

**Self-Reported Diabetes Prevalence, Adults (18+ years of age and older), Alaska BRFSS, 2005-2007,  
Standard (2005-2007), Modified (2005-2007) and Combined (2005-2007) Surveys**

Screening Question:

**Has a doctor, nurse, or other health professional ever told you that you had diabetes?**

Population at Risk	Response:		Yes				Age-Adjusted Rate	
	%	95% CI	Individuals	Population	N	%	95% CI	
<b>Total</b>	<b>5.7%</b>	( 5.2% - 6.3% )	27,155	474,465	15,086	<b>6.5%</b>	( 5.9% - 7.1% )	
<b>Gender</b>								
Female	5.6%	( 4.9% - 6.4% )	12,805	229,193	8,193	6.2%	( 5.4% - 7.0% )	
Male	5.9%	( 5.1% - 6.7% )	14,350	245,272	6,893	6.9%	( 6.1% - 7.8% )	
<b>Age groups (Categories Used in Age-Adjustment)</b>								
Persons aged 18 to 44 years	1.8%	( 1.4% - 2.3% )	4,534	250,937	6,759	NA	( NA - NA )	
Persons aged 45 to 54 years	6.5%	( 5.3% - 8.1% )	6,861	104,905	3,714	NA	( NA - NA )	
Persons aged 55 to 64 years	10.7%	( 9.1% - 12.6% )	7,254	67,662	2,562	NA	( NA - NA )	
Persons aged 65 years and older	18.2%	( 15.8% - 20.8% )	8,348	45,954	1,875	NA	( NA - NA )	
<b>Race and ethnicity</b>								
American Indian or Alaska Native	5.2%	( 4.1% - 6.5% )	3,585	69,584	2,898	6.1%	( 4.9% - 7.6% )	
Asian or Pacific Islander	5.2%	( 2.9% - 9.2% )	951	18,296	398	8.8%	( 4.8% - 15.6% )	
Asian	5.2%	( 2.6% - 9.8% )	687	13,340	303	8.2%	( 4.1% - 15.7% )	
Native Hawaiian or Other Pacific Islander	5.3%	( 1.5% - 17.1% )	264	4,955	95	11.1%	( 4.2% - 26.2% )	
Black or African American	12.4%	( 7.8% - 19.1% )	1,480	11,970	245	14.2%	( 9.3% - 21.1% )	
White	5.7%	( 5.1% - 6.4% )	20,069	349,123	10,789	6.4%	( 5.7% - 7.1% )	
Hispanic or Latino	5.0%	( 3.0% - 8.1% )	865	17,340	435	7.1%	( 4.6% - 10.9% )	
Not Hispanic or Latino	5.7%	( 5.2% - 6.3% )	25,944	452,745	14,488	6.5%	( 5.9% - 7.1% )	
Black or African American, not Hispanic/Latino	6.0%	( 2.4% - 14.0% )	347	5,778	107	11.0%	( 4.5% - 24.5% )	
White, not Hispanic or Latino	5.8%	( 5.2% - 6.5% )	19,504	336,064	10,374	6.4%	( 5.7% - 7.1% )	
<b>Alaska Native (Any Mention)</b>								
Yes	4.9%	( 4.0% - 6.1% )	3,919	79,484	3,208	5.9%	( 4.8% - 7.2% )	
No	5.9%	( 5.3% - 6.5% )	22,970	390,521	11,738	6.6%	( 6.0% - 7.3% )	
<b>Geographic location</b>								
Urban	6.0%	( 5.3% - 6.8% )	19,233	320,289	6,129	7.1%	( 6.3% - 8.0% )	
Anchorage & Vicinity	6.3%	( 5.4% - 7.3% )	16,048	254,694	3,178	7.4%	( 6.4% - 8.5% )	
Fairbanks & Vicinity	4.9%	( 4.1% - 5.8% )	3,185	65,596	2,951	6.0%	( 5.0% - 7.0% )	
Gulf Coast	6.0%	( 5.2% - 7.0% )	3,299	54,935	3,116	6.0%	( 5.1% - 7.0% )	
Southeast	5.0%	( 4.2% - 5.9% )	2,622	52,495	3,022	5.1%	( 4.3% - 6.0% )	
Rural	4.3%	( 3.5% - 5.2% )	2,002	46,746	2,819	5.0%	( 4.0% - 6.3% )	

