

**Self-Reported Diabetes Prevalence, Adults (18+ years of age and older), Alaska BRFSS, 2004-2006, Standard (2004-2006), Modified (2004-2006) and Combined (2004-2006) Surveys**

Screening Question:

Has a doctor, nurse, or other health professional ever told you that you had diabetes?

Population at Risk	Response:		Yes				Age-Adjusted Rate	
	%	95% CI	Observed Rate	Individuals	Population	N	%	95% CI
<b>Total</b>	<b>5.3%</b>	( 4.8% - 5.8% )		24,555	466,048	15,106	<b>6.0%</b>	( 5.5% - 6.6% )
<b>Gender</b>								
Female	5.0%	( 4.4% - 5.7% )		11,322	225,169	8,207	5.6%	( 4.9% - 6.4% )
Male	5.5%	( 4.8% - 6.3% )		13,233	240,879	6,899	6.5%	( 5.7% - 7.5% )
<b>Age groups (Categories Used in Age-Adjustment)</b>								
Persons aged 18 to 44 years	1.5%	( 1.1% - 1.9% )		3,610	248,592	7,041	NA	( NA - NA )
Persons aged 45 to 54 years	6.5%	( 5.2% - 8.0% )		6,891	106,355	3,771	NA	( NA - NA )
Persons aged 55 to 64 years	10.3%	( 8.7% - 12.0% )		6,620	64,536	2,423	NA	( NA - NA )
Persons aged 65 years and older	17.0%	( 14.7% - 19.6% )		7,276	42,828	1,753	NA	( NA - NA )
<b>Race and ethnicity</b>								
American Indian or Alaska Native	4.9%	( 3.8% - 6.1% )		3,352	68,917	2,918	6.3%	( 5.0% - 7.9% )
Asian or Pacific Islander	2.9%	( 1.5% - 5.6% )		473	16,190	395	3.3%	( 1.8% - 6.0% )
Asian	2.7%	( 1.5% - 4.9% )		310	11,504	296	2.6%	( 1.4% - 4.8% )
Native Hawaiian or Other Pacific Islander	3.5%	( 0.8% - 14.6% )		163	4,686	99	6.3%	( 2.0% - 17.8% )
Black or African American	9.3%	( 5.8% - 14.6% )		1,051	11,280	265	12.1%	( 7.7% - 18.7% )
White	5.4%	( 4.8% - 6.1% )		18,822	347,706	10,822	6.0%	( 5.4% - 6.7% )
Hispanic or Latino	3.8%	( 2.3% - 6.2% )		639	16,738	450	6.6%	( 4.2% - 10.3% )
Not Hispanic or Latino	5.3%	( 4.8% - 5.9% )		23,696	445,688	14,523	6.1%	( 5.5% - 6.7% )
Black or African American, not Hispanic/Latino	5.7%	( 2.2% - 13.6% )		328	5,802	120	9.5%	( 4.0% - 21.0% )
White, not Hispanic or Latino	5.4%	( 4.8% - 6.1% )		18,167	334,259	10,387	6.0%	( 5.4% - 6.7% )
<b>Alaska Native (Any Mention)</b>								
Yes	4.8%	( 3.8% - 5.9% )		3,714	77,955	3,228	6.0%	( 4.9% - 7.4% )
No	5.4%	( 4.8% - 6.0% )		20,602	383,999	11,736	6.1%	( 5.5% - 6.7% )
<b>Geographic location</b>								
Urban	5.4%	( 4.8% - 6.2% )		17,018	313,227	6,231	6.4%	( 5.7% - 7.3% )
Anchorage & Vicinity	5.6%	( 4.8% - 6.5% )		13,922	248,915	3,220	6.5%	( 5.6% - 7.6% )
Fairbanks & Vicinity	4.8%	( 4.0% - 5.7% )		3,096	64,312	3,011	5.9%	( 5.0% - 7.0% )
Gulf Coast	5.9%	( 5.1% - 6.9% )		3,209	54,389	3,142	5.8%	( 5.0% - 6.8% )
Southeast	4.8%	( 4.0% - 5.6% )		2,476	52,025	2,876	5.0%	( 4.2% - 5.9% )
Rural	4.0%	( 3.2% - 4.9% )		1,852	46,407	2,857	5.1%	( 4.1% - 6.4% )

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Screening Question:

