

# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

A joint project between the  
Department of Education and Early Development  
and  
Department of Health and Social Services in cooperation with  
the  
Centers for Disease Control and Prevention



Alaska Division of Public Health



Weighted Data

# **2007 Youth Risk Behavior Survey Results**

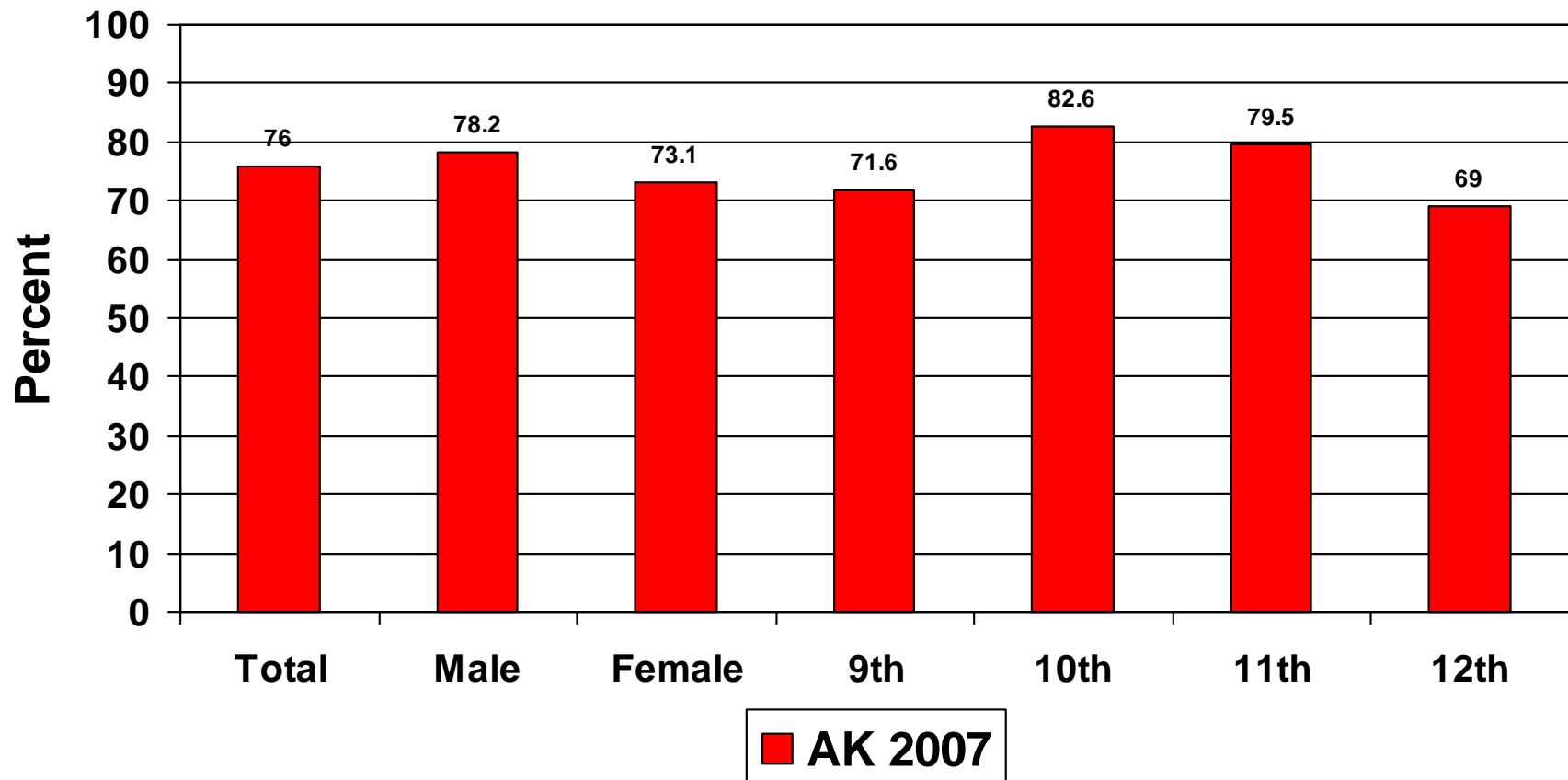
**Alaska High School Survey Grades 9-12**

## **Injuries and Violence**

# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

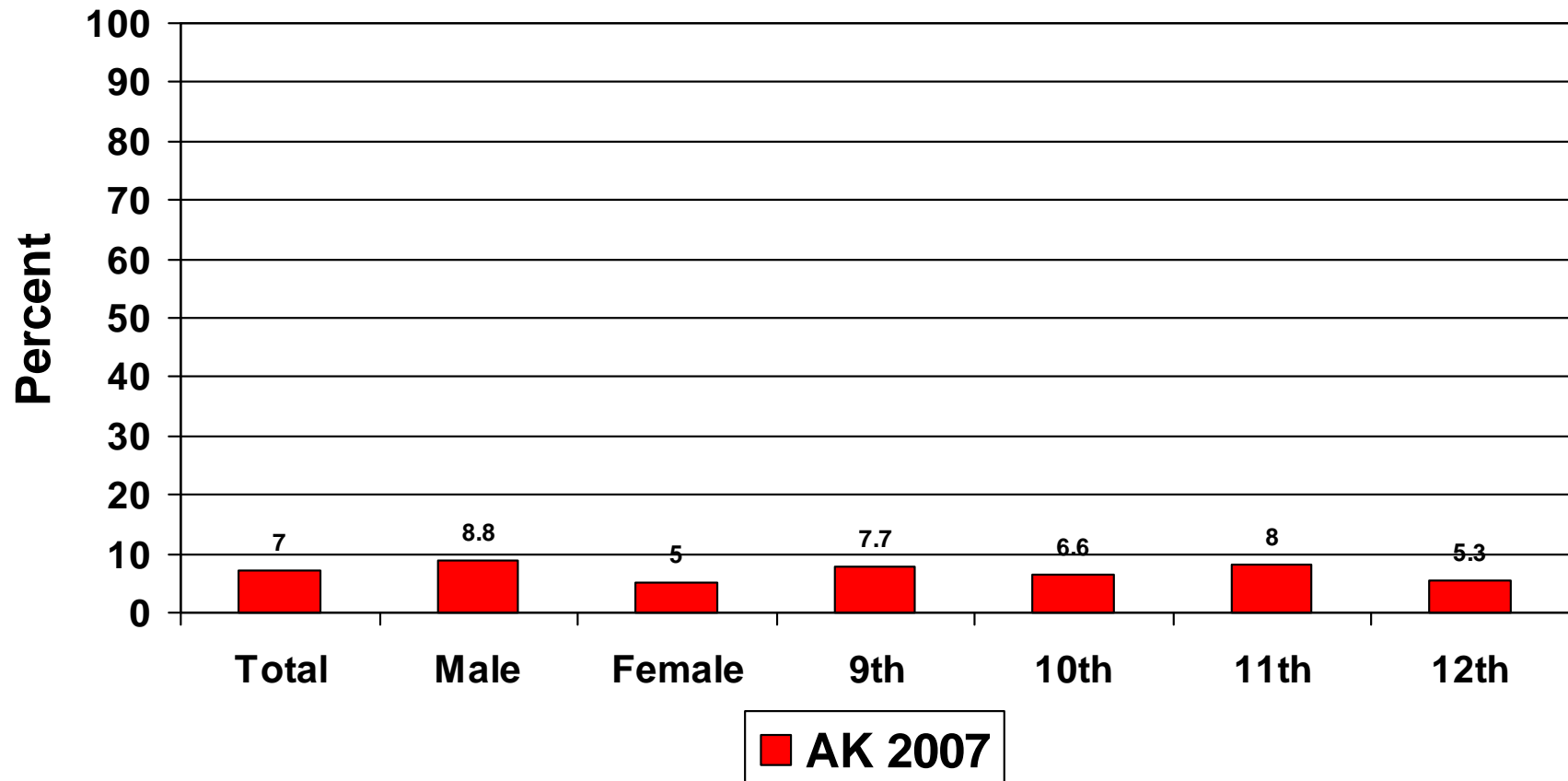
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

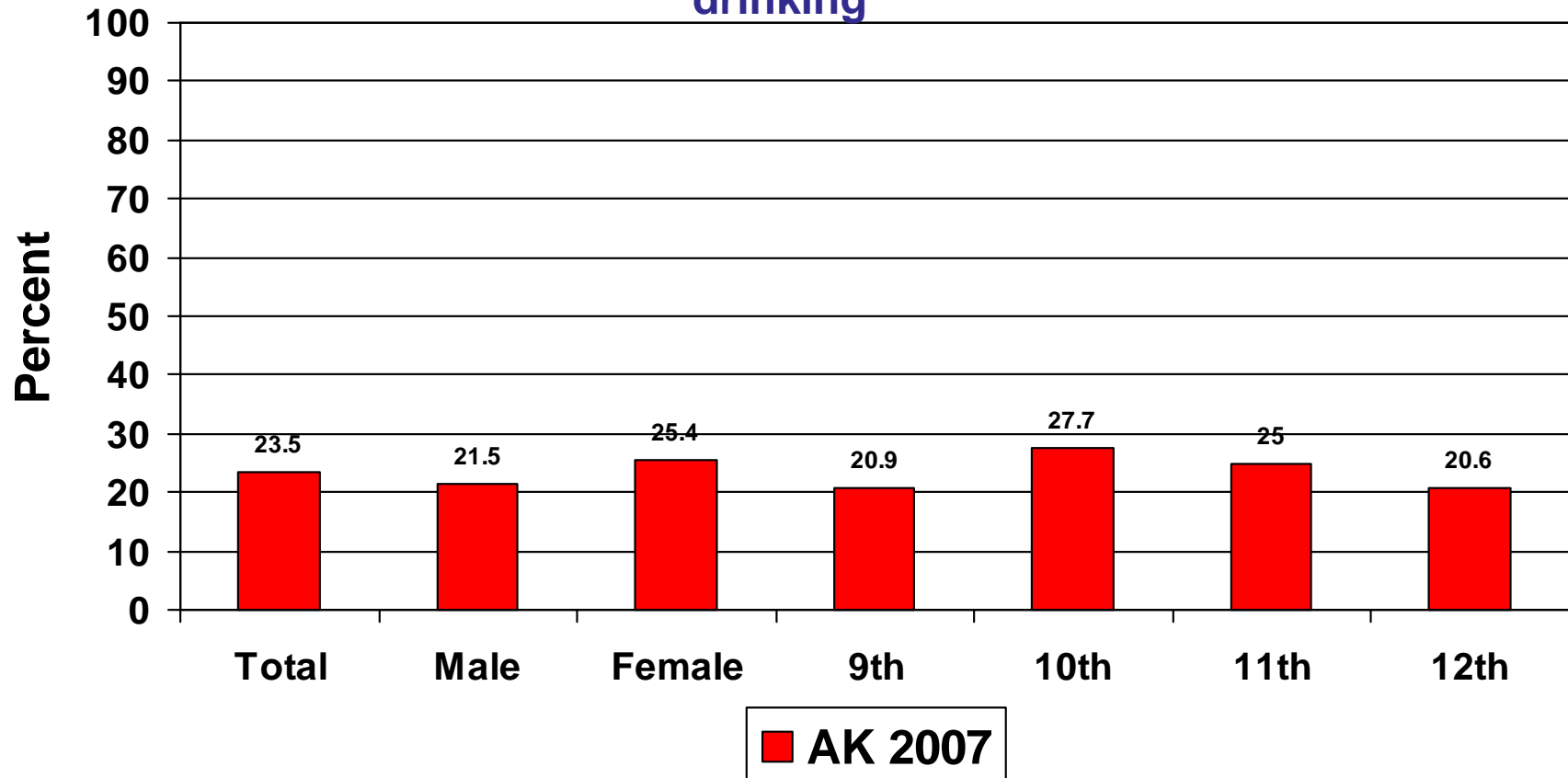
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

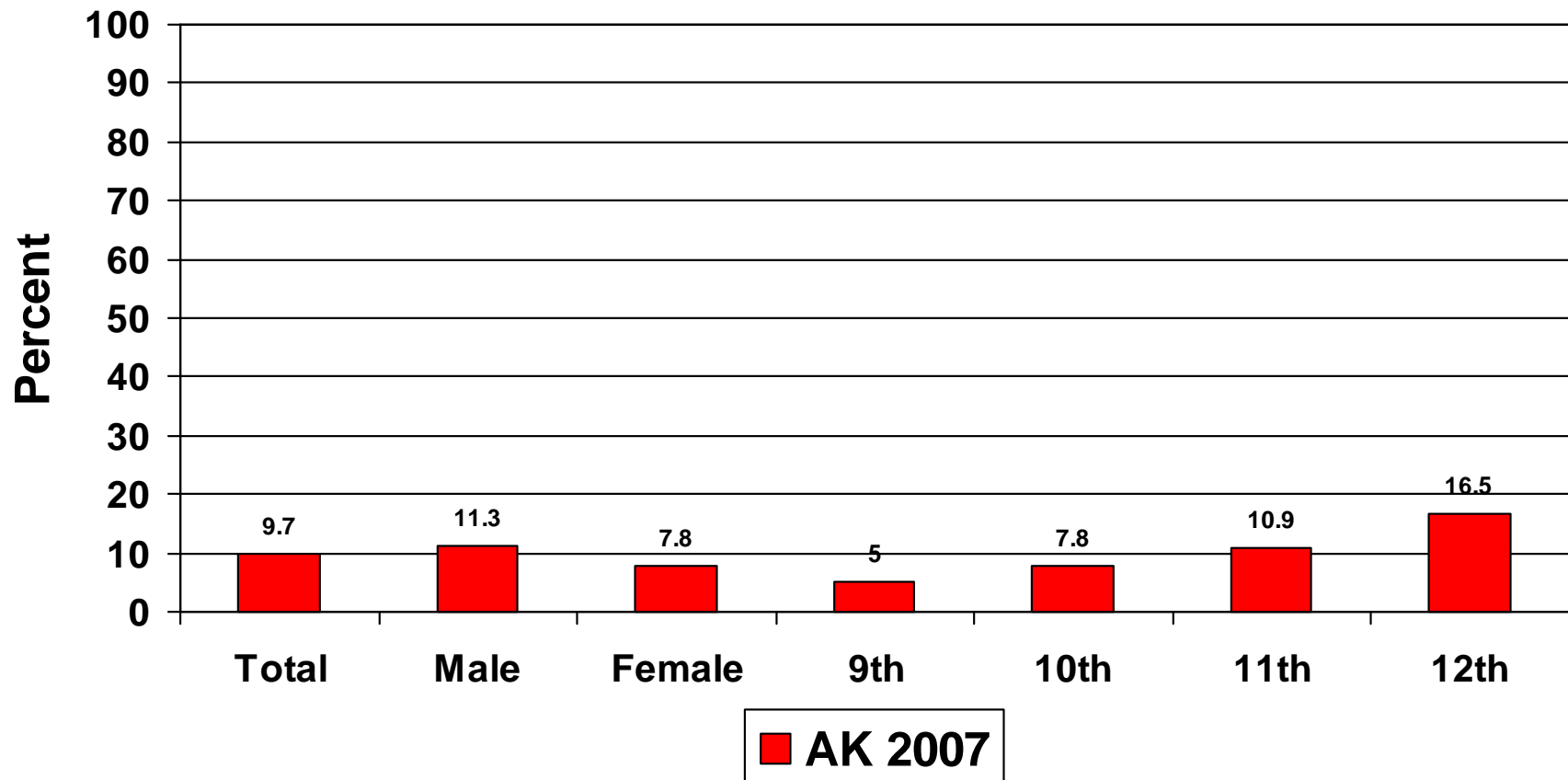
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

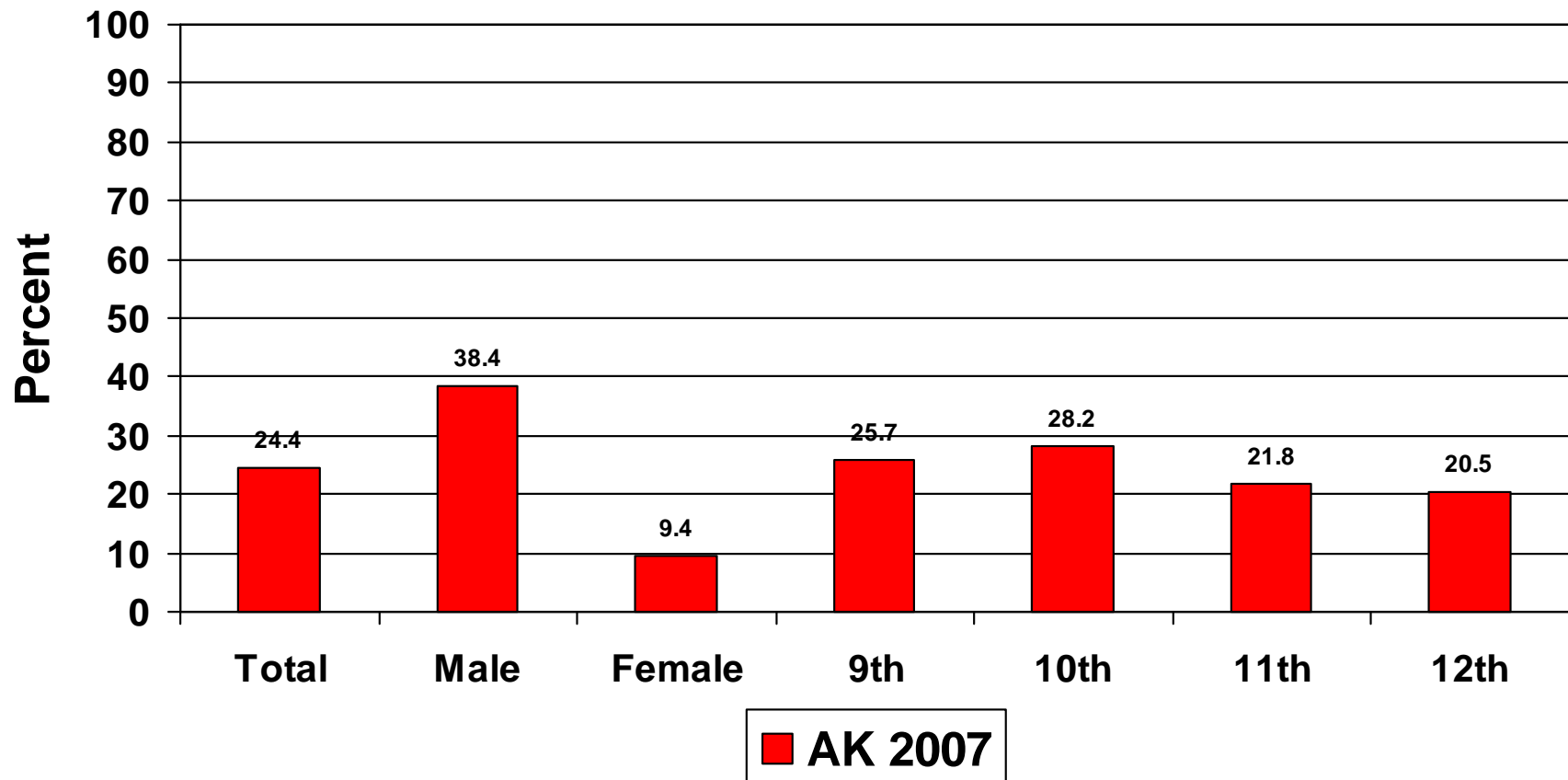
Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

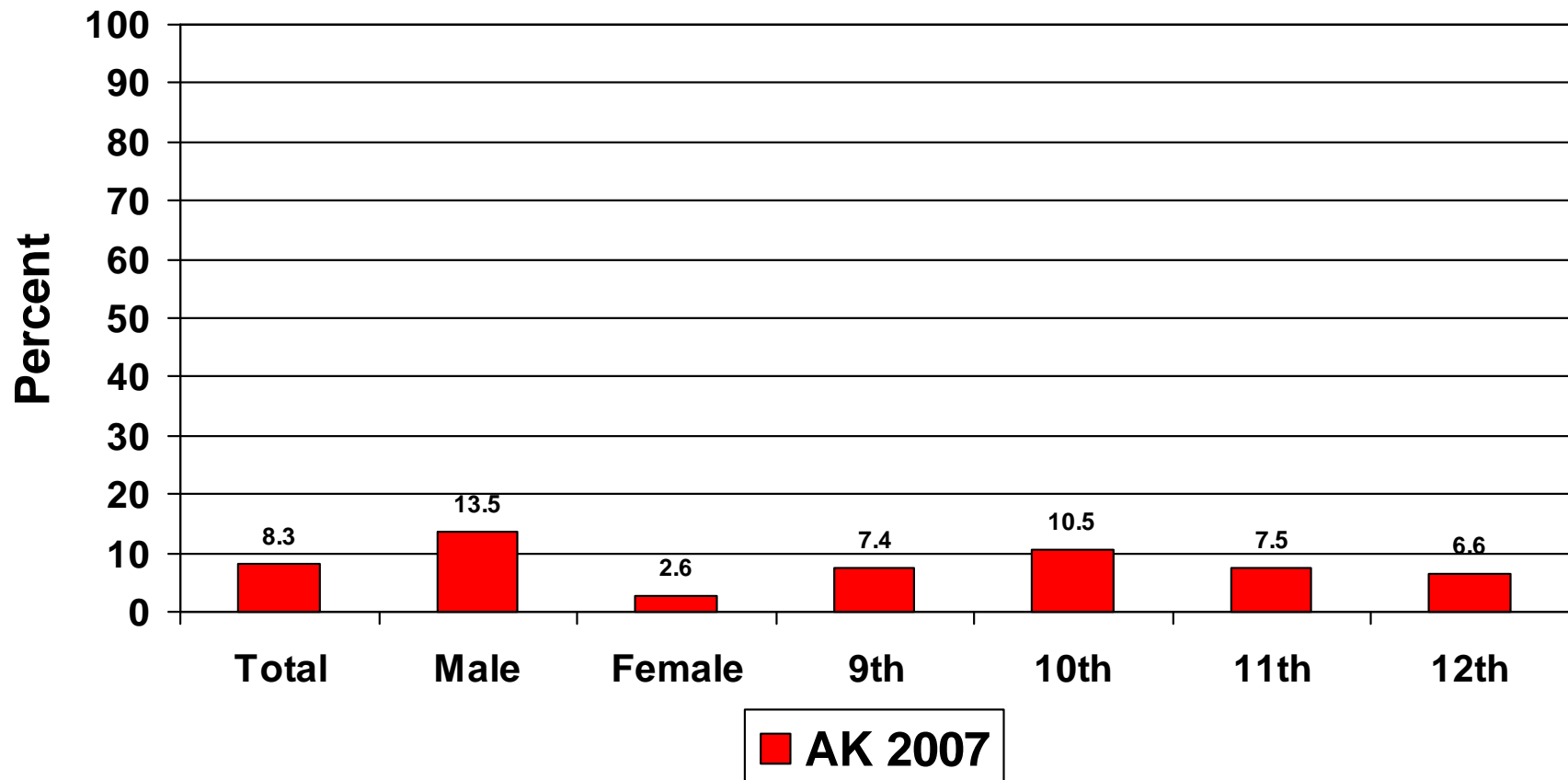
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

Percentage of students who carried a gun on one or more of the past 30 days

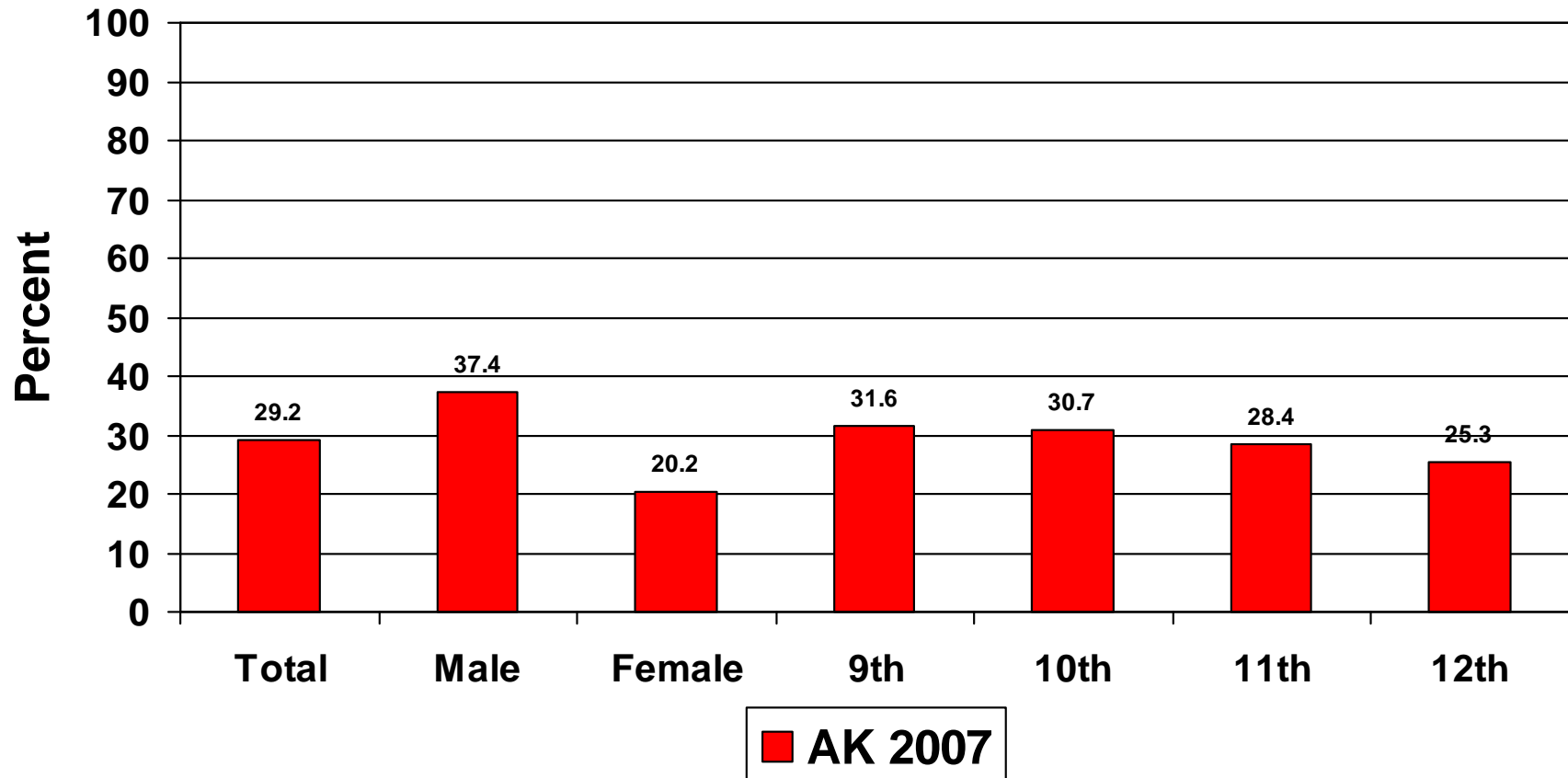




# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

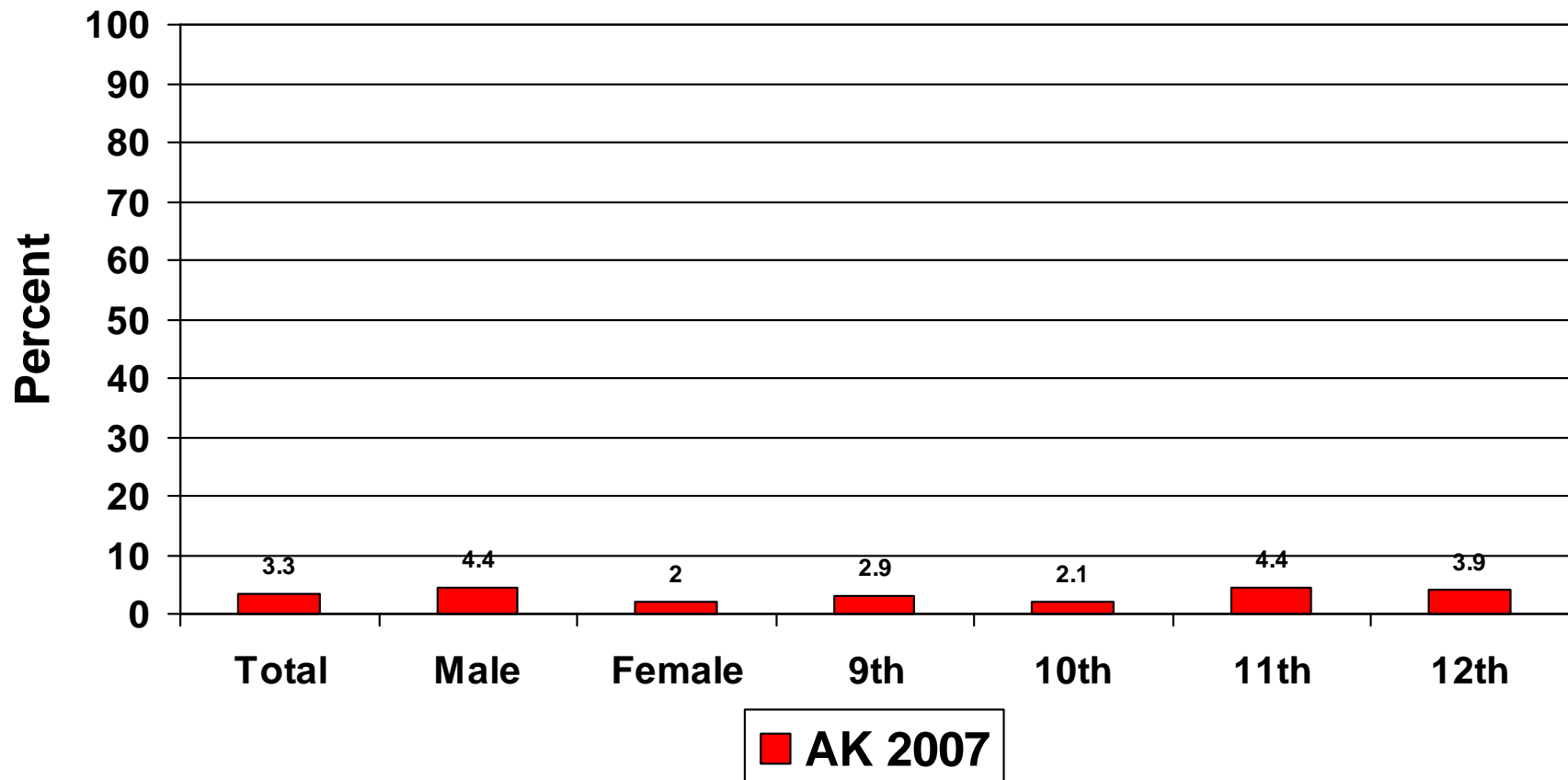
Percentage of students who were in a physical fight one or more times during the past 12 months



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

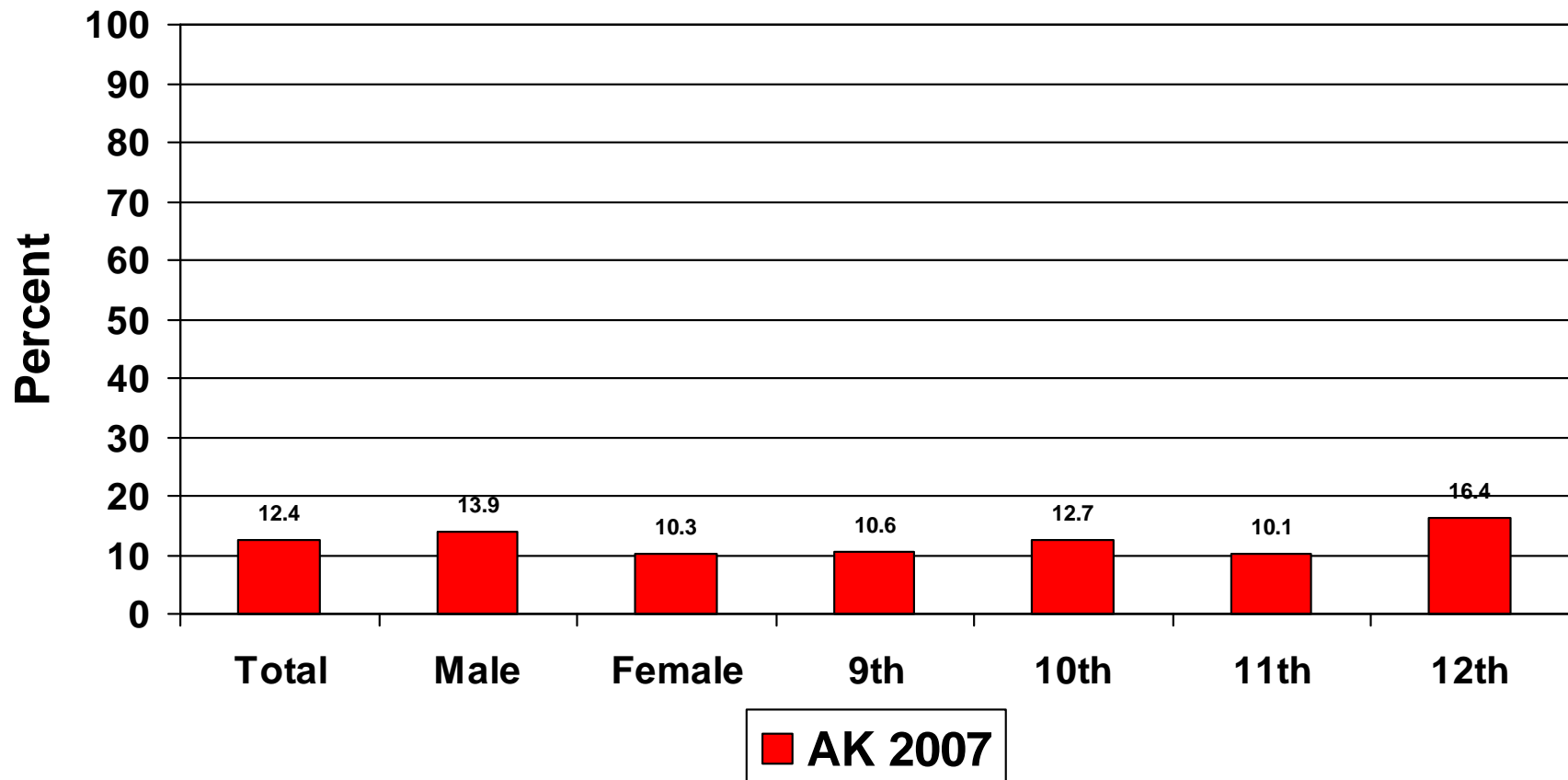
Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

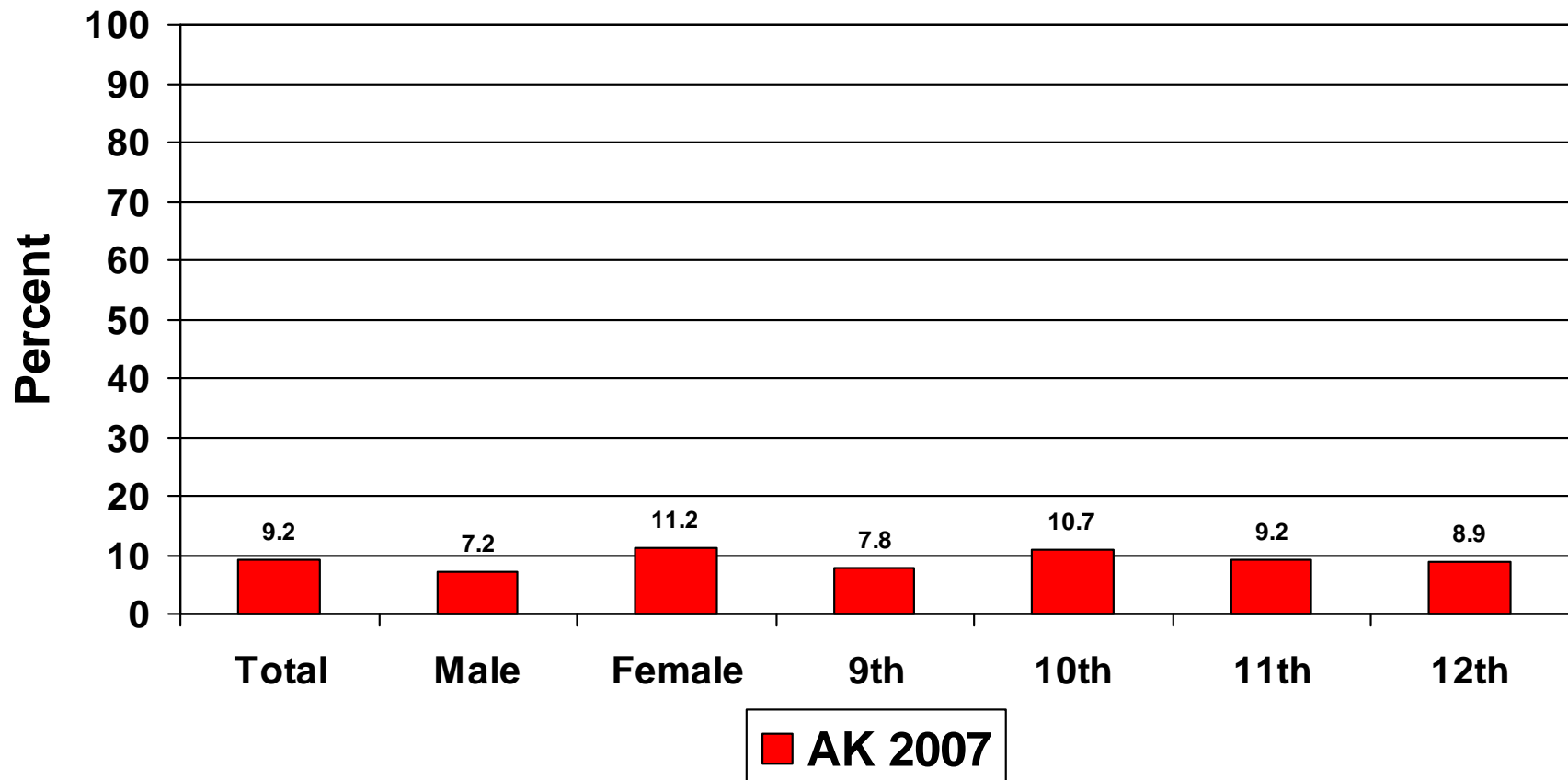
Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

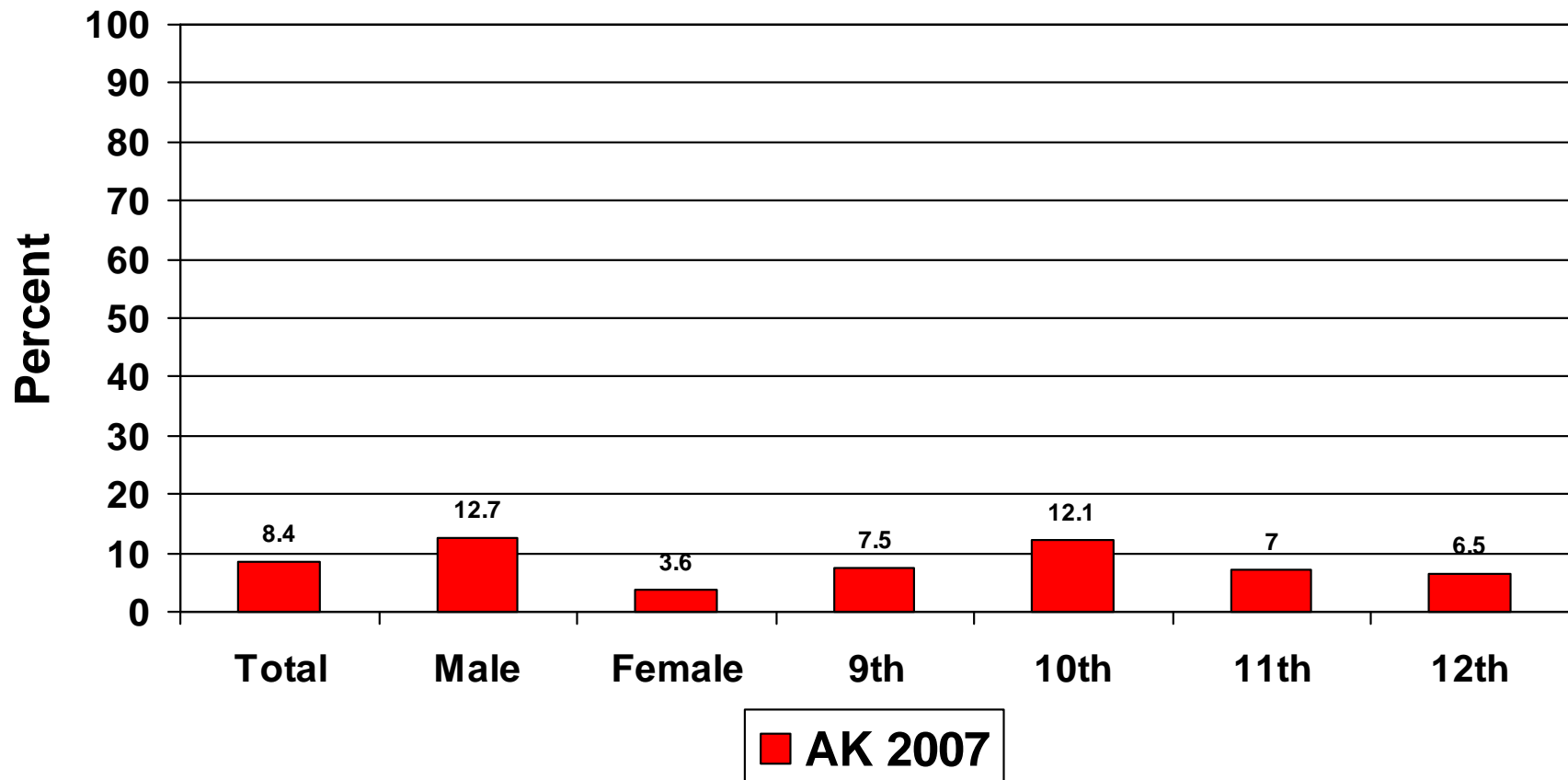
Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

