

# Bike-n-Walk SAFELY ALASKA



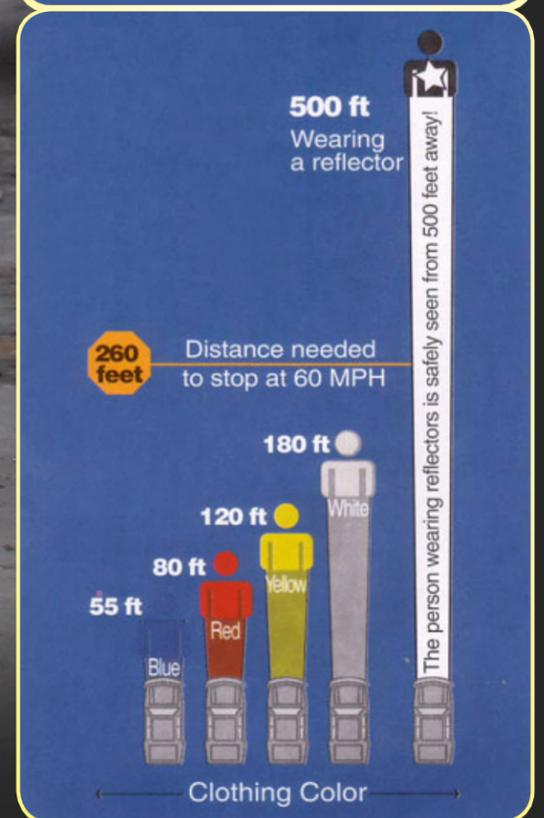
0-7

...the number of winter daylight hours across Alaska

17-24

...the hours of darkness in Alaska during the winter

Why wearing white is not enough...



Always wear reflectors when outside during Alaska's long nights!

Go to [injuryprevention.alaska.gov](http://injuryprevention.alaska.gov) for more safety tips.