**Has a doctor, nurse, or other health professional ever told you that you had diabetes?**

Population at Risk	Response:		Yes				Age-Adjusted Rate	
	%	95% CI	Individuals	Population	N	%	95% CI	
<b>Education level (persons aged 25 years and older)</b>								
Less than high school	8.8%	( 6.4% - 12.0% )	2,355	26,797	1,067	8.0%	( 5.7% - 11.2% )	
High school graduate	6.3%	( 5.3% - 7.4% )	7,209	114,463	4,096	7.3%	( 6.2% - 8.6% )	
At least some college	6.6%	( 5.6% - 7.7% )	8,020	121,931	4,082	7.9%	( 6.7% - 9.3% )	
College Graduate	4.6%	( 3.7% - 5.6% )	6,071	132,284	4,434	5.5%	( 4.5% - 6.7% )	
<b>Employment Status</b>								
Employed	3.9%	( 3.4% - 4.5% )	12,497	321,379	10,238	6.1%	( 5.0% - 7.3% )	
Unemployed	3.1%	( 2.0% - 4.7% )	981	31,743	1,049	4.0%	( 2.6% - 6.2% )	
Not in Workforce (Student, Homemaker, Retired)	9.1%	( 7.8% - 10.5% )	8,472	93,244	3,152	6.2%	( 5.2% - 7.4% )	
Unable to work	14.5%	( 10.8% - 19.2% )	2,534	17,437	586	10.9%	( 8.0% - 14.6% )	
<b>Marital Status</b>								
Married or Unwed Couple	5.1%	( 4.5% - 5.8% )	15,626	305,003	8,901	5.9%	( 5.2% - 6.7% )	
Divorced/Separated	7.4%	( 6.2% - 8.9% )	4,342	58,468	2,668	7.1%	( 5.9% - 8.6% )	
Widowed	12.9%	( 10.1% - 16.4% )	2,170	16,779	874	6.9%	( 4.5% - 10.4% )	
Never Married	2.7%	( 1.9% - 3.9% )	2,283	83,008	2,565	6.9%	( 4.6% - 10.2% )	
<b>Income level</b>								
<\$15,000	9.5%	( 7.4% - 12.0% )	2,990	31,609	1,309	8.9%	( 7.0% - 11.3% )	
\$15,000 - \$24,999	7.8%	( 5.9% - 10.2% )	4,136	53,237	1,866	8.7%	( 6.8% - 11.1% )	
\$25,000 - \$49,999	4.3%	( 3.5% - 5.2% )	4,735	110,897	3,803	5.1%	( 4.3% - 6.2% )	
\$50,000 - \$74,999	3.9%	( 3.1% - 5.1% )	3,490	88,366	2,782	4.7%	( 3.6% - 6.1% )	
\$75,000	4.5%	( 3.7% - 5.5% )	5,819	128,629	3,702	6.0%	( 4.6% - 7.7% )	
<b>Family Income level</b>								
Poor (<100% Poverty Threshold)	7.1%	( 4.5% - 11.0% )	2,111	29,793	1,010	8.1%	( 5.6% - 11.6% )	
Near Poor (100% to 199% Poverty Threshold)	7.0%	( 5.7% - 8.6% )	4,915	70,046	2,361	8.2%	( 6.7% - 9.9% )	
Middle/High Income (>=200% Poverty Threshold)	4.5%	( 4.0% - 5.1% )	14,145	312,855	10,086	5.3%	( 4.7% - 6.0% )	
<b>Below Poverty Guidelines</b>								
Yes	6.5%	( 4.6% - 9.1% )	3,020	46,400	1,532	7.9%	( 5.8% - 10.5% )	
No	5.0%	( 4.5% - 5.5% )	18,151	366,298	11,926	5.8%	( 5.2% - 6.4% )	
<b>Healthcare Coverage</b>								
Yes	5.5%	( 5.0% - 6.1% )	20,893	379,942	12,419	6.0%	( 5.4% - 6.6% )	
No	4.5%	( 3.2% - 6.1% )	3,663	82,191	2,582	6.8%	( 4.6% - 10.0% )	
<b>Disability Present</b>								
Yes	10.9%	( 8.9% - 13.2% )	10,402	95,764	1,617	9.3%	( 7.6% - 11.3% )	
No	3.2%	( 2.7% - 3.9% )	11,784	364,631	5,847	3.9%	( 3.2% - 4.7% )	
<b>Veteran</b>								

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Screening Question:

