

Alaska has been approved for a waiver that allows us to exempt all areas in Alaska from the Able Bodied Adult without Dependents (ABAWD) Food Stamp time limit *except* for the Municipality of Anchorage. This waiver will be in effect from January 1, 2016 through December 31, 2016. We will pursue another waiver when this one ends.

This means that if you do not live within the Municipality of Anchorage, you will not have a time limit applied to your Food Stamp benefits.

The Municipality of Anchorage includes areas outside the actual city of Anchorage:

- Chugiak
- Eagle River
- Eklutna
- Elmendorf Air Force Base
- Fort Richardson
- Girdwood
- Indian
- Mountain View
- Peters Creek

If you do live within the Municipality of Anchorage and are identified as an ABAWD required individual, you may qualify for an exemption based on one of the following:

- Medically (either physical or mentally) unable to work;
- Pregnant;
- Residing in a household with a dependent child. A dependent is defined as a child under the age of 18 years old that is included in the Food Stamp benefit;
- Responsible for the care of an incapacitated adult (either a household member or non-household member);
- Receiving unemployment compensation;
- Participating in a drug or alcohol treatment program;
- Enrolled at least half time in a school or training program – although a student may be exempt from ABAWD work requirements, the student must still meet student exemption criteria and all other applicable Food Stamp eligibility requirements.

Your Public Assistance worker will go through these possible exemptions with you when you apply or recertify for Food Stamp benefits. If you do not qualify for an exemption, you will be told about specific work requirements that you must meet to receive Food Stamp benefits longer than 3 months within the 3-year period of January 1, 2016 through December 31, 2018.