**Self-Reported Diabetes Prevalence, Adults (18+ years of age and older), Alaska BRFSS, 2005-2007,  
Standard (2005-2007), Modified (2005-2007) and Combined (2005-2007) Surveys**

Screening Question:

**Has a doctor, nurse, or other health professional ever told you that you had diabetes?**

Population at Risk	Response:		Yes				Age-Adjusted Rate	
	%	95% CI	Observed Rate	Individuals	Population	N	%	95% CI
<b>Education level (persons aged 25 years and older)</b>								
Less than high school	9.0%	( 6.6% - 12.0% )		2,249	25,060	1,032	7.7%	( 5.5% - 10.7% )
High school graduate	6.8%	( 5.8% - 8.0% )		7,763	114,073	4,085	8.0%	( 6.8% - 9.4% )
At least some college	7.5%	( 6.4% - 8.8% )		9,204	122,509	4,091	8.4%	( 7.1% - 9.8% )
College Graduate	5.1%	( 4.2% - 6.2% )		6,989	137,187	4,518	5.9%	( 4.9% - 7.2% )
<b>Employment Status</b>								
Employed	4.1%	( 3.6% - 4.7% )		13,124	320,590	10,064	6.4%	( 5.4% - 7.7% )
Unemployed	3.5%	( 2.2% - 5.6% )		1,152	32,881	1,016	4.3%	( 2.7% - 6.7% )
Not in Workforce (Student, Homemaker, Retired)	9.8%	( 8.5% - 11.3% )		9,775	99,745	3,286	7.0%	( 5.8% - 8.3% )
Unable to work	15.9%	( 11.9% - 20.9% )		3,029	19,056	630	12.0%	( 8.9% - 15.9% )
<b>Marital Status</b>								
Married or Unwed Couple	5.5%	( 4.9% - 6.2% )		16,980	308,967	8,931	6.4%	( 5.6% - 7.2% )
Divorced/Separated	8.8%	( 7.2% - 10.6% )		5,242	59,897	2,648	7.7%	( 6.4% - 9.2% )
Widowed	12.9%	( 9.9% - 16.6% )		2,161	16,787	893	6.1%	( 4.0% - 9.2% )
Never Married	3.1%	( 2.3% - 4.3% )		2,687	85,580	2,517	7.0%	( 5.1% - 9.5% )
<b>Income level</b>								
<\$15,000	9.8%	( 7.8% - 12.4% )		3,179	32,382	1,270	9.3%	( 7.4% - 11.7% )
\$15,000 - \$24,999	9.5%	( 7.3% - 12.4% )		4,763	50,027	1,707	10.1%	( 8.0% - 12.7% )
\$25,000 - \$49,999	4.5%	( 3.7% - 5.5% )		4,800	105,900	3,562	5.4%	( 4.4% - 6.5% )
\$50,000 - \$74,999	4.2%	( 3.3% - 5.4% )		3,646	86,360	2,755	5.5%	( 4.2% - 7.2% )
\$75,000	5.1%	( 4.2% - 6.1% )		7,145	140,623	4,026	6.2%	( 4.9% - 7.7% )
<b>Family Income level</b>								
Poor (<100% Poverty Threshold)	7.6%	( 5.0% - 11.2% )		2,658	35,119	1,080	9.0%	( 6.3% - 12.7% )
Near Poor (100% to 199% Poverty Threshold)	8.9%	( 7.2% - 10.9% )		5,543	62,362	2,118	9.6%	( 8.0% - 11.6% )
Middle/High Income (>=200% Poverty Threshold)	4.8%	( 4.3% - 5.4% )		15,332	317,781	10,120	5.7%	( 5.0% - 6.4% )
<b>Below Poverty Guidelines</b>								
Yes	7.3%	( 5.3% - 10.0% )		3,594	49,337	1,520	9.1%	( 6.9% - 12.0% )
No	5.4%	( 4.9% - 6.0% )		19,940	365,955	11,800	6.3%	( 5.7% - 7.0% )
<b>Healthcare Coverage</b>								
Yes	6.1%	( 5.6% - 6.8% )		23,792	387,639	12,418	6.6%	( 6.0% - 7.2% )
No	4.0%	( 2.8% - 5.6% )		3,310	83,126	2,564	6.1%	( 4.2% - 9.0% )
<b>Disability Present</b>								
Yes	13.3%	( 11.1% - 15.9% )		13,498	101,481	1,678	11.6%	( 9.6% - 14.1% )
No	3.3%	( 2.7% - 4.0% )		12,134	367,520	5,671	4.1%	( 3.4% - 5.0% )
<b>Veteran</b>								