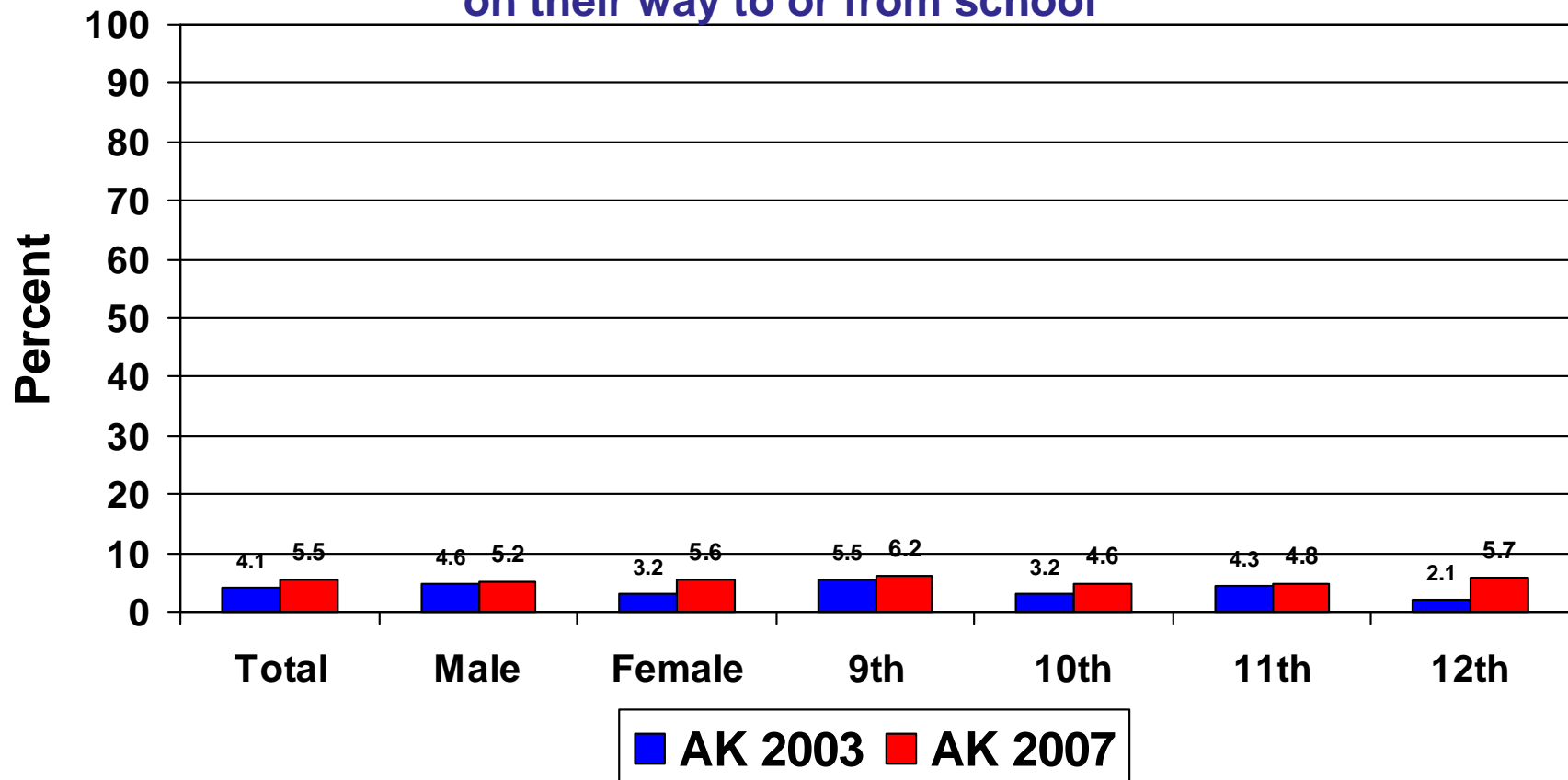
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

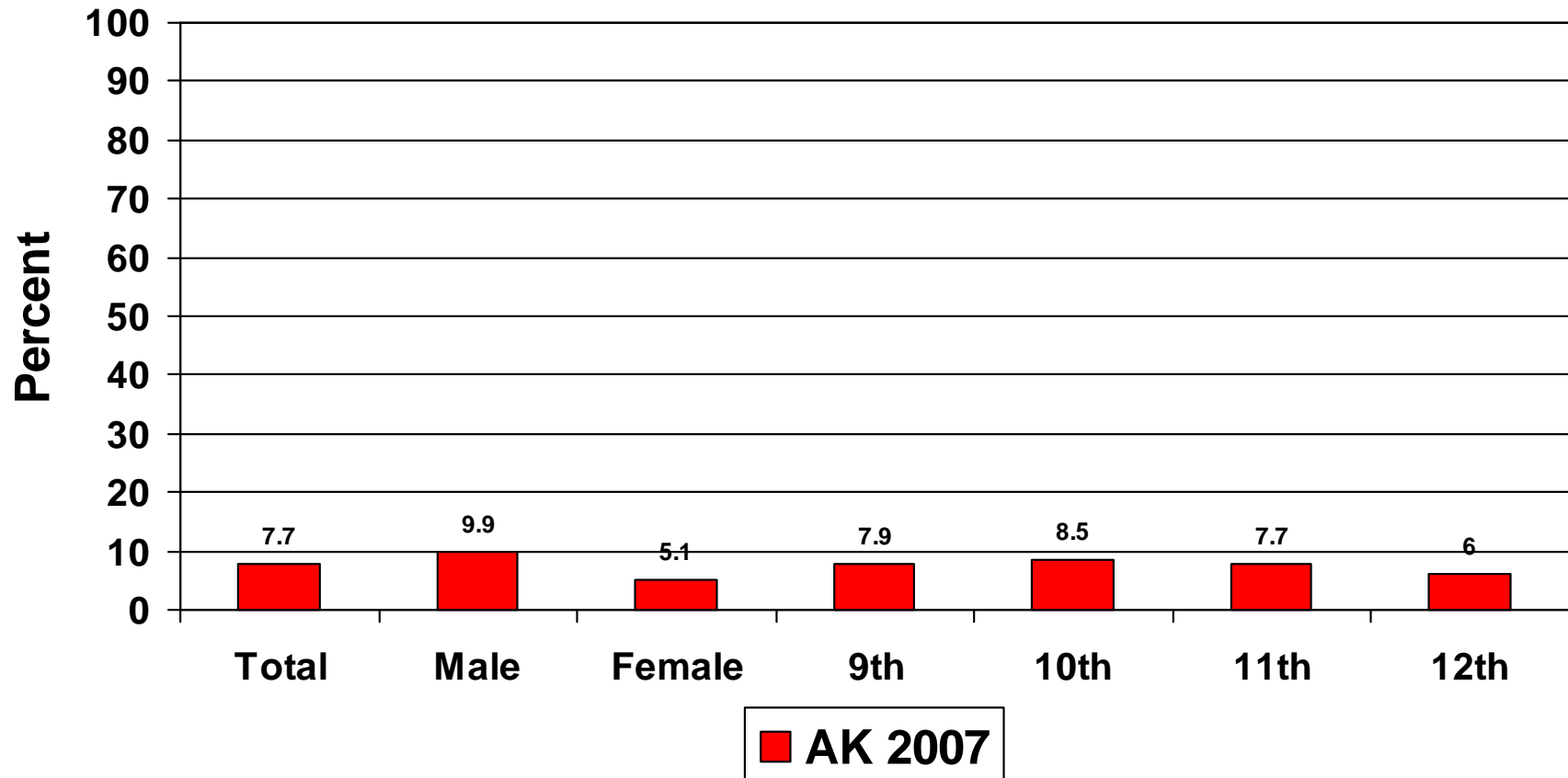
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

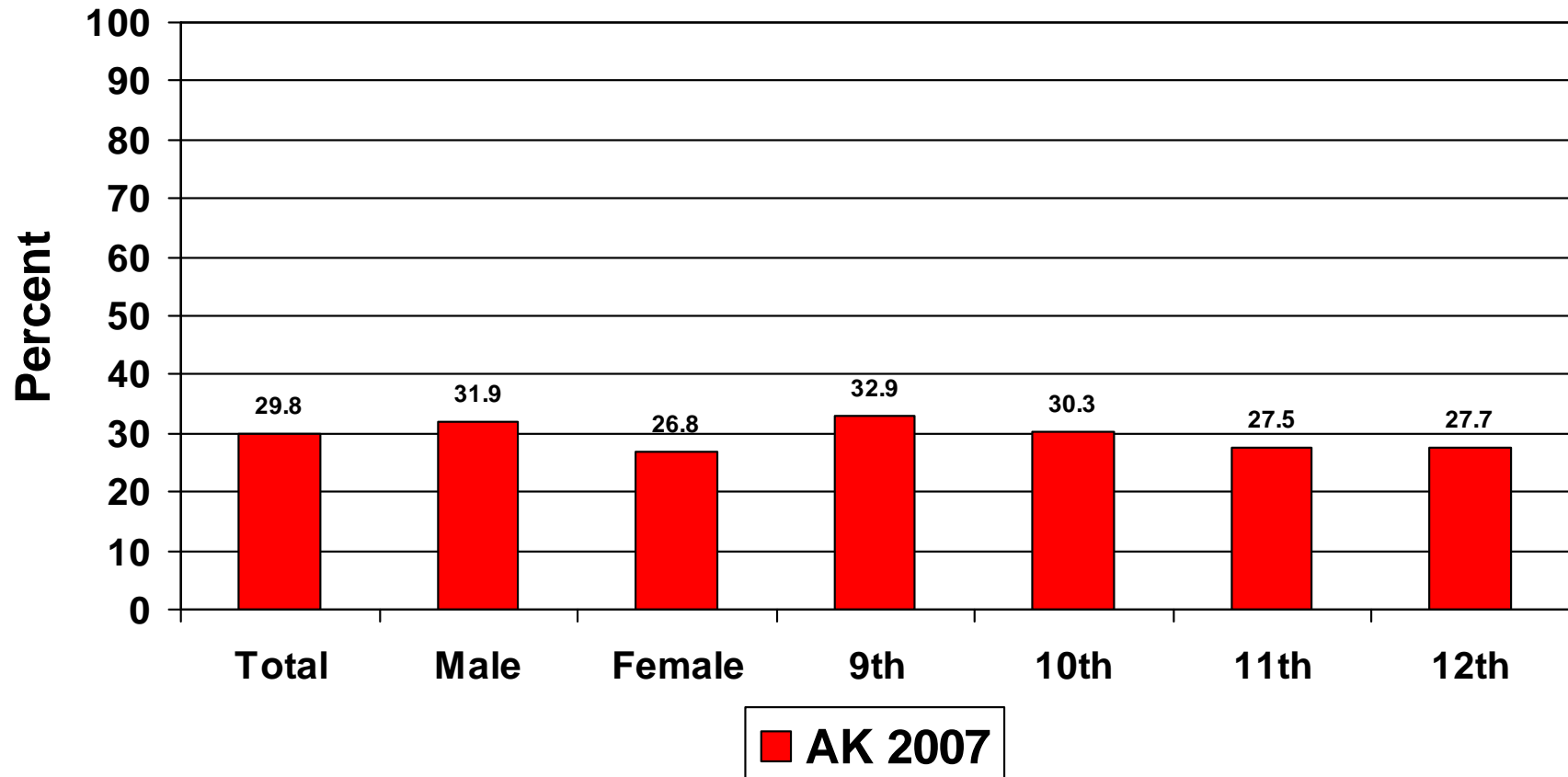
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

Percentage of students who had property, such as their car, clothing, or books stolen or deliberately damaged on school property one or more times during the past 12 months

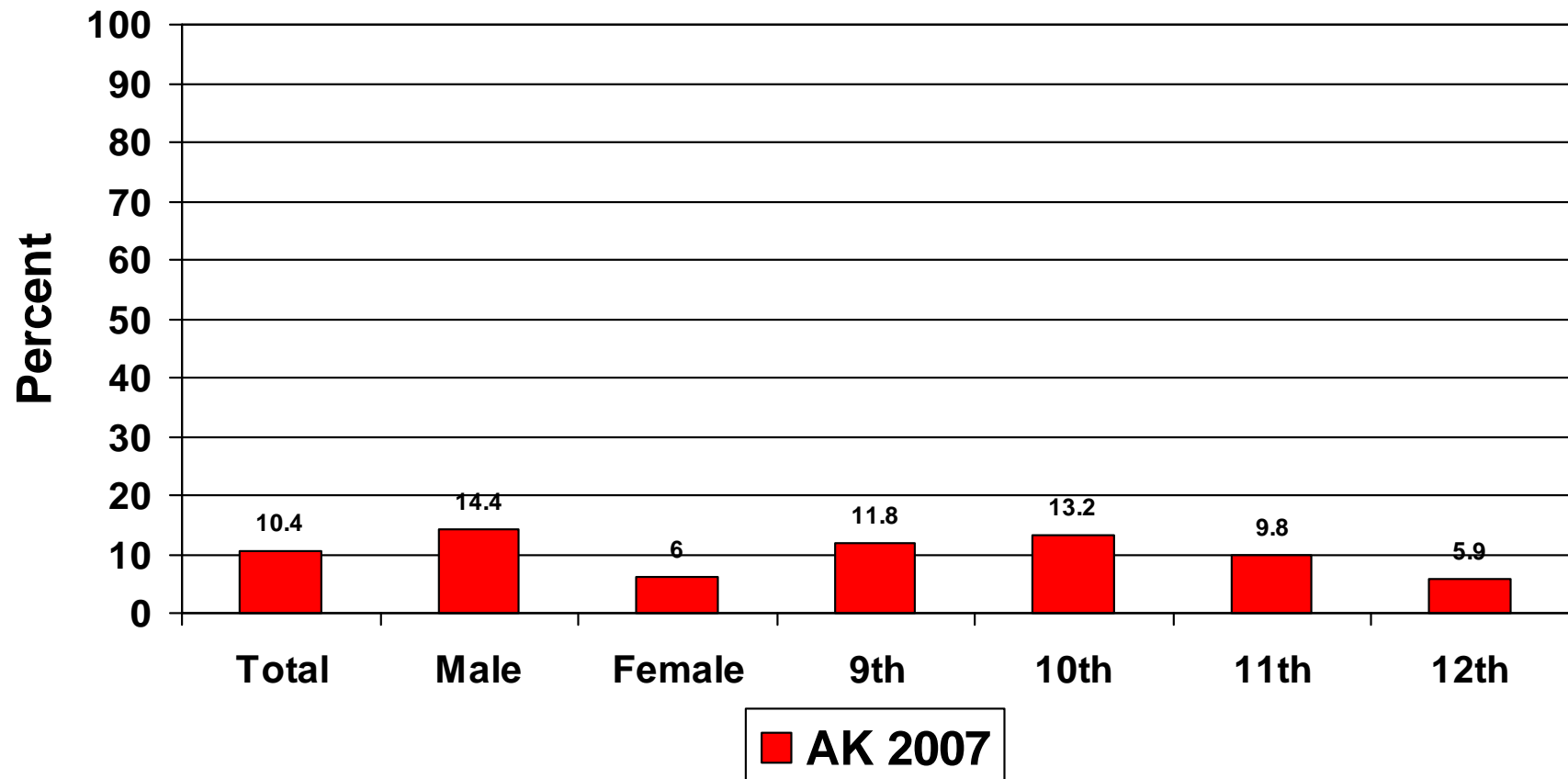




# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

Percentage of students who were in a physical fight on school property one or more times during the past 12 months



# **2007 Youth Risk Behavior Survey Results**

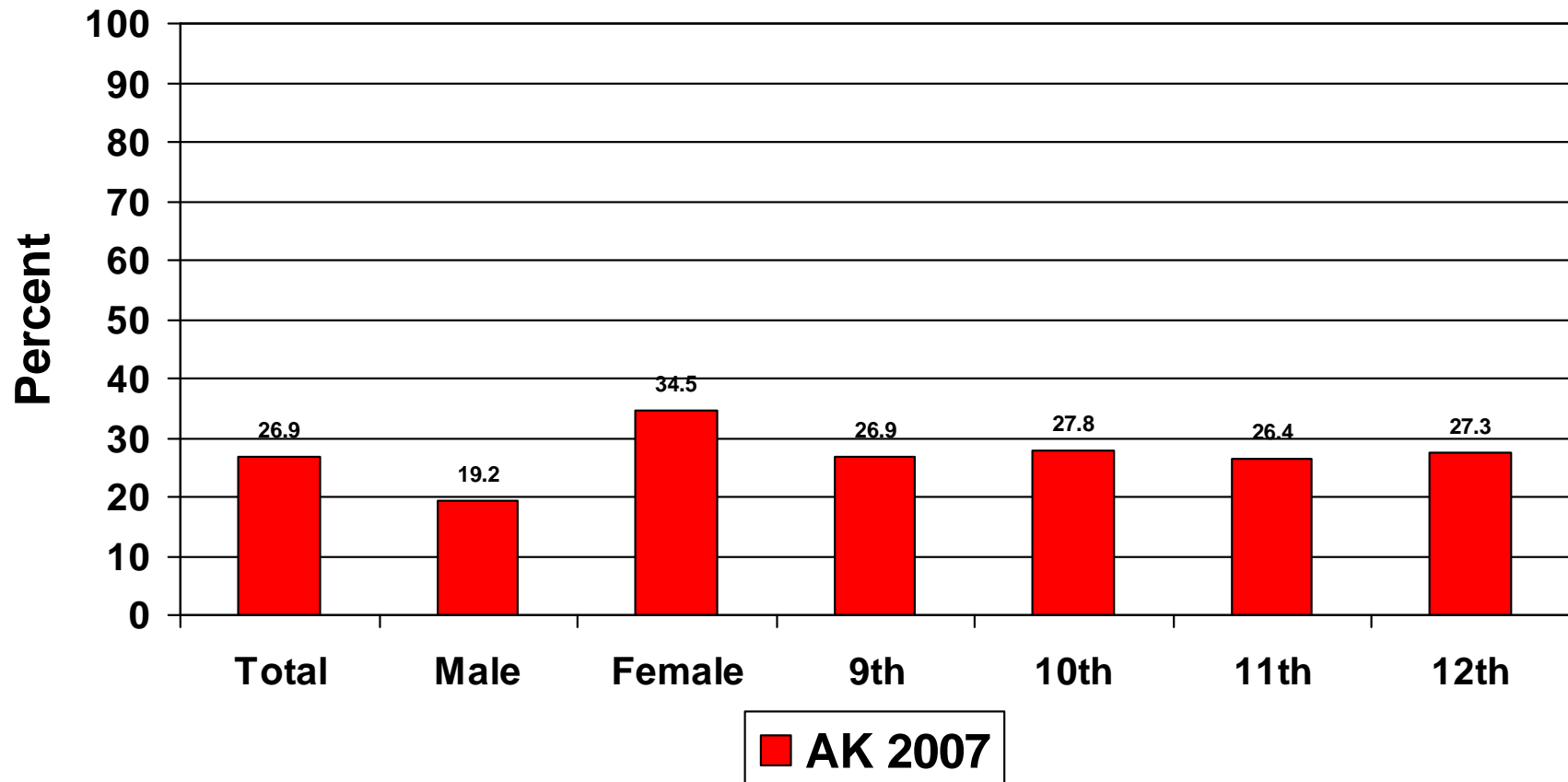
**Alaska High School Survey Grades 9-12**

## **Depression and Suicide**

# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

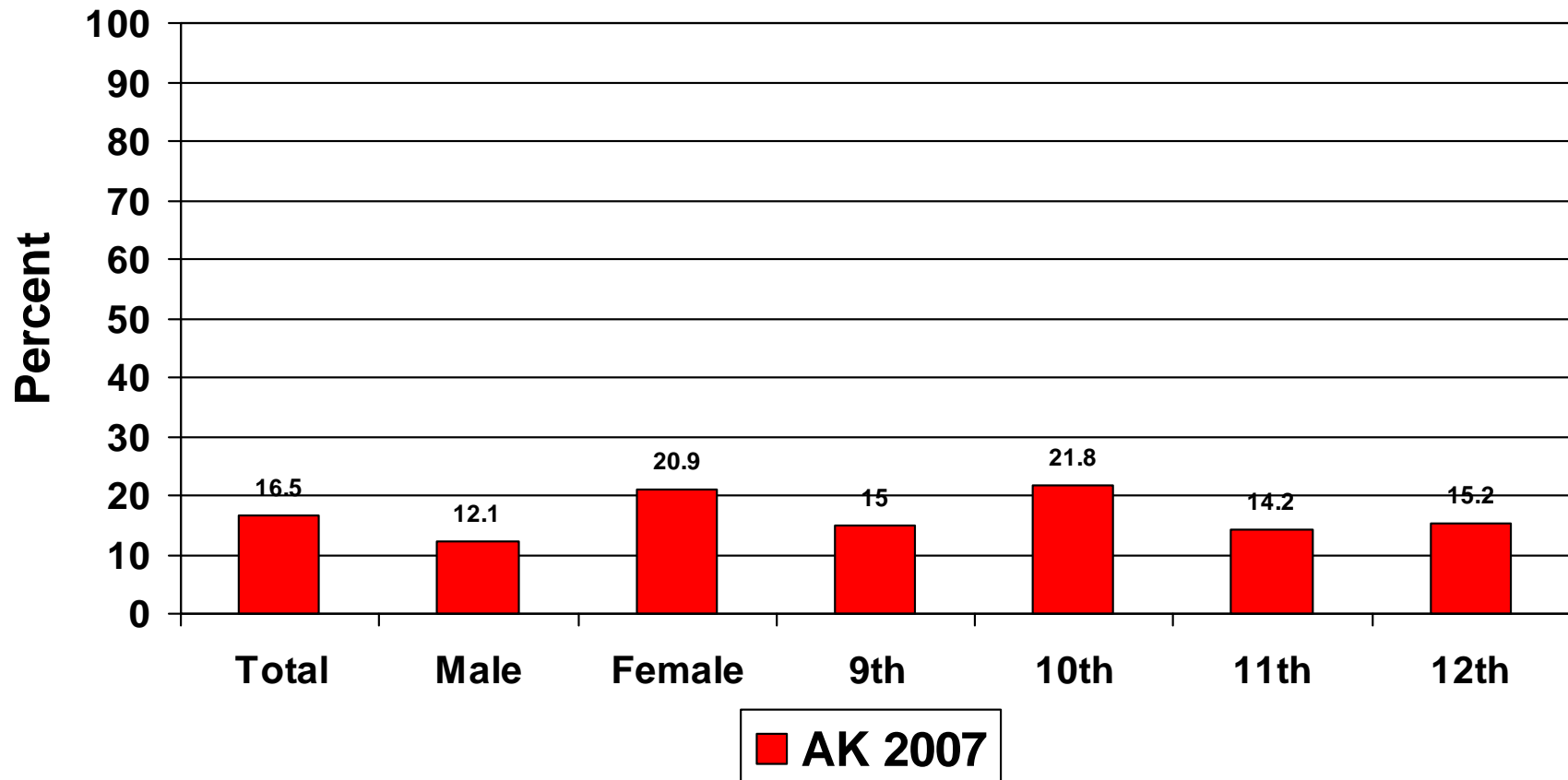
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

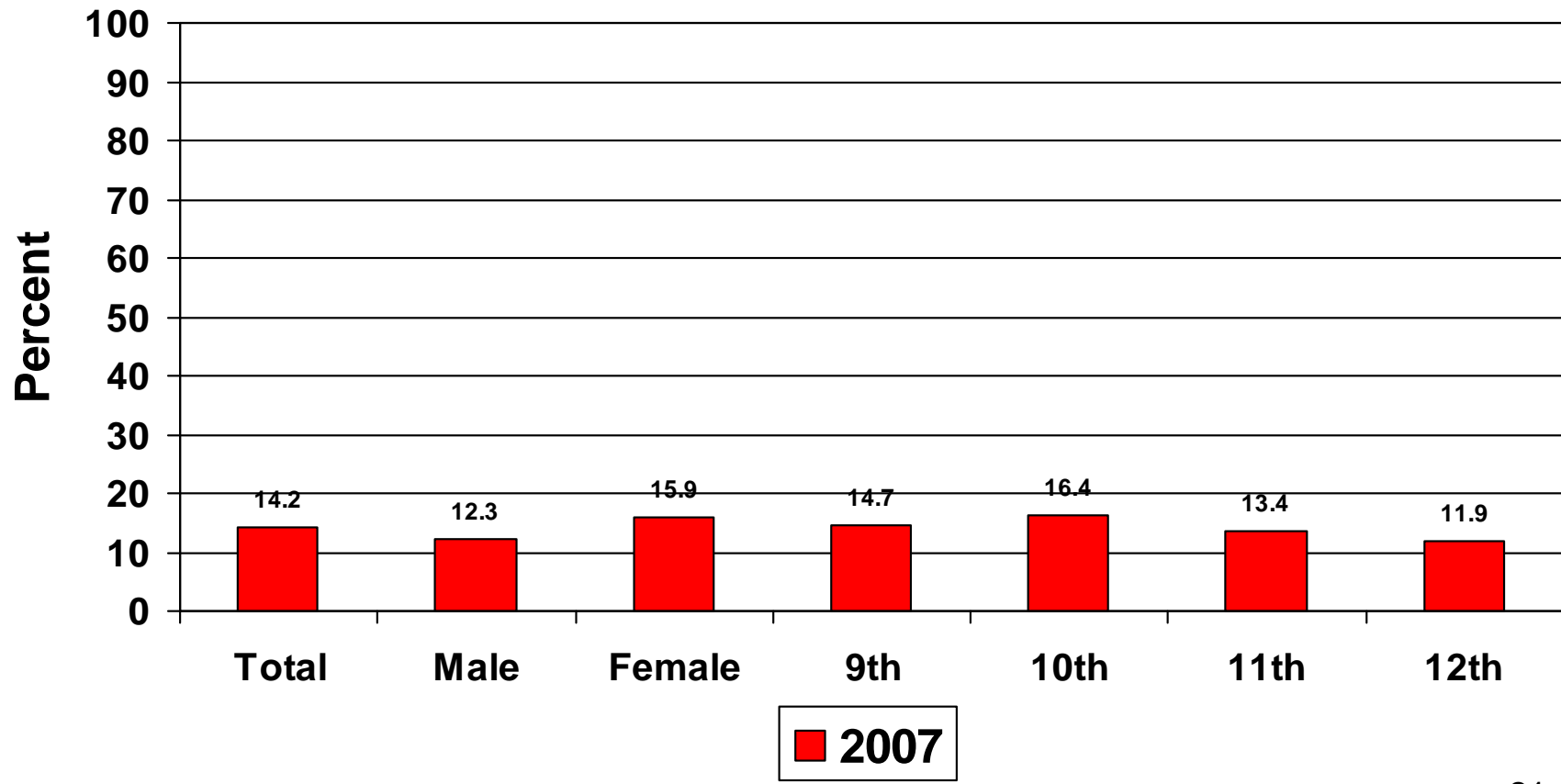
Percentage of students who seriously considered attempting suicide during the past 12 months



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

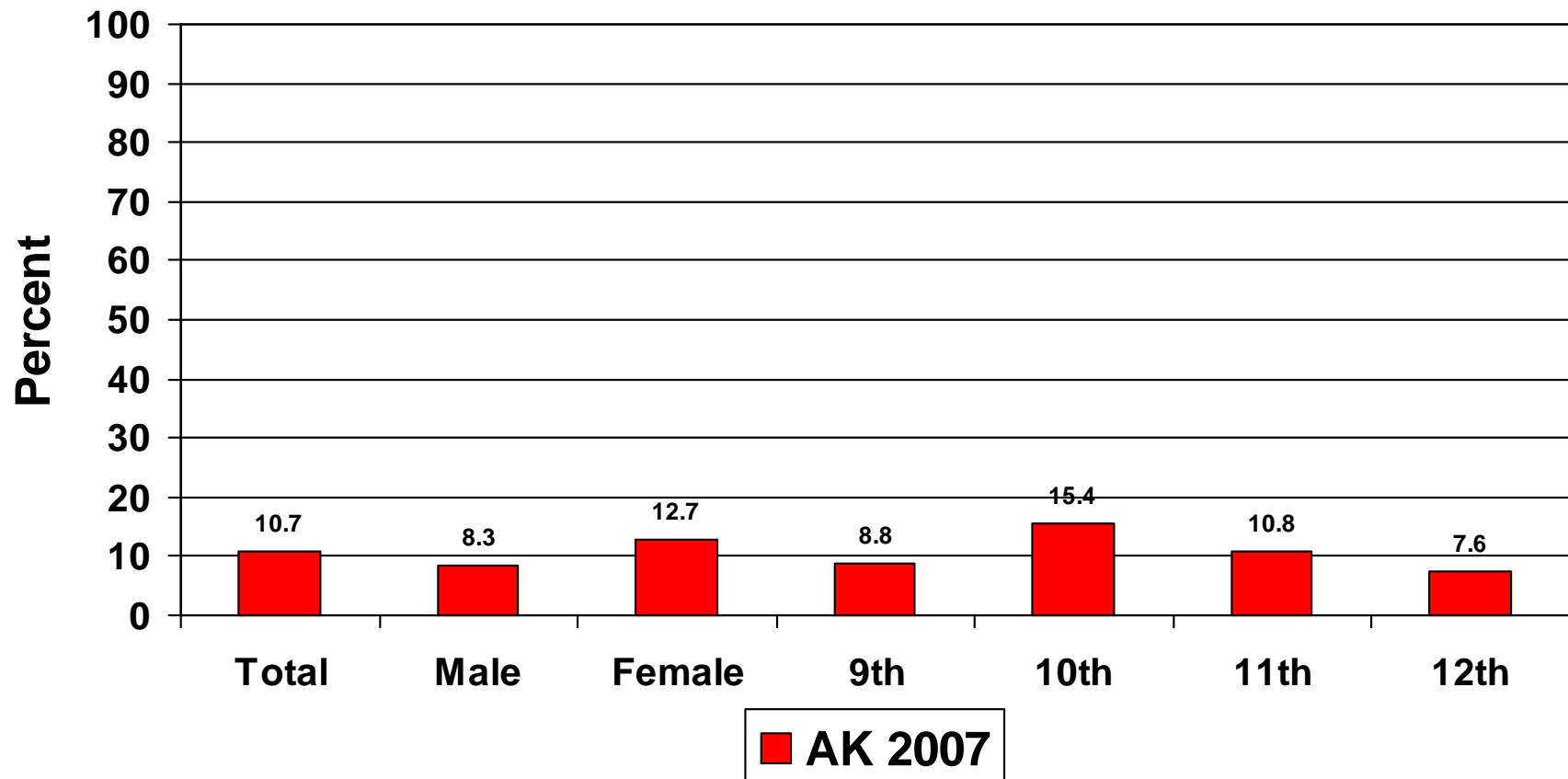
Percentage of students who made a plan about how they would attempt suicide during the past 12 months



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

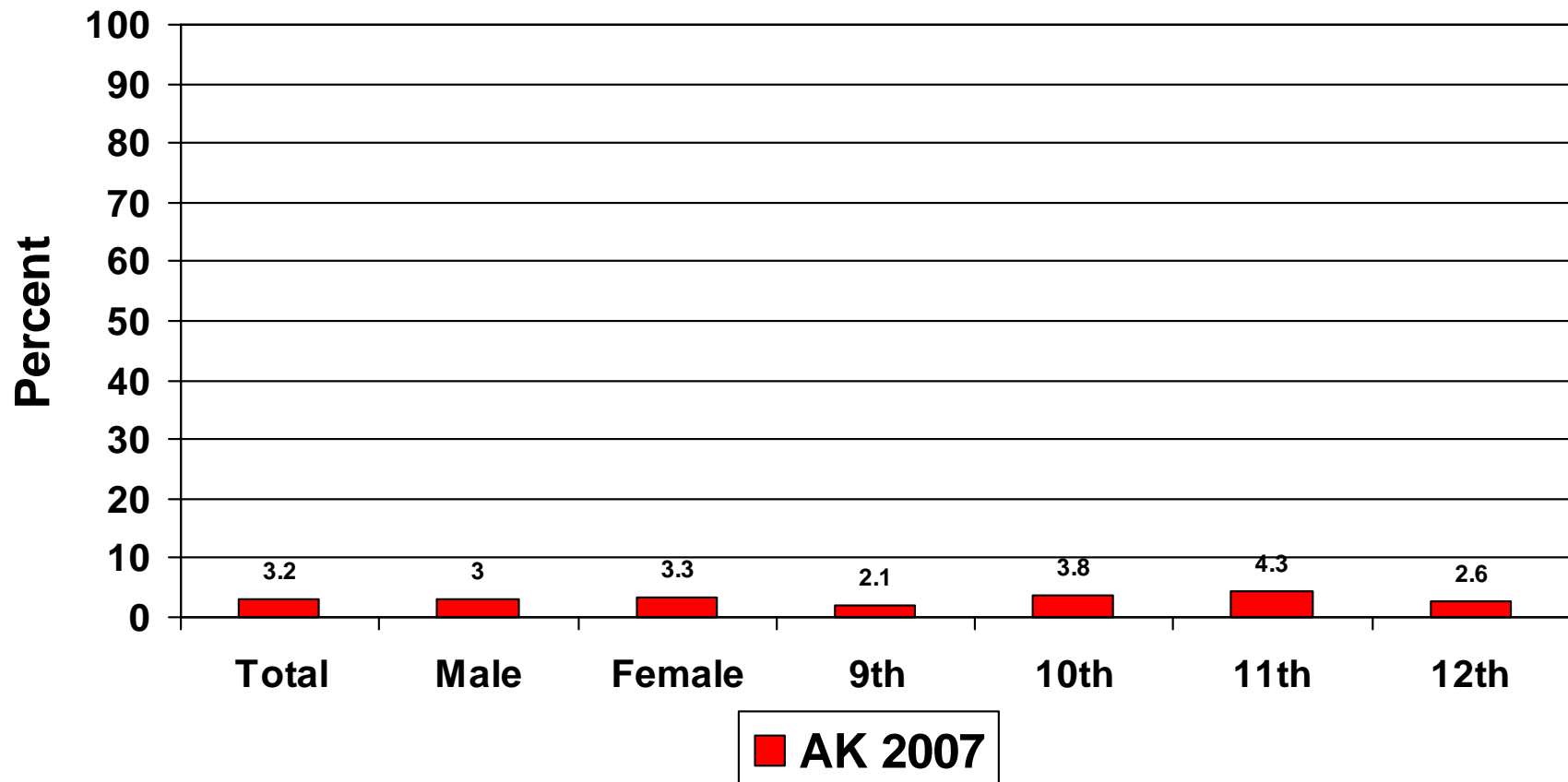
Percentage of students who actually attempted suicide one or more times during the past 12 months



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse



# **2007 Youth Risk Behavior Survey Results**

**Alaska High School Survey Grades 9-12**

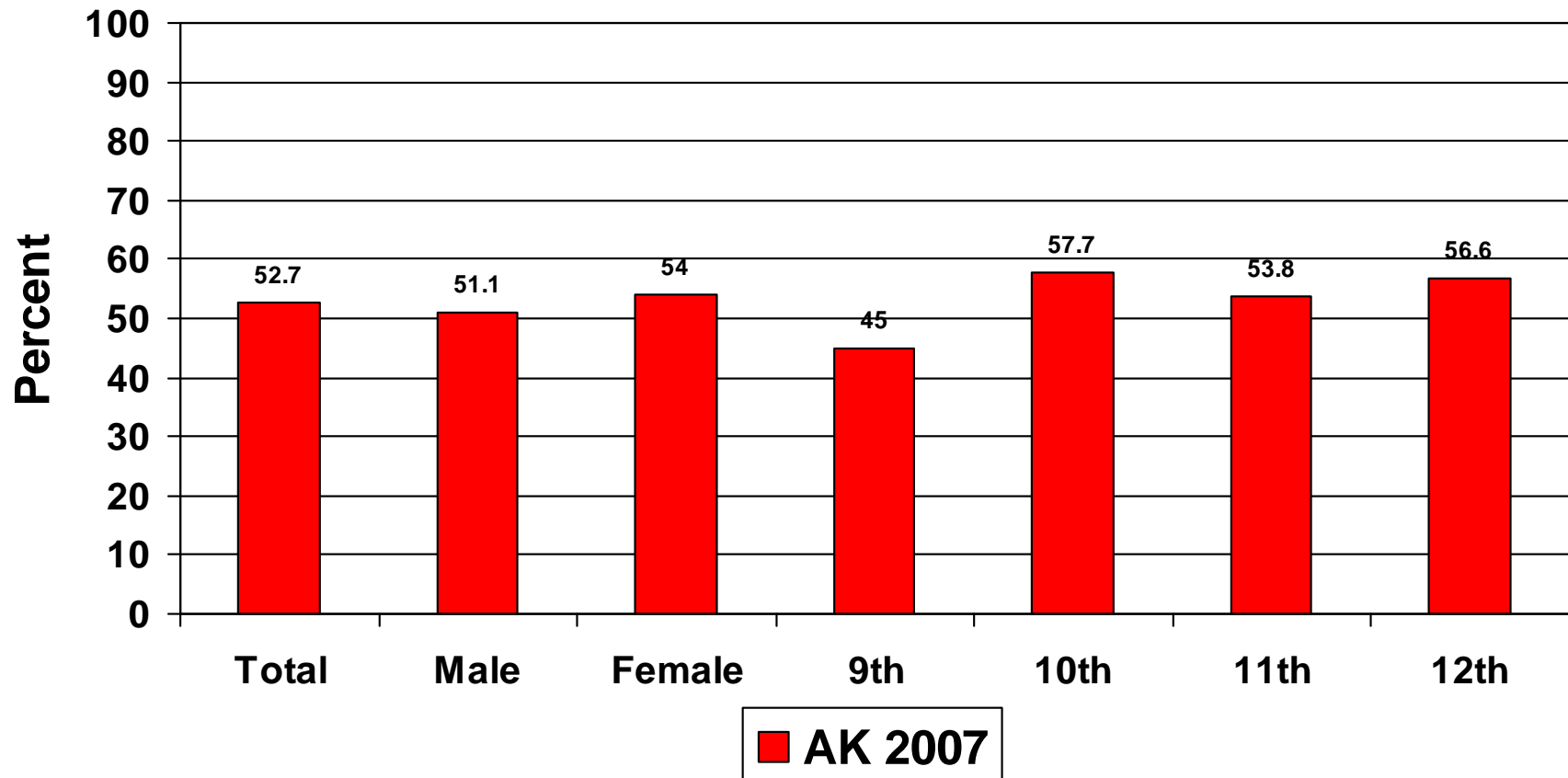
## **Tobacco Use**



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

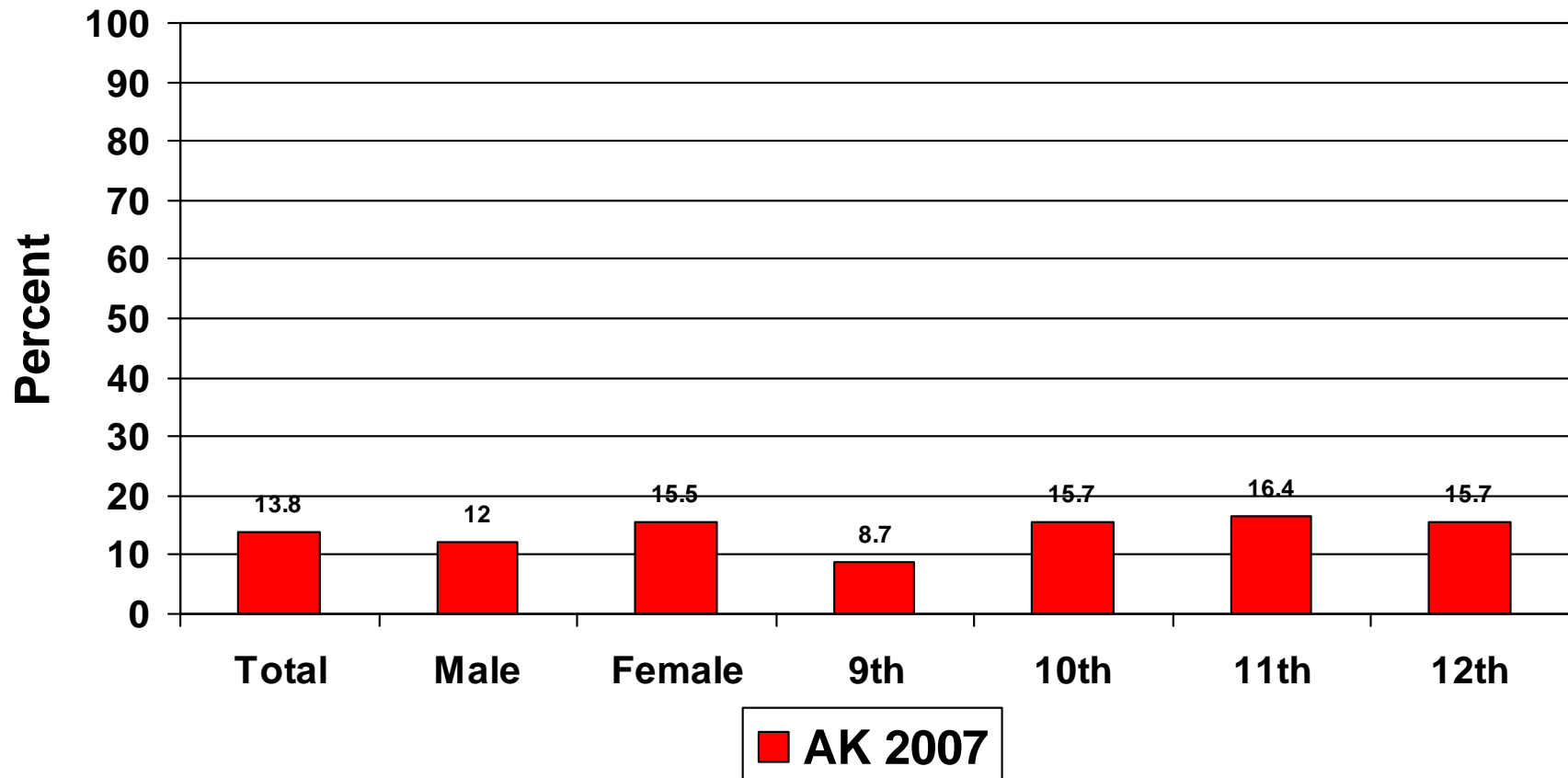
Percentage of students who ever tried cigarette smoking, even one or two puffs