**Has a doctor, nurse, or other health professional ever told you that you had diabetes?**

Population at Risk	Response:		Yes				Age-Adjusted Rate	
	%	95% CI	Individuals	Population	N	%	95% CI	
Yes	<b>6.1%</b>	( 4.6% - 8.1% )	5,975	97,884	1,453	<b>5.4%</b>	( 4.1% - 7.1% )	
No	<b>4.5%</b>	( 3.8% - 5.2% )	16,350	366,243	6,094	<b>5.7%</b>	( 4.9% - 6.7% )	
<b>General Health</b>								
Excellent to Very Good	<b>1.9%</b>	( 1.5% - 2.3% )	4,997	265,569	8,303	<b>2.5%</b>	( 2.0% - 3.2% )	
Good	<b>6.8%</b>	( 5.7% - 7.9% )	9,585	141,813	4,683	<b>7.2%</b>	( 6.2% - 8.4% )	
Fair/Poor	<b>17.1%</b>	( 14.8% - 19.6% )	9,834	57,569	2,065	<b>13.9%</b>	( 12.1% - 16.0% )	
<b>Healthy Days (Mean Number of Days)</b>								
Physical Health Not Good	<b>8.3</b>	( 7.2 - 9.4 )				<b>7.5</b>	( 5.9 - 9.1 )	
Mental Health Not Good	<b>4.3</b>	( 3.4 - 5.2 )				<b>4.4</b>	( 3.1 - 5.6 )	
Unhealthy Days (Physical or Mental Health Not Good)	<b>10.6</b>	( 9.4 - 11.9 )				<b>10.6</b>	( 8.8 - 12.4 )	
Days with Activity Limitation	<b>4.6</b>	( 3.7 - 5.6 )				<b>4.1</b>	( 2.7 - 5.4 )	
<b>Healthy Days (Percentage with 14 or More Days)</b>								
Physical Health Not Good	<b>14.0%</b>	( 11.5% - 17.0% )	6,501	46,317	1,603	<b>11.9%</b>	( 9.8% - 14.2% )	
Mental Health Not Good	<b>8.2%</b>	( 6.3% - 10.6% )	3,502	42,653	1,403	<b>10.0%</b>	( 7.8% - 12.8% )	
Unhealthy Days (Physical or Mental Health Not Good)	<b>10.7%</b>	( 9.0% - 12.8% )	8,381	78,186	2,598	<b>10.8%</b>	( 9.2% - 12.6% )	
Activity Limitation	<b>13.1%</b>	( 9.9% - 17.1% )	3,912	29,890	1,009	<b>11.2%</b>	( 8.7% - 14.3% )	
<b>Special Conditions*</b>								
Alcohol: Binge Drinkers								
Yes	<b>2.3%</b>	( 1.4% - 4.0% )	1,863	79,442	1,153	<b>5.6%</b>	( 2.9% - 10.4% )	
No	<b>5.8%</b>	( 5.0% - 6.6% )	21,677	375,598	6,033	<b>6.3%</b>	( 5.5% - 7.1% )	
Alcohol: Heavy Drinkers								
Yes	<b>2.9%</b>	( 1.1% - 7.1% )	660	23,103	368	<b>4.3%</b>	( 1.6% - 10.8% )	
No	<b>5.4%</b>	( 4.7% - 6.1% )	23,028	428,408	6,763	<b>6.3%</b>	( 5.5% - 7.2% )	
Arthritis								
Yes	<b>9.8%</b>	( 7.1% - 13.3% )	10,463	107,286	731	<b>8.1%</b>	( 5.4% - 11.9% )	
Possible	<b>1.6%</b>	( 0.9% - 3.0% )	1,468	89,185	539	<b>1.5%</b>	( 0.8% - 2.7% )	
No	<b>3.1%</b>	( 2.1% - 4.4% )	8,101	264,129	1,495	<b>5.0%</b>	( 3.3% - 7.7% )	
Asthma								
Yes	<b>7.7%</b>	( 6.1% - 9.6% )	4,463	58,257	1,797	<b>8.4%</b>	( 6.7% - 10.5% )	
No	<b>4.9%</b>	( 4.4% - 5.5% )	19,945	406,537	13,259	<b>5.7%</b>	( 5.2% - 6.3% )	
Cardiovascular Disease								
Yes	<b>22.6%</b>	( 17.2% - 29.1% )	4,987	22,056	412	<b>14.0%</b>	( 10.1% - 19.0% )	
No	<b>4.5%</b>	( 3.8% - 5.3% )	20,008	446,227	7,379	<b>5.7%</b>	( 4.8% - 6.7% )	
High Cholesterol								
Yes	<b>15.0%</b>	( 12.3% - 18.2% )	32,675	217,567	2,010	<b>11.9%</b>	( 9.2% - 15.2% )	