**Self-Reported Diabetes Prevalence, Adults (18+ years of age and older), Alaska BRFSS, 2005-2007,  
Standard (2005-2007), Modified (2005-2007) and Combined (2005-2007) Surveys**

Screening Question:

Has a doctor, nurse, or other health professional ever told you that you had diabetes?

Population at Risk	Response:		Yes				Age-Adjusted Rate	
	%	95% CI	Individuals	Population	N	%	95% CI	
Yes	<b>6.8%</b>	( 4.9% - 9.5% )	6,751	99,133	934	<b>6.3%</b>	( 4.6% - 8.8% )	
No	<b>4.7%</b>	( 3.9% - 5.6% )	17,207	369,842	3,968	<b>6.0%</b>	( 5.0% - 7.2% )	
<b>General Health</b>								
Excellent to Very Good	<b>2.1%</b>	( 1.7% - 2.5% )	5,537	266,536	8,157	<b>2.8%</b>	( 2.2% - 3.4% )	
Good	<b>6.7%</b>	( 5.7% - 7.8% )	9,518	143,037	4,689	<b>6.9%</b>	( 5.9% - 8.1% )	
Fair/Poor	<b>18.6%</b>	( 16.3% - 21.2% )	11,807	63,418	2,184	<b>15.7%</b>	( 13.7% - 18.1% )	
<b>Healthy Days (Mean Number of Days)</b>								
Physical Health Not Good	<b>9.4</b>	( 8.3 - 10.5 )				<b>8.3</b>	( 6.9 - 9.6 )	
Mental Health Not Good	<b>5.3</b>	( 4.3 - 6.2 )				<b>5.4</b>	( 4.1 - 6.7 )	
Unhealthy Days (Physical or Mental Health Not Good)	<b>11.8</b>	( 10.5 - 13.0 )				<b>11.3</b>	( 9.7 - 12.9 )	
Days with Activity Limitation	<b>5.8</b>	( 4.8 - 6.9 )				<b>4.8</b>	( 3.6 - 6.0 )	
<b>Healthy Days (Percentage with 14 or More Days)</b>								
Physical Health Not Good	<b>16.3%</b>	( 13.7% - 19.4% )	8,233	50,465	1,693	<b>13.5%</b>	( 11.4% - 16.0% )	
Mental Health Not Good	<b>10.7%</b>	( 8.5% - 13.4% )	4,764	44,510	1,450	<b>12.6%</b>	( 10.1% - 15.6% )	
Unhealthy Days (Physical or Mental Health Not Good)	<b>12.5%</b>	( 10.6% - 14.7% )	10,319	82,485	2,701	<b>12.2%</b>	( 10.5% - 14.1% )	
Activity Limitation	<b>16.3%</b>	( 12.8% - 20.5% )	5,327	32,702	1,068	<b>13.4%</b>	( 10.6% - 16.7% )	
<b>Special Conditions*</b>								
Alcohol: Binge Drinkers								
Yes	<b>1.8%</b>	( 1.0% - 3.1% )	1,493	82,623	1,202	<b>4.9%</b>	( 2.6% - 9.0% )	
No	<b>6.3%</b>	( 5.5% - 7.2% )	24,028	380,634	6,073	<b>6.6%</b>	( 5.8% - 7.6% )	
Alcohol: Heavy Drinkers								
Yes	<b>2.0%</b>	( 0.6% - 6.0% )	532	26,685	424	<b>3.0%</b>	( 1.0% - 9.2% )	
No	<b>5.8%</b>	( 5.1% - 6.6% )	25,066	433,037	6,772	<b>6.6%</b>	( 5.8% - 7.5% )	
Arthritis								
Yes	<b>11.8%</b>	( 9.5% - 14.6% )	13,333	112,962	1,428	<b>9.5%</b>	( 7.4% - 12.2% )	
Possible	<b>3.0%</b>	( 1.8% - 5.1% )	2,646	87,361	975	<b>3.0%</b>	( 1.7% - 5.4% )	
No	<b>3.2%</b>	( 2.5% - 4.3% )	8,635	266,186	2,846	<b>5.6%</b>	( 4.1% - 7.5% )	
Asthma								
Yes	<b>7.1%</b>	( 5.2% - 9.5% )	4,219	59,583	1,189	<b>7.9%</b>	( 5.9% - 10.6% )	
No	<b>5.3%</b>	( 4.7% - 6.1% )	21,880	409,401	8,753	<b>6.2%</b>	( 5.5% - 7.0% )	
Cardiovascular Disease								
Yes	<b>23.4%</b>	( 18.9% - 28.6% )	5,270	22,527	667	<b>13.6%</b>	( 10.5% - 17.5% )	
No	<b>4.6%</b>	( 4.1% - 5.2% )	20,765	448,713	12,168	<b>5.6%</b>	( 5.0% - 6.4% )	
High Cholesterol								
Yes	<b>13.7%</b>	( 11.6% - 16.2% )	15,874	115,826	2,747	<b>11.7%</b>	( 9.4% - 14.6% )	