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

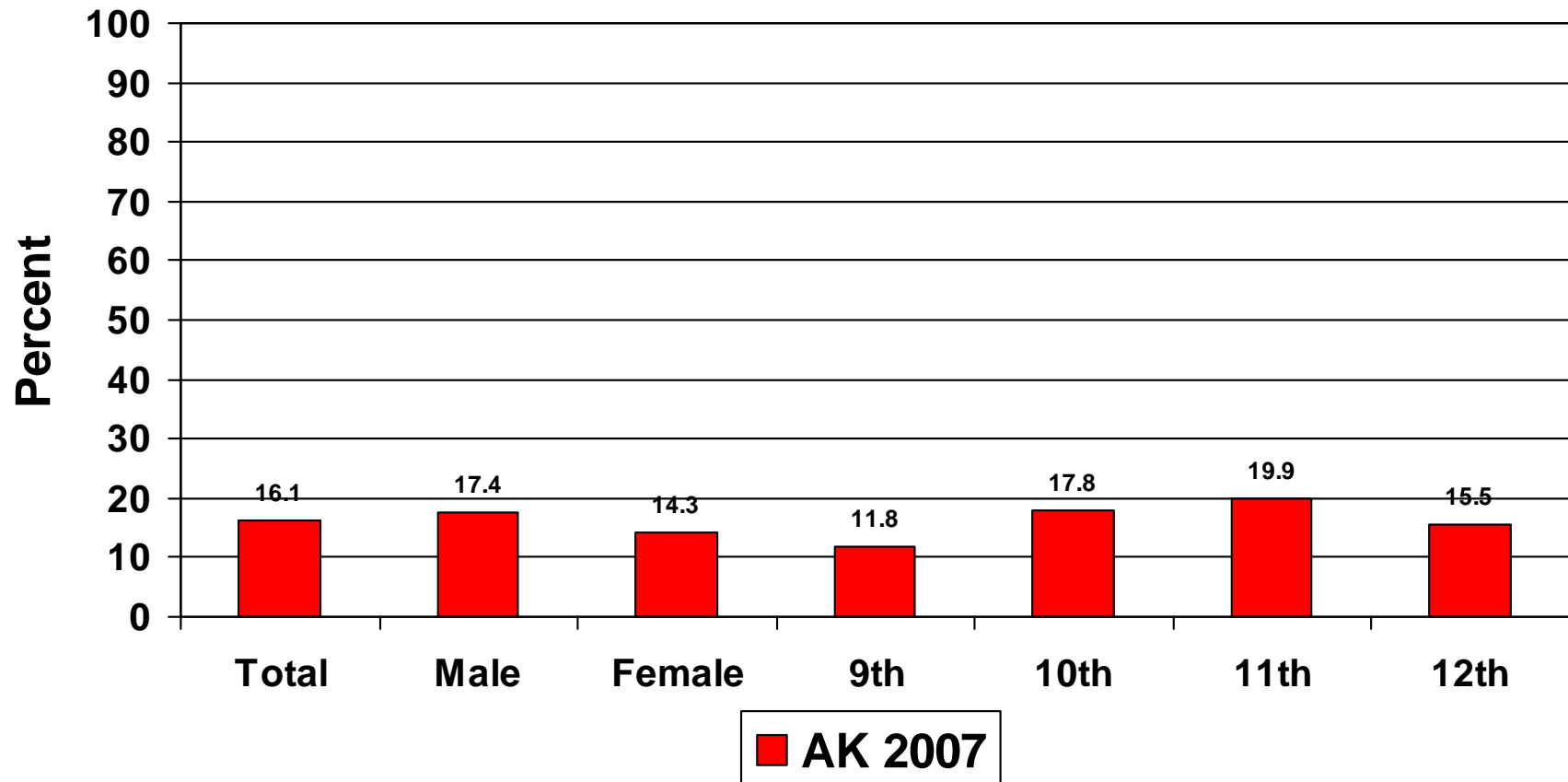
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

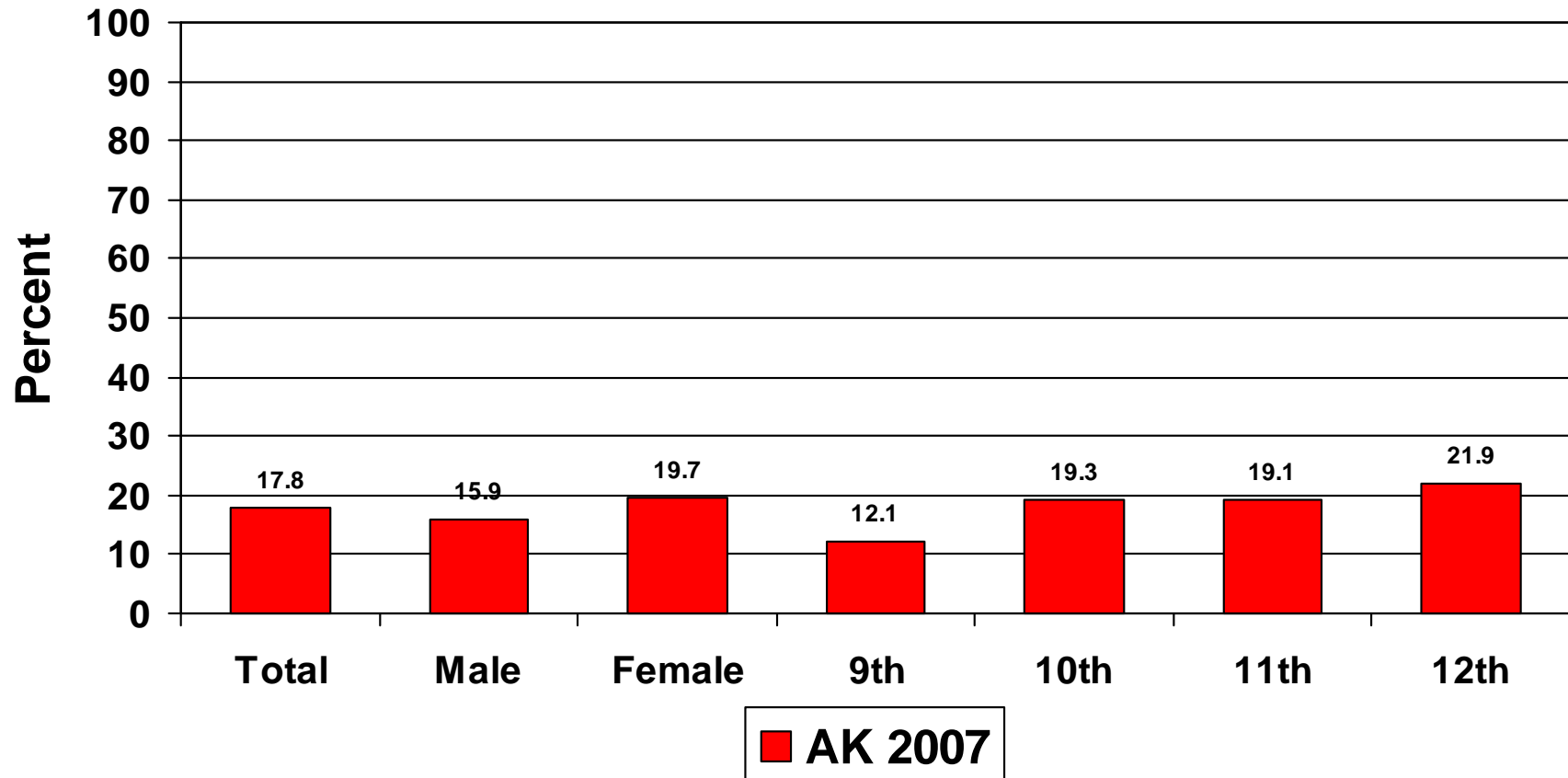
Percentage of students who smoked a whole cigarette for the first time before age 13 years



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

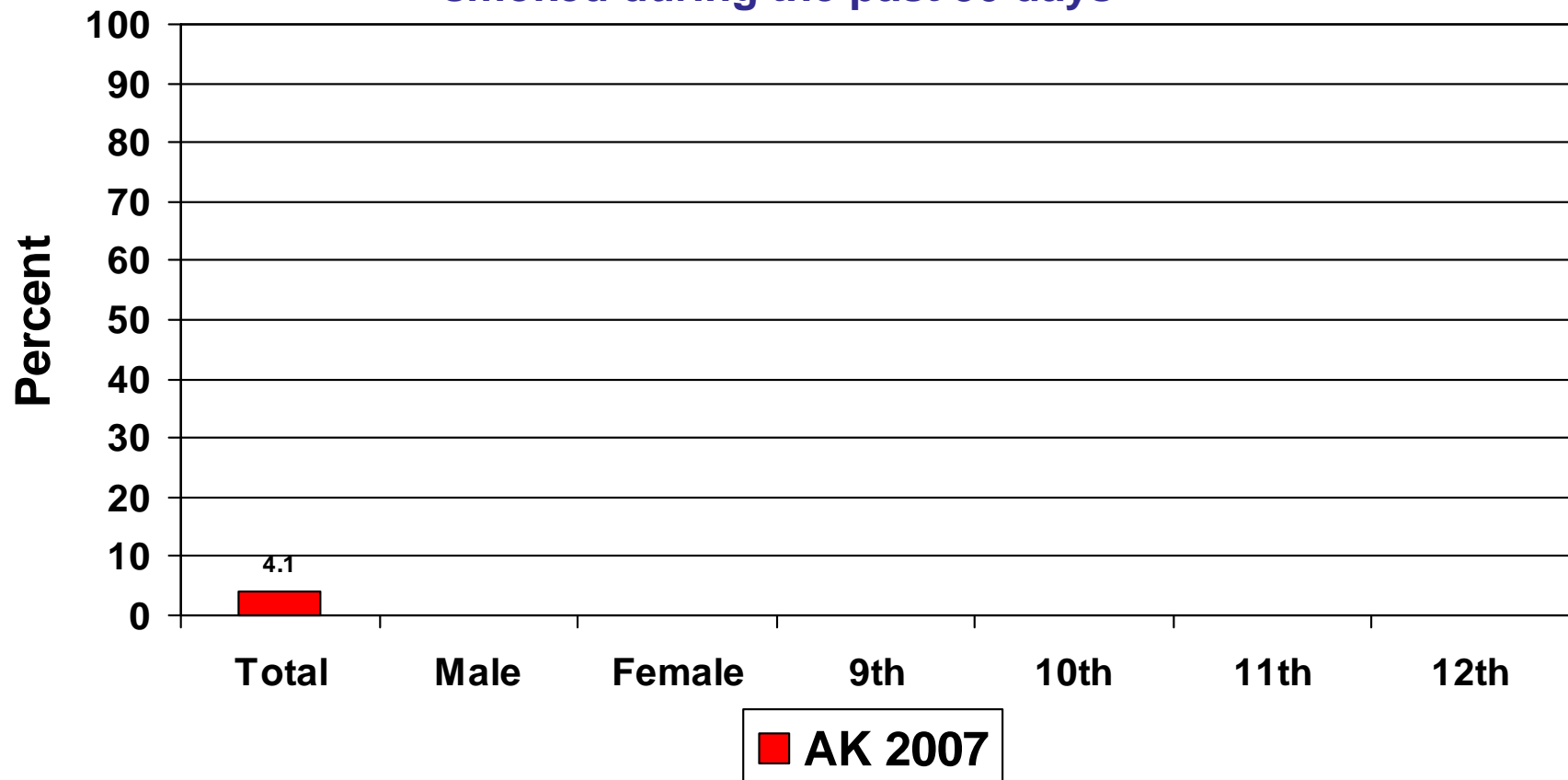
Percentage of students who smoked cigarettes on one or more of the past 30 days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

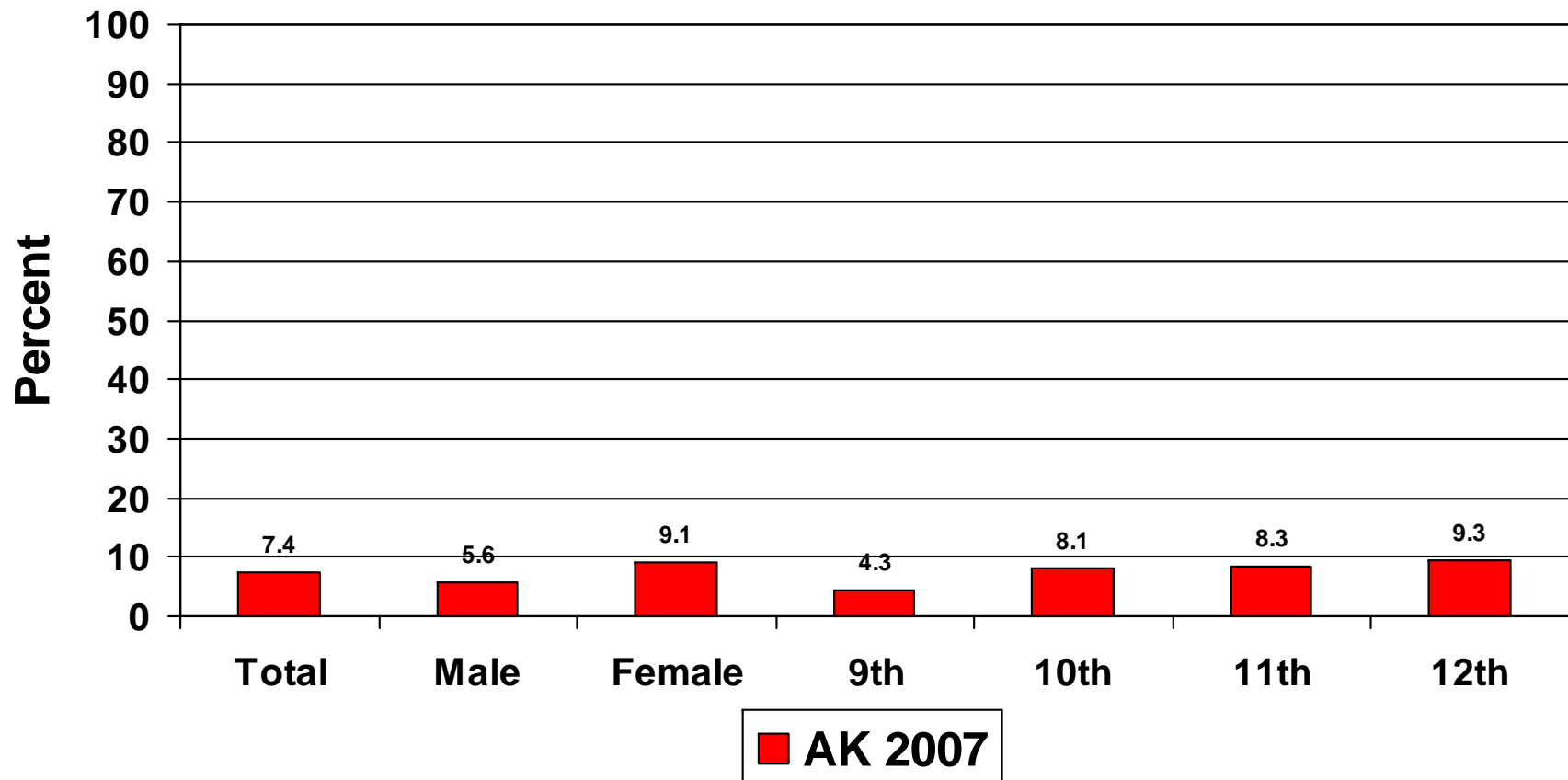
Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

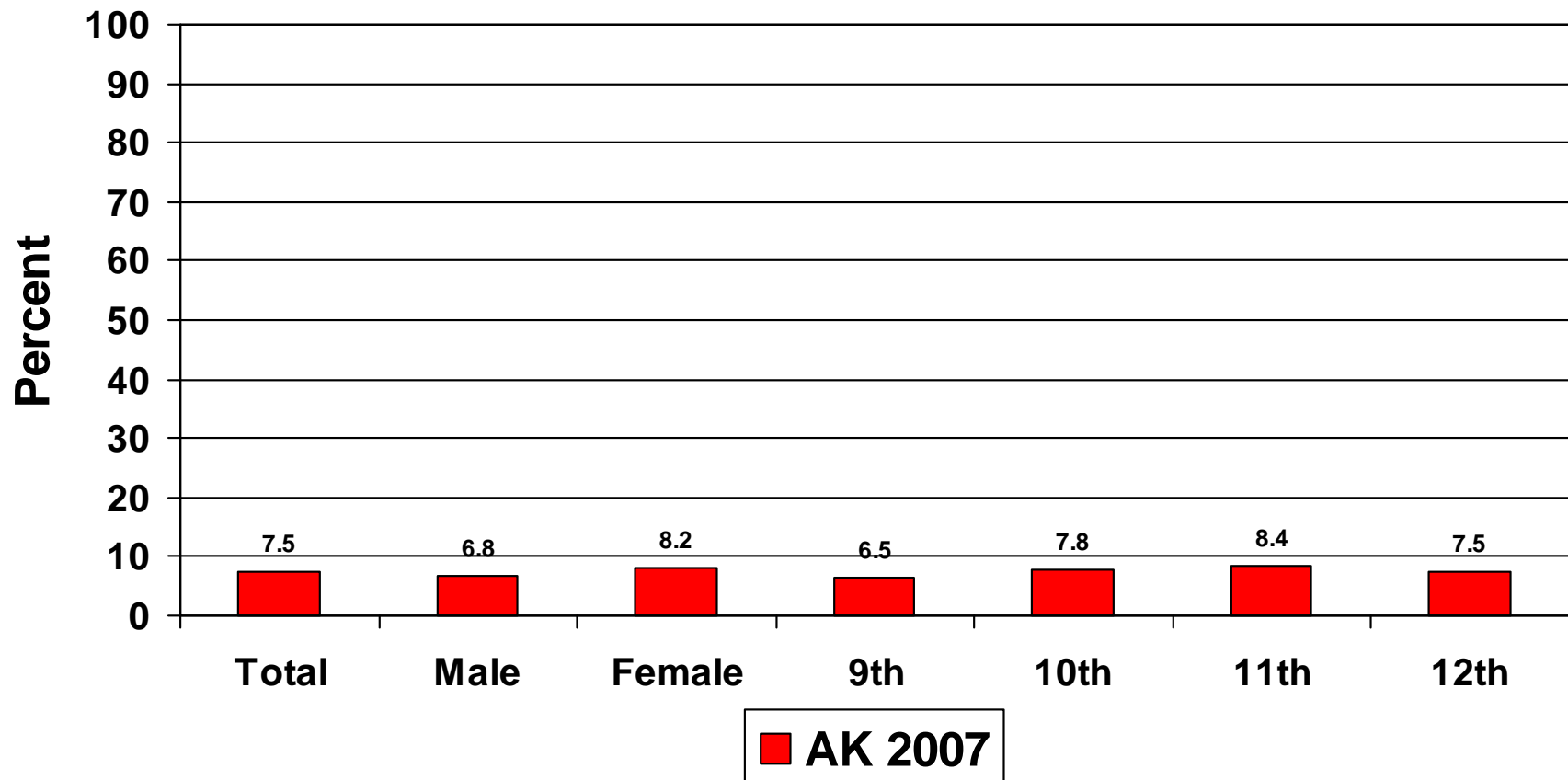
Percentage of students who smoked cigarettes on 20 or more of the past 30 days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

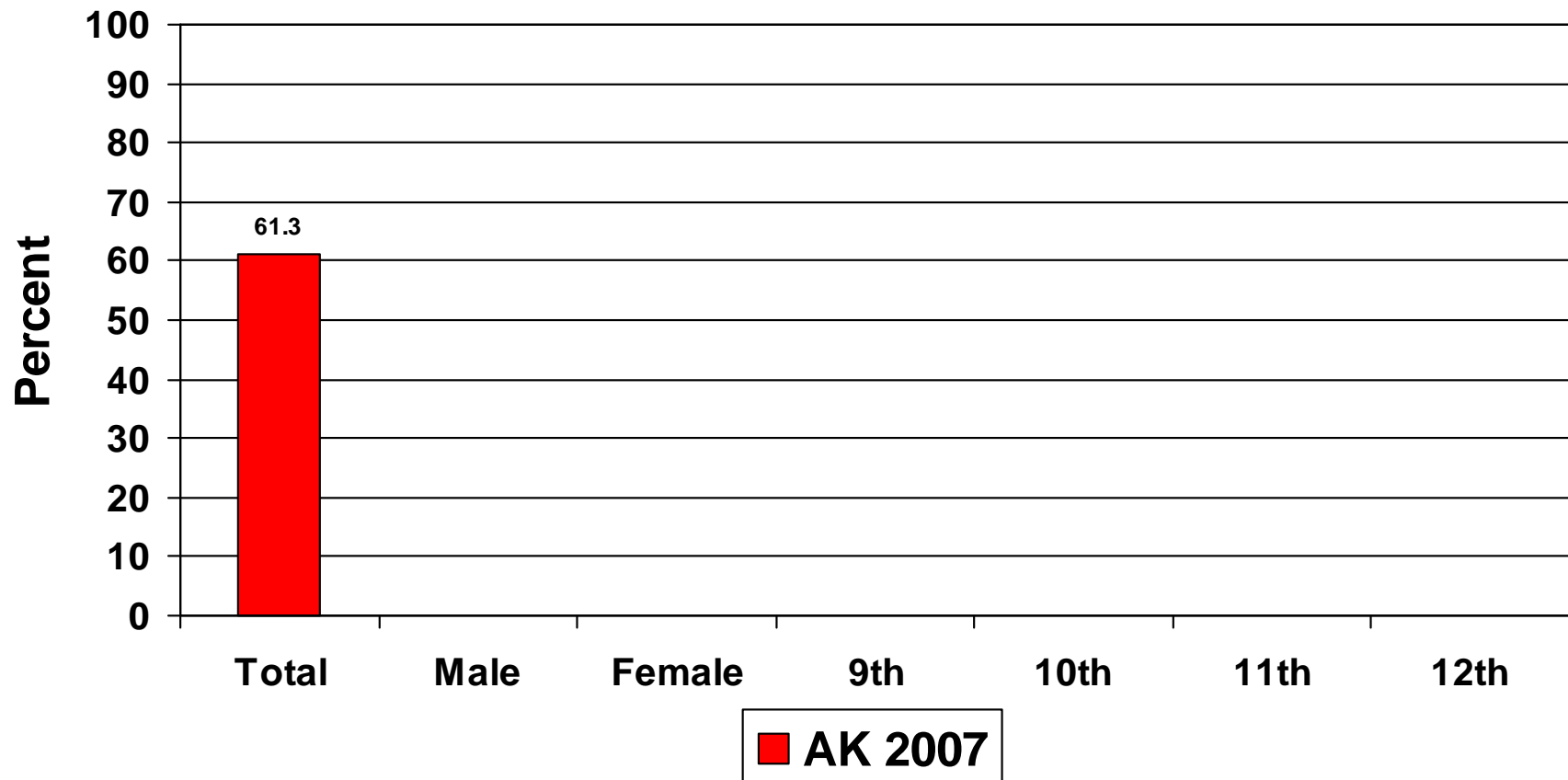
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months

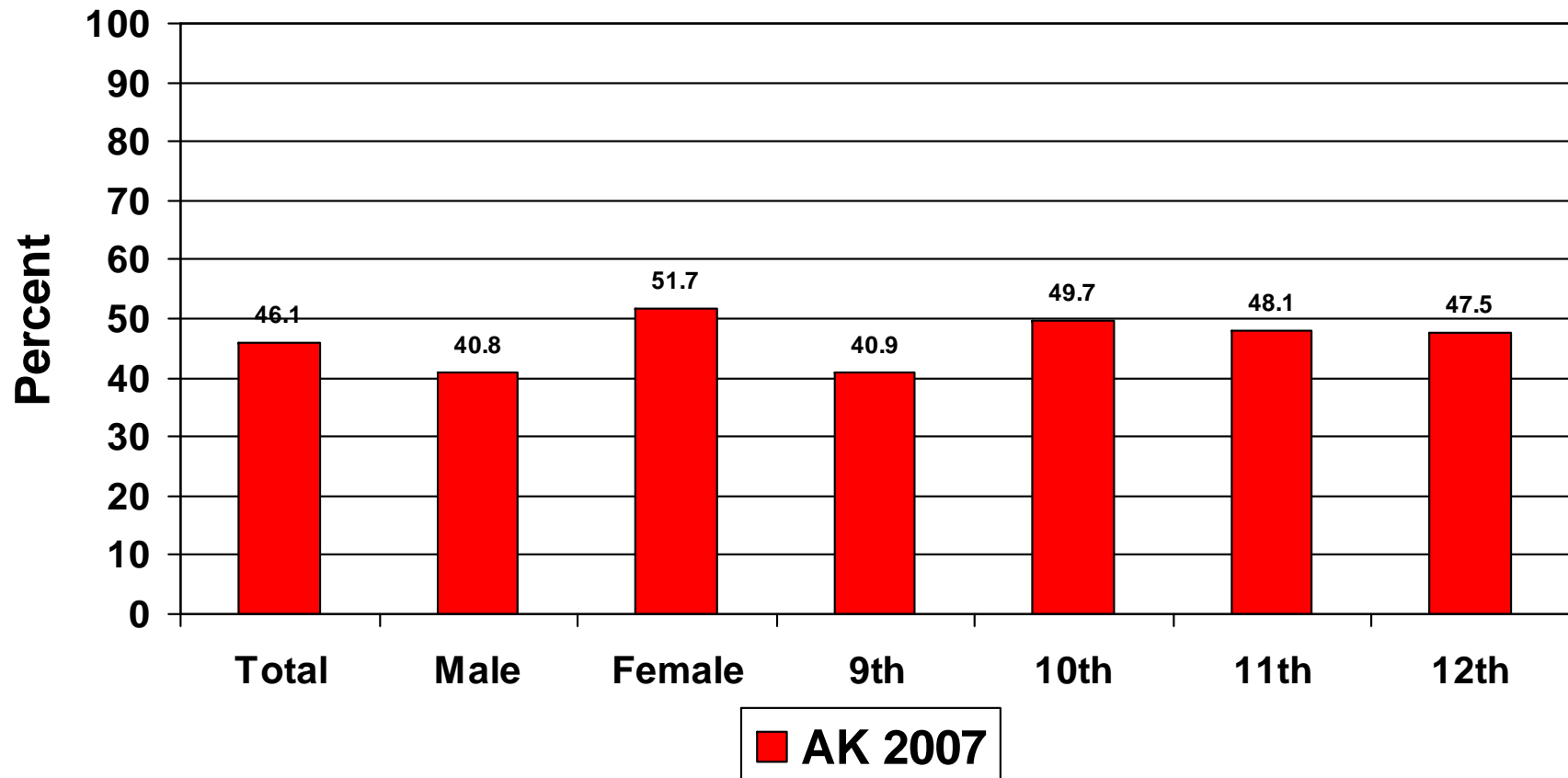




# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

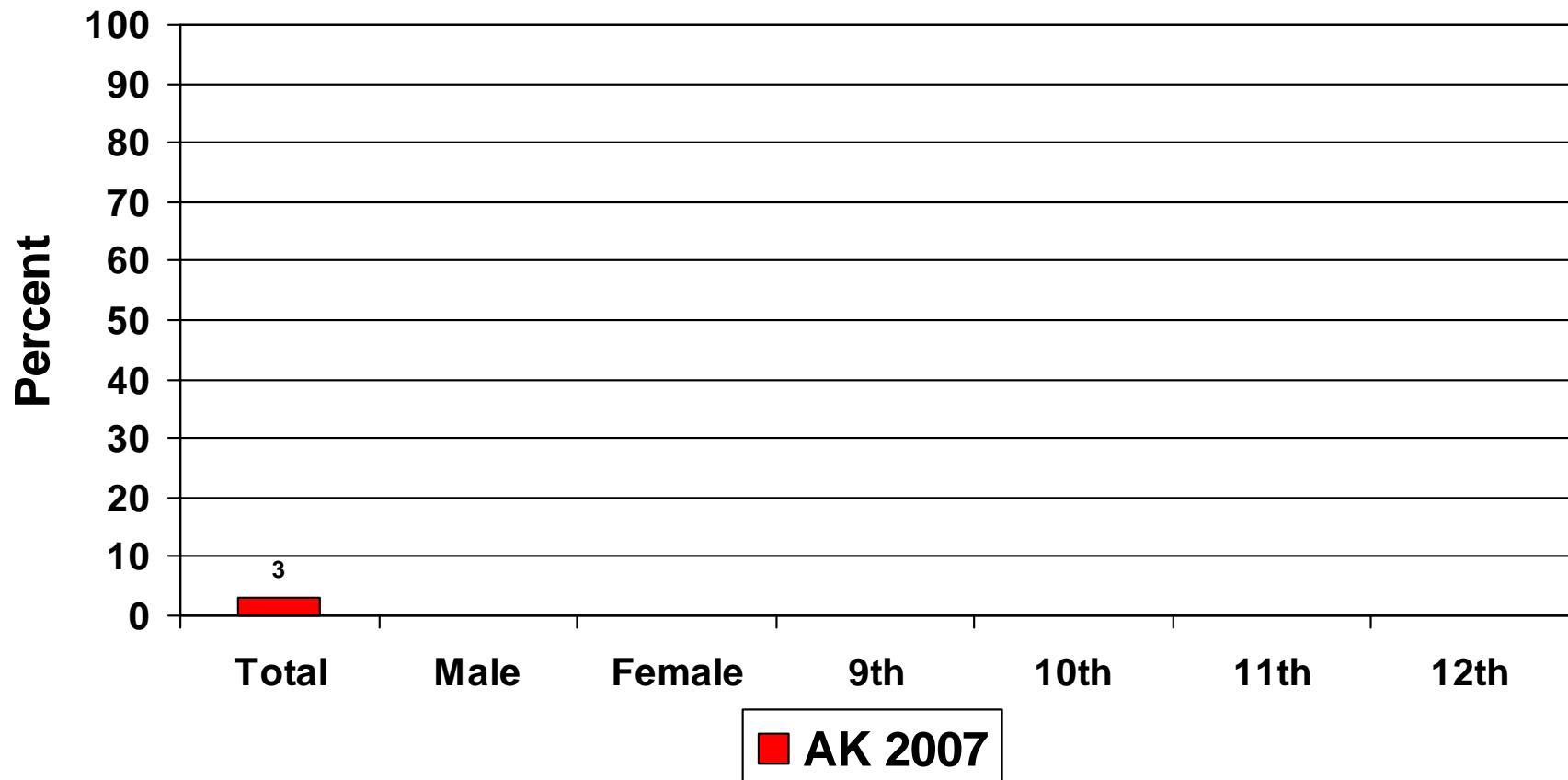
Percentage of students who were in the same room with someone who was smoking cigarettes on one or more of the past seven days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

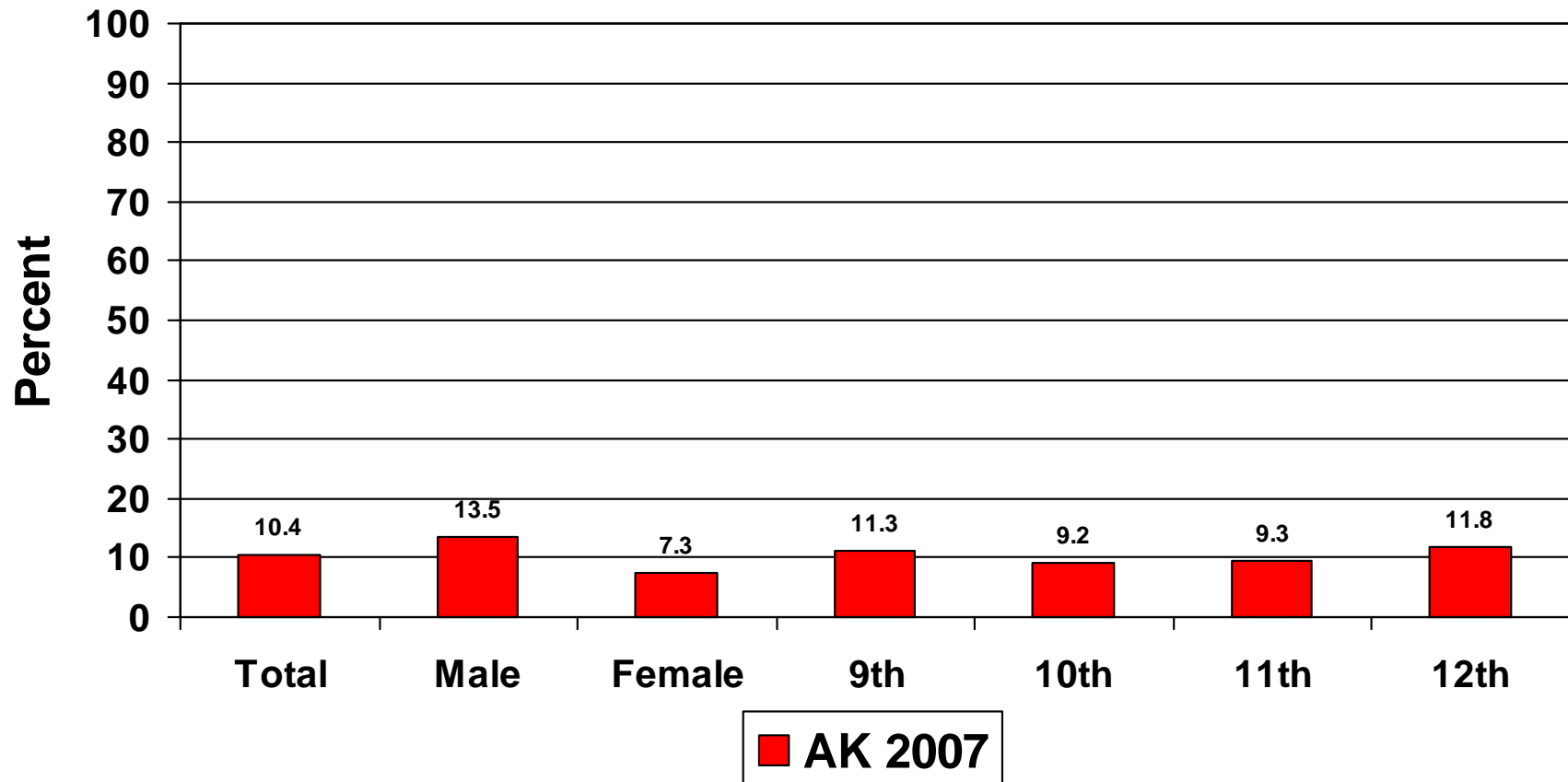
Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

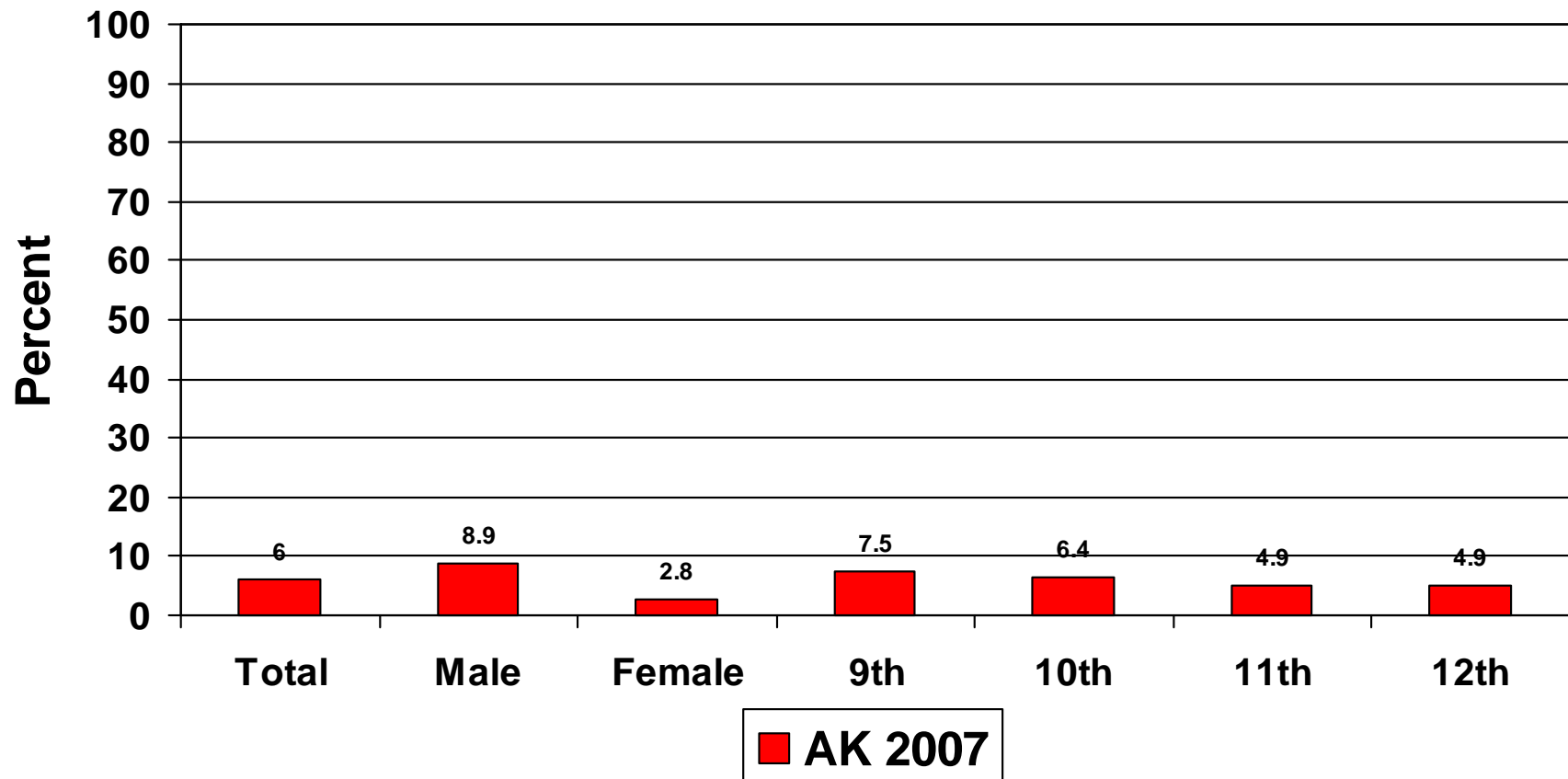
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

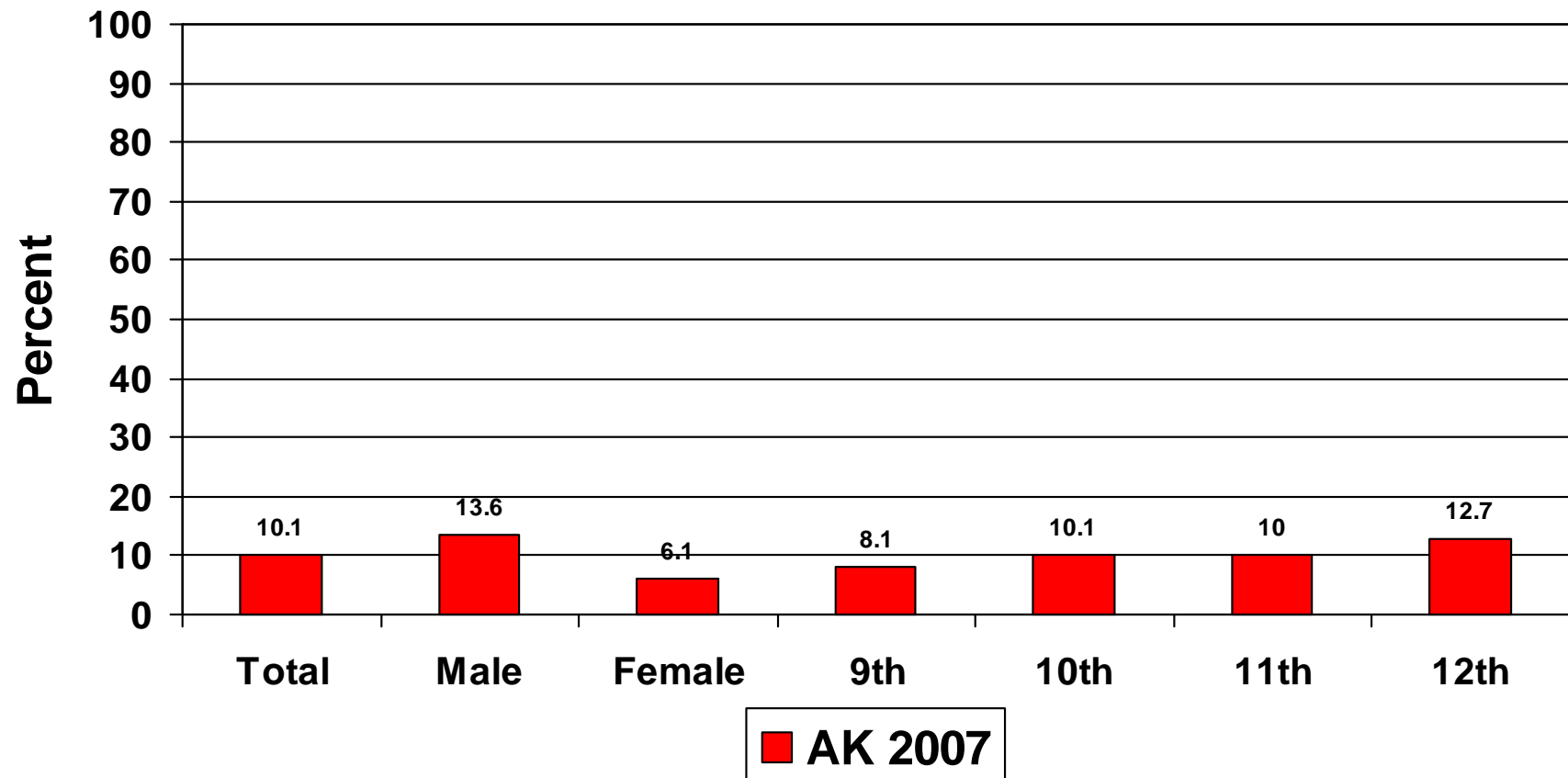
Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

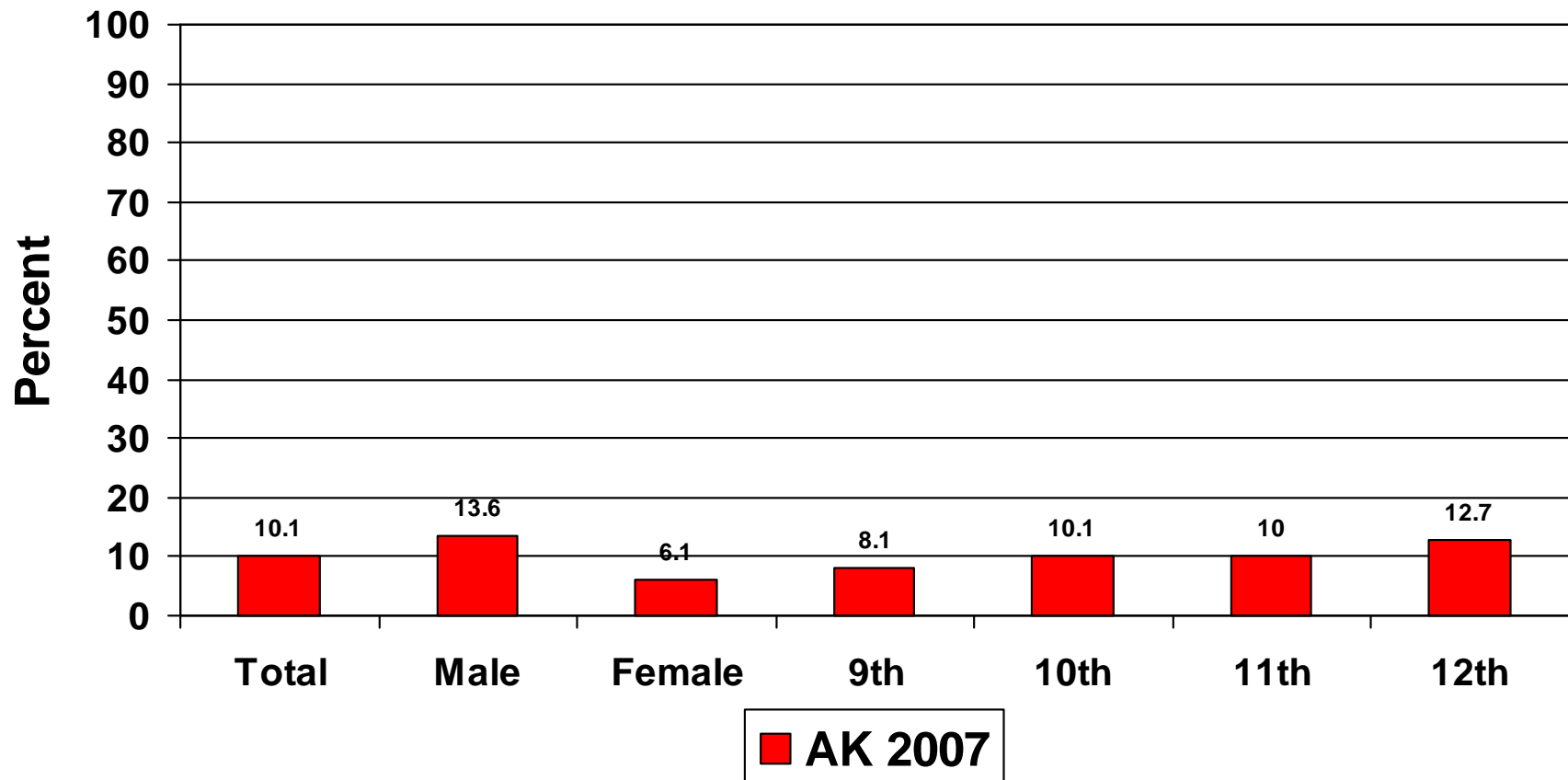
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