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Screening Question:

**Has a doctor, nurse, or other health professional ever told you that you had diabetes?**

Population at Risk	Response:		Observed Rate				Age-Adjusted Rate	
	%	95% CI	Yes			%	95% CI	
			Individuals	Population	N			
Diabetes								
No	<b>3.4%</b>	( 2.6% - 4.3% )	15,488	458,144	3,869	<b>3.9%</b>	( 3.1% - 5.0% )	
Yes	<b>100.0%</b>	( 0.0% - 0.0% )	24,555	24,555	859	<b>100.0%</b>	( 0.0% - 0.0% )	
High Blood Pressure (Hypertension)								
No	<b>0.0%</b>	( 0.0% - 0.0% )	0	441,493	14,247	<b>0.0%</b>	( 0.0% - 0.0% )	
Yes	<b>14.3%</b>	( 11.9% - 17.2% )	14,574	101,877	1,377	<b>11.4%</b>	( 8.9% - 14.4% )	
No	<b>2.2%</b>	( 1.7% - 2.9% )	8,202	364,818	4,361	<b>3.2%</b>	( 2.3% - 4.3% )	
Weight Status								
Normal (BMI <25)	<b>1.9%</b>	( 1.4% - 2.4% )	3,071	165,113	5,178	<b>2.5%</b>	( 1.9% - 3.3% )	
Overweight (BMI 25 to 30)	<b>3.9%</b>	( 3.3% - 4.5% )	6,635	172,314	5,516	<b>4.6%</b>	( 3.9% - 5.4% )	
Obese (BMI ≥30)	<b>11.9%</b>	( 10.5% - 13.6% )	13,388	112,138	3,785	<b>12.1%</b>	( 10.6% - 13.7% )	
Obese I (BMI 30 TO < 35)	<b>8.6%</b>	( 7.0% - 10.6% )	6,307	72,949	2,453	<b>8.5%</b>	( 7.0% - 10.3% )	
Obese II & III (BMI ≥35)	<b>18.1%</b>	( 15.3% - 21.2% )	7,081	39,189	1,332	<b>18.8%</b>	( 16.1% - 21.7% )	
Smoking Status								
Current Smoker	<b>4.4%</b>	( 3.5% - 5.4% )	4,911	112,865	3,783	<b>5.4%</b>	( 4.2% - 6.8% )	
Former Smoker	<b>7.6%</b>	( 6.5% - 8.8% )	9,118	119,816	4,107	<b>6.5%</b>	( 5.6% - 7.6% )	
Never Smoked	<b>4.5%</b>	( 3.9% - 5.3% )	10,493	230,641	7,123	<b>5.8%</b>	( 5.0% - 6.7% )	
Stroke								
Yes	<b>17.6%</b>	( 11.3% - 26.4% )	1,815	10,320	201	<b>10.5%</b>	( 6.7% - 16.2% )	
No	<b>5.0%</b>	( 4.3% - 5.9% )	23,197	459,437	7,635	<b>6.2%</b>	( 5.4% - 7.2% )	
Fruit and Vegetable Index								
<1 Per Day or Never	<b>4.3%</b>	( 2.0% - 9.3% )	1,168	26,904	165	<b>6.0%</b>	( 2.5% - 13.5% )	
1 to <3 Times Per Day	<b>4.1%</b>	( 2.9% - 5.8% )	7,064	171,756	1,008	<b>5.0%</b>	( 3.4% - 7.3% )	
3 to <5 Times Per Day	<b>4.1%</b>	( 2.6% - 6.3% )	6,101	149,017	918	<b>5.2%</b>	( 3.2% - 8.4% )	
5 Or More Times Per Day	<b>5.0%</b>	( 3.1% - 7.9% )	5,668	113,986	678	<b>5.4%</b>	( 3.4% - 8.5% )	
Physical Activity Recommendations								
Meets Recommendation	<b>2.7%</b>	( 2.1% - 3.4% )	6,823	254,056	2,854	<b>3.7%</b>	( 2.7% - 4.9% )	
Do Some Physical Activity	<b>6.4%</b>	( 4.8% - 8.4% )	8,365	131,693	1,460	<b>7.4%</b>	( 5.4% - 10.0% )	
Physically Inactive	<b>8.2%</b>	( 5.6% - 11.8% )	3,343	40,806	504	<b>7.3%</b>	( 4.9% - 10.8% )	
Leisure Time Exercise								
Yes	<b>4.1%</b>	( 3.5% - 4.8% )	15,124	366,535	8,128	<b>4.9%</b>	( 4.2% - 5.7% )	
No	<b>8.2%</b>	( 6.8% - 9.9% )	8,153	99,490	2,376	<b>7.9%</b>	( 6.6% - 9.4% )	
Flu Shot or Spray Within Past 12 Months								
Yes	<b>9.0%</b>	( 7.6% - 10.7% )	14,012	155,259	2,539	<b>7.9%</b>	( 6.6% - 9.2% )	
No	<b>2.7%</b>	( 2.2% - 3.4% )	8,383	306,645	4,962	<b>3.9%</b>	( 3.1% - 5.0% )	