**Self-Reported Diabetes Prevalence, Adults (18+ years of age and older), Alaska BRFSS, 2005-2007,  
Standard (2005-2007), Modified (2005-2007) and Combined (2005-2007) Surveys**

Screening Question:

**Has a doctor, nurse, or other health professional ever told you that you had diabetes?**

Population at Risk	Response:		Yes				Age-Adjusted Rate	
	%	95% CI	Observed Rate			%	95% CI	
			Individuals	Population	N			
Diabetes								
No	<b>4.1%</b>	( 3.3% - 5.0% )	9,130	224,754	5,003	<b>4.8%</b>	( 3.9% - 5.9% )	
Yes	<b>100.0%</b>	( 0.0% - 0.0% )	27,155	27,155	901	<b>100.0%</b>	( 0.0% - 0.0% )	
High Blood Pressure (Hypertension)								
No	<b>0.0%</b>	( 0.0% - 0.0% )	0	447,311	14,185	<b>0.0%</b>	( 0.0% - 0.0% )	
Yes	<b>14.4%</b>	( 12.1% - 17.1% )	15,958	110,675	2,046	<b>11.7%</b>	( 9.4% - 14.5% )	
No	<b>2.7%</b>	( 2.1% - 3.5% )	9,812	363,256	6,227	<b>3.6%</b>	( 2.8% - 4.6% )	
Weight Status								
Normal (BMI <25)	<b>2.1%</b>	( 1.6% - 2.7% )	3,366	161,558	4,961	<b>2.8%</b>	( 2.2% - 3.7% )	
Overweight (BMI 25 to 30)	<b>3.8%</b>	( 3.2% - 4.5% )	6,705	175,912	5,519	<b>4.5%</b>	( 3.9% - 5.3% )	
Obese (BMI ≥30)	<b>12.9%</b>	( 11.3% - 14.5% )	15,525	120,725	4,018	<b>12.9%</b>	( 11.4% - 14.5% )	
Obese I (BMI 30 TO < 35)	<b>9.7%</b>	( 8.0% - 11.8% )	7,631	78,297	2,589	<b>9.7%</b>	( 8.1% - 11.6% )	
Obese II & III (BMI ≥35)	<b>18.6%</b>	( 15.8% - 21.8% )	7,894	42,428	1,429	<b>18.7%</b>	( 16.0% - 21.6% )	
Smoking Status								
Current Smoker	<b>4.2%</b>	( 3.4% - 5.3% )	4,641	110,382	3,584	<b>5.2%</b>	( 4.1% - 6.5% )	
Former Smoker	<b>8.6%</b>	( 7.4% - 9.8% )	10,705	124,889	4,275	<b>7.5%</b>	( 6.5% - 8.7% )	
Never Smoked	<b>4.9%</b>	( 4.2% - 5.7% )	11,564	235,945	7,120	<b>6.1%</b>	( 5.3% - 7.0% )	