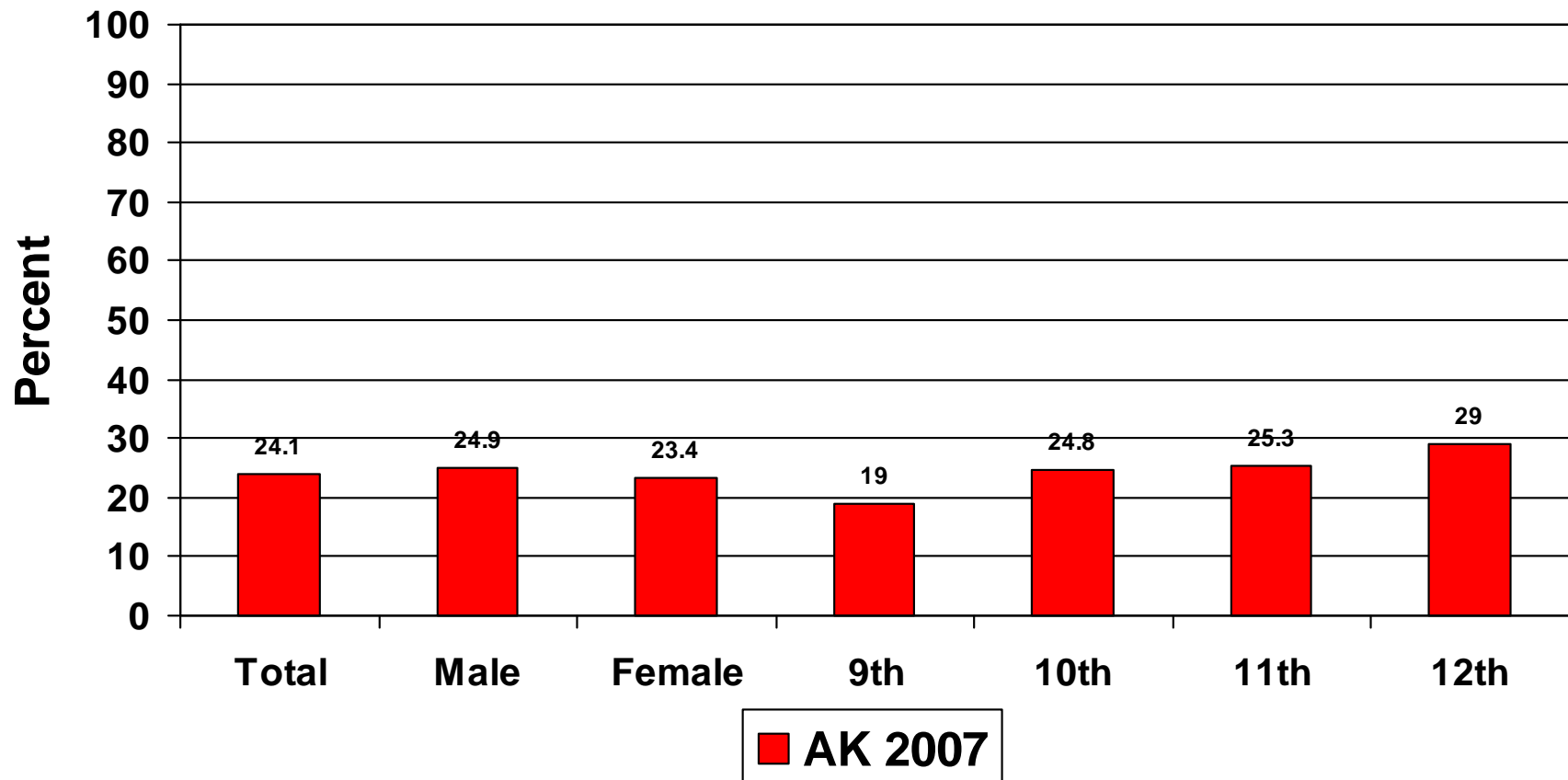
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days



# **2007 Youth Risk Behavior Survey Results**

**Alaska High School Survey Grades 9-12**

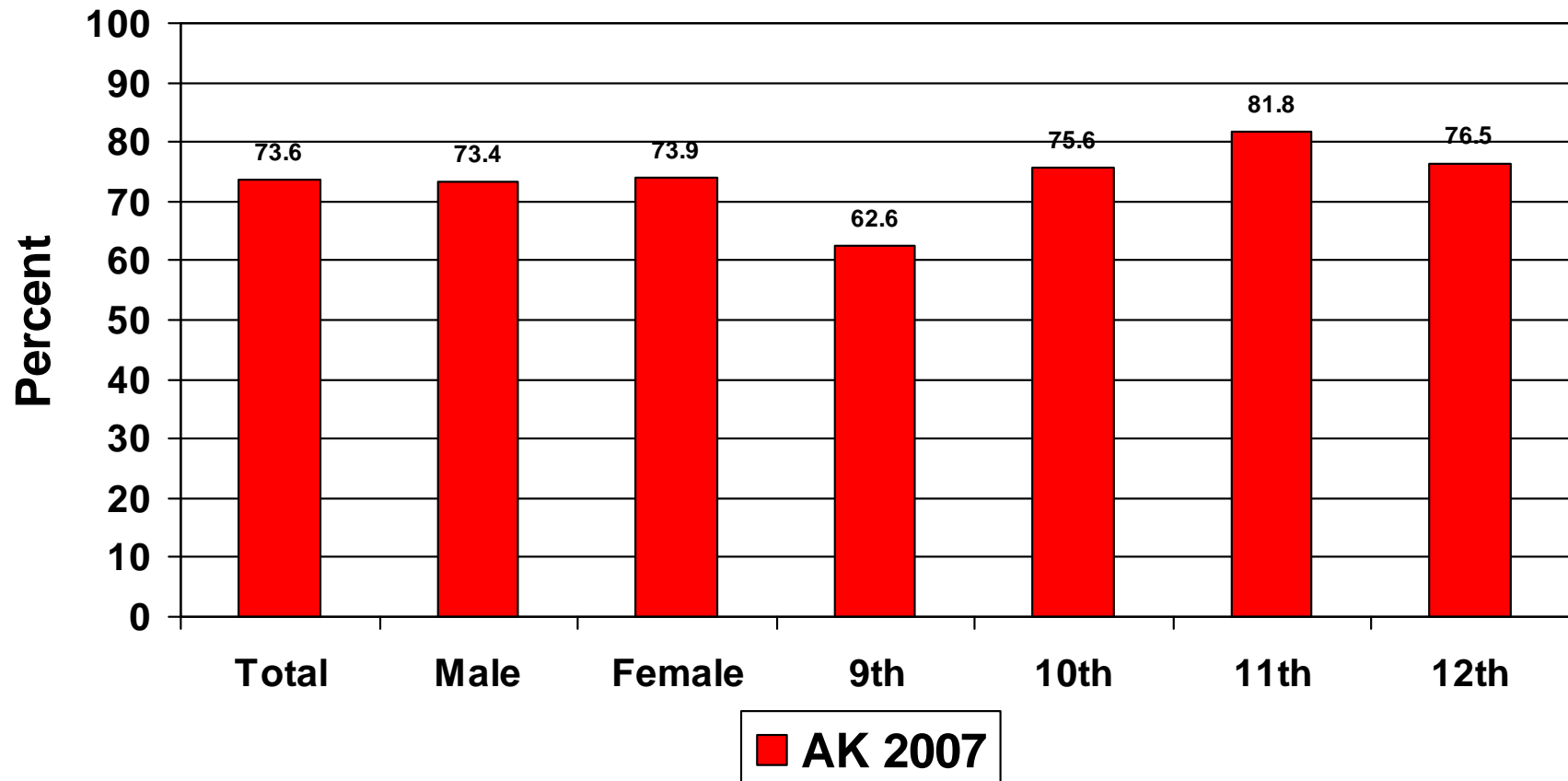
## **Alcohol and Other Drug Use**



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

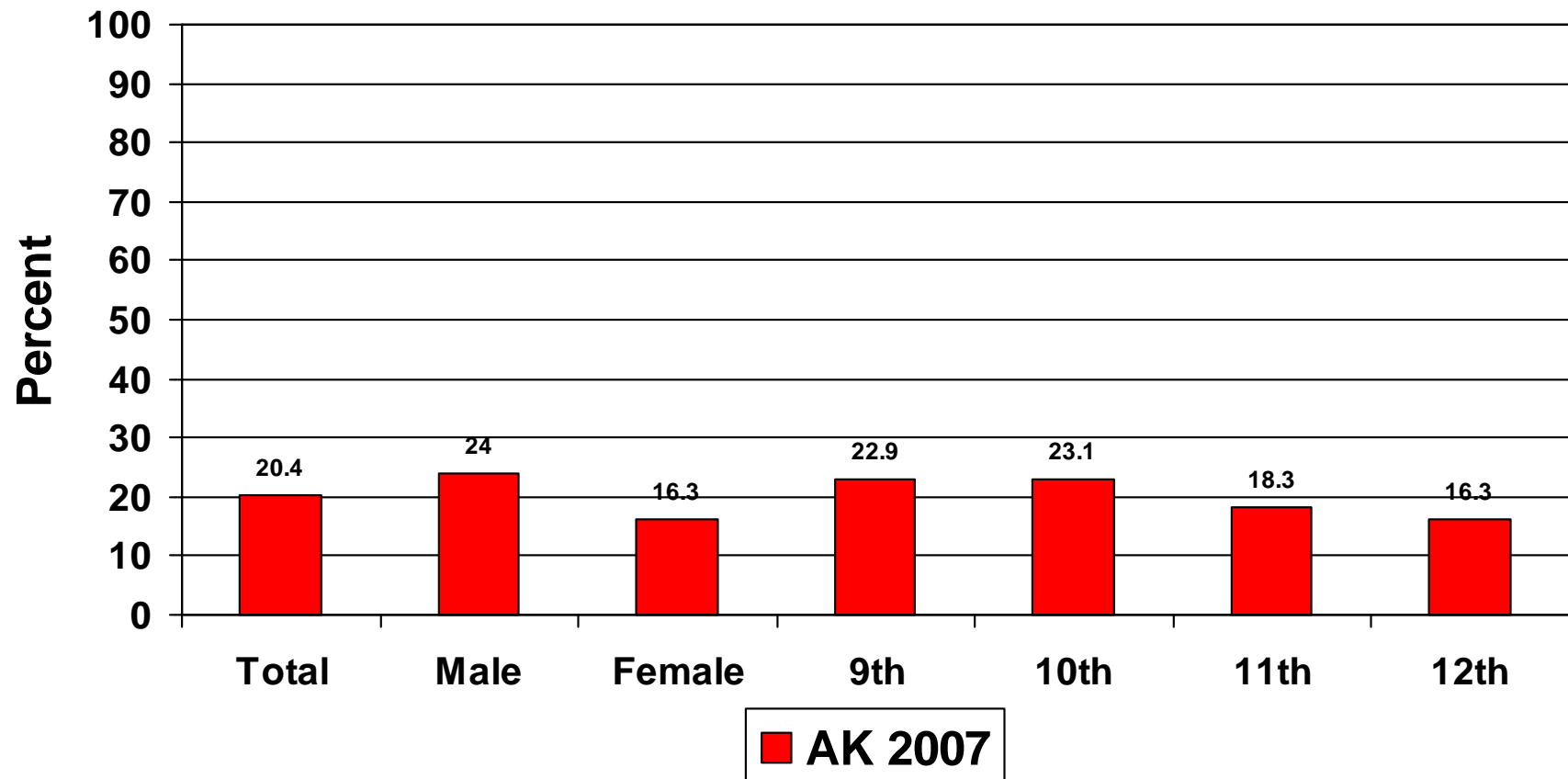
Percentage of students who had at least one drink of alcohol on one or more days during their life



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

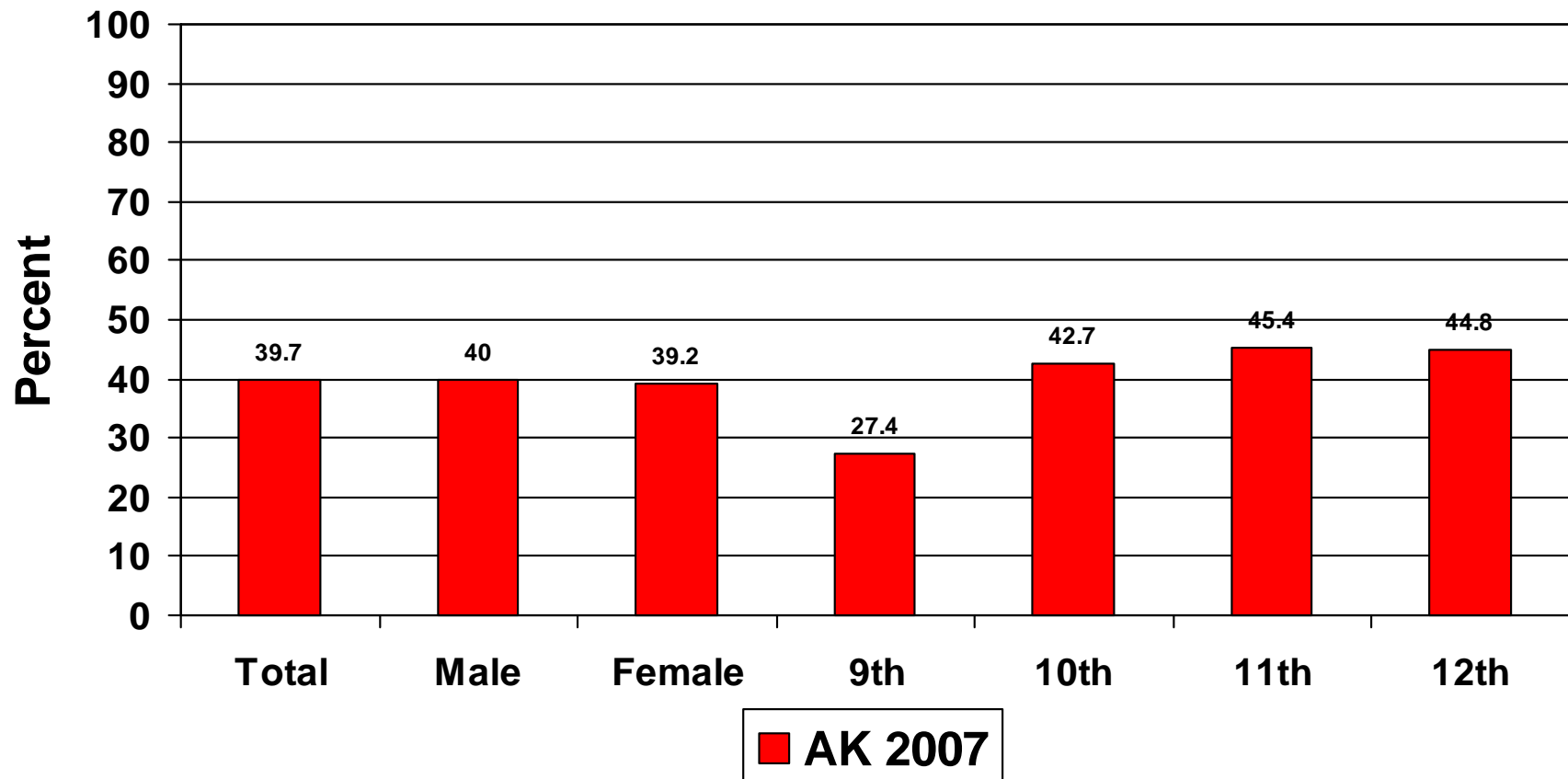
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

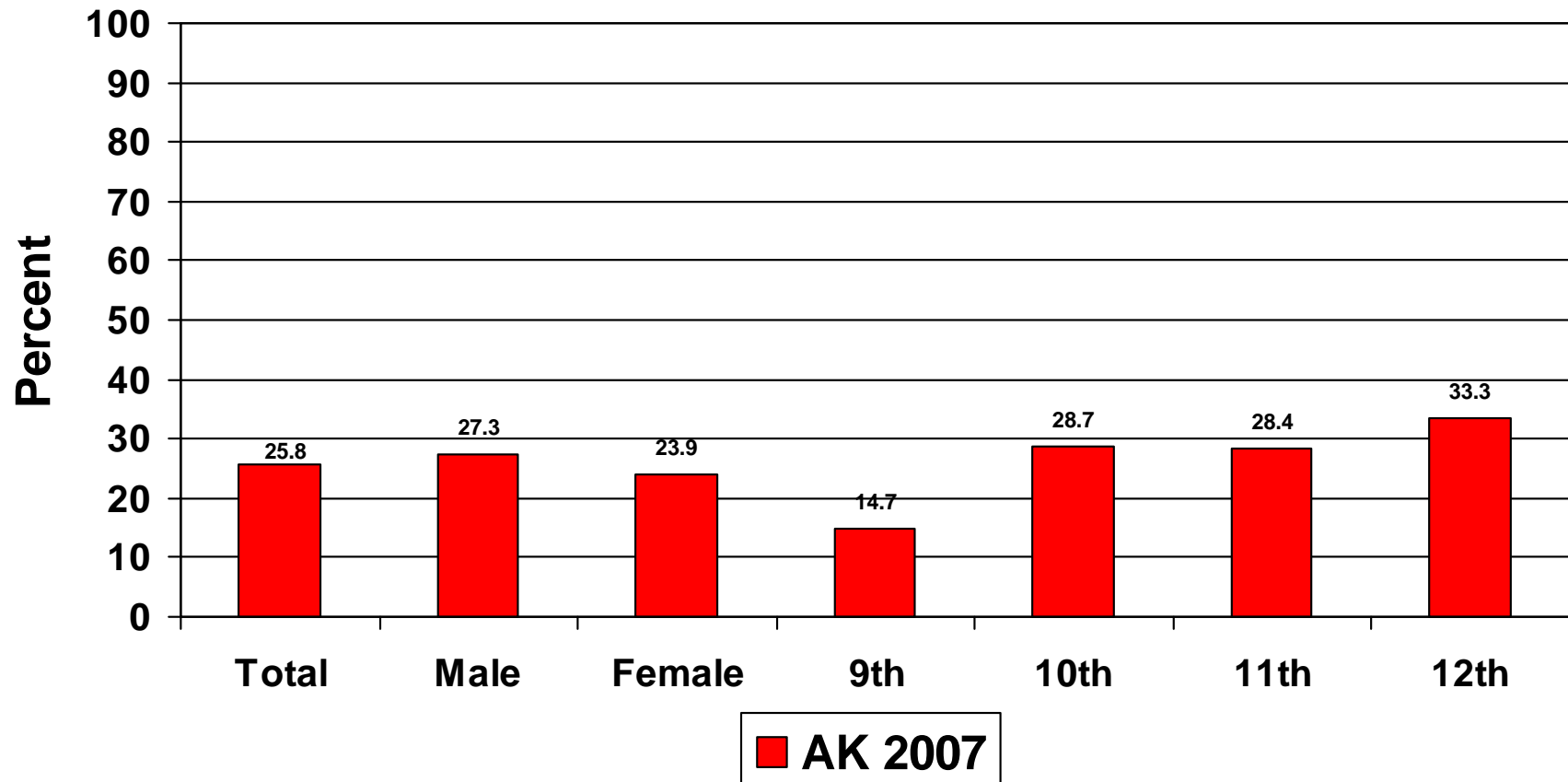
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

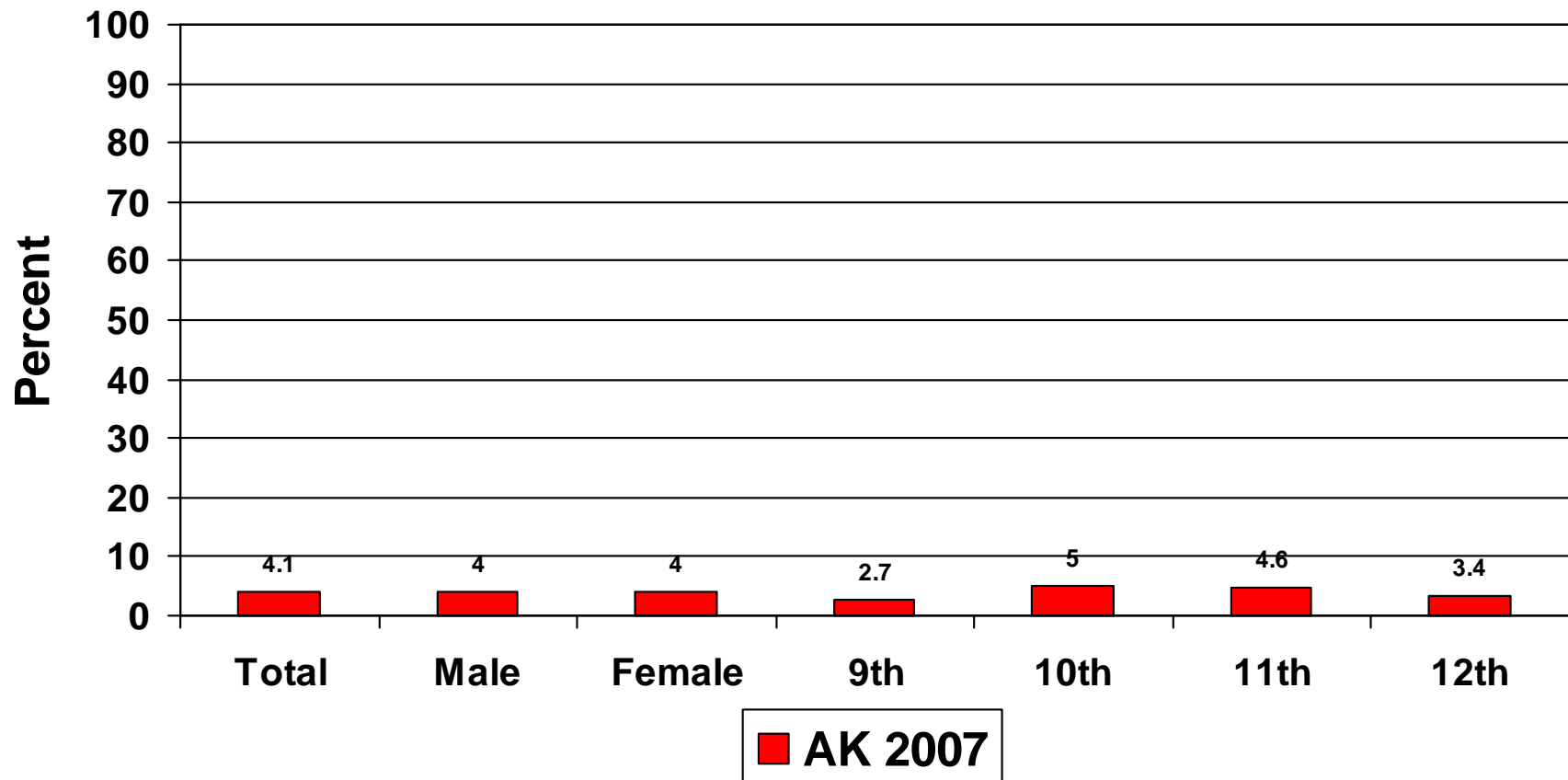
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

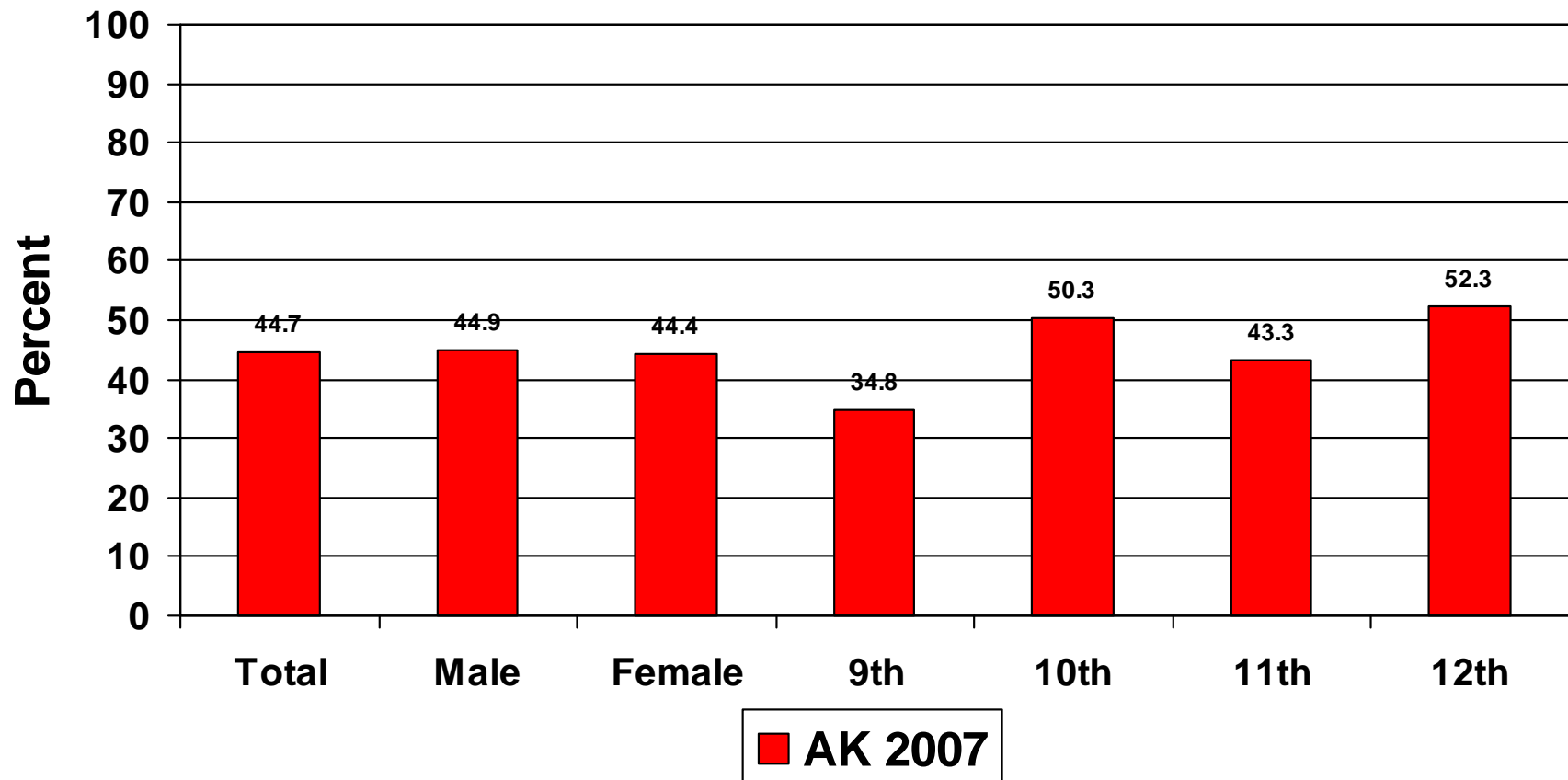
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

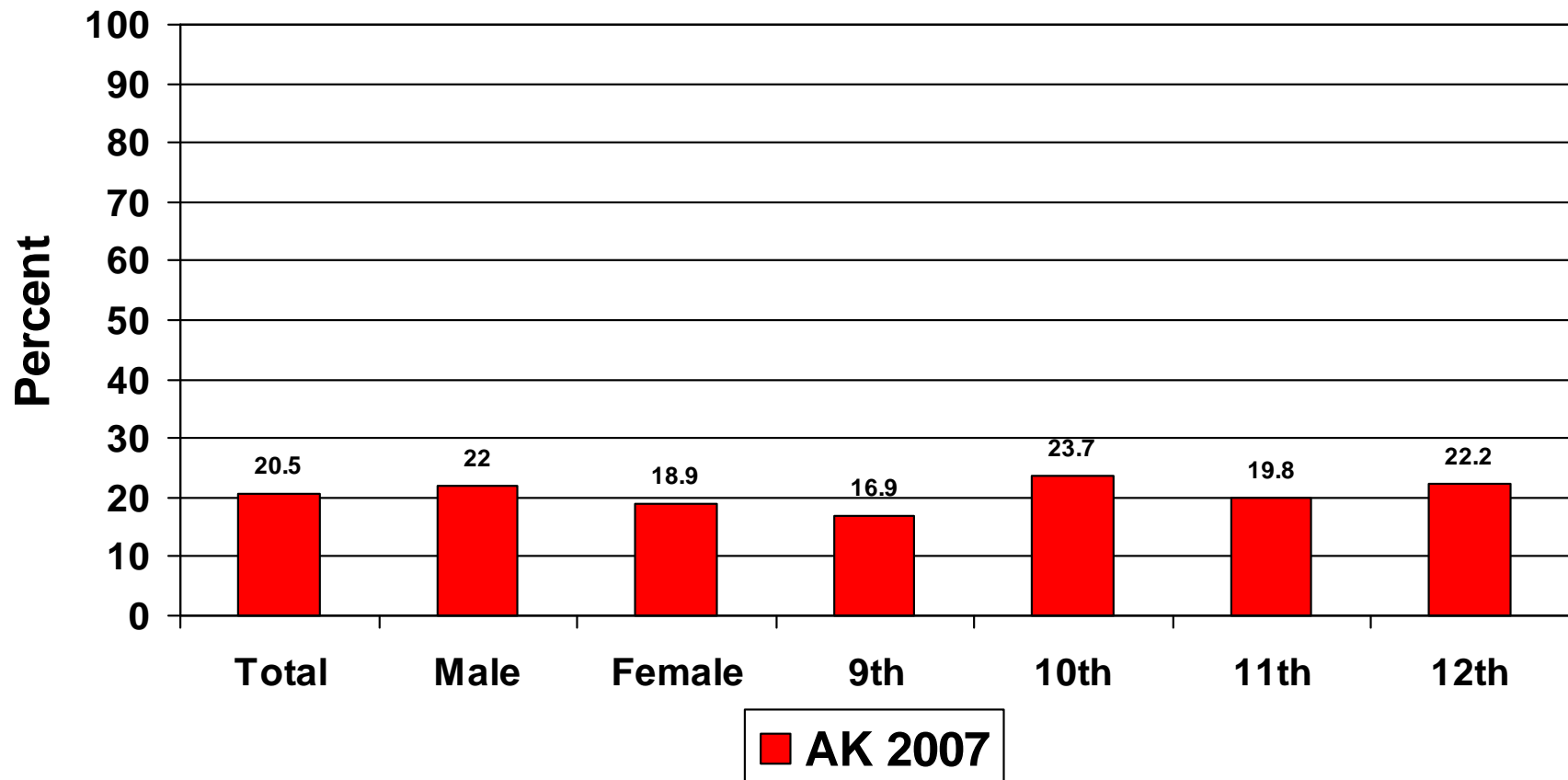
Percentage of students who used marijuana one or more times during their life



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

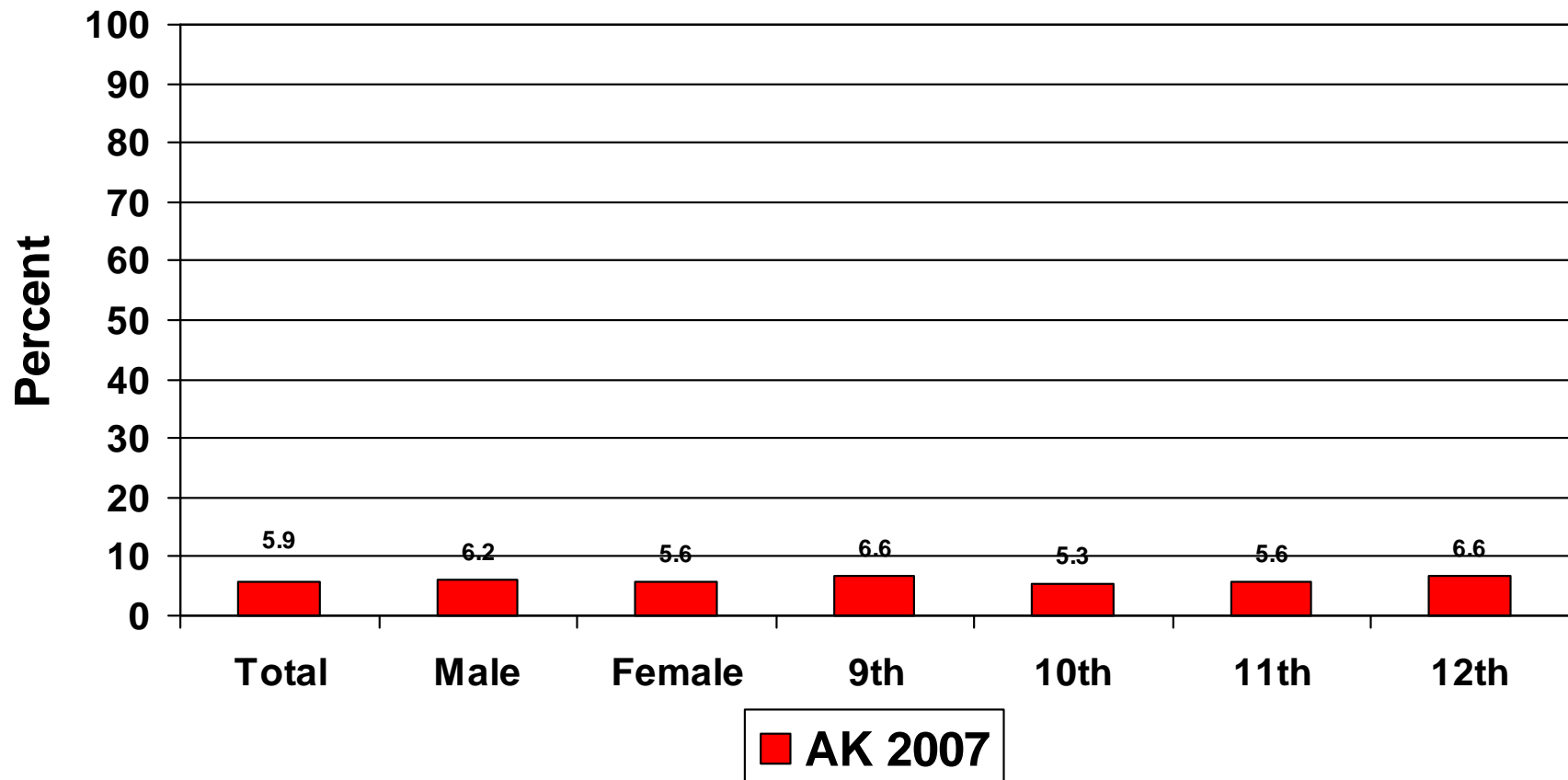
Percentage of students who used marijuana one or more times during the past 30 days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

Percentage of students who used marijuana on school property one or more times during the past 30 days

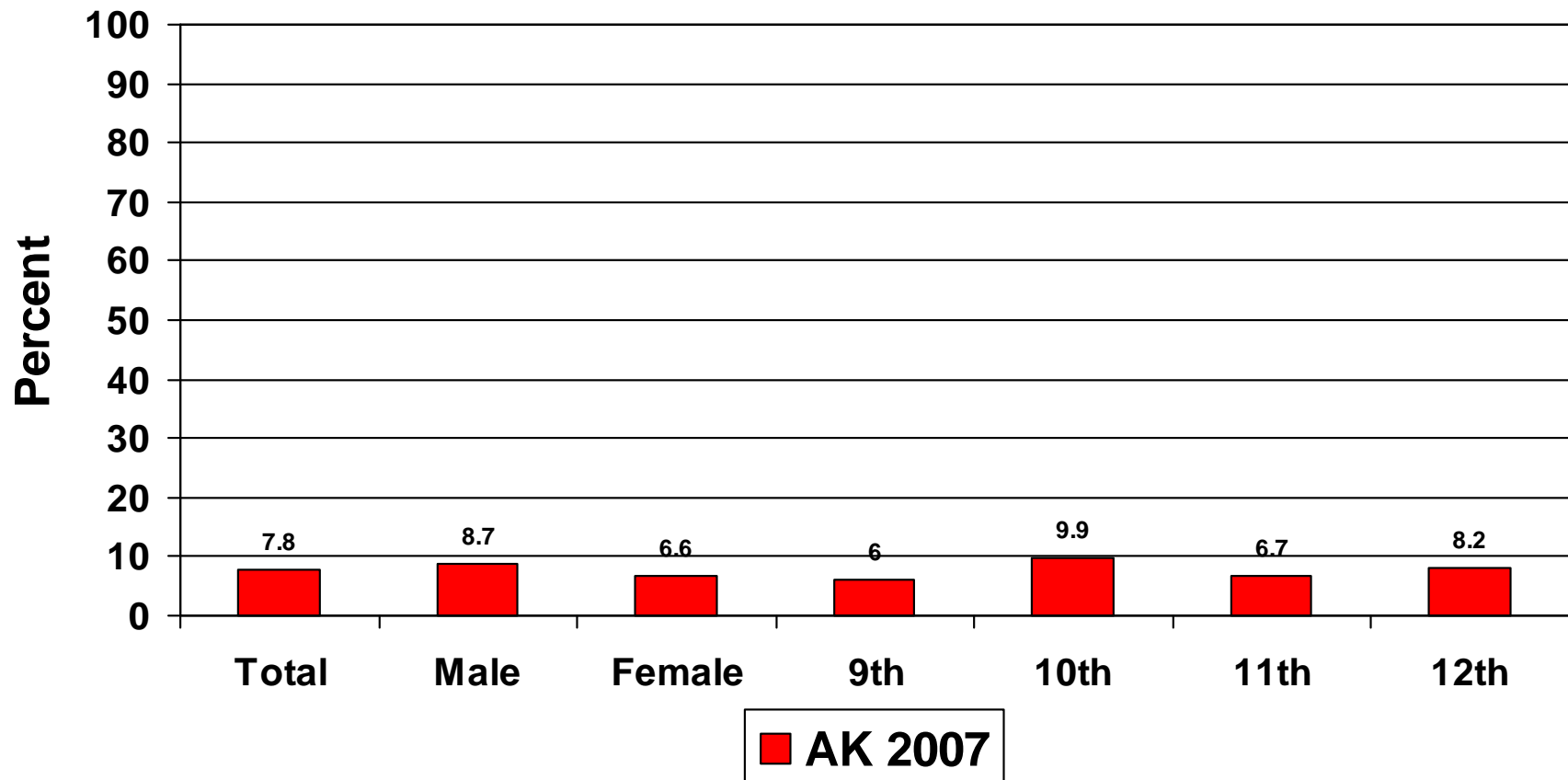




# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

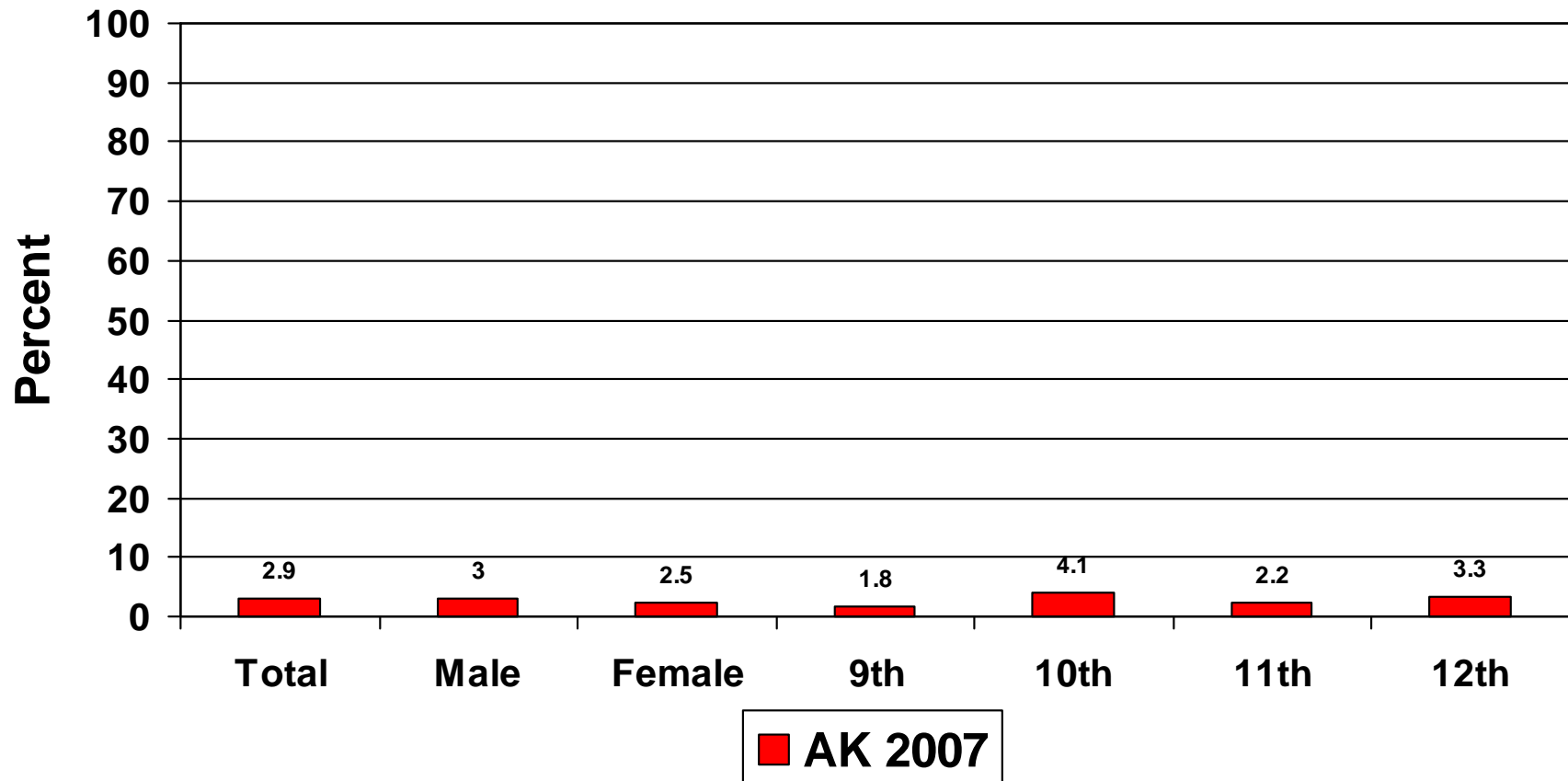
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

