

1 in 3 Americans has **PREDIABETES**



**Take 1 min
to find out
if you do.**

Good News! Prediabetes is 100% reversible! The first step is to text **“HEALTH”** to **600400** to learn your risk and discover resources.



NATIONAL ASSOCIATION OF
CHRONIC DISEASE DIRECTORS
Promoting Health. Preventing Disease.



inquisithealth