Stroke								
Yes	<b>17.5%</b>	( 12.3% - 24.1% )	1,838	10,531	314	<b>10.0%</b>	( 7.1% - 13.9% )	
No	<b>5.3%</b>	( 4.7% - 5.9% )	24,405	462,843	12,601	<b>6.3%</b>	( 5.6% - 7.0% )	
Fruit and Vegetable Index								
<1 Per Day or Never	<b>6.7%</b>	( 3.8% - 11.4% )	1,107	16,540	306	<b>9.9%</b>	( 5.5% - 17.1% )	
1 to <3 Times Per Day	<b>4.6%</b>	( 3.5% - 6.0% )	5,546	120,656	1,927	<b>5.2%</b>	( 4.0% - 6.8% )	
3 to <5 Times Per Day	<b>4.9%</b>	( 3.6% - 6.6% )	4,812	98,347	1,768	<b>5.5%</b>	( 4.1% - 7.3% )	
5 Or More Times Per Day	<b>6.4%</b>	( 4.6% - 8.9% )	4,908	76,298	1,255	<b>6.7%</b>	( 4.9% - 9.2% )	
Physical Activity Recommendations								
Meets Recommendation	<b>3.3%</b>	( 2.5% - 4.4% )	8,802	266,179	2,852	<b>4.4%</b>	( 3.3% - 5.9% )	
Do Some Physical Activity	<b>6.4%</b>	( 4.8% - 8.5% )	8,809	137,235	1,543	<b>7.2%</b>	( 5.4% - 9.6% )	
Physically Inactive	<b>11.1%</b>	( 7.8% - 15.7% )	4,489	40,267	503	<b>9.4%</b>	( 6.5% - 13.3% )	
Leisure Time Exercise								
Yes	<b>4.5%</b>	( 3.9% - 5.3% )	17,002	373,687	8,021	<b>5.5%</b>	( 4.7% - 6.4% )	
No	<b>9.6%</b>	( 7.9% - 11.7% )	9,631	100,096	2,368	<b>8.8%</b>	( 7.3% - 10.6% )	
Flu Shot or Spray Within Past 12 Months								
Yes	<b>9.8%</b>	( 8.3% - 11.6% )	15,537	158,273	2,589	<b>8.6%</b>	( 7.3% - 10.2% )	
No	<b>3.3%</b>	( 2.7% - 4.0% )	10,128	310,003	4,785	<b>4.4%</b>	( 3.6% - 5.5% )	

**Self-Reported Diabetes Prevalence, Adults (18+ years of age and older), Alaska BRFSS, 2005-2007,  
Standard (2005-2007), Modified (2005-2007) and Combined (2005-2007) Surveys**

Screening Question:

Has a doctor, nurse, or other health professional ever told you that you had diabetes?