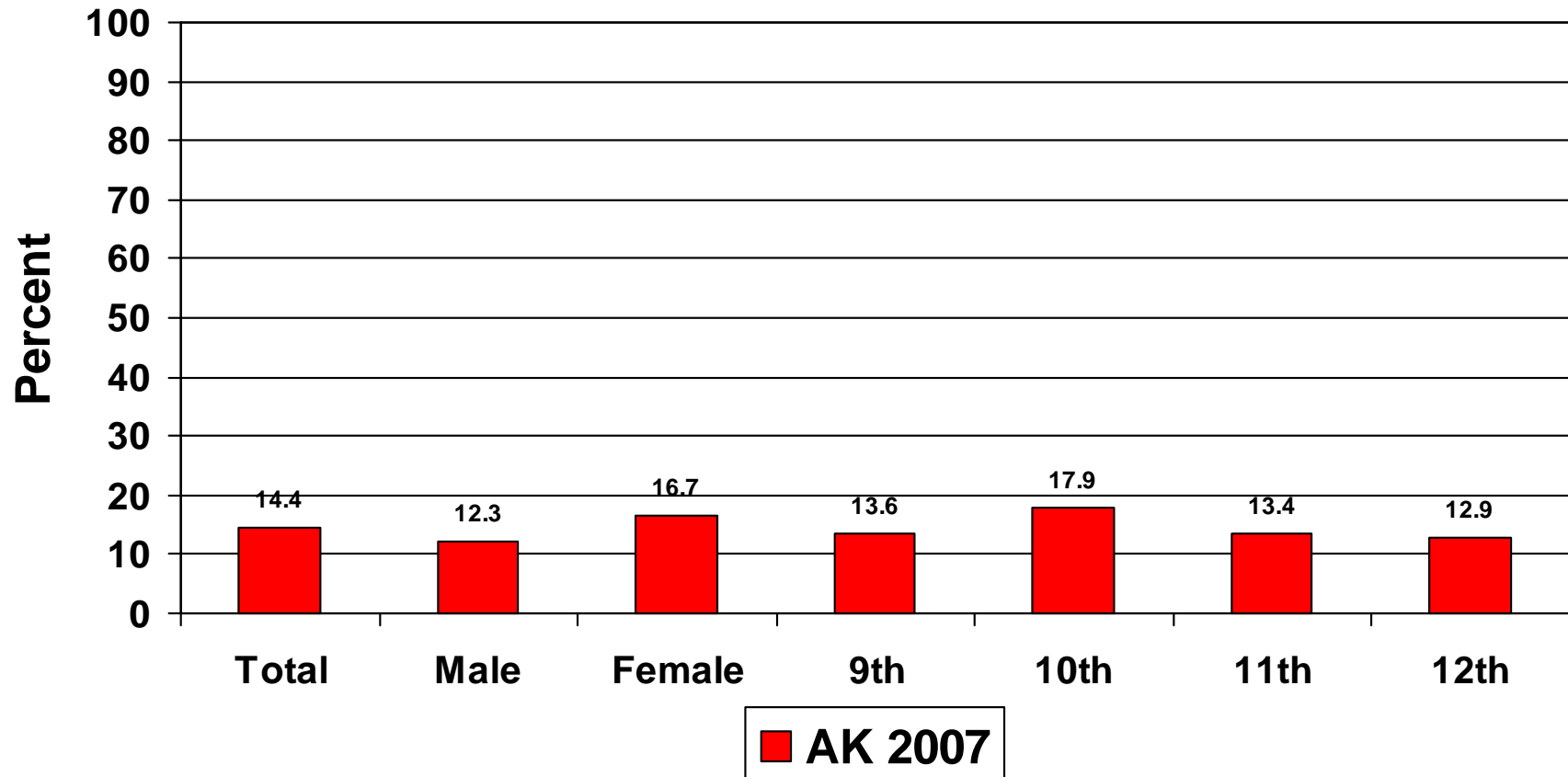
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

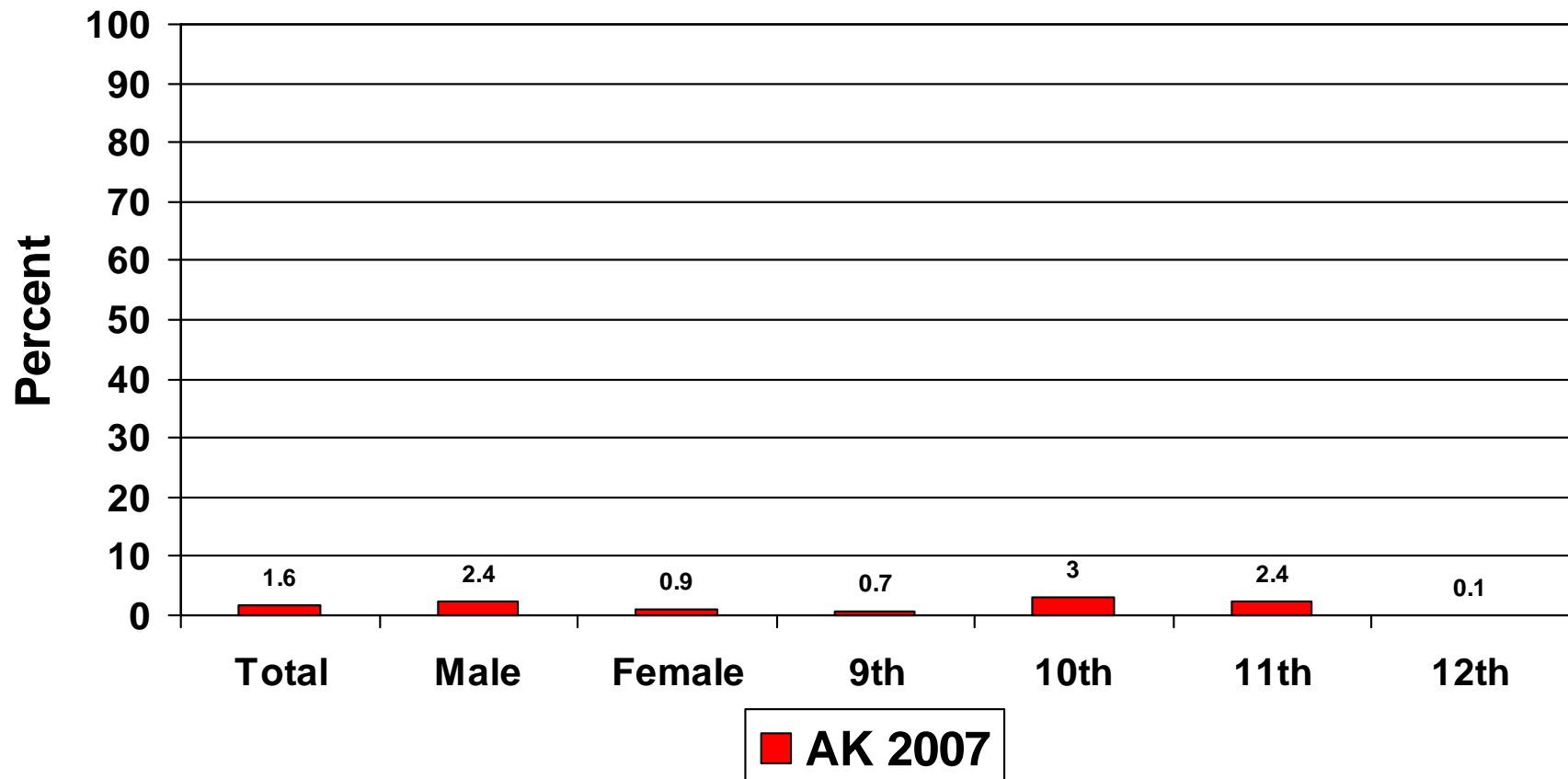
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

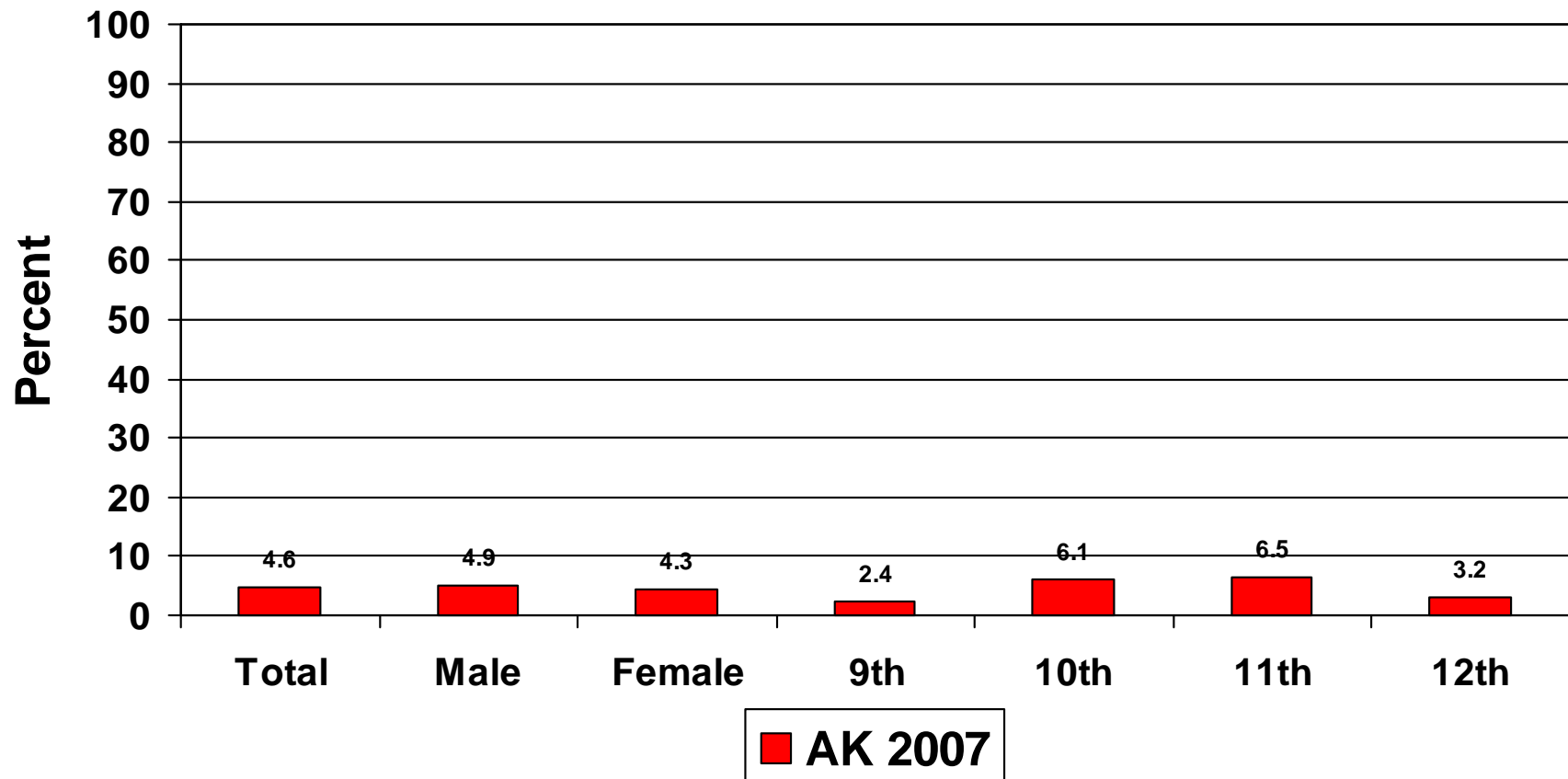
Percentage of students who used heroin one or more times during their life



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

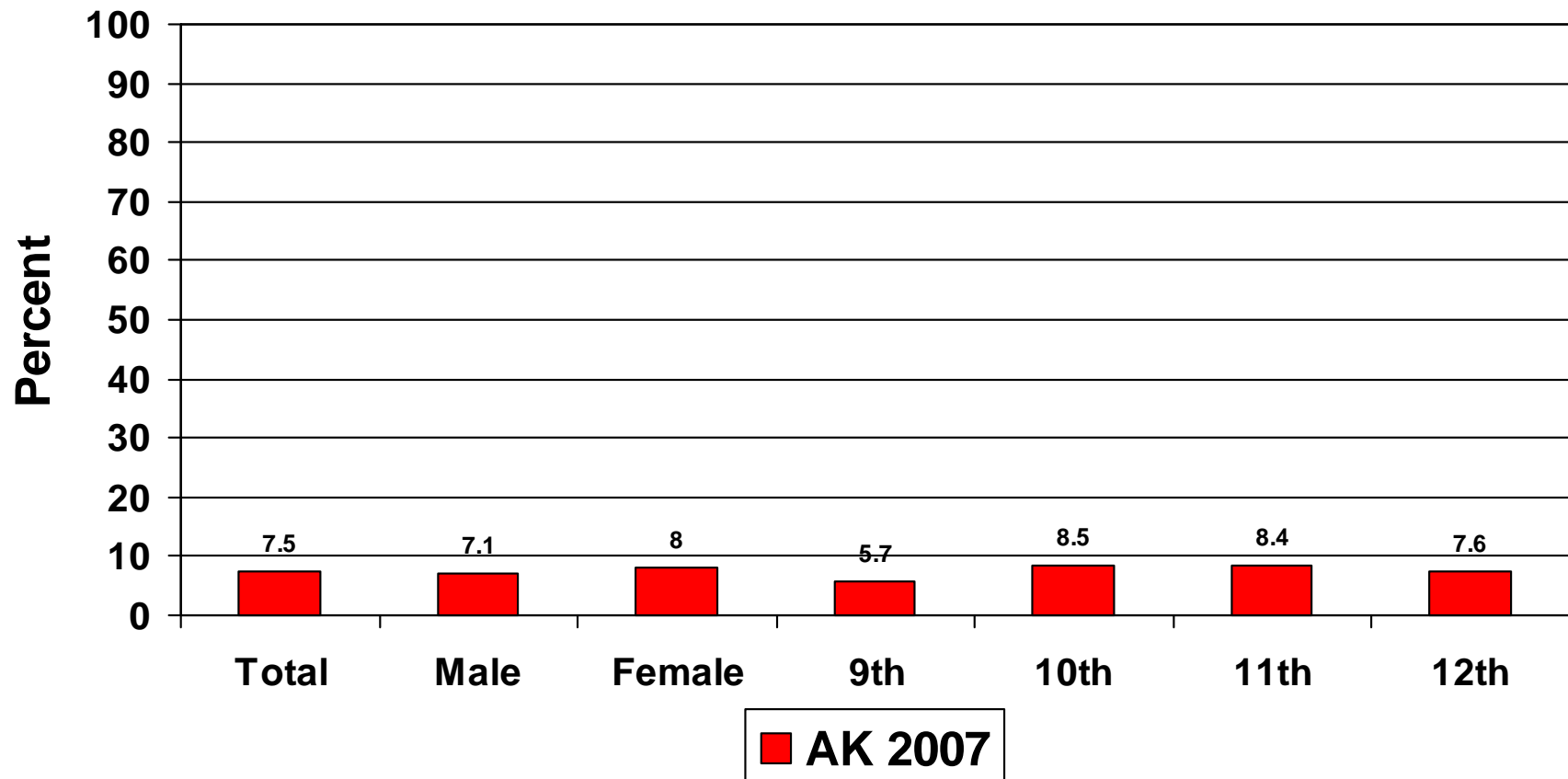
Percentage of students who used methamphetamines one or more times during their life



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## Alaska High School Survey Grades 9-12

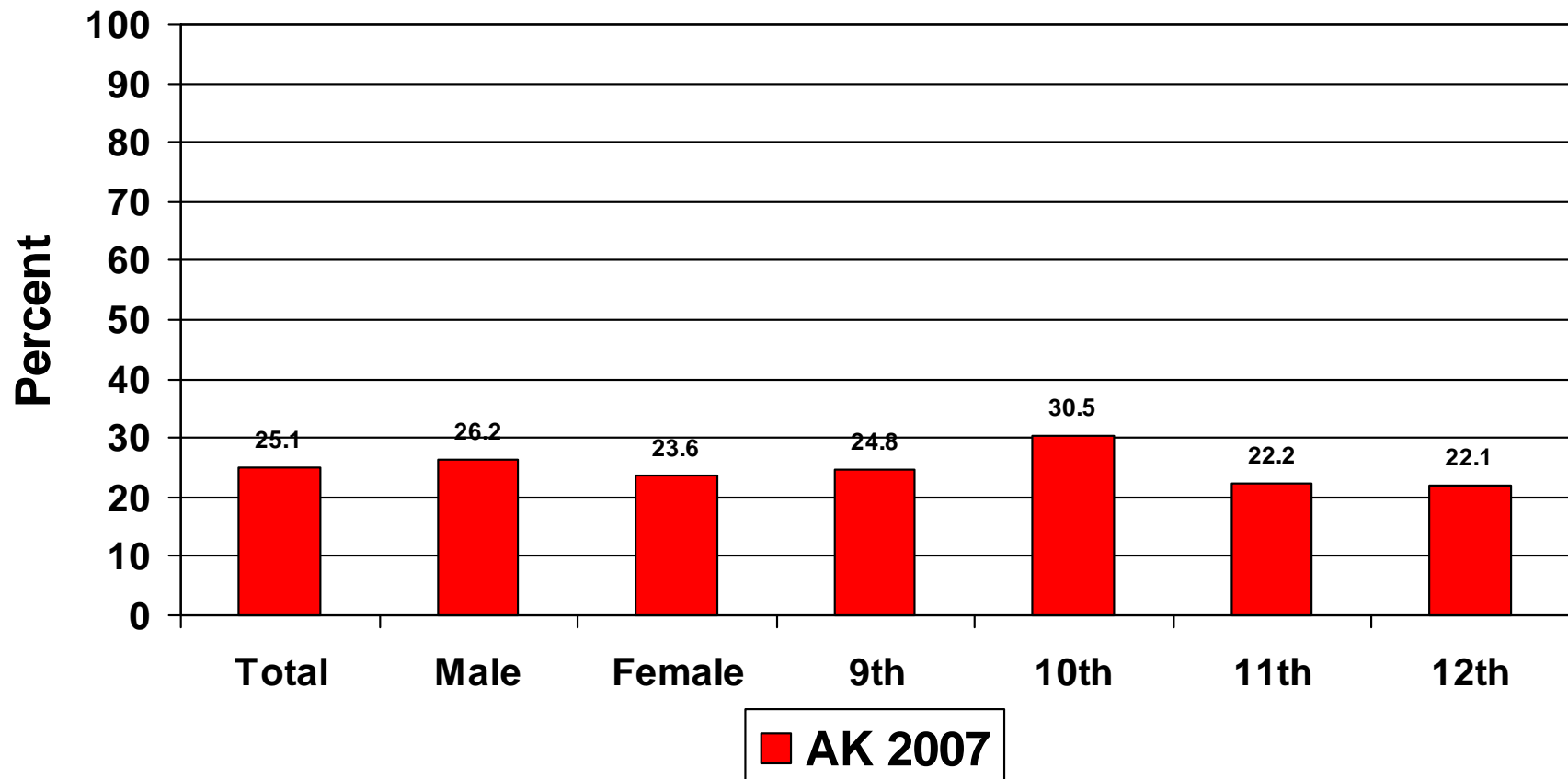
Percentage of students who used ecstasy one or more times during their life



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## Alaska High School Survey Grades 9-12

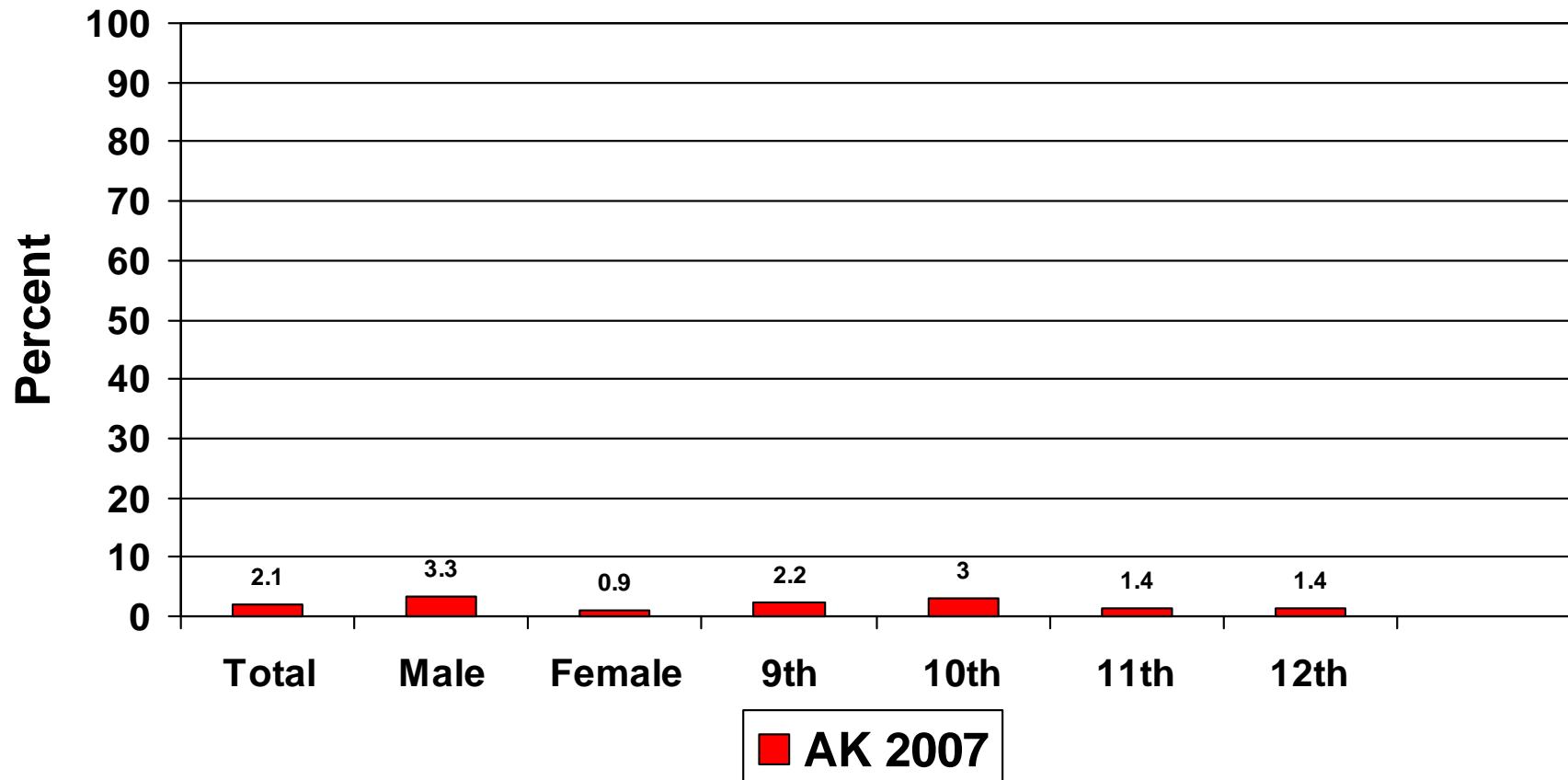
Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life

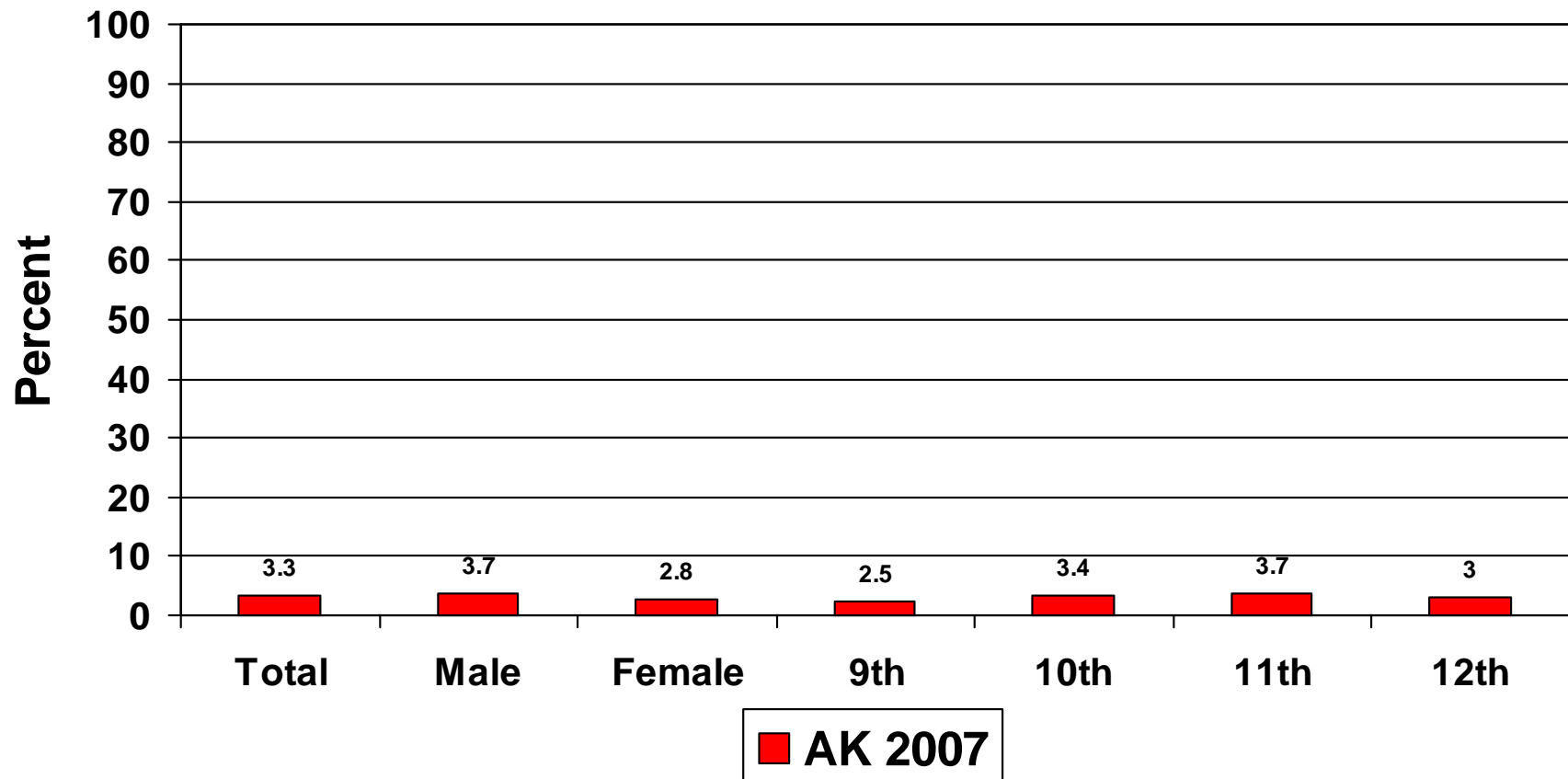




# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life



# **2007 Youth Risk Behavior Survey Results**

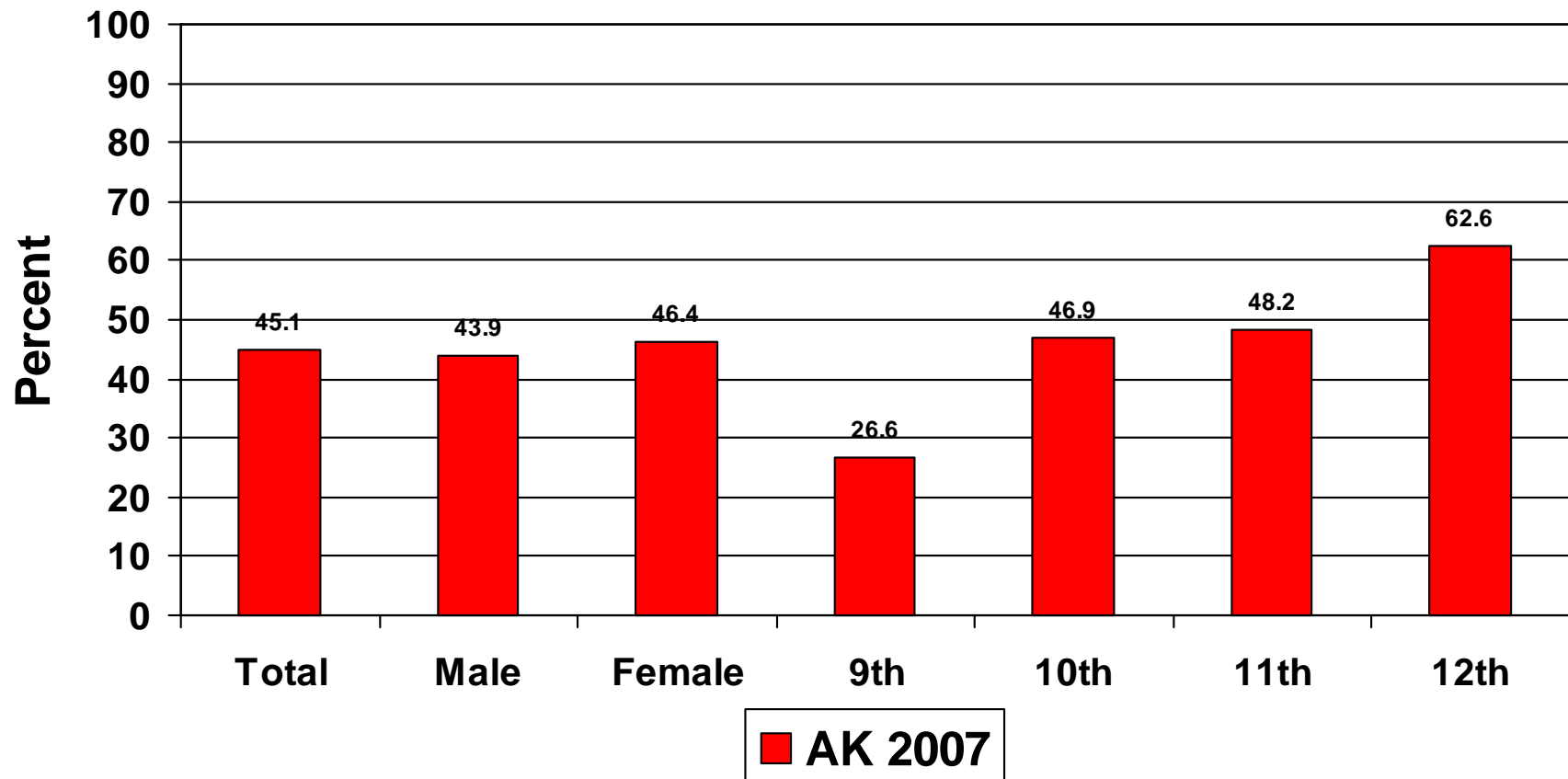
**Alaska High School Survey Grades 9-12**

## **Sexual Behaviors**

# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

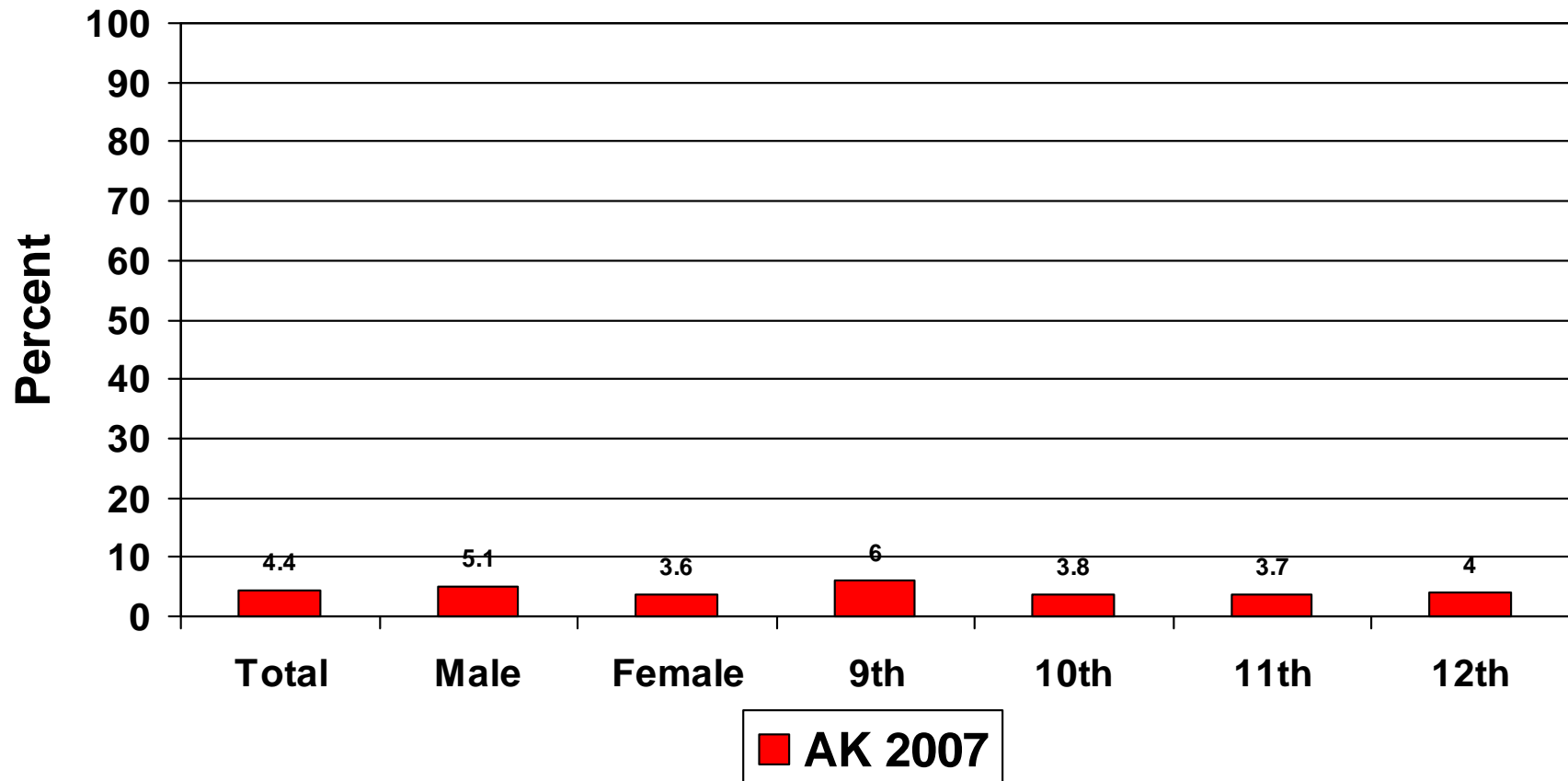
Percentage of students who ever had sexual intercourse



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

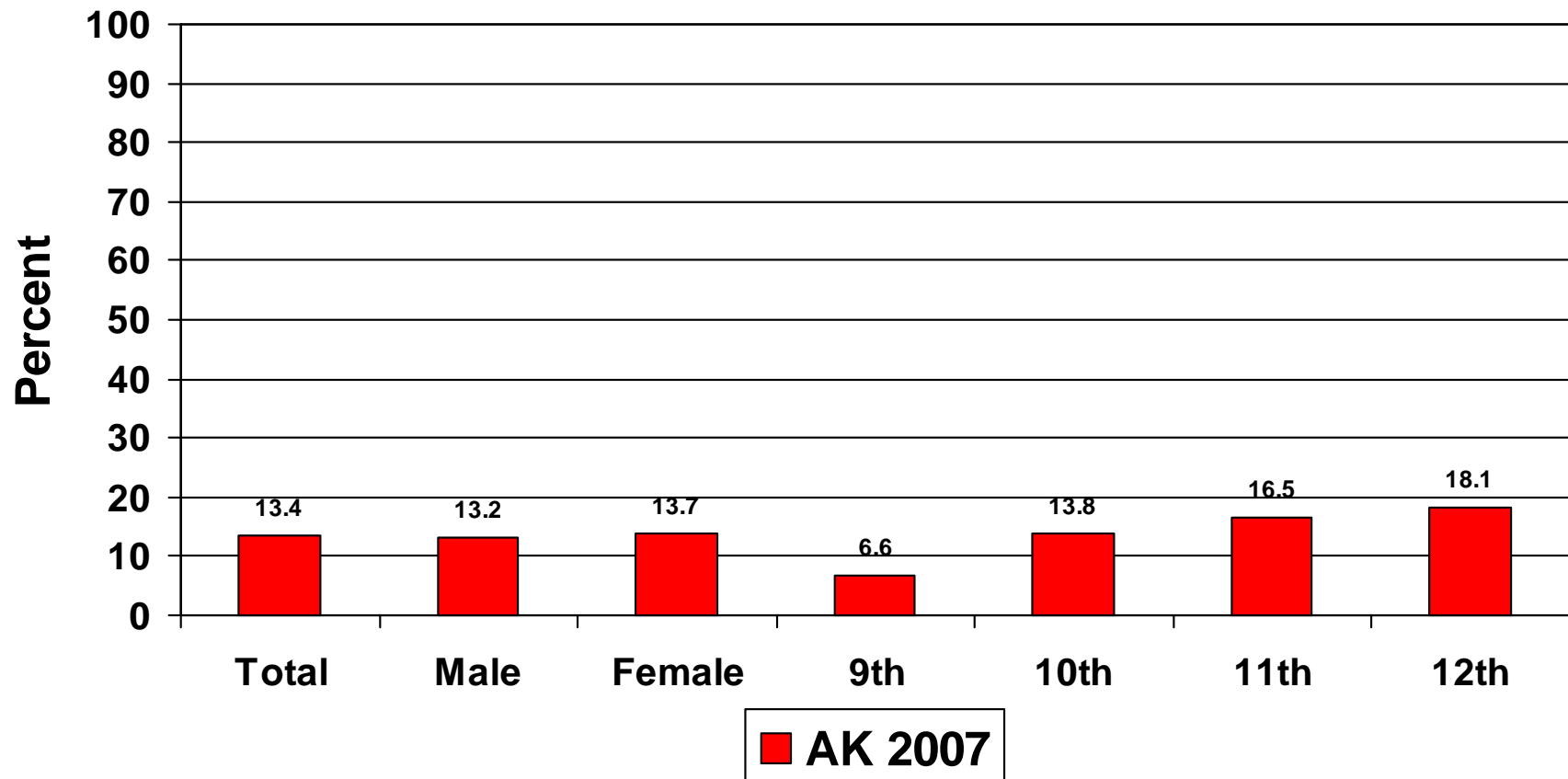
Percentage of students who had sexual intercourse for the first time before age 13 years



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

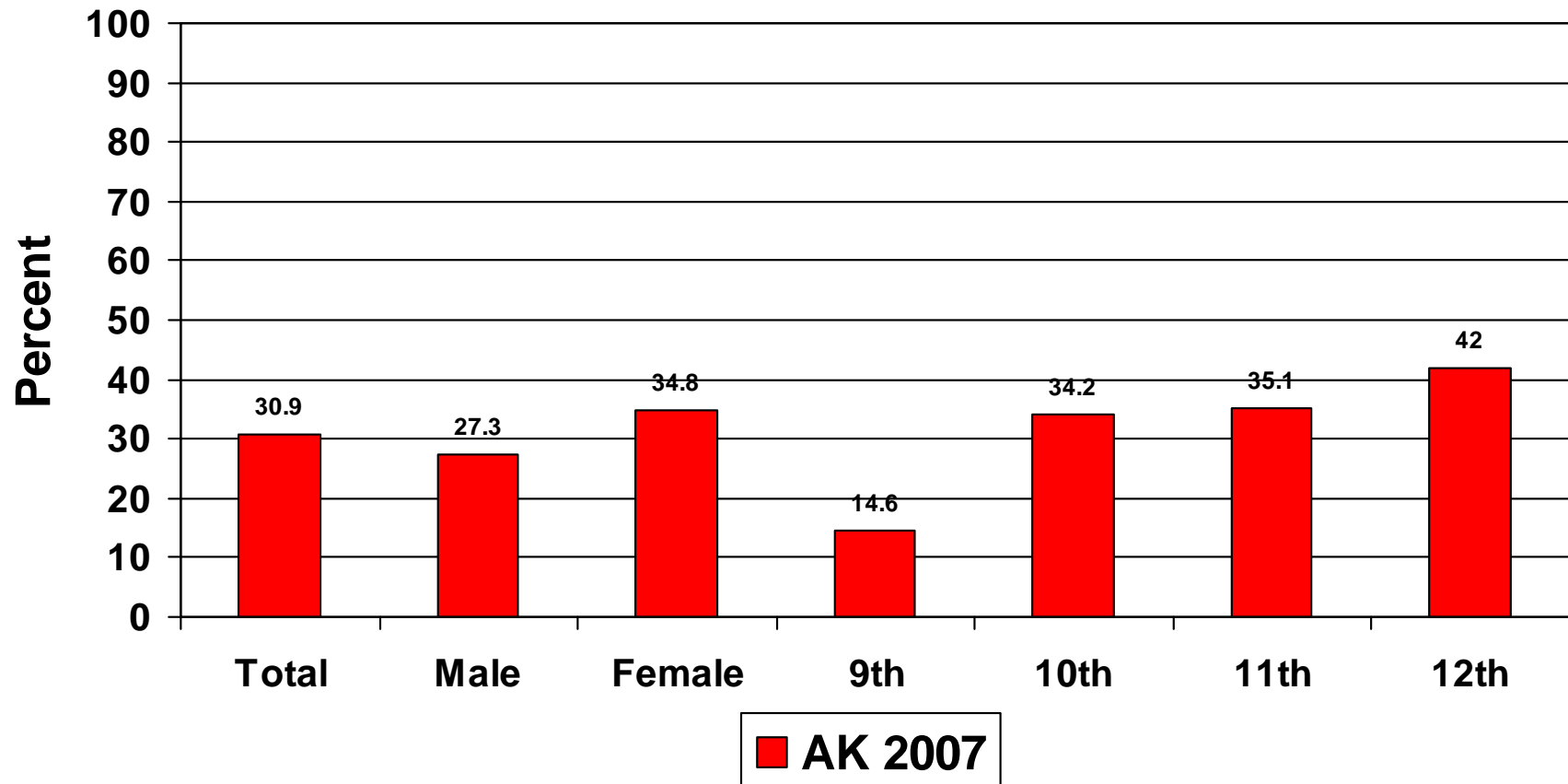
Percentage of students who had sexual intercourse with four or more people during their life



