## Alaska Poison Control System Oregon Poison Center 1-800-222-1222

## **Poison Lookout Checklist**

	YES	NO
Poison Proof Your Kitchen		
Do all harmful products in the cabinets have child-resistant caps?		
Do you store all household products in a hard-to-reach place, and not		
under the sink?		
Are all harmful products stored away from food?		
Are all potentially harmful products in their original containers?		
Poison Proof Your Bathroom		
Do your aspirins and other medicines in your cabinets have child-resistant caps?		
Have you thrown out all out-of-date prescriptions?		
Do you always give medicine only to the person the doctor prescribed it for?		
Do you keep your bathroom vanity free of harmful products?		
Do you keep your beauty supplies in a safe place and not on windowsills or ledges?		
Poison Proof Your Bedroom		
Are you sure that there are no flaking paint chips on windowsills, wood work, crib and playpens?		
Do you keep all cosmetics, perfumes and colognes well out of reach?		
Do you keep your medications in a locked area, away from children?		
Poison Proof Your Garage or Storage Area		
Do you keep soaps, detergents and cleaners in hard-to-reach places?		
Did you know that almost everything in your garage or storage area		
that can be swallowed is a poison?		
Do all poisons (charcoal lighter, paint thinner, antifreeze) have child-resistant caps?		
Are all poisons stored in original containers with original labels?		
Have you made sure that no poisons are stored in drinking glasses or soda bottles?		

When you can answer all the questions with a YES, you have made your home a safer place!