Population at Risk	Response:		Observed Rate				Age-Adjusted Rate	
	%		95% CI	Individuals	Population	N	%	95% CI
Ever Had Pneumonia Shot								
Yes	<b>13.2%</b>	(	11.0% - 15.8%)	12,698	96,042	1,586	<b>10.1%</b>	( 8.3% - 12.2%)
No	<b>3.5%</b>	(	2.8% - 4.3%)	10,334	299,330	4,744	<b>4.6%</b>	( 3.7% - 5.8%)
Emotional Support								
Always / Usually	<b>5.1%</b>	(	4.4% - 6.0%)	18,558	362,340	5,481	<b>5.8%</b>	( 5.0% - 6.8%)
Sometimes / Rarely / Never	<b>6.6%</b>	(	5.1% - 8.5%)	6,070	91,496	1,601	<b>7.8%</b>	( 6.1% - 10.0%)
Life Satisfaction								
Very Satisfied / Satisfied	<b>5.2%</b>	(	4.5% - 6.0%)	22,481	433,319	6,758	<b>6.0%</b>	( 5.2% - 6.9%)
Dissatisfied / Very Dissatisfied	<b>8.9%</b>	(	5.5% - 14.1%)	2,114	23,676	386	<b>10.2%</b>	( 6.3% - 16.3%)
Food Supply Security								
Food Supply Secure	<b>5.7%</b>	(	4.4% - 7.2%)	23,932	423,354	1,883	<b>6.5%</b>	( 5.2% - 8.1%)
Food Supply Insecure Without Hunger	<b>6.9%</b>	(	3.5% - 13.3%)	2,224	32,229	141	<b>11.3%</b>	( 6.3% - 19.5%)
Food Supply Insecure With Hunger	<b>9.8%</b>	(	4.6% - 19.5%)	1,840	18,832	87	<b>12.5%</b>	( 6.0% - 24.0%)
Depression Measure (PHQ-8)								
No Depression	<b>5.7%</b>	(	4.3% - 7.6%)	18,414	322,288	1,394	<b>6.7%</b>	( 5.1% - 8.8%)
Mild Depression	<b>5.7%</b>	(	2.8% - 11.2%)	3,430	60,509	269	<b>7.6%</b>	( 4.0% - 14.0%)
Moderate to Severe Depression	<b>10.7%</b>	(	6.3% - 17.6%)	2,912	27,290	142	<b>13.4%</b>	( 8.0% - 21.5%)
Anxiety Disorder								
Yes	<b>6.5%</b>	(	4.0% - 10.5%)	3,516	53,957	241	<b>6.9%</b>	( 4.1% - 11.3%)
No	<b>6.0%</b>	(	4.6% - 7.6%)	23,604	395,790	1,758	<b>7.0%</b>	( 5.5% - 8.8%)
Depression Disorder								
Yes	<b>6.6%</b>	(	4.3% - 10.1%)	5,193	78,105	365	<b>9.3%</b>	( 5.4% - 15.7%)
No	<b>5.9%</b>	(	4.5% - 7.7%)	21,927	370,669	1,632	<b>6.8%</b>	( 5.3% - 8.6%)

**DATA ISSUES**

**Definitions:**

*Observed rate* = crude rate, the rate observed in the population before standardization.

*Age-adjusted Rate* = age-specific rates adjusted to US 2000 Standard age distribution.

% = Weighted Percentage

95% CI = 95% Confidence Interval

Percentages are weighted to population characteristics.

*Individuals* = Estimated number of adult individuals meeting conditions.

*N* = Total Sample Size (unweighted number of total valid respondents)

Use caution when interpreting cell sizes (*n*) less than 50. Data from the BRFSS are suppressed if the denominator is based on fewer than 50 sample cases (*N*).

Denominator includes all survey respondents except those with missing, don't know, and refused answers.