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

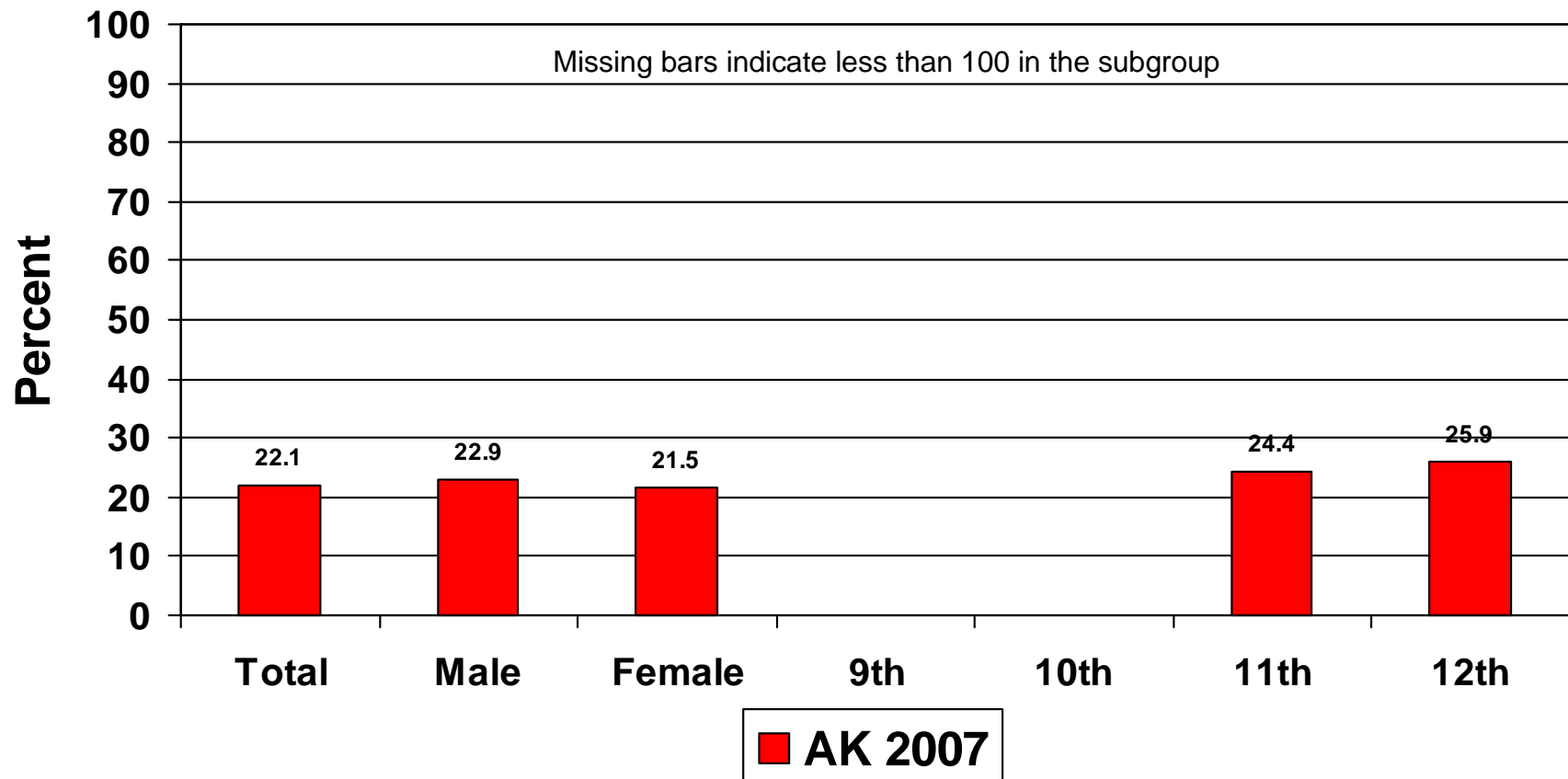
Percentage of students who had sexual intercourse with one or more people during the past three months



# 2007 Youth Risk Behavior Survey Results

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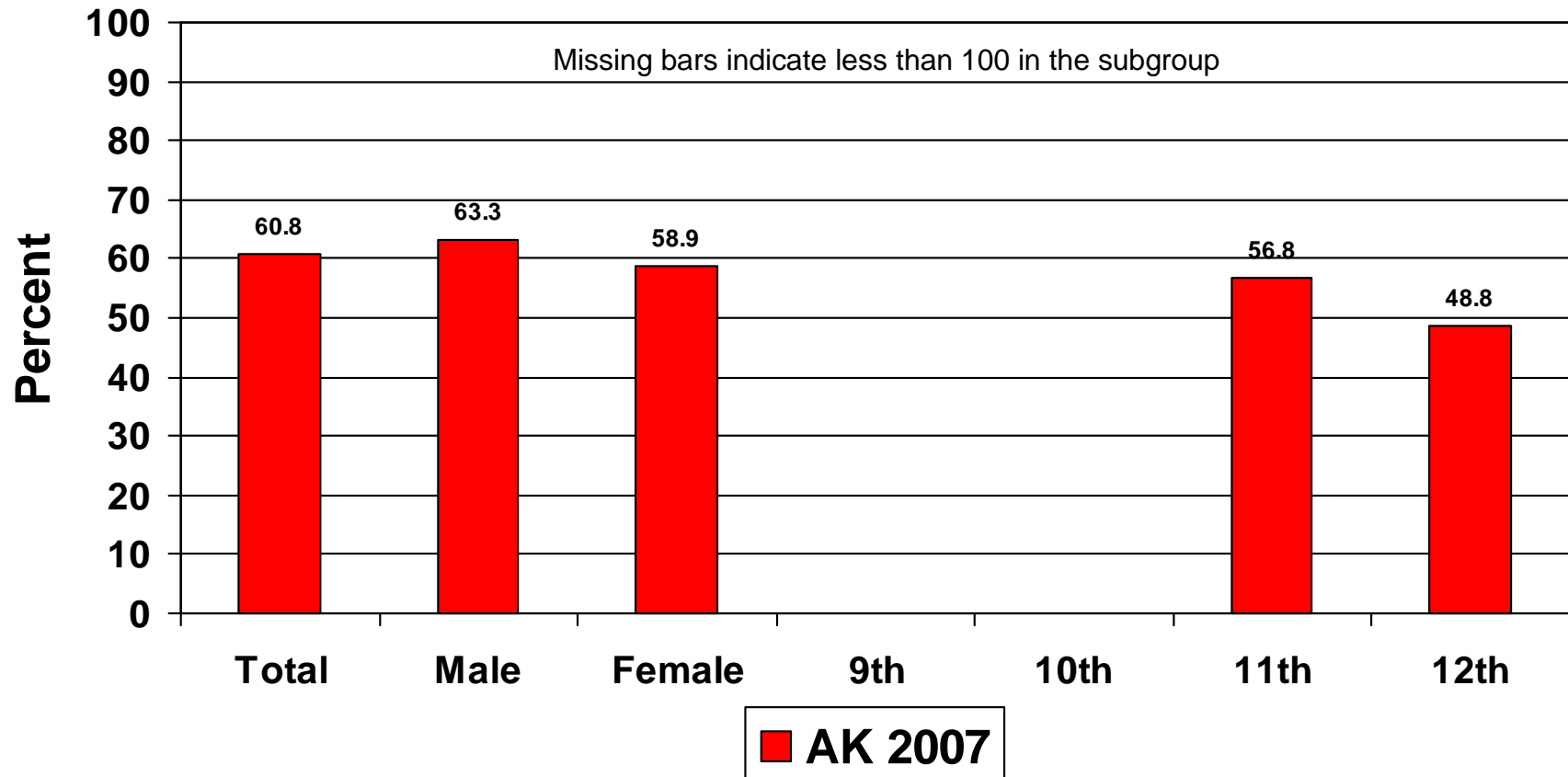
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse

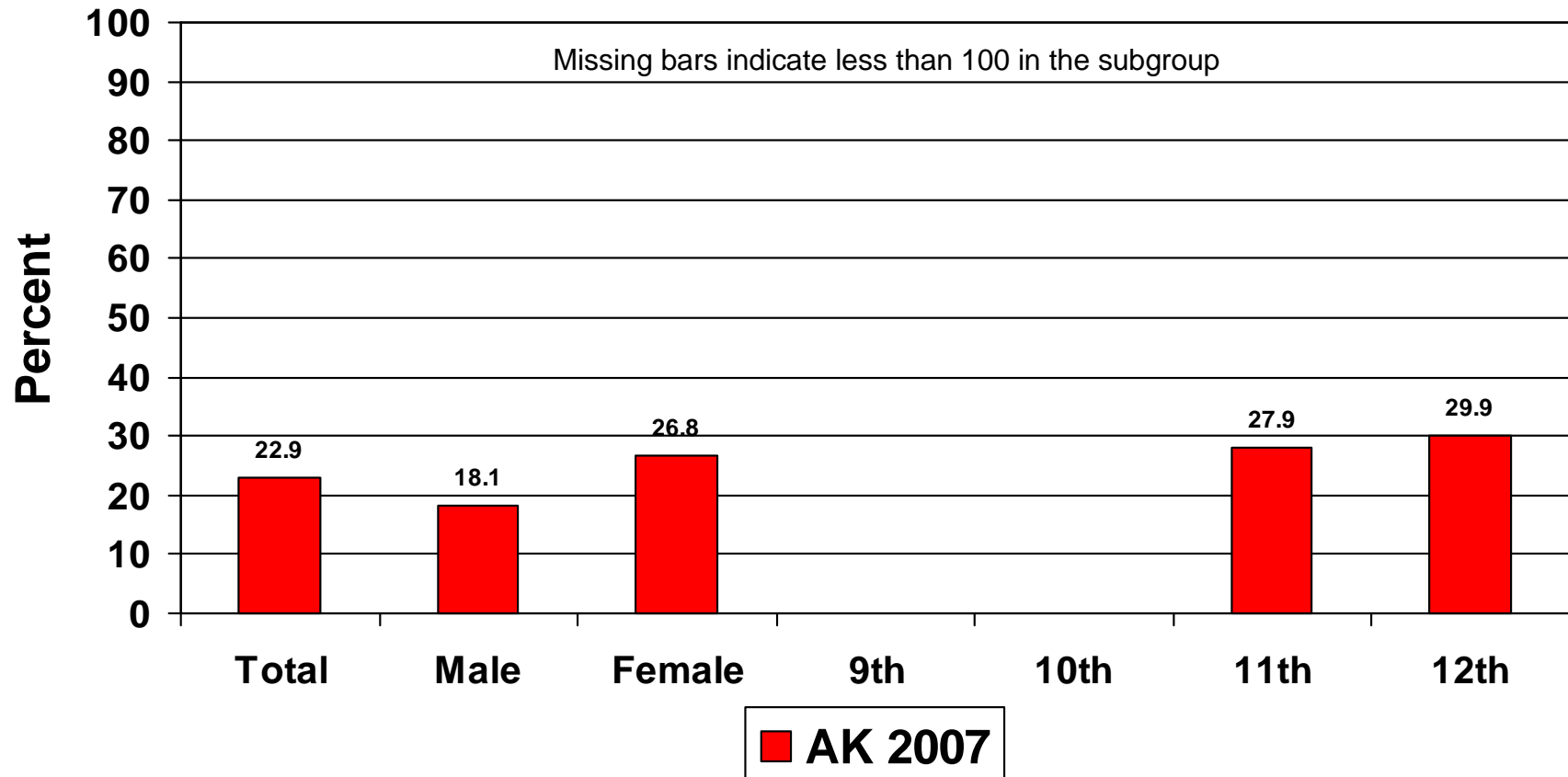




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## Alaska High School Survey Grades 9-12

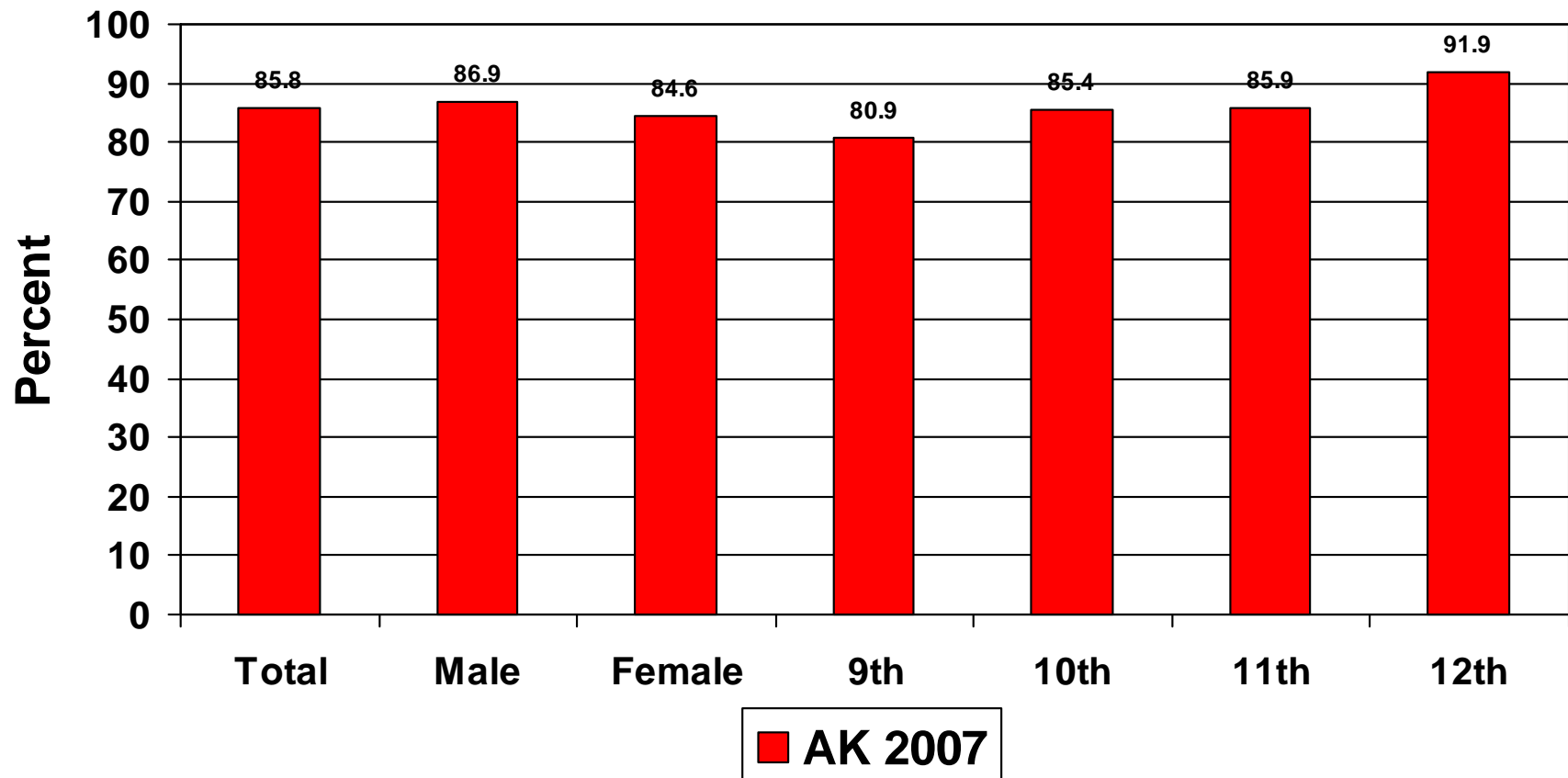
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

Percentage of students who had ever been taught in school about AIDS or HIV infection



# **2007 Youth Risk Behavior Survey Results**

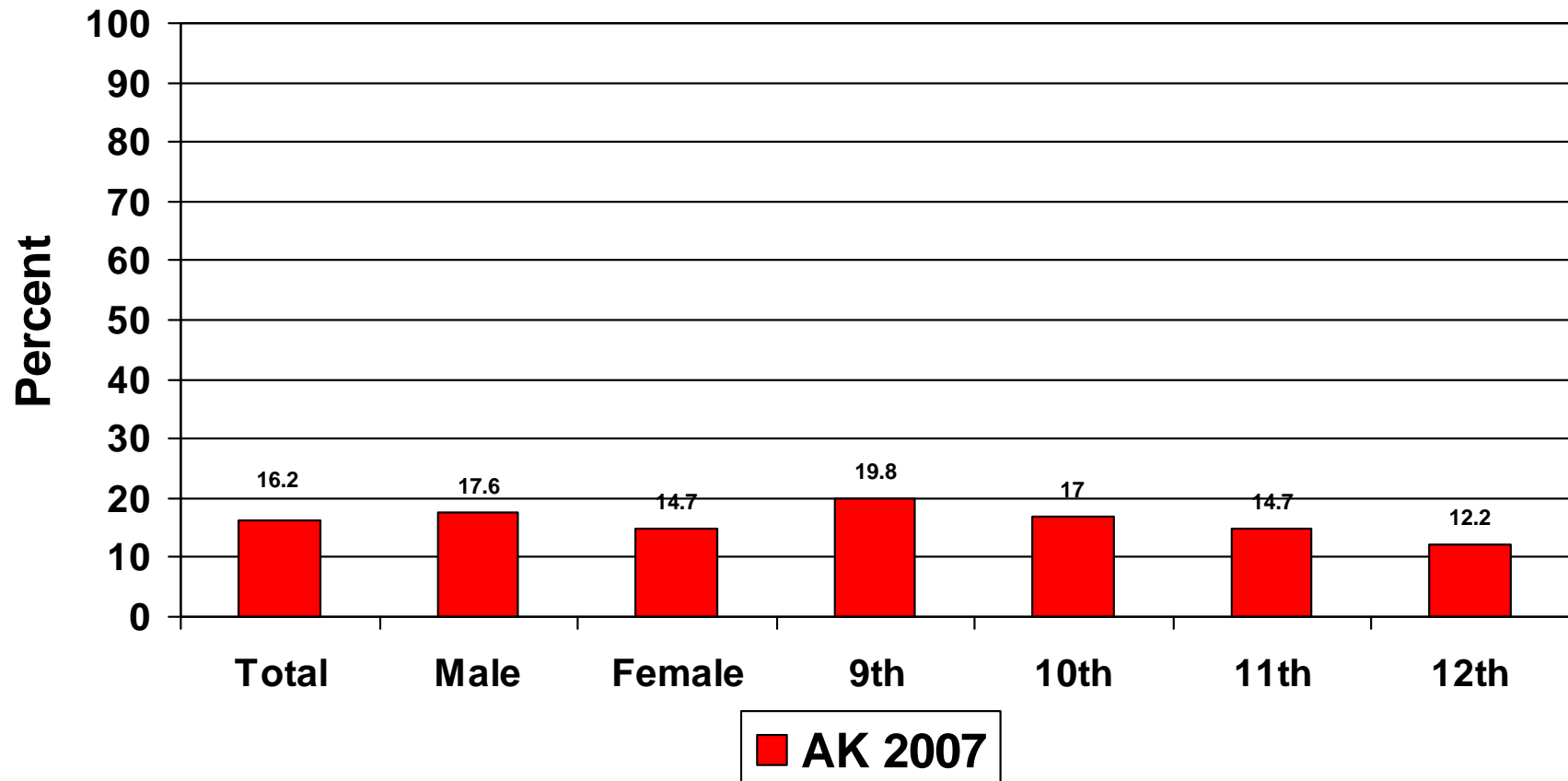
**Alaska High School Survey Grades 9-12**

## **Weight and Nutrition**

# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

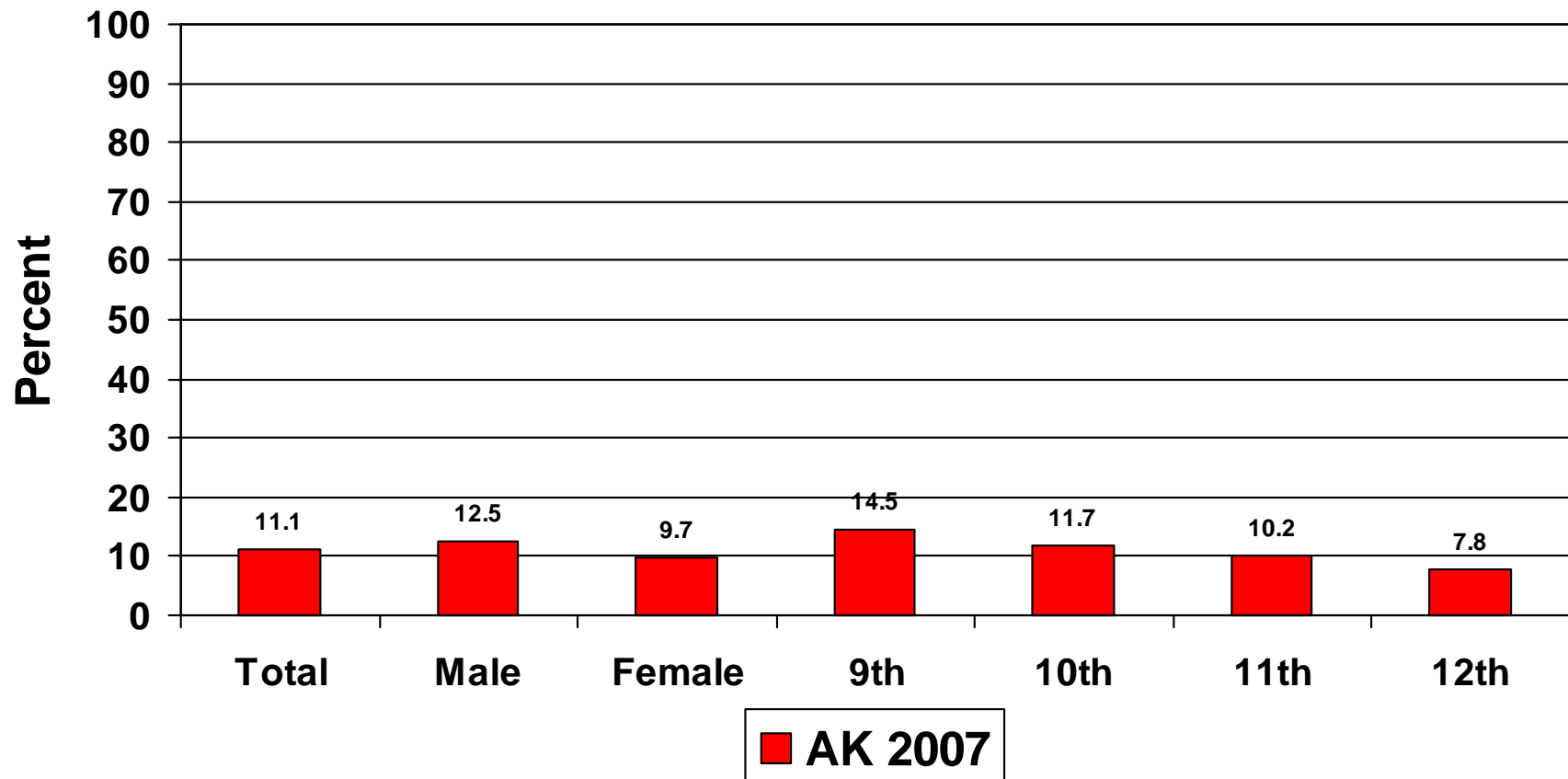
Percentage of students who were at risk for becoming overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)\*\*



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

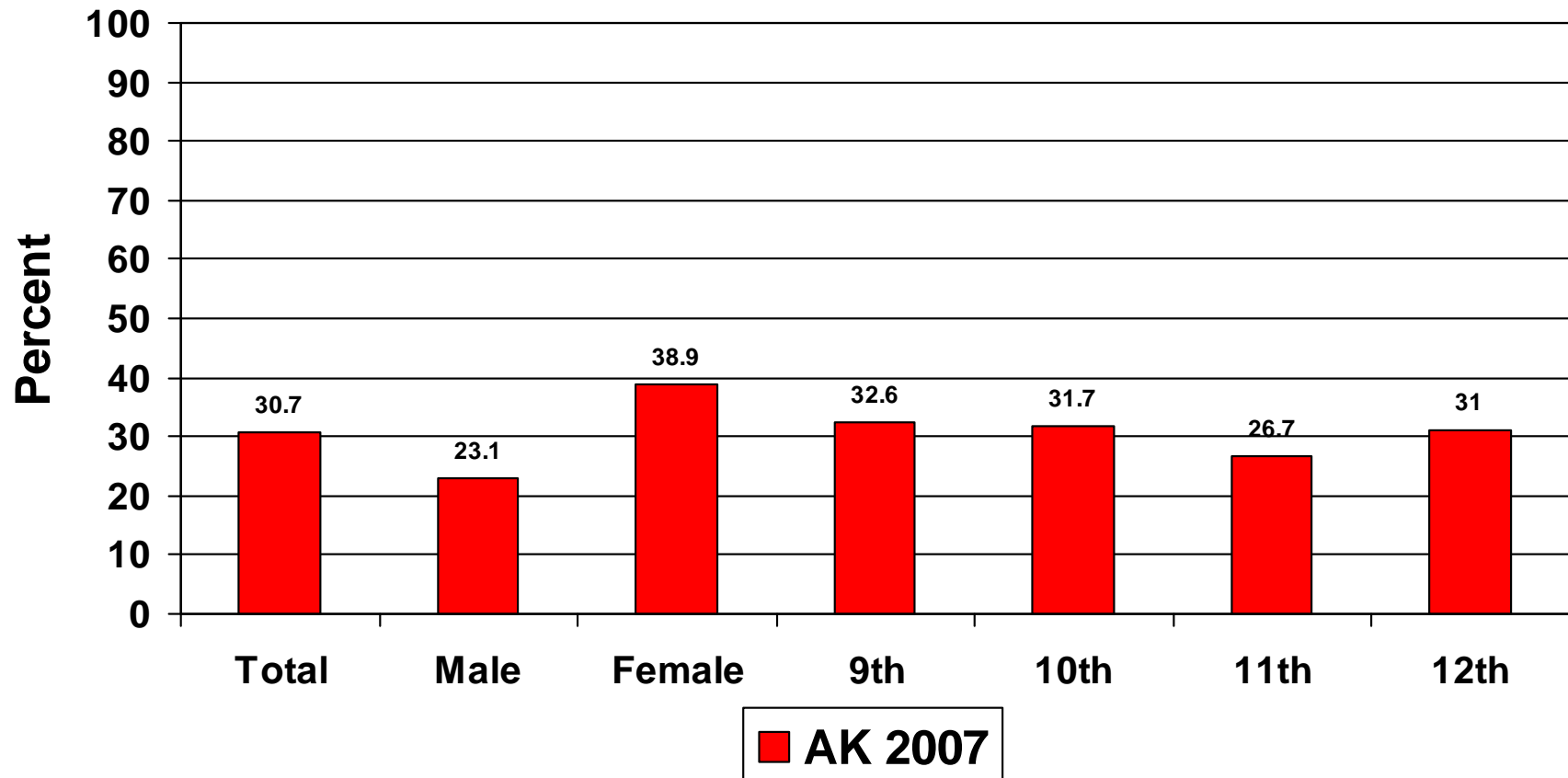
Percentage of students who were overweight (i.e., at or above the 95th percentile for body mass index, by age and sex)\*\*



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

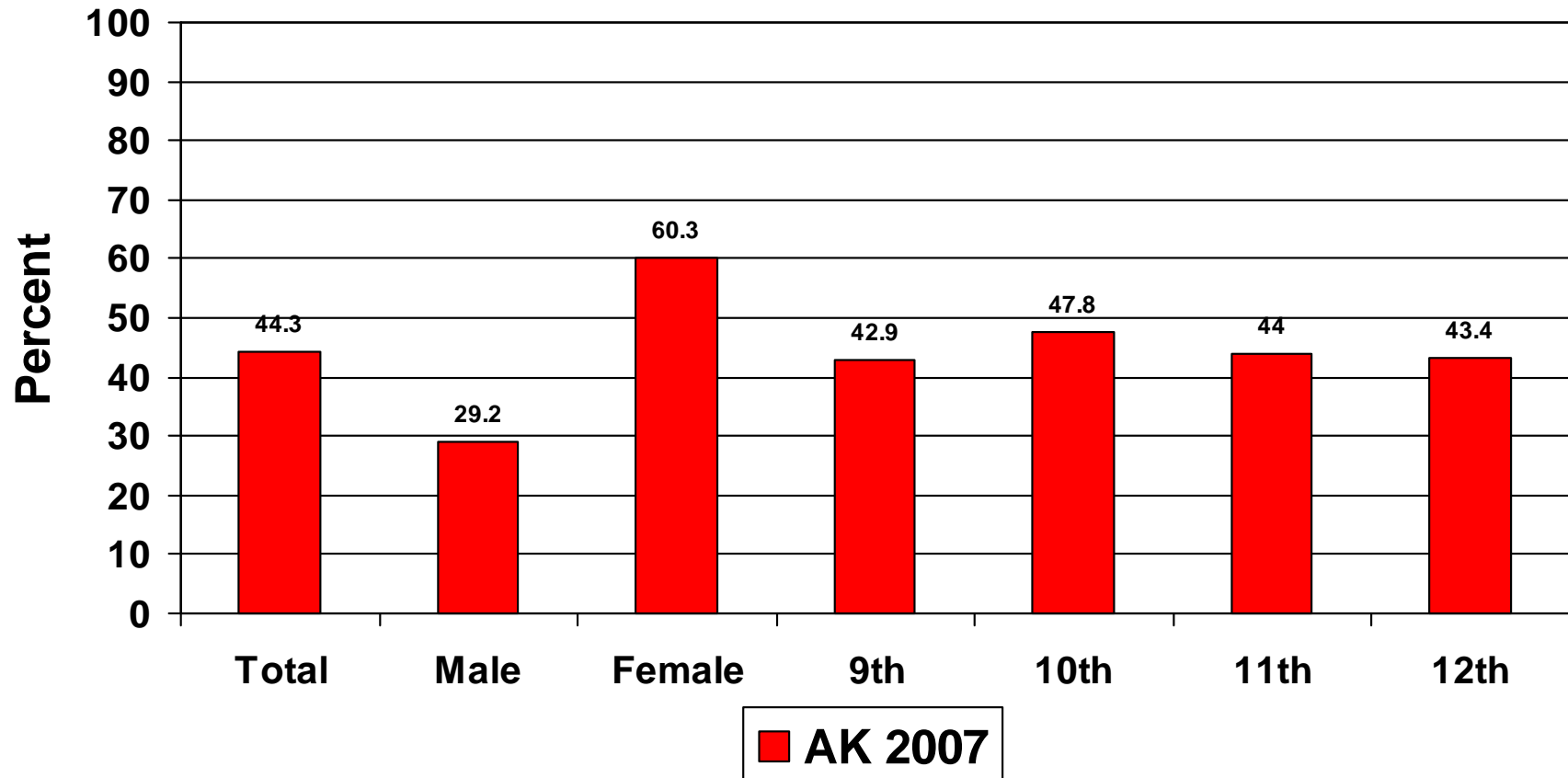
Percentage of students who described themselves as slightly or very overweight



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

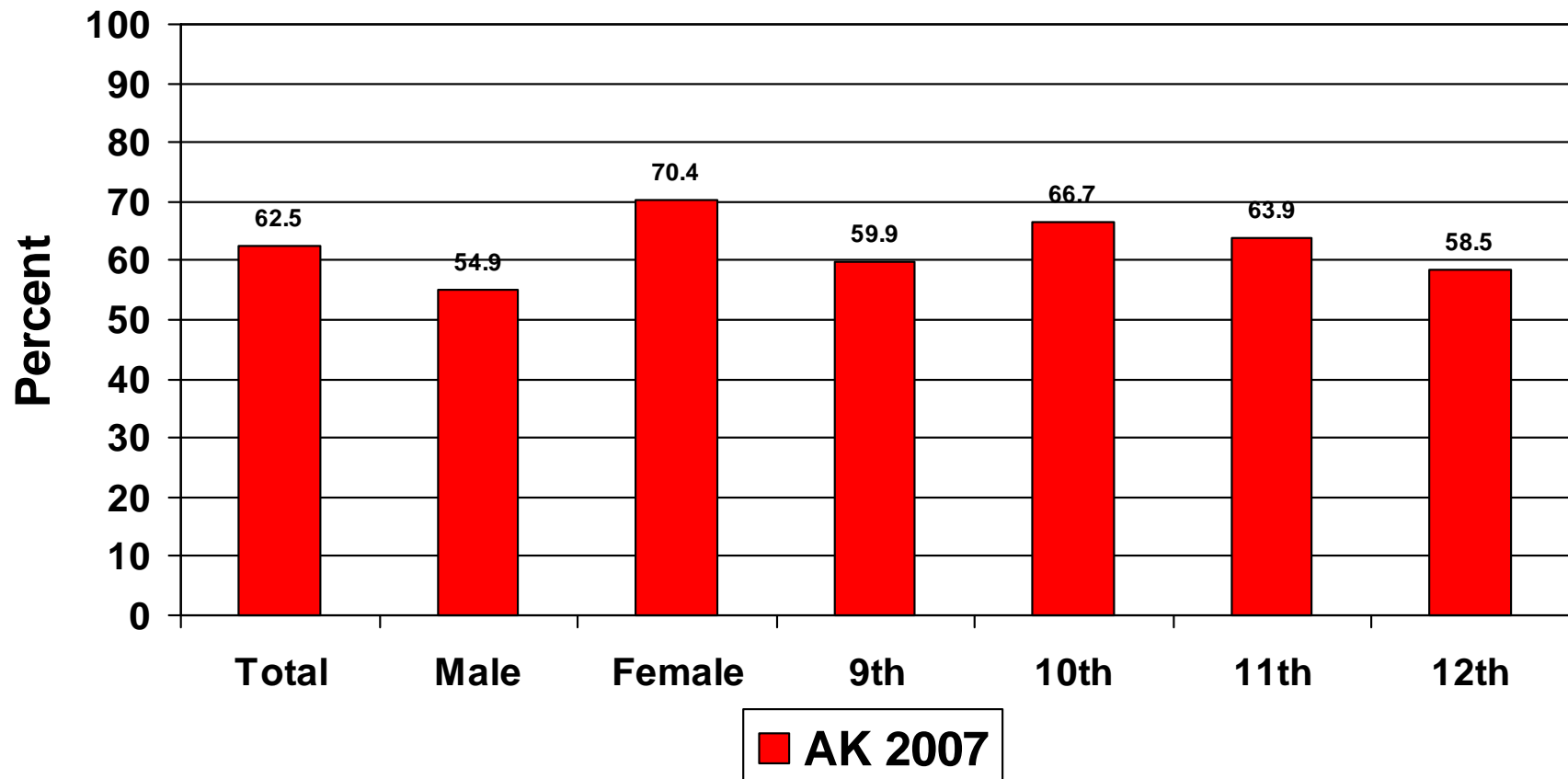
Percentage of students who were trying to lose weight



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days

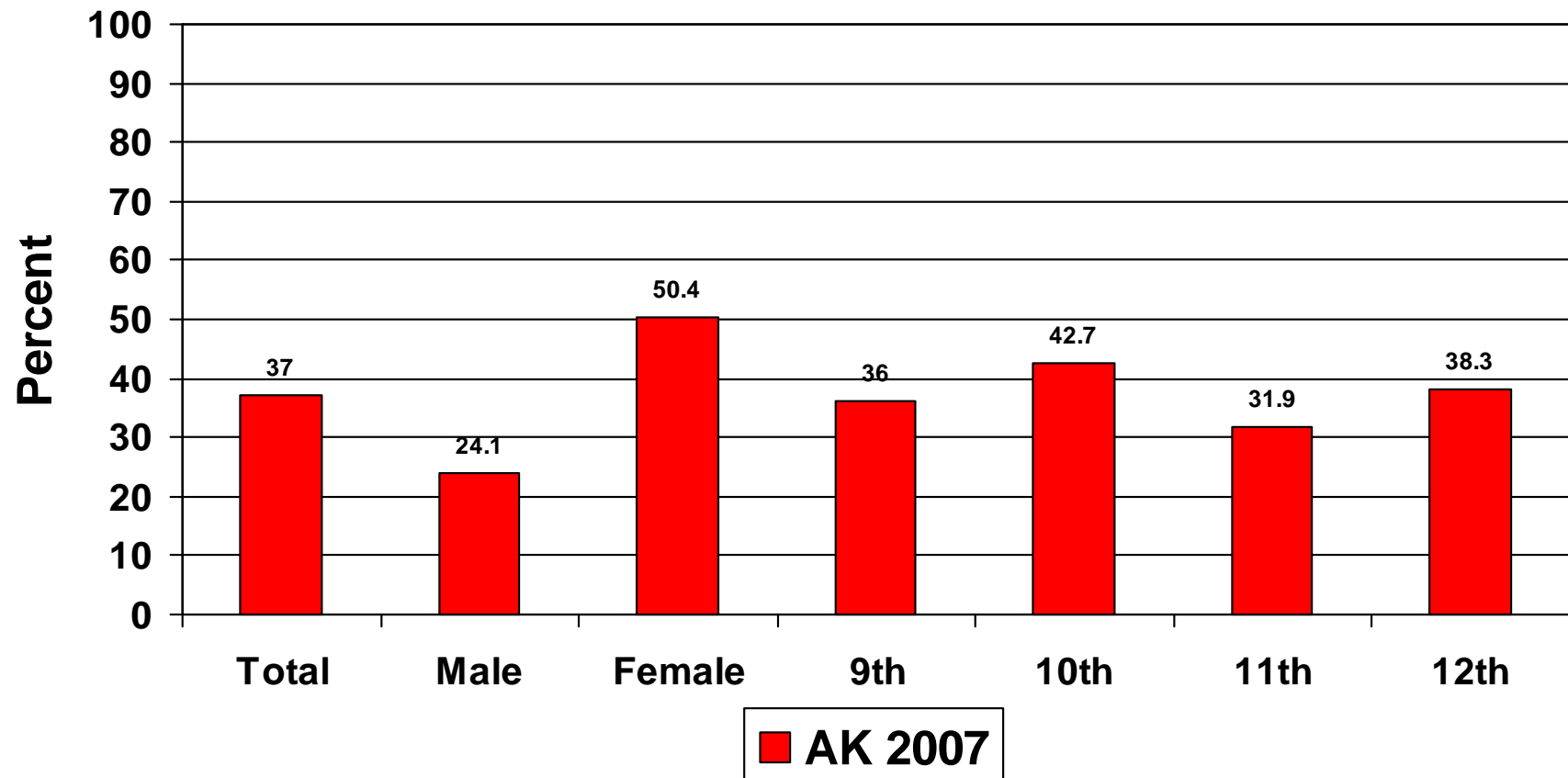




# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

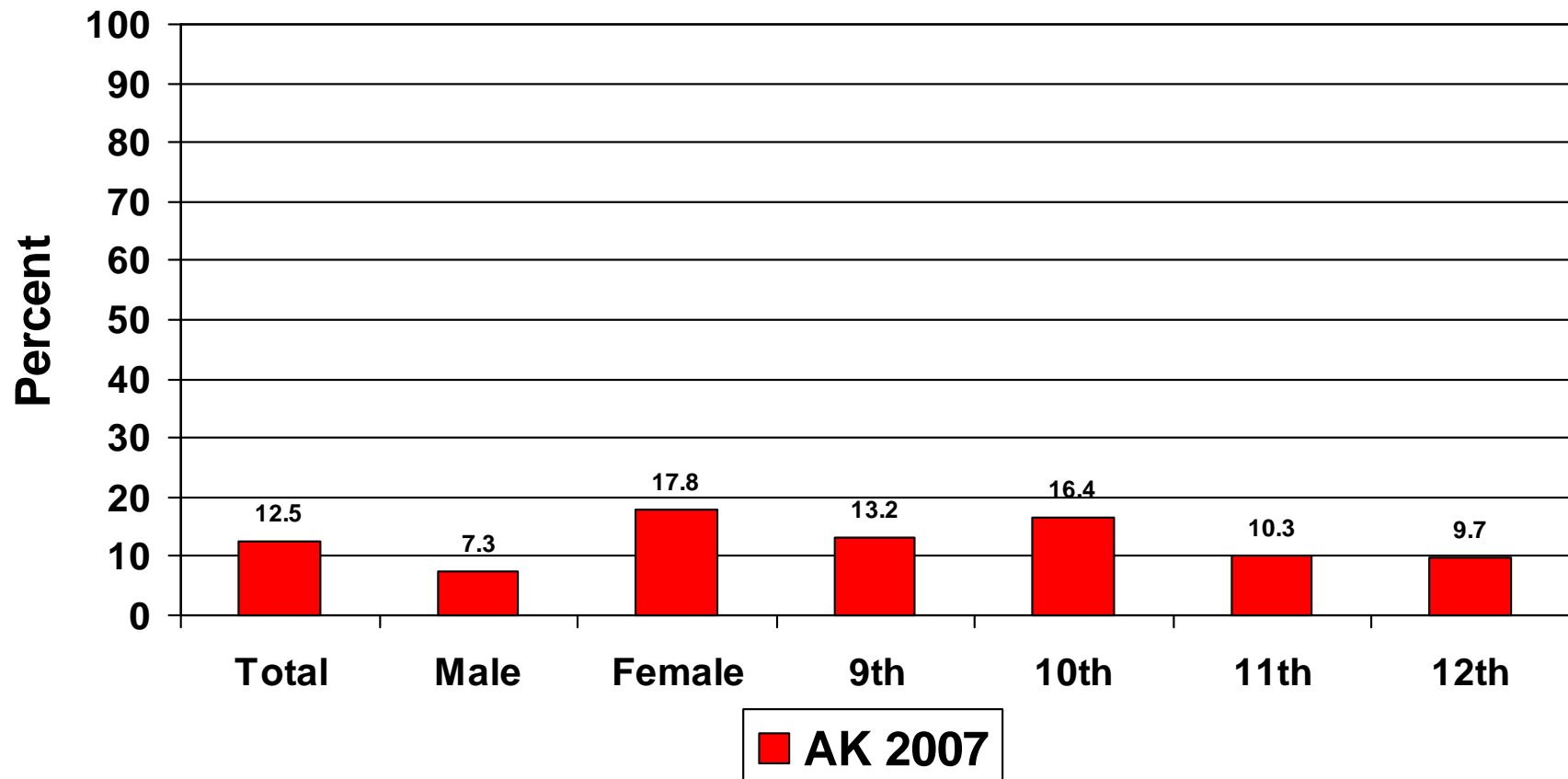
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

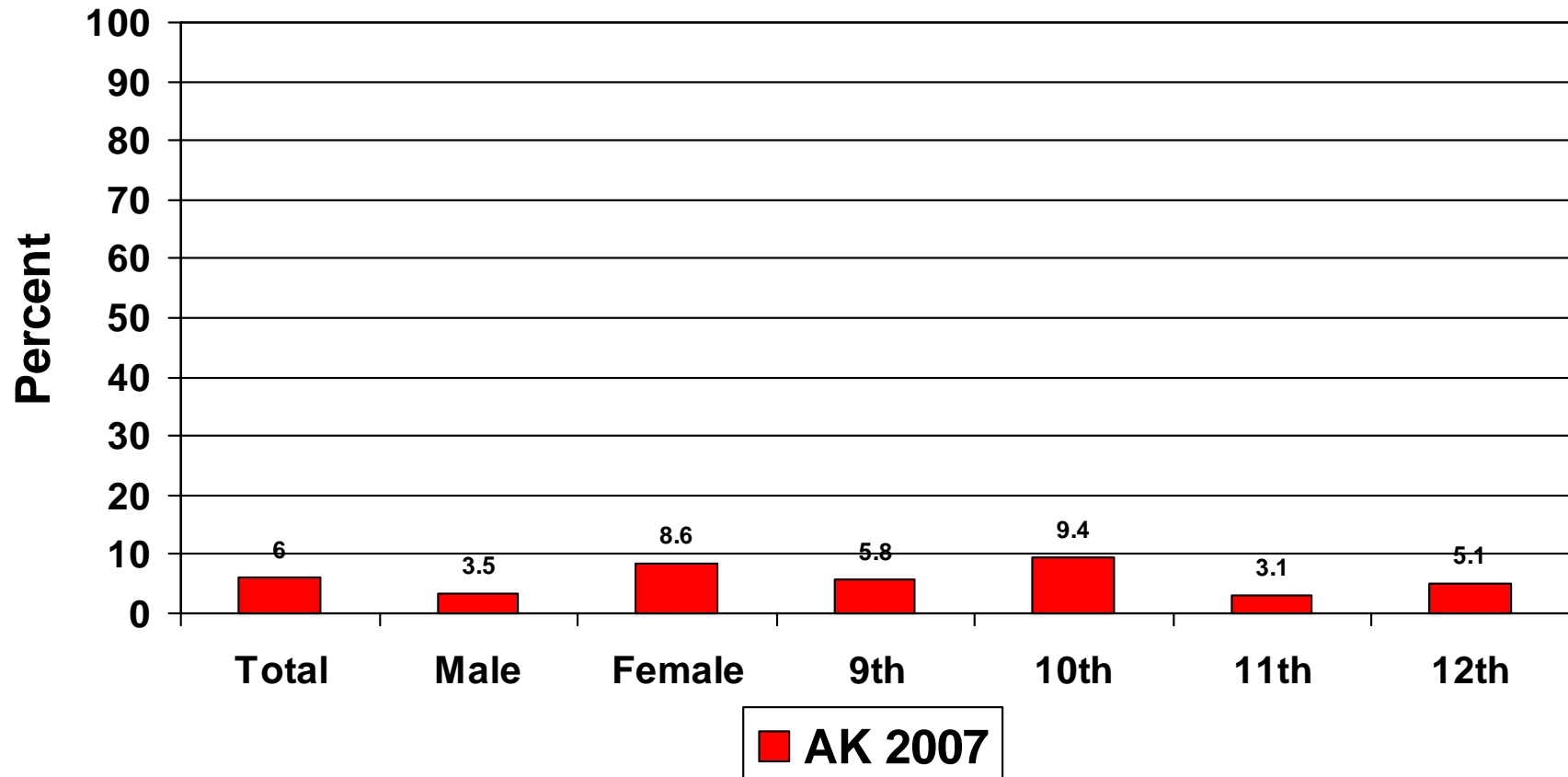
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