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	Response:	Yes					Age-Adjusted Rate	
		%	95% CI	Individuals	Population	N	%	95% CI
<b>Population at Risk</b>								
Ever Had Pneumonia Shot								
Yes	<b>12.0%</b>	( 10.0% - 14.4% )	10,884	90,696	1,560	<b>8.7%</b>	( 7.2% - 10.5% )	
No	<b>3.2%</b>	( 2.6% - 4.0% )	9,637	300,515	4,931	<b>4.0%</b>	( 3.2% - 5.1% )	
Emotional Support								
Always / Usually	<b>4.8%</b>	( 3.9% - 5.8% )	17,026	356,742	3,612	<b>5.6%</b>	( 4.6% - 6.9% )	
Sometimes / Rarely / Never	<b>6.4%</b>	( 4.7% - 8.6% )	6,005	94,219	1,081	<b>7.8%</b>	( 5.7% - 10.5% )	
Life Satisfaction								
Very Satisfied / Satisfied	<b>5.0%</b>	( 4.2% - 5.9% )	21,630	433,454	4,493	<b>5.9%</b>	( 5.0% - 7.0% )	
Dissatisfied / Very Dissatisfied	<b>7.2%</b>	( 4.1% - 12.4% )	1,454	20,176	236	<b>8.8%</b>	( 4.9% - 15.3% )	
Food Supply Security								
Food Supply Secure	<b>5.7%</b>	( 4.4% - 7.2% )	23,932	423,354	1,883	<b>6.5%</b>	( 5.2% - 8.1% )	
Food Supply Insecure Without Hunger	<b>6.9%</b>	( 3.5% - 13.3% )	2,224	32,229	141	<b>11.3%</b>	( 6.3% - 19.5% )	
Food Supply Insecure With Hunger	<b>9.8%</b>	( 4.6% - 19.5% )	1,840	18,832	87	<b>12.5%</b>	( 6.0% - 24.0% )	
Depression Measure (PHQ-8)								
No Depression	<b>5.7%</b>	( 4.3% - 7.6% )	18,414	322,288	1,394	<b>6.7%</b>	( 5.1% - 8.8% )	
Mild Depression	<b>5.7%</b>	( 2.8% - 11.2% )	3,430	60,509	269	<b>7.6%</b>	( 4.0% - 14.0% )	
Moderate to Severe Depression	<b>10.7%</b>	( 6.3% - 17.6% )	2,912	27,290	142	<b>13.4%</b>	( 8.0% - 21.5% )	
Anxiety Disorder								
Yes	<b>6.5%</b>	( 4.0% - 10.5% )	3,516	53,957	241	<b>6.9%</b>	( 4.1% - 11.3% )	
No	<b>6.0%</b>	( 4.6% - 7.6% )	23,604	395,790	1,758	<b>7.0%</b>	( 5.5% - 8.8% )	
Depression Disorder								
Yes	<b>6.6%</b>	( 4.3% - 10.1% )	5,193	78,105	365	<b>9.3%</b>	( 5.4% - 15.7% )	
No	<b>5.9%</b>	( 4.5% - 7.7% )	21,927	370,669	1,632	<b>6.8%</b>	( 5.3% - 8.6% )	

**DATA ISSUES**

**Definitions:**

*Observed rate* = crude rate, the rate observed in the population before standardization.

*Age-adjusted Rate* = age-specific rates adjusted to US 2000 Standard age distribution.

% = Weighted Percentage

95% CI = 95% Confidence Interval

Percentages are weighted to population characteristics.

*Individuals* = Estimated number of adult individuals meeting conditions.

