shelter, food, clothing, or burial</li> <li>• Assets that do not exceed \$500</li> <li>• Countable income of not more than \$300 for an individual or \$400 for a couple</li> </ul>	State Program  AS 47.05.010 AS 47.25.170 7 AAC 47.050 - 290
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# Assistance Programs

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**ACRONYM KEY**

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<b>AAC</b>	Alaska Administrative Code
<b>ACA</b>	Affordable Care Act
<b>APA</b>	Adult Public Assistance
<b>AS</b>	Alaska Statute
<b>ATAP</b>	Alaska Temporary Assistance Program
<b>CAMA</b>	Chronic and Acute Medical Assistance
<b>CFR</b>	Code of Federal Regulations
<b>CSFP</b>	Commodity Supplemental Food Program
<b>FS</b>	Food Stamps; now known as SNAP
<b>GRA</b>	General Relief Assistance
<b>IA</b>	Interim Assistance
<b>LIHEAP</b>	Low Income Heating Energy Assistance Program
<b>NEOP</b>	Nutrition Education & Obesity Prevention - Supplemental Nutrition Assistance Program
<b>PL</b>	Public Law
<b>POMS SI</b>	Social Security Administration Program Operations Manual System - Supplemental Security Income
<b>SB</b>	Senior Benefits
<b>SNAP</b>	Supplemental Nutrition Assistance Program; formerly known as Food Stamps
<b>SSI</b>	Supplemental Security Income
<b>TEFAP</b>	The Emergency Food Assistance Program
<b>USC</b>	United States Code
<b>USDA</b>	U.S. Department of Agriculture
<b>WIC</b>	Women, Infants, and Children

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