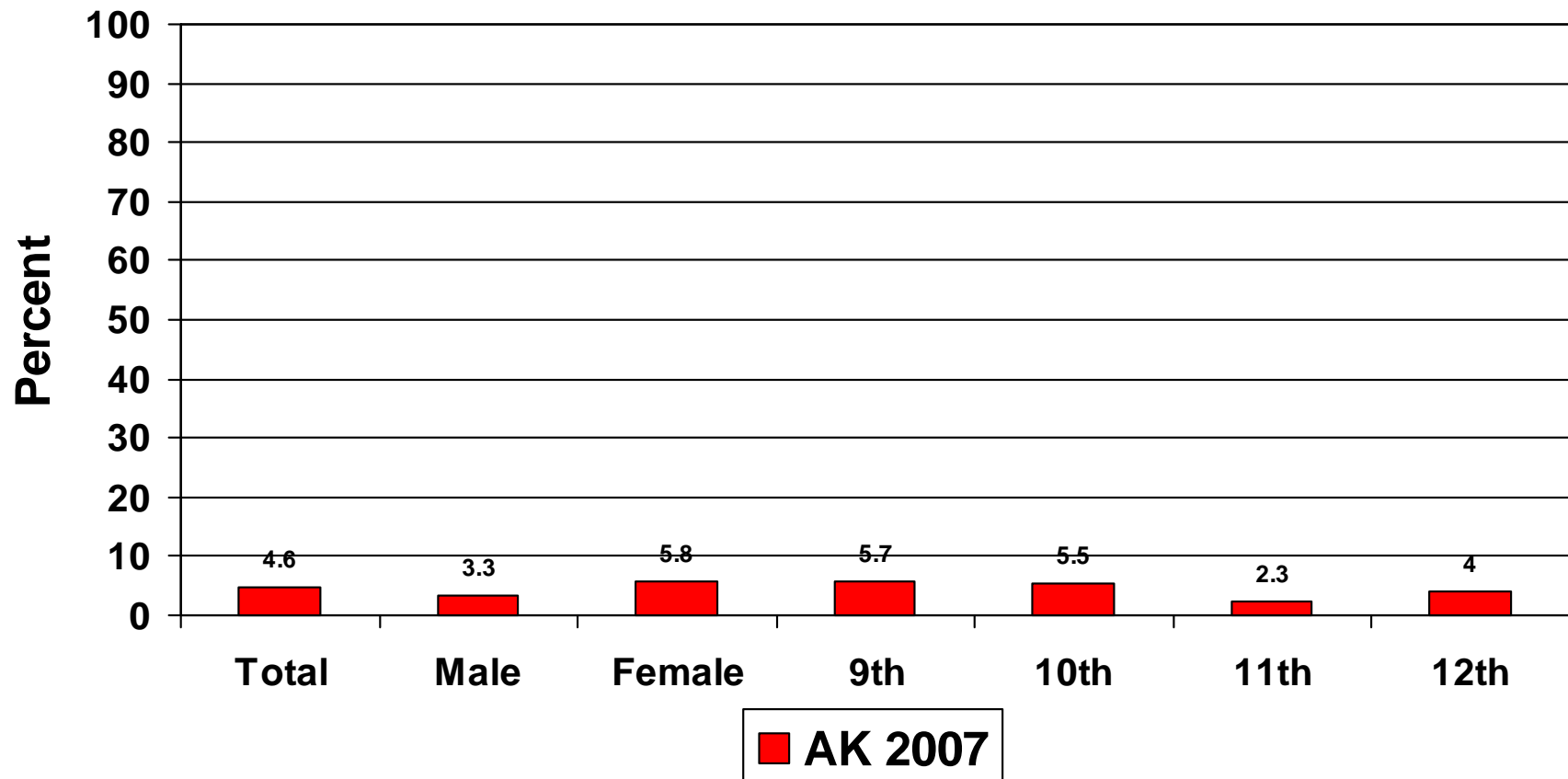
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

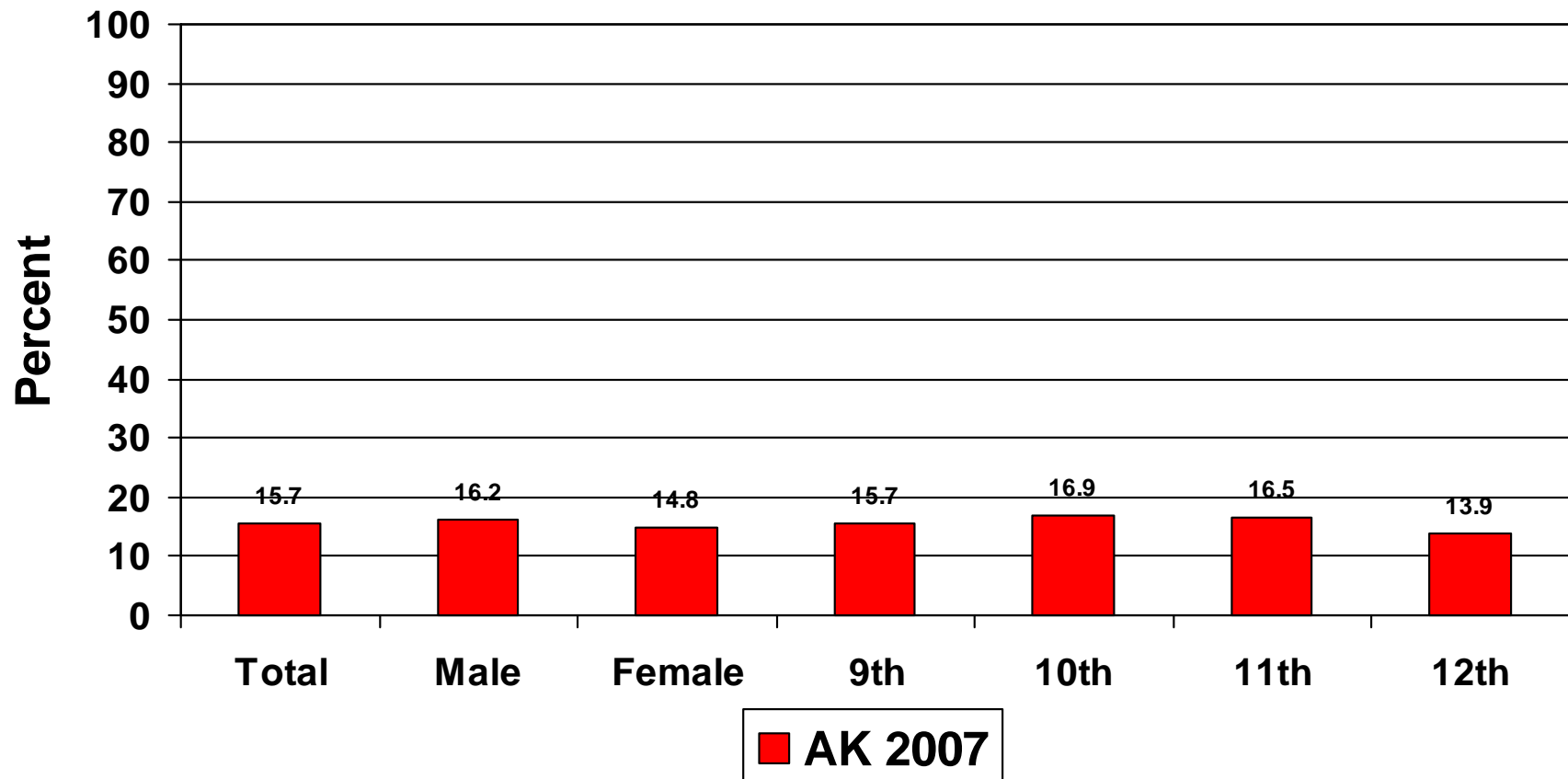
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

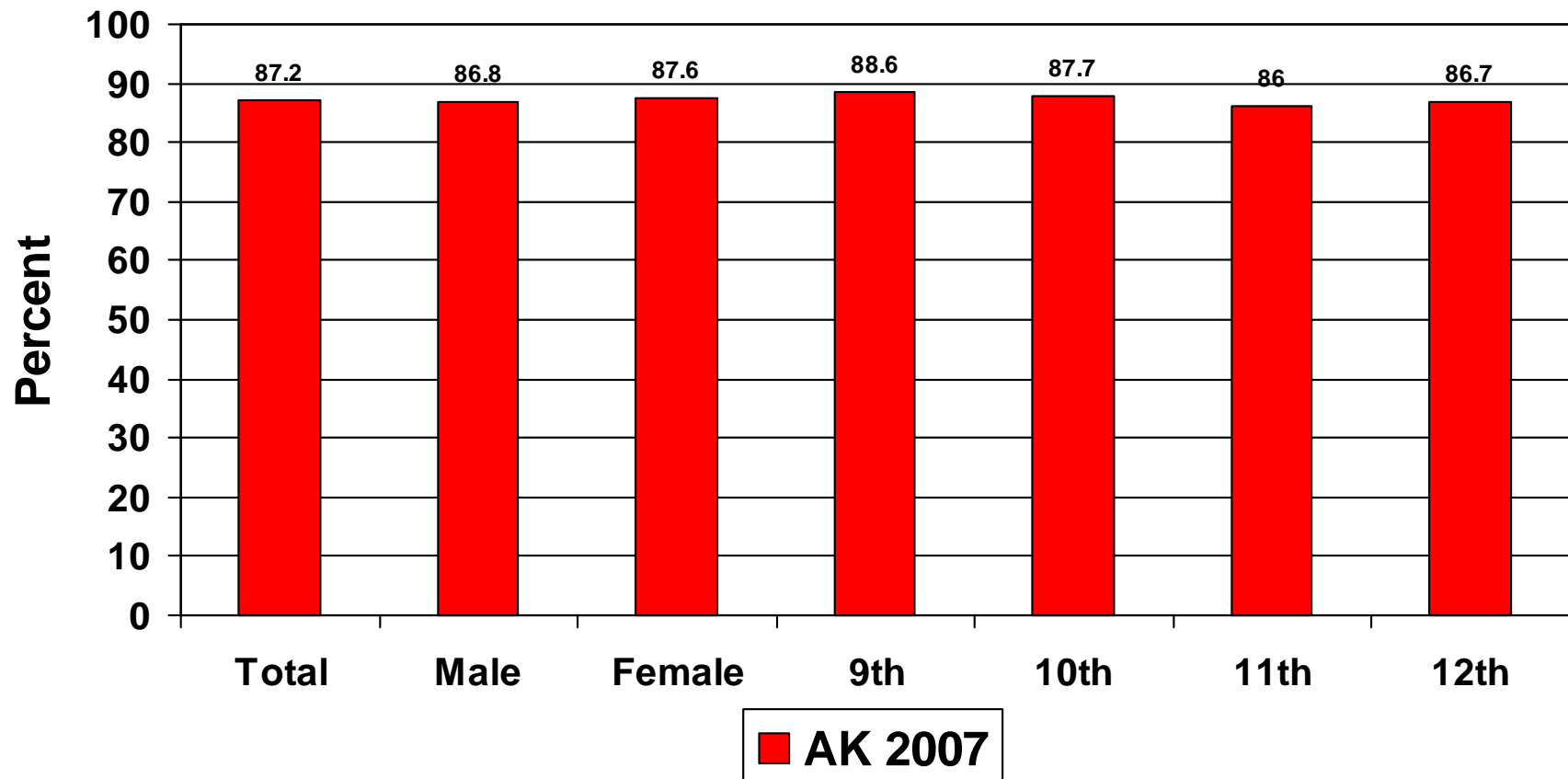
Percentage of students who ate fruits and vegetables five or more times per day during the past seven days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

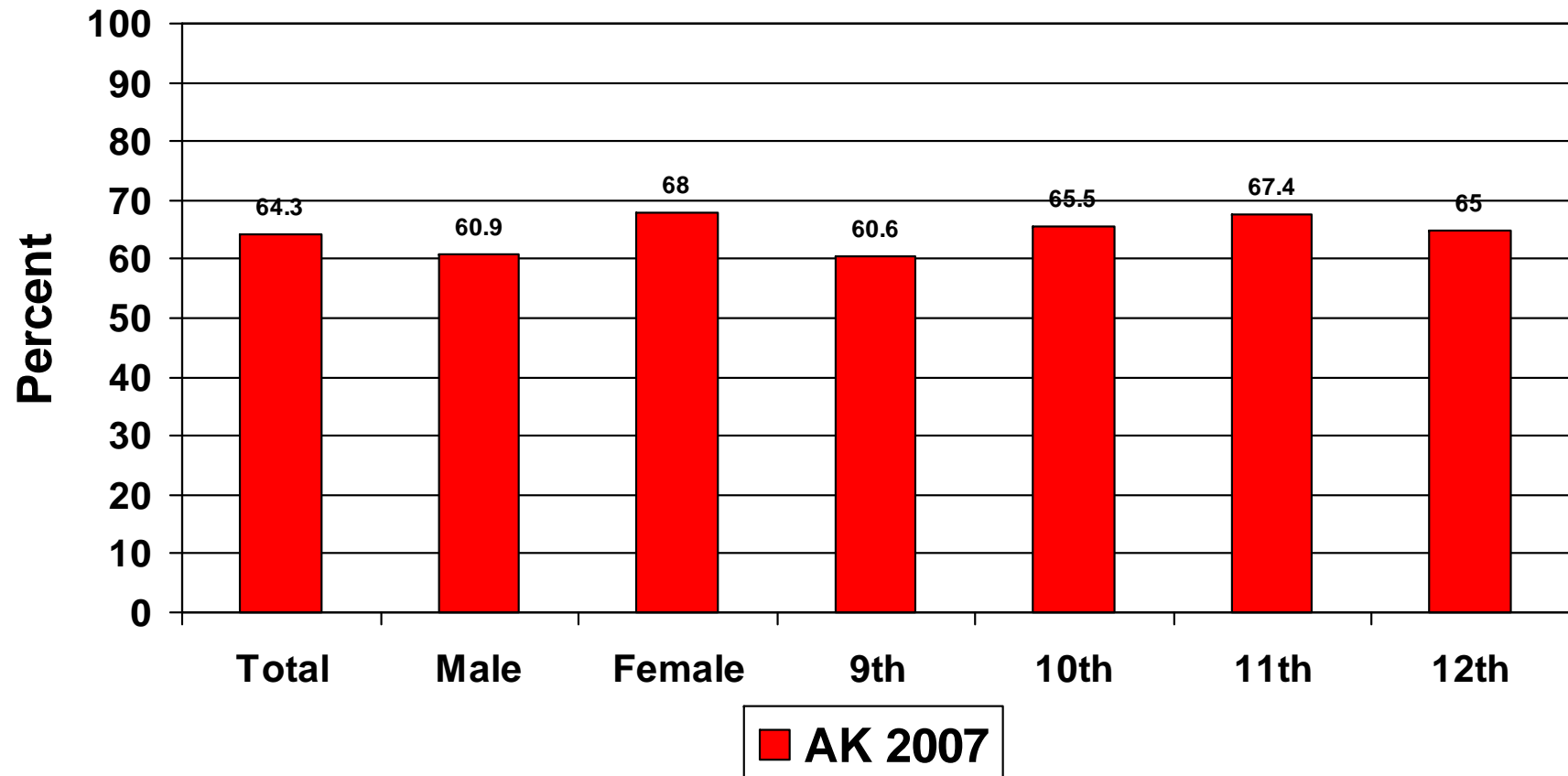
Percentage of students who ate fruit one or more times during the past seven days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

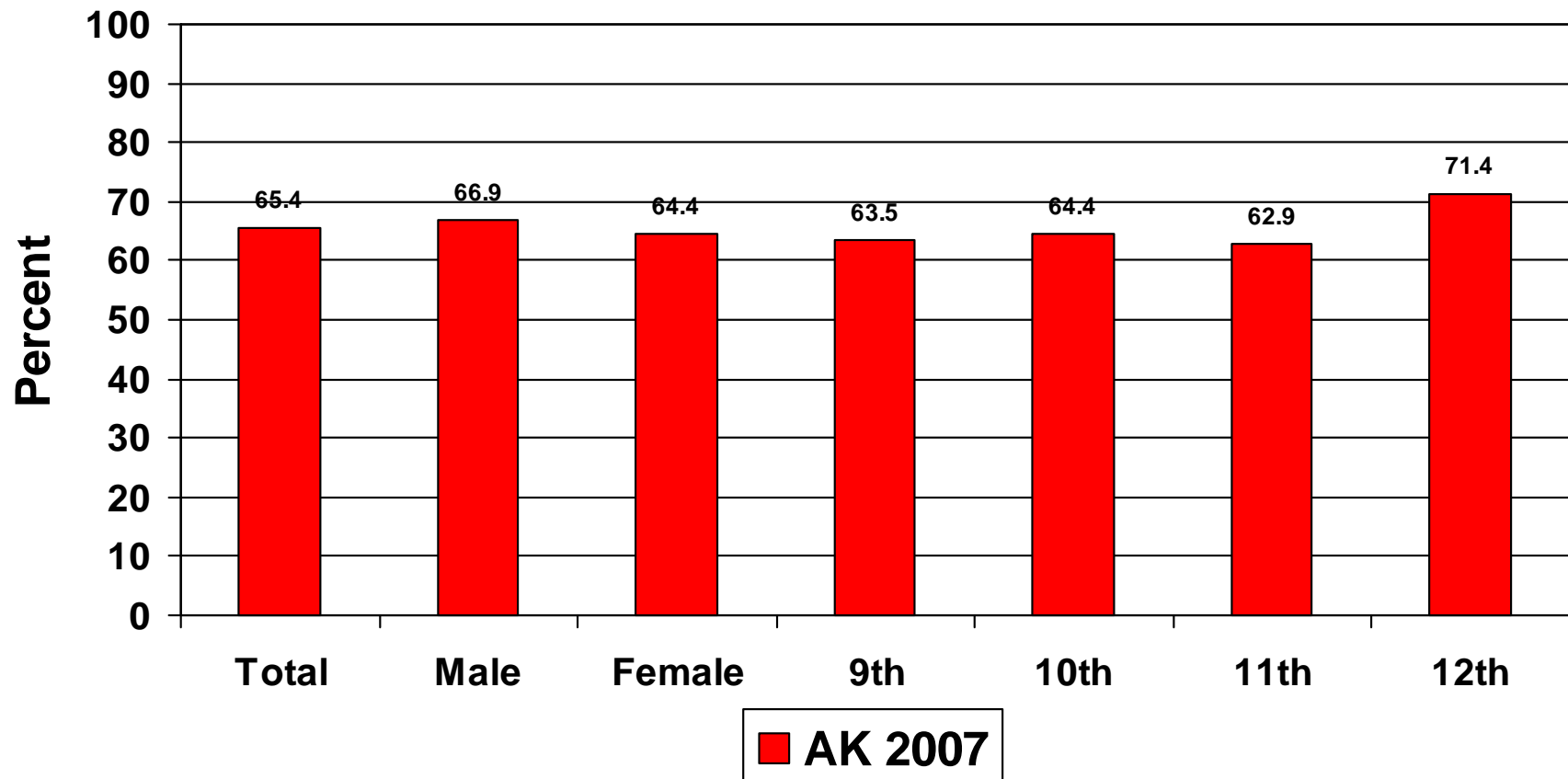
Percentage of students who ate green salad one or more times during the past seven days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

Percentage of students who ate potatoes one or more times during the past seven days

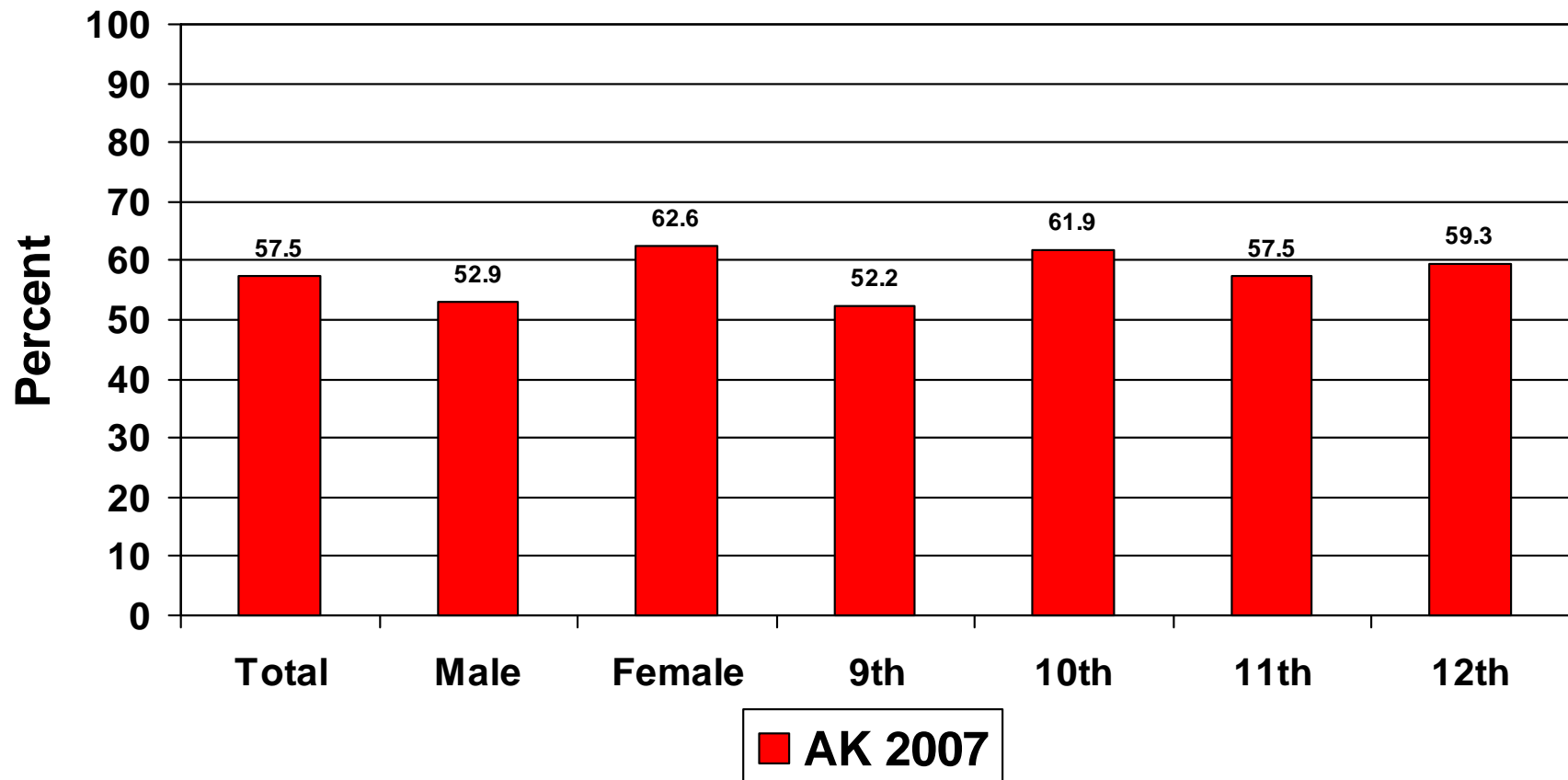




# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

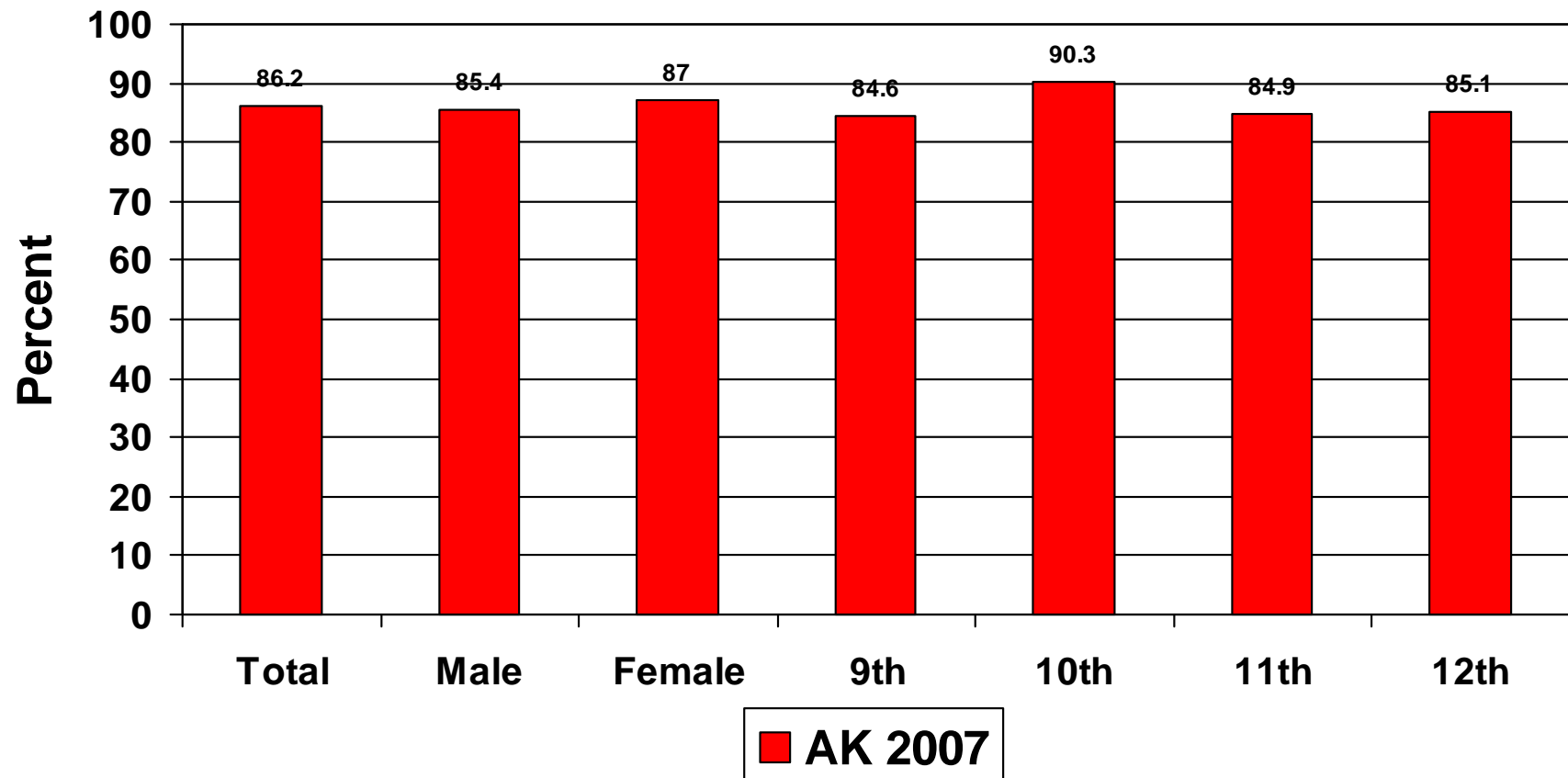
Percentage of students who ate carrots one or more times during the past seven days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

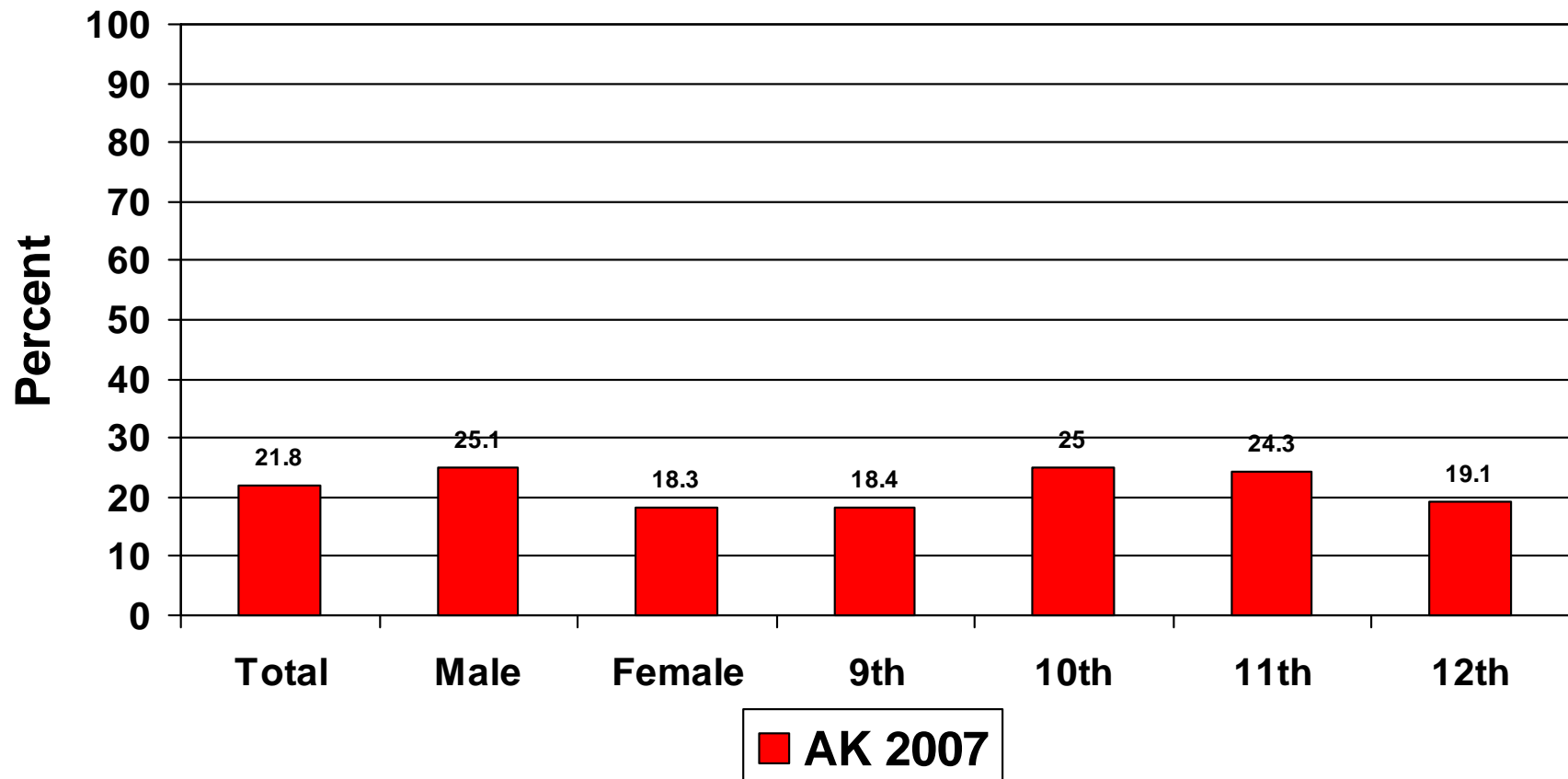
Percentage of students who ate other vegetables one or more times during the past seven days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

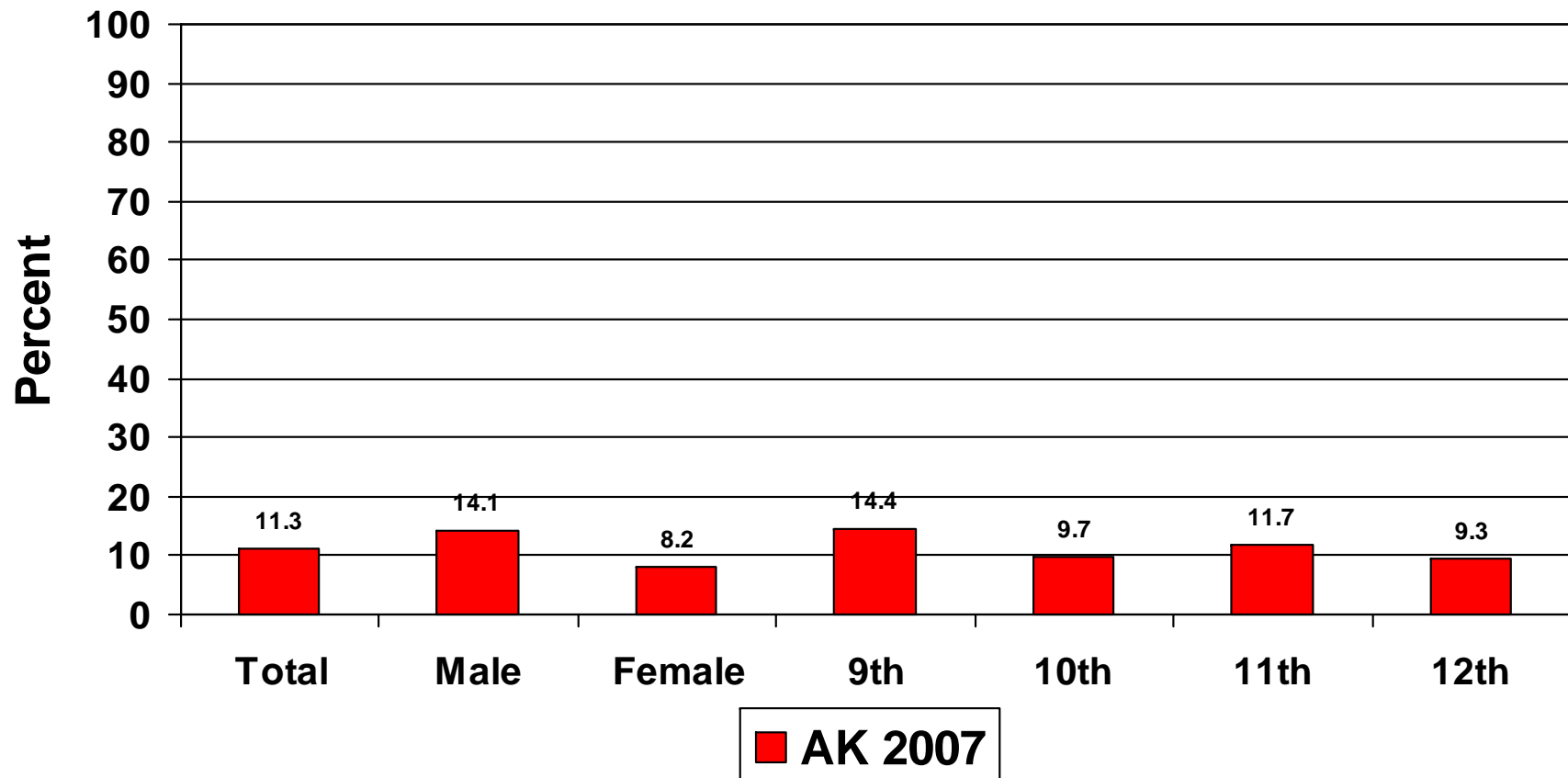
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days (not including diet soda or pop)



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

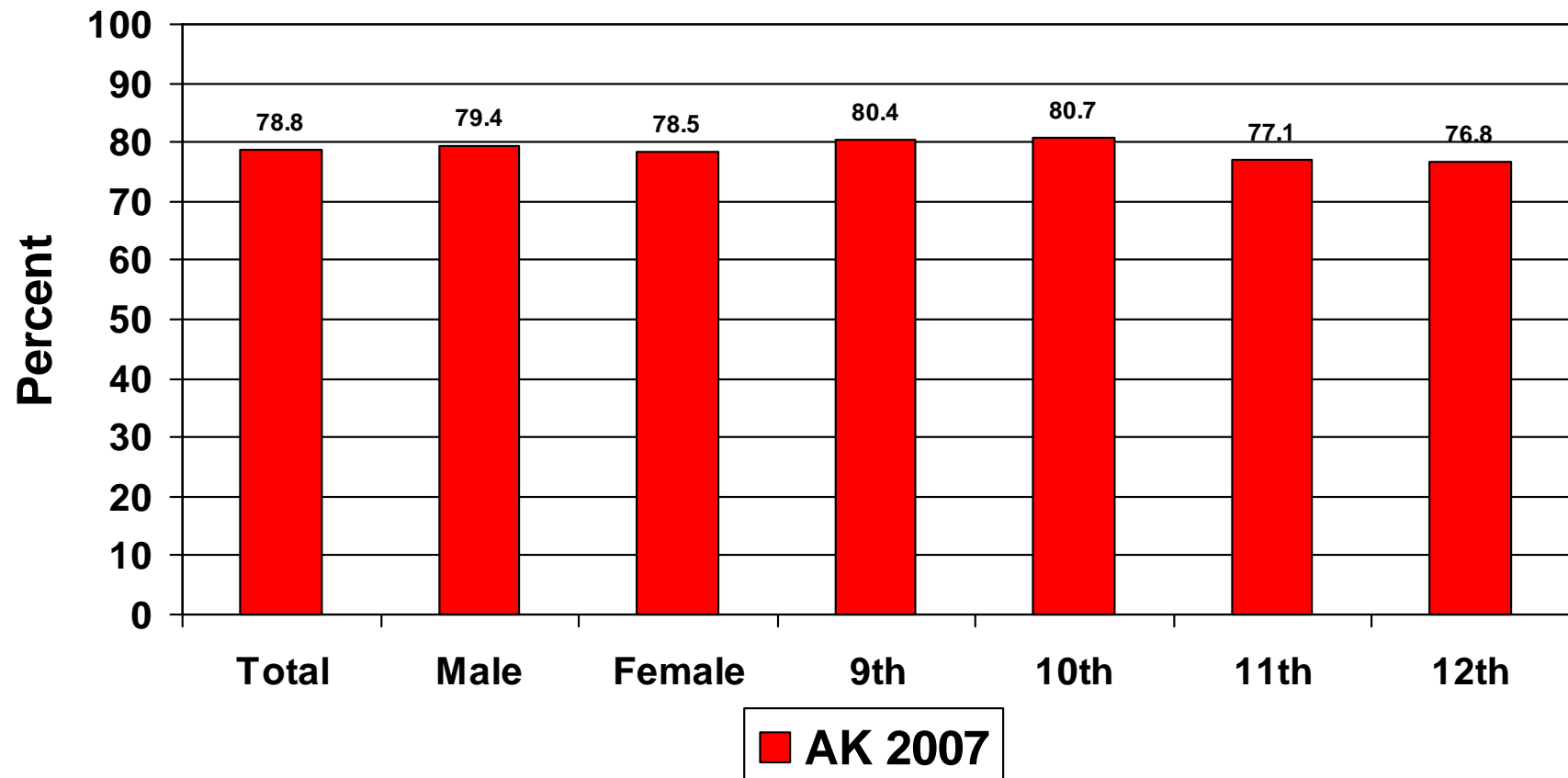
Percentage of students who drank three or more glasses per day of milk during the past seven days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

Percentage of students who drank 100% fruit juices one or more times during the past seven days



# **2007 Youth Risk Behavior Survey Results**

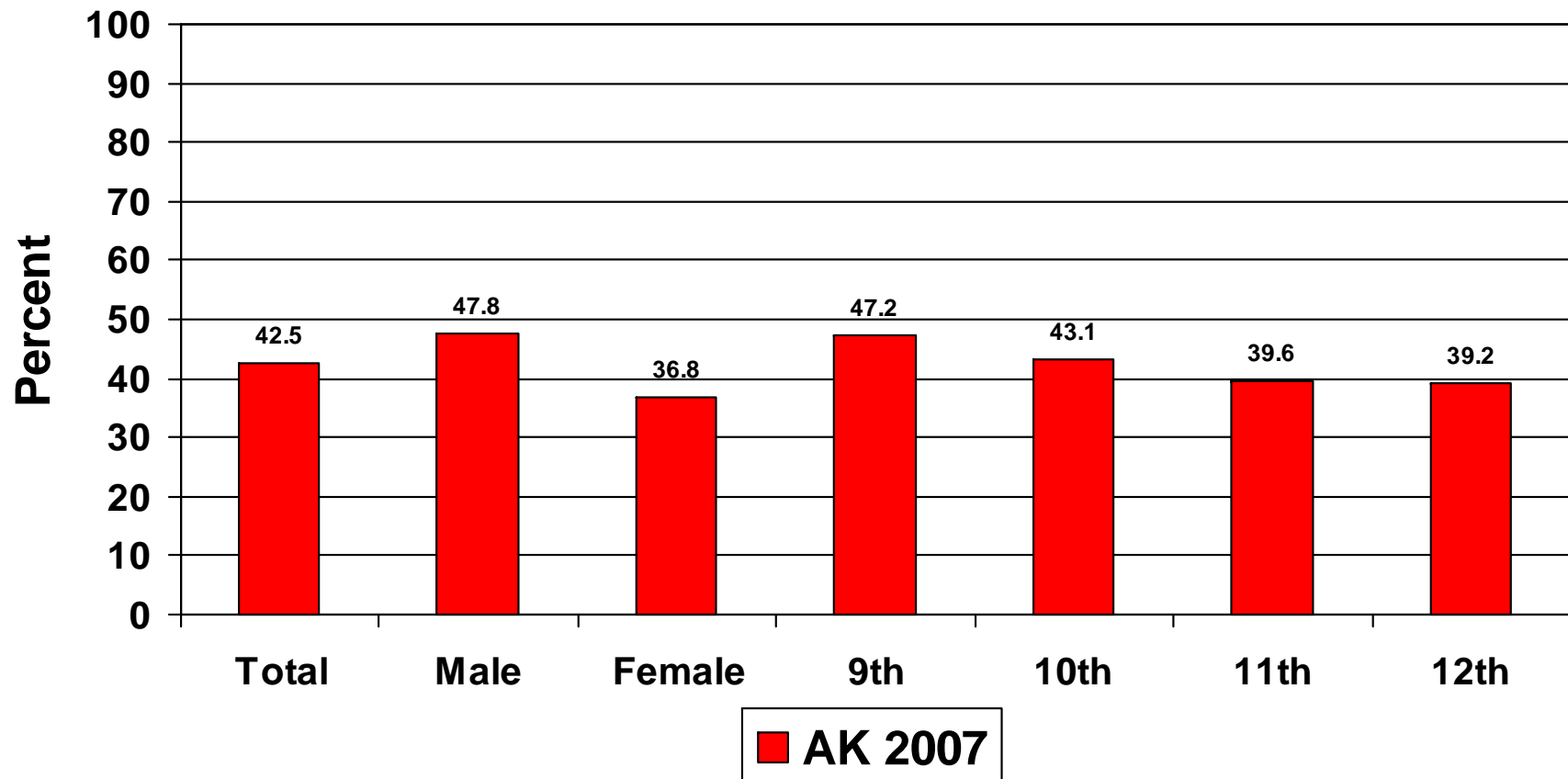
**Alaska High School Survey Grades 9-12**