*N* = Total Sample Size (unweighted number of total valid respondents)

Use caution when interpreting cell sizes (*n*) less than 50. Data from the BRFSS are suppressed if the denominator is based on fewer than 50 sample cases (*N*).

Denominator includes all survey respondents except those with missing, don't know, and refused answers.

**Self-Reported Diabetes Prevalence, Adults (18+ years of age and older), Alaska BRFSS, 2004-2006, Standard (2004-2006), Modified (2004-2006) and Combined (2004-2006) Surveys**

Screening Question:

Has a doctor, nurse, or other health professional ever told you that you had diabetes?

Response:

Yes

Population at Risk	Observed Rate					Age-Adjusted Rate	
	%	95% CI	Individuals	Population	N	%	95% CI

--- = Data are not available.

DNA = Data have been collected but have not yet been analyzed.

DNC = Data are not collected by the data system used to monitor the objective.

DSU = Data do not meet the criteria for statistical reliability, data quality, or confidentiality (data are suppressed).

NA = Not applicable.

Populations at Risk Definitions:

Alaska Native (Any Mention): Individuals who have included American Indian / Alaska Native among their racial heritage.

Family Income Level: Poverty thresholds are the original version of the federal poverty measure. They are updated each year by the Census Bureau with values based upon household size, with specific values for Alaska. The thresholds are used mainly for statistical purposes — for instance, preparing estimates of the number of Americans in poverty each year. The poverty threshold for a given household size based both upon the number of adults and the number of adolescents is compared against the upper limit of income range to provide a conservative measure.

Below Poverty Guidelines: The poverty guidelines are the other version of the federal poverty measure. They are issued each year in the Federal Register by the Department of Health and Human Services (HHS). The guidelines are a simplification of the poverty thresholds for use for administrative purposes — for instance, determining financial eligibility for certain federal programs. Poverty guidelines use just the number of individuals in the household or family with specific values for Alaska which are compared against the upper limit of the income range to provide a conservative measure.

Disability Present: A positive response to either: Are you limited in any way in any activities because of physical, mental, or emotional problems? Or Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone?

\* Special Conditions Definitions:

Alcohol: Binge Drinking - Adults having five or more drinks on one occasion

Alcohol: Heavy Drinkers - Adult men having more than two drinks per day and adult women having more than one drink per day.

Arthritis - Have you ever been told by a doctor or other health professional that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?

Asthma - Have you ever been told by a doctor, nurse, or other health professional that you had asthma?

Cardiovascular Disease - Has a doctor, nurse, or other health professional ever told you that you had a heart attack, also called a myocardial infraction? Or Has a doctor, nurse, or other health professional ever told you that you had angina or or coronary heard disease?

High Cholesterol - Have you ever been told by a doctor, nurse, or other health professional that your blood cholesterol is high?

Diabetes - Have you ever been told by a doctor that you have diabetes?

High Blood Pressure - Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure?

Weight Status - Computed from about how much do you weigh without shoes? and About how tall are you without shoes?

Smoking Status - Have you smoked at least 100 cigarettes in your entire life? And Do you now smoke cigarettes every day, some days, or not at all?

Stroke - Has a doctor, nurse, or other health professional ever told you that you had a stroke?

Fruit and Vegetable Servings Index - How often do you: drink fruit juices, eat fruit, eat green salad, eat potatoes, eat carrots, servings of vegetables?

**Self-Reported Diabetes Prevalence, Adults (18+ years of age and older), Alaska BRFSS, 2004-2006, Standard (2004-2006), Modified (2004-2006) and Combined (2004-2006) Surveys**

Screening Question:

Has a doctor, nurse, or other health professional ever told you that you had diabetes?

Response:

Yes

Population at Risk	Observed Rate			Age-Adjusted Rate			
	%	95% CI	Individuals	Population	N	%	95% CI
Physical Activity Recommendation - We are interested in two types of physical activity: vigorous and moderate. Leisure Time Exercise - During the past month, other than your regular job, did you participate in any physical activity or exercises such as running, calisthenics, golf, gardening, or walking for exercise?							

**Notes:**

Data may include revisions, and may differ from those shown previously.

Any displayed age-adjusted data are adjusted to the US 2000 standard population. Age adjustment is the application of observed age-specific rates to a standard age distribution to eliminate differences in crude rates in populations of interest that result from differences in the populations' age distributions. This adjustment is usually done when comparing two or more populations at one point in time or one population at two or more points in time.