## Self-Reported Diabetes Prevalence, Adults (18+ years of age and older), Alaska BRFSS, 2005-2007, Standard (2005-2007), Modified (2005-2007) and Combined (2005-2007) Surveys

Screening Question:

Has a doctor, nurse, or other health professional ever told you that you had diabetes?

Response:

Yes

Population at Risk	%	Observed Rate			Age-Adjusted Rate	
		95% CI	Individuals	Population	N	%

--- = Data are not available.

DNA = Data have been collected but have not yet been analyzed.

DNC = Data are not collected by the data system used to monitor the objective.

DSU = Data do not meet the criteria for statistical reliability, data quality, or confidentiality (data are suppressed).

NA = Not applicable.

Populations at Risk Definitions:

Alaska Native (Any Mention): Individuals who have included American Indian / Alaska Native among their racial heritage.

Family Income Level: Poverty thresholds are the original version of the federal poverty measure. They are updated each year by the Census Bureau with values based upon household size, with specific values for Alaska. The thresholds are used mainly for statistical purposes — for instance, preparing estimates of the number of Americans in poverty each year. The poverty threshold for a given household size based both upon the number of adults and the number of adolescents is compared against the upper limit of income range to provide a conservative measure.

Below Poverty Guidelines: The poverty guidelines are the other version of the federal poverty measure. They are issued each year in the Federal Register by the Department of Health and Human Services (HHS). The guidelines are a simplification of the poverty thresholds for use for administrative purposes — for instance, determining financial eligibility for certain federal programs. Poverty guidelines use just the number of individuals in the household or family with specific values for Alaska which are compared against the upper limit of the income range to provide a conservative measure.

Disability Present: A positive response to either: Are you limited in any way in any activities because of physical, mental, or emotional problems? Or Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone?

\* Special Conditions Definitions:

Alcohol: Binge Drinking - Adults having five or more drinks on one occasion

Alcohol: Heavy Drinkers - Adult men having more than two drinks per day and adult women having more than one drink per day.

Arthritis - Have you ever been told by a doctor or other health professional that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?

Asthma - Have you ever been told by a doctor, nurse, or other health professional that you had asthma?

Cardiovascular Disease - Has a doctor, nurse, or other health professional ever told you that you had a heart attack, also called a myocardial infraction? Or Has a doctor, nurse, or other health professional ever told you that you had angina or or coronary heard disease?

High Cholesterol - Have you ever been told by a doctor, nurse, or other health professional that your blood cholesterol is high?

Diabetes - Have you ever been told by a doctor that you have diabetes?

High Blood Pressure - Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure?

Weight Status - Computed from about how much do you weigh without shoes? and About how tall are you without shoes?

Smoking Status - Have you smoked at least 100 cigarettes in your entire life? And Do you now smoke cigarettes every day, some days, or not at all?

Stroke - Has a doctor, nurse, or other health professional ever told you that you had a stroke?

Fruit and Vegetable Servings Index - How often do you: drink fruit juices, eat fruit, eat green salad, eat potatoes, eat carrots, servings of vegetables?

**Self-Reported Diabetes Prevalence, Adults (18+ years of age and older), Alaska BRFSS, 2005-2007, Standard (2005-2007), Modified (2005-2007) and Combined (2005-2007) Surveys**

Screening Question:

Has a doctor, nurse, or other health professional ever told you that you had diabetes?

Response:

Yes

Population at Risk	Observed Rate			Age-Adjusted Rate		
	%	95% CI	Individuals	Population	N	%

Physical Activity Recommendation - We are interested in two types of physical activity: vigorous and moderate.

Leisure Time Exercise - During the past month, other than your regular job, did you participate in any physical activity or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

**Notes:**

Data may include revisions, and may differ from those shown previously.

Any displayed age-adjusted data are adjusted to the US 2000 standard population. Age adjustment is the application of observed age-specific rates to a standard age distribution to eliminate differences in crude rates in populations of interest that result from differences in the populations' age distributions. This adjustment is usually done when comparing two or more populations at one point in time or one population at two or more points in time.