## **Physical Activity**

# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

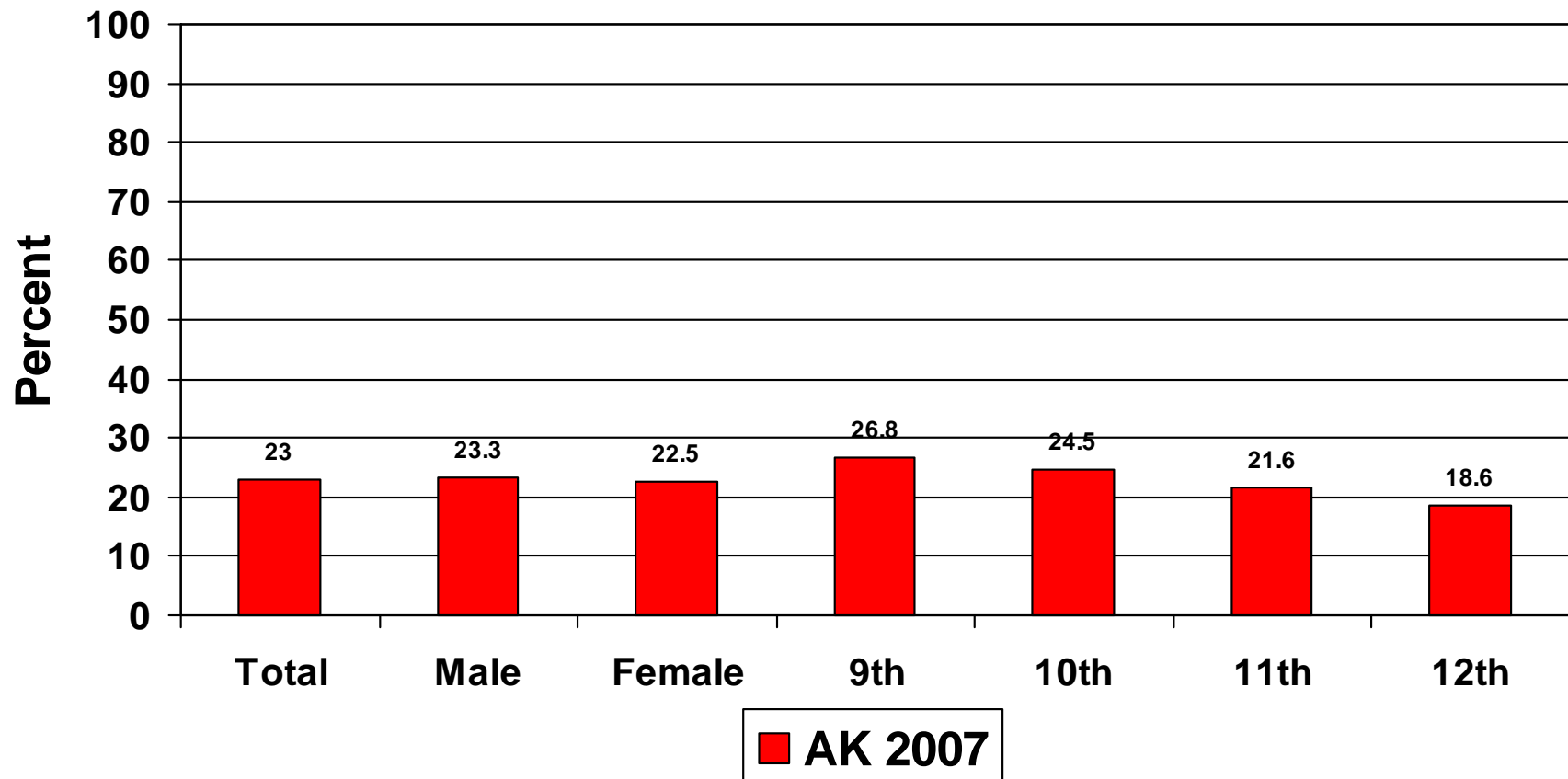
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

Percentage of students who watched three or more hours per day of TV on an average school day

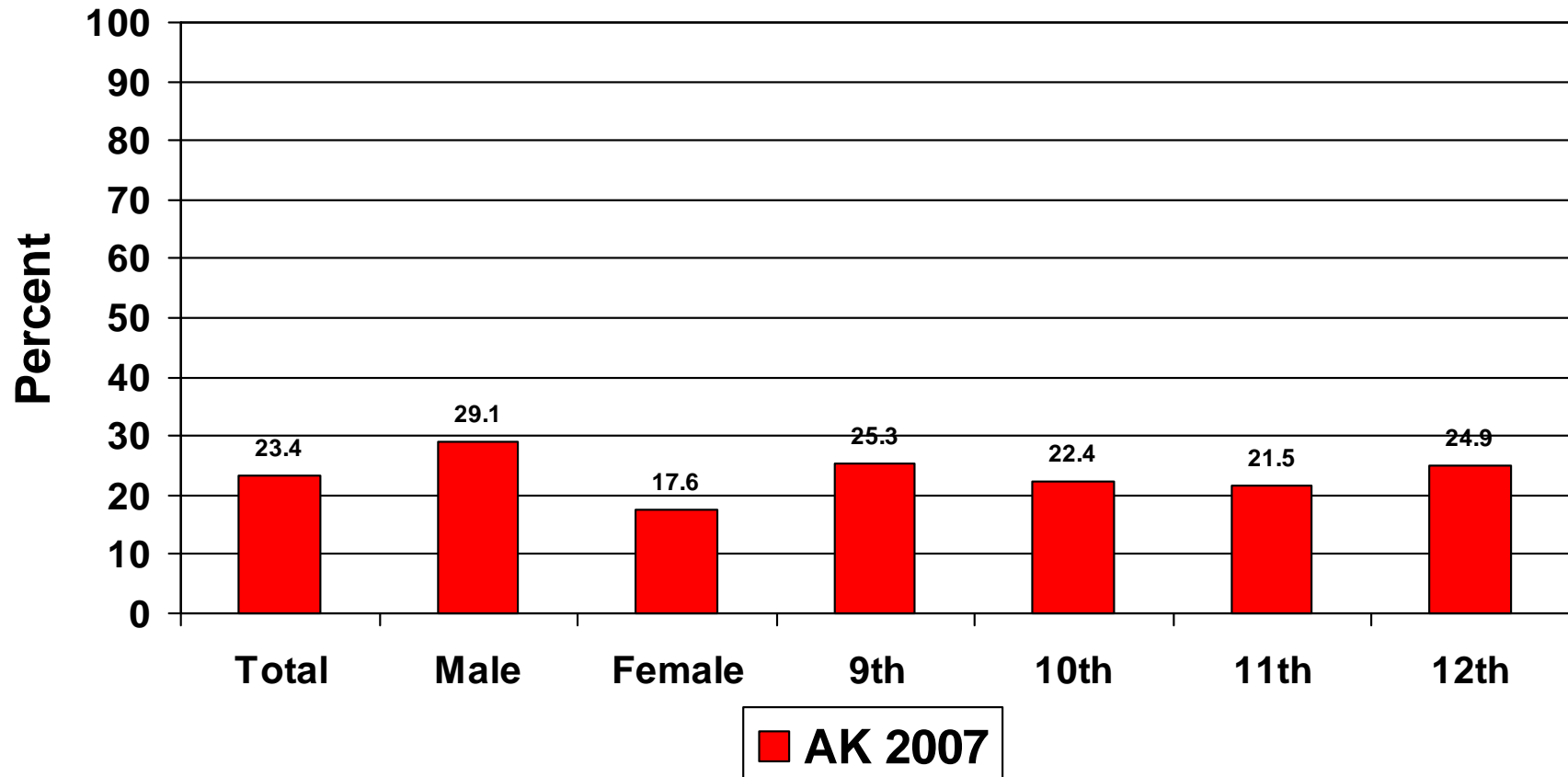




# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

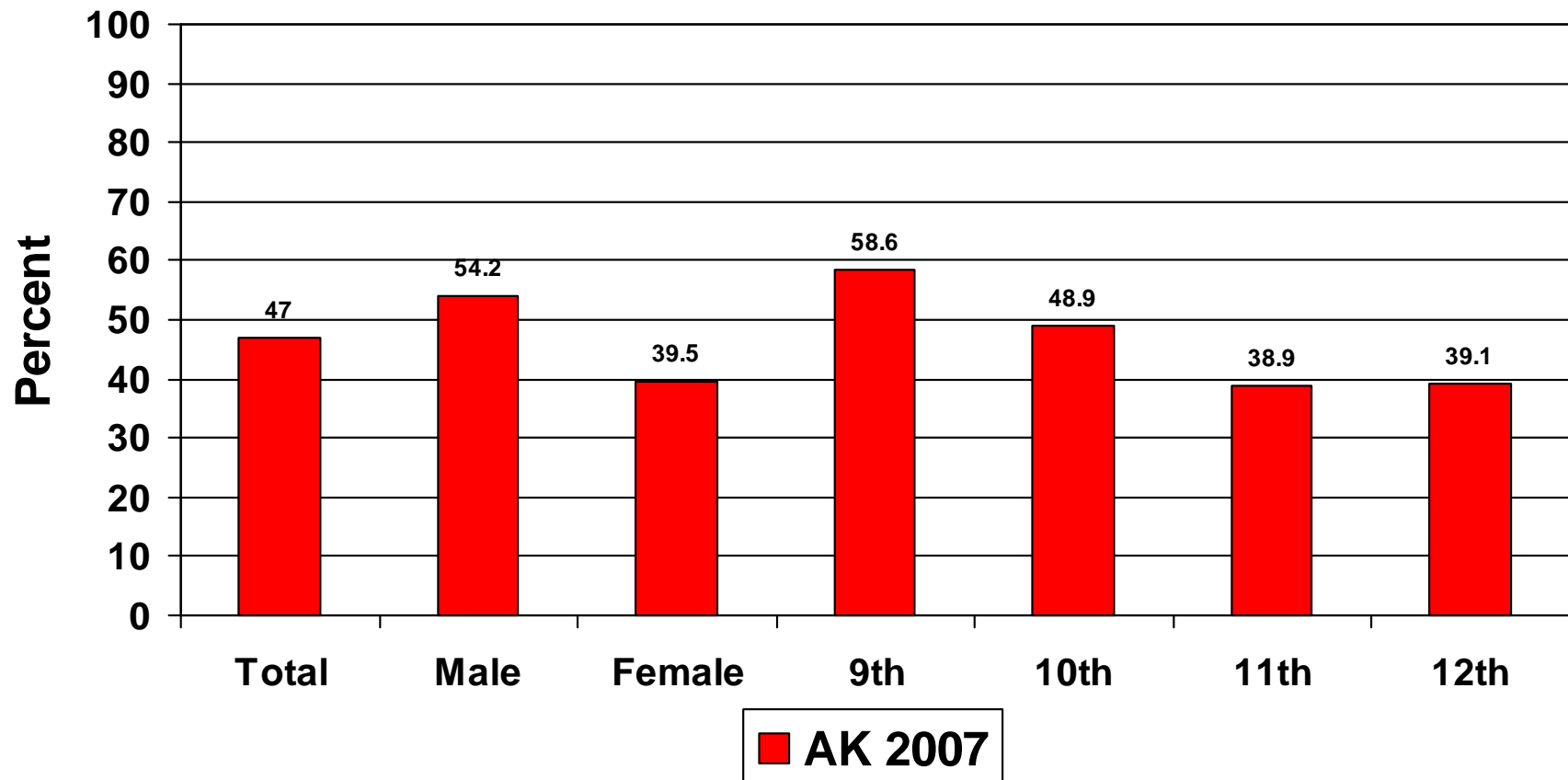
Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

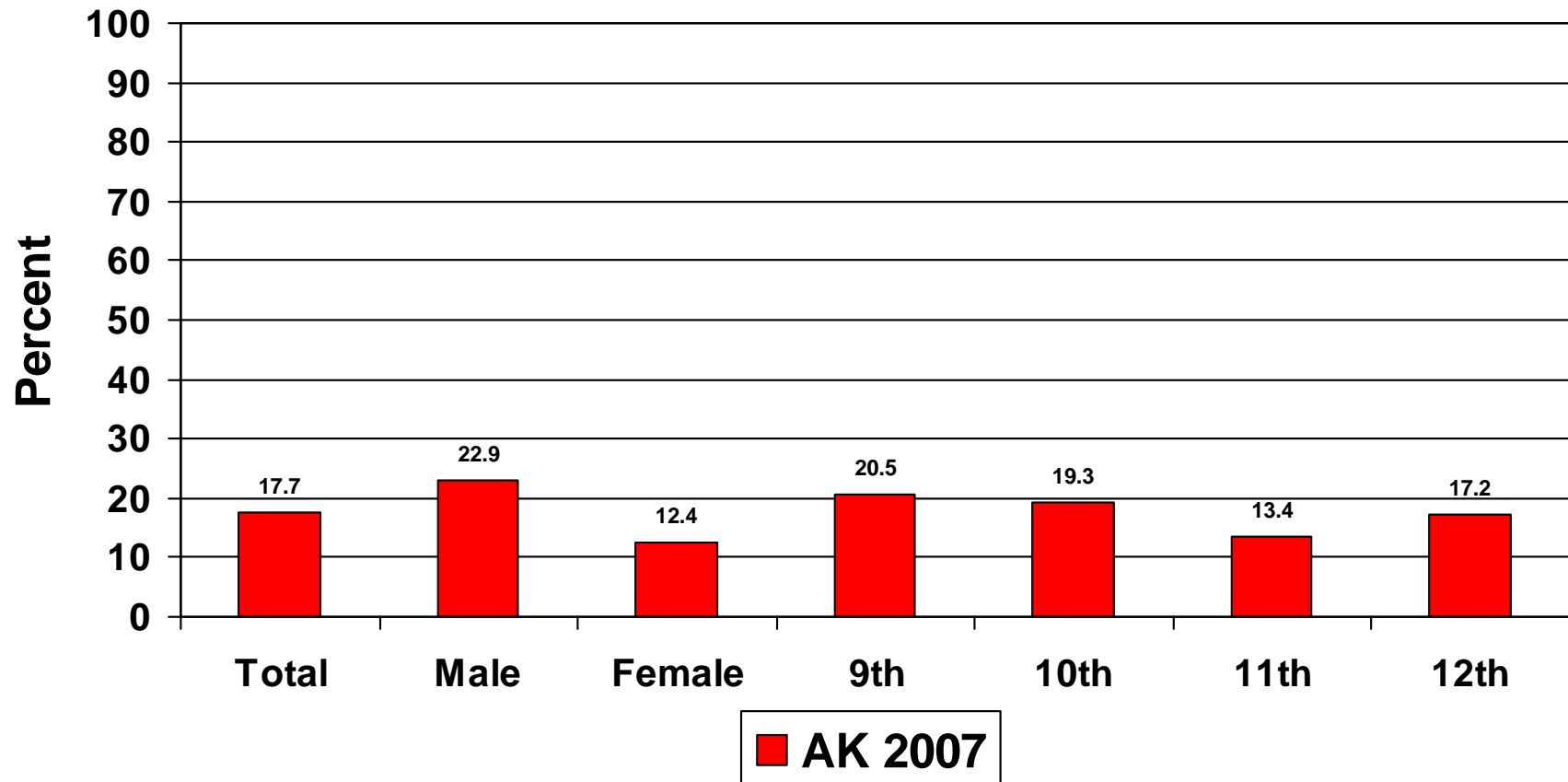
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

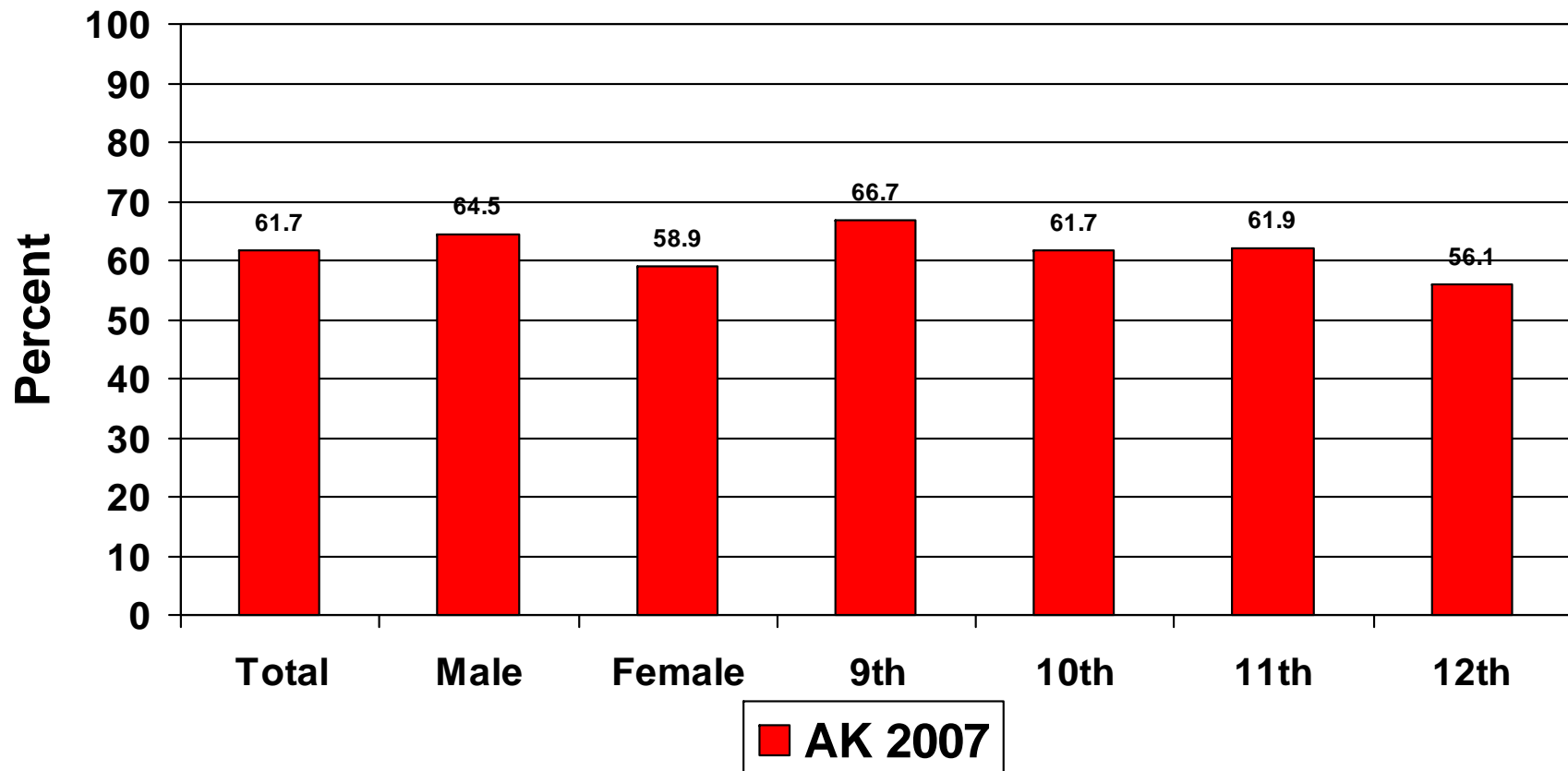
Percentage of students who attended physical education (PE) class daily



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

Percentage of students who played on one or more sports teams during the past 12 months



# **2007 Youth Risk Behavior Survey Results**

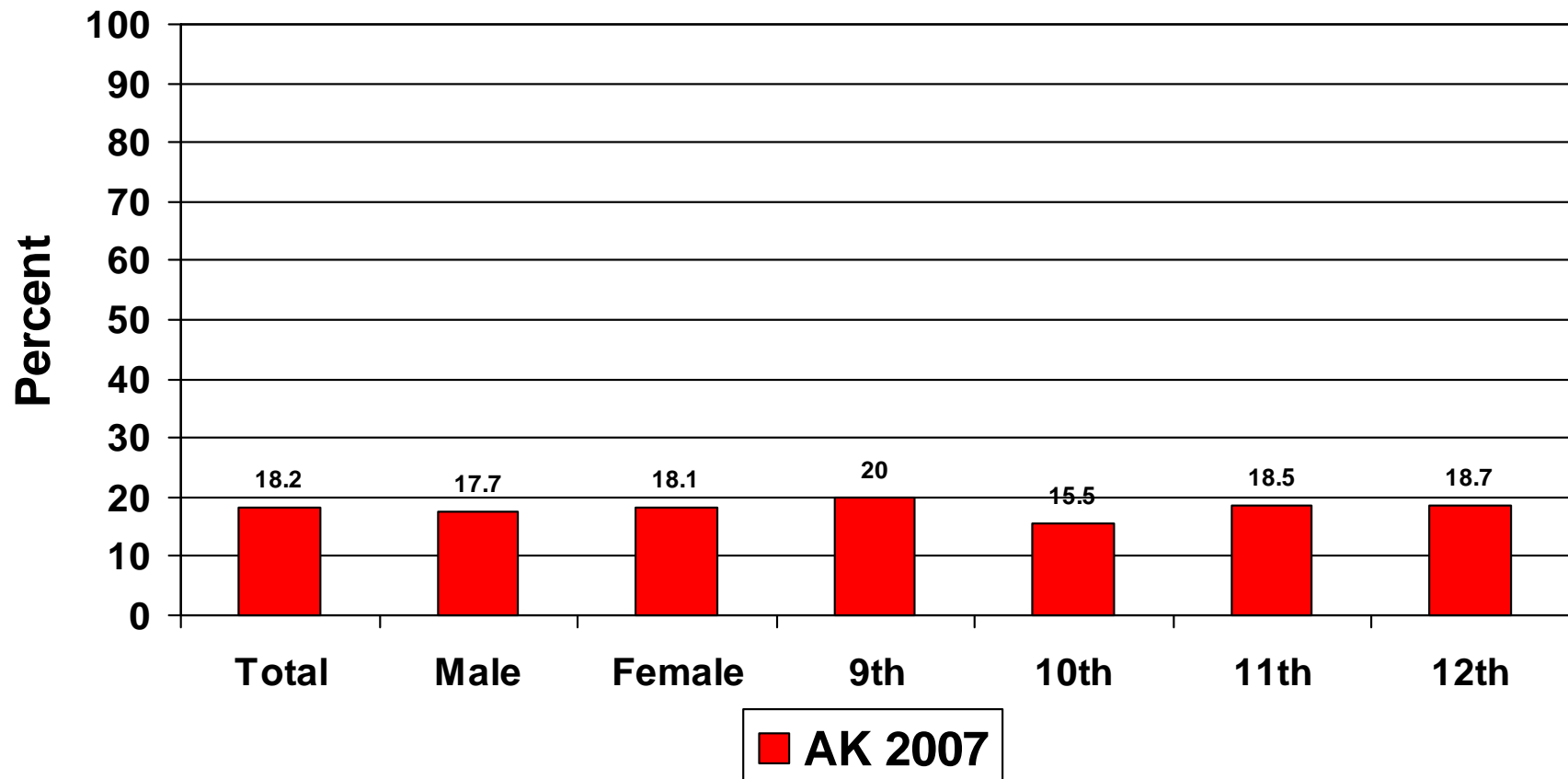
## **Alaska High School Survey Grades 9-12**

# Asthma

# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

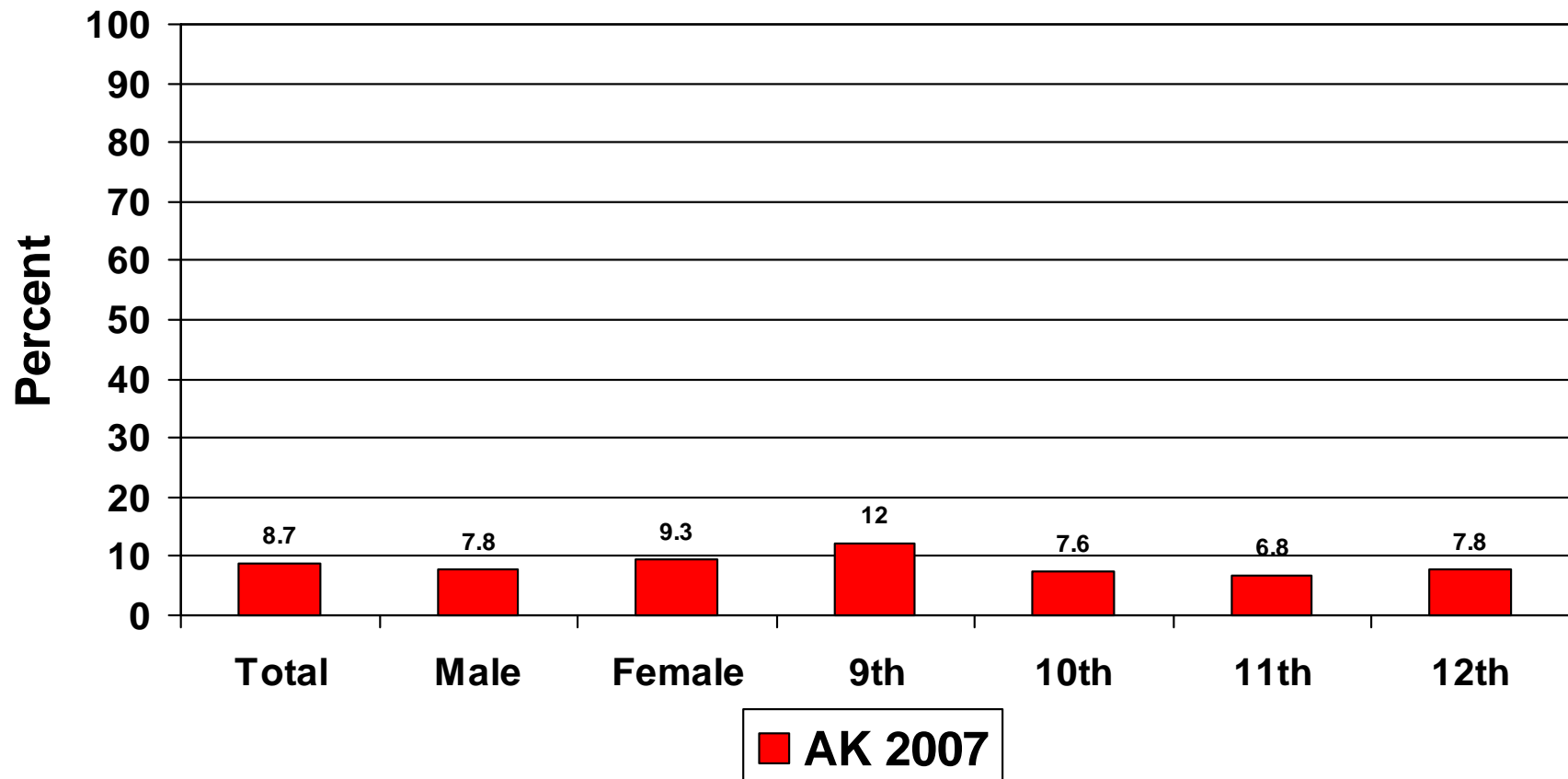
Percentage of students who had ever been told by a doctor or nurse that they had asthma



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

Percentage of students who had been told by a doctor or nurse that they had asthma and still have asthma (i.e. current asthma)



# **2007 Youth Risk Behavior Survey Results**

**Alaska High School Survey Grades 9-12**

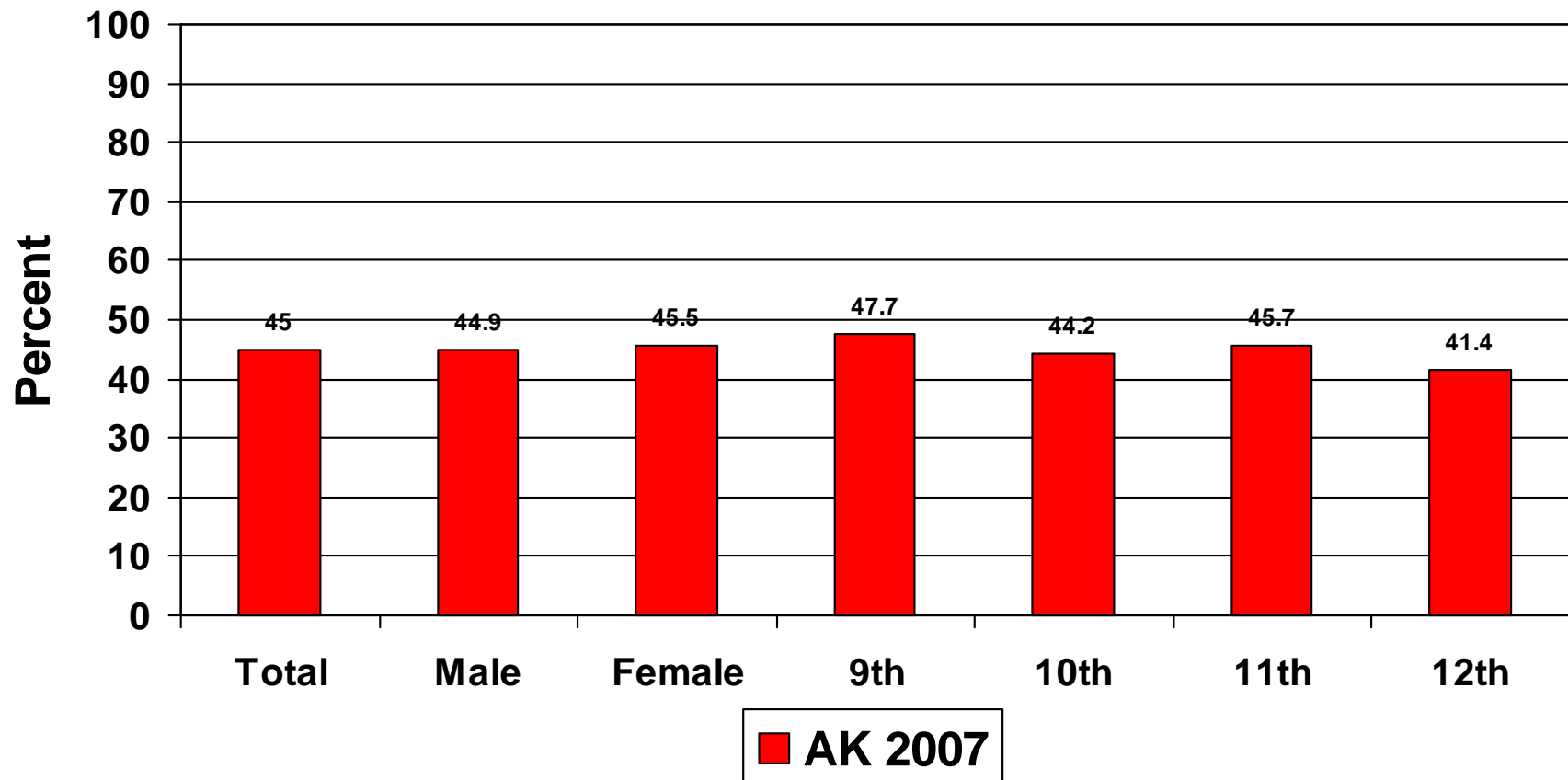
## **Connectedness**



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

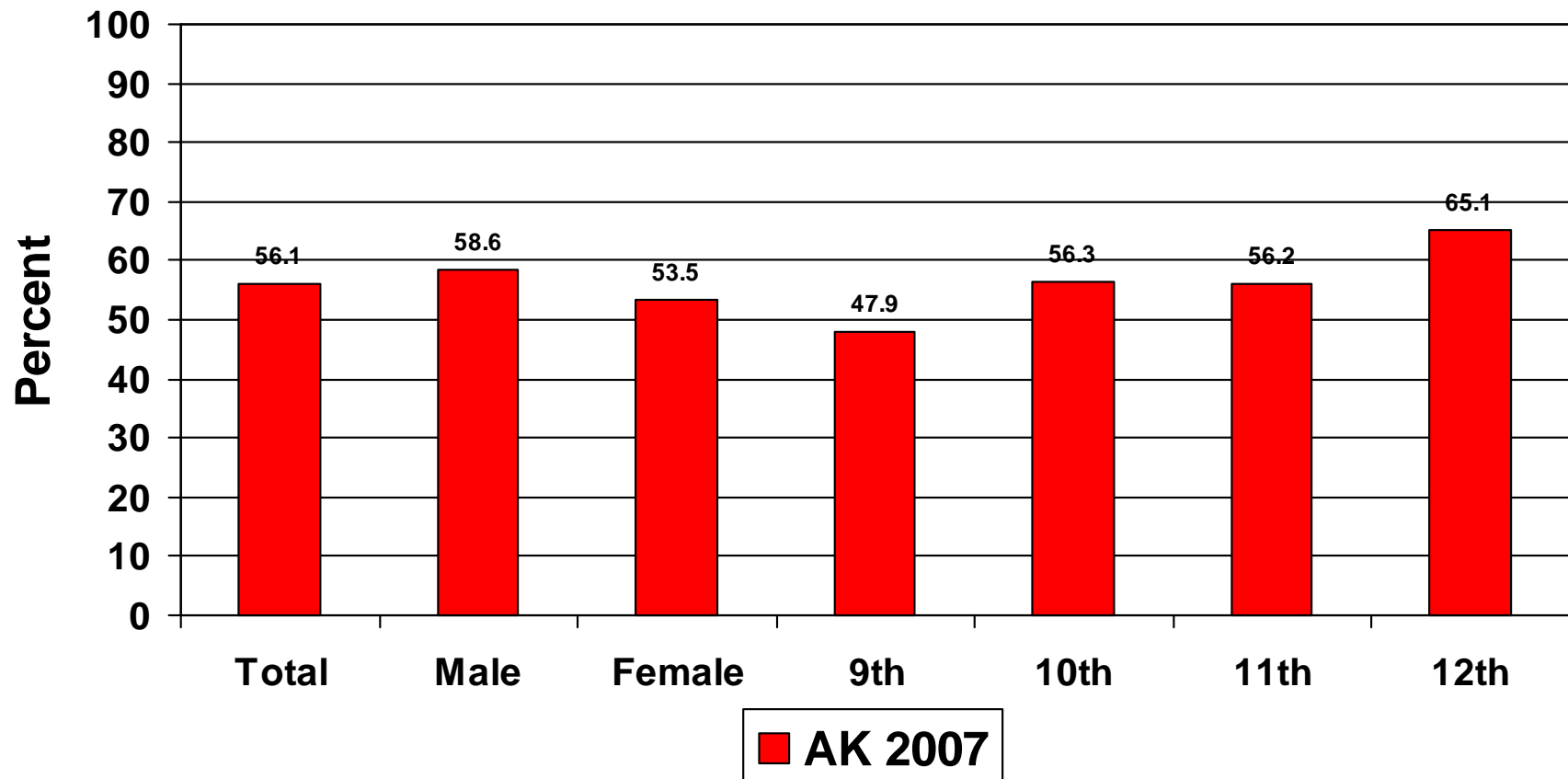
Percentage of students who responded that about every day one of their parents talked with them about what they were doing in school



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

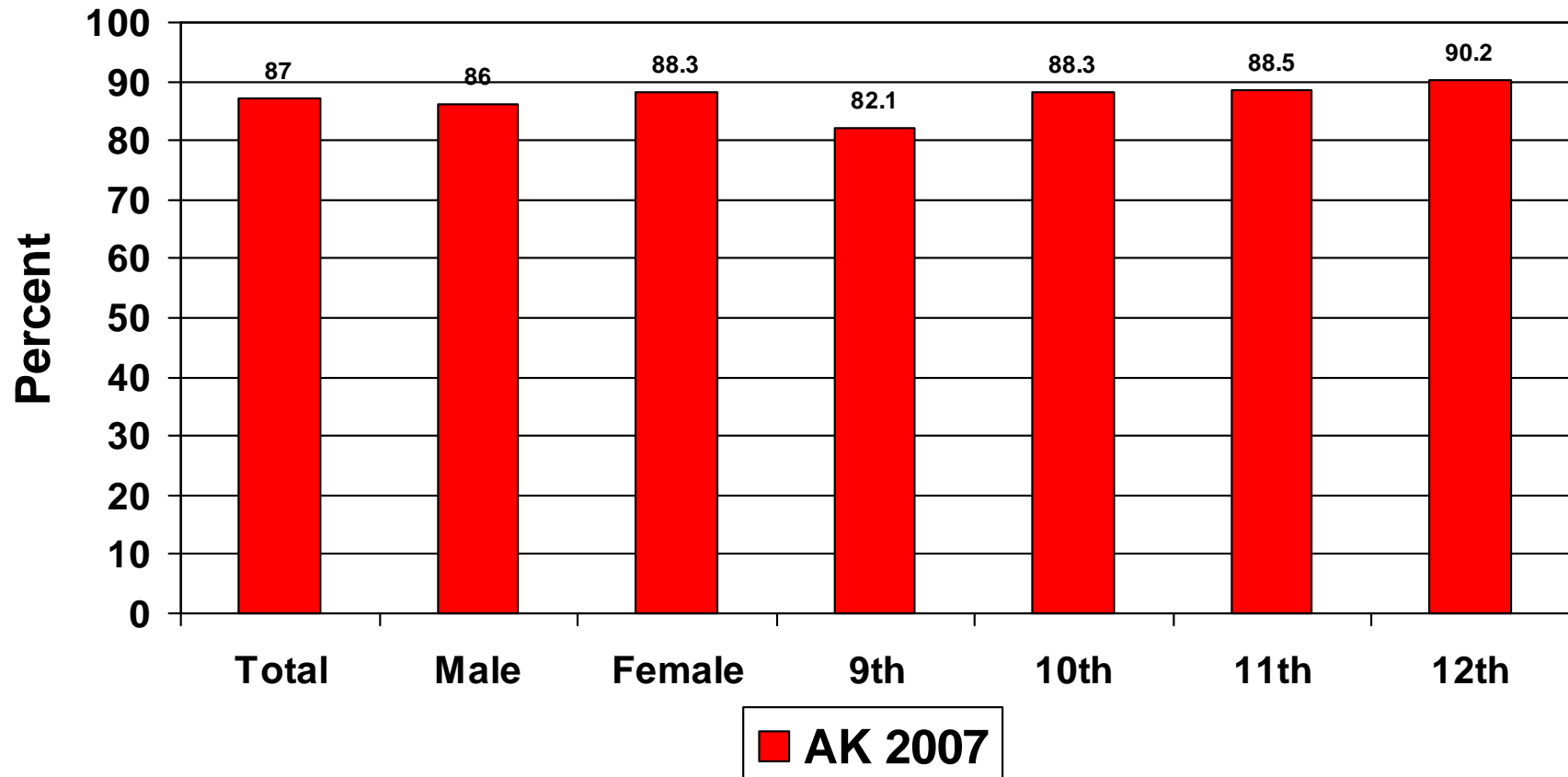
Percentage of students who agree or strongly agree that their teachers really care about them and give them a lot of encouragement



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

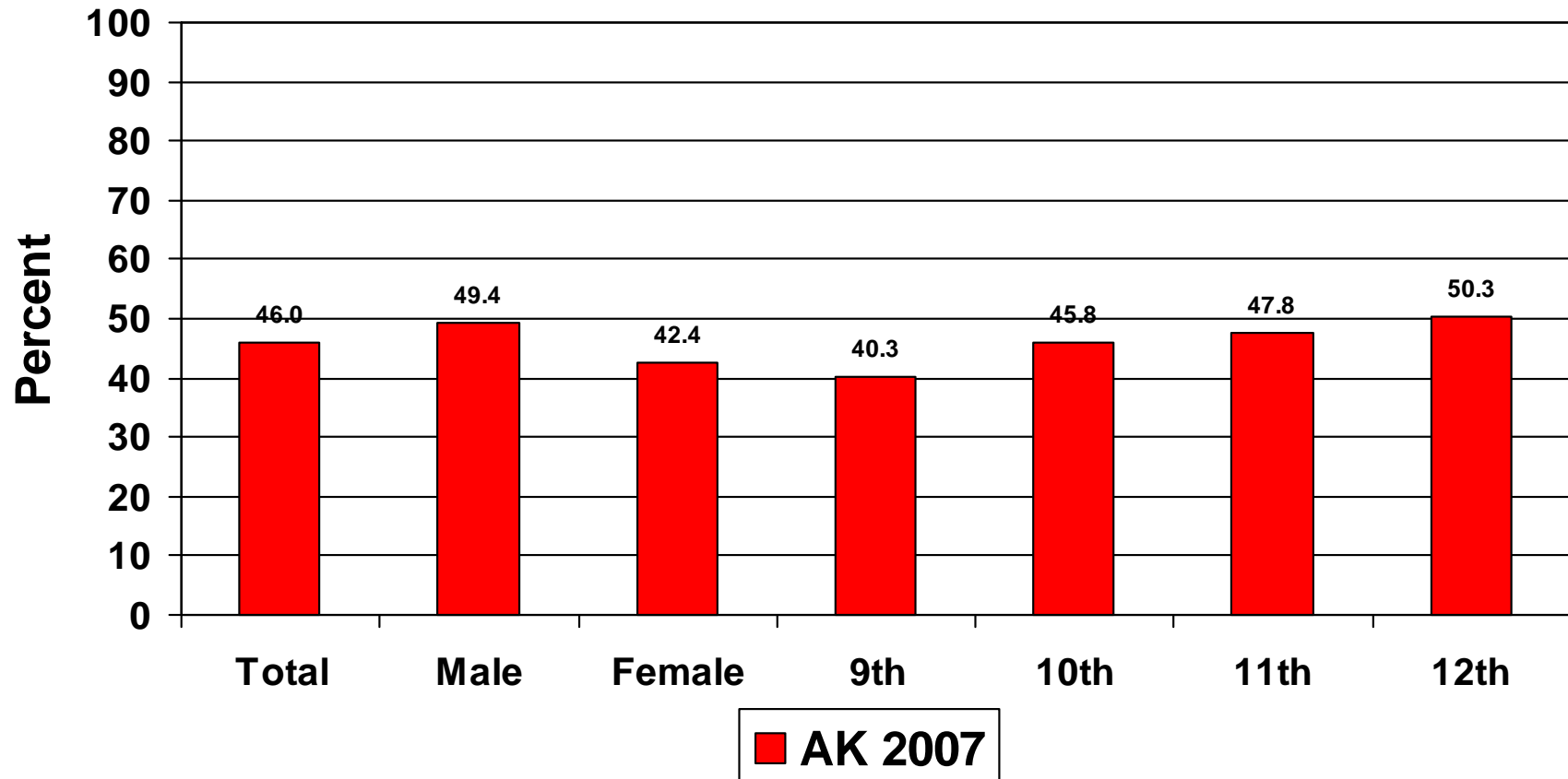
Percentage of students who would feel comfortable seeking help from one or more adults besides their parents if they had an important question affecting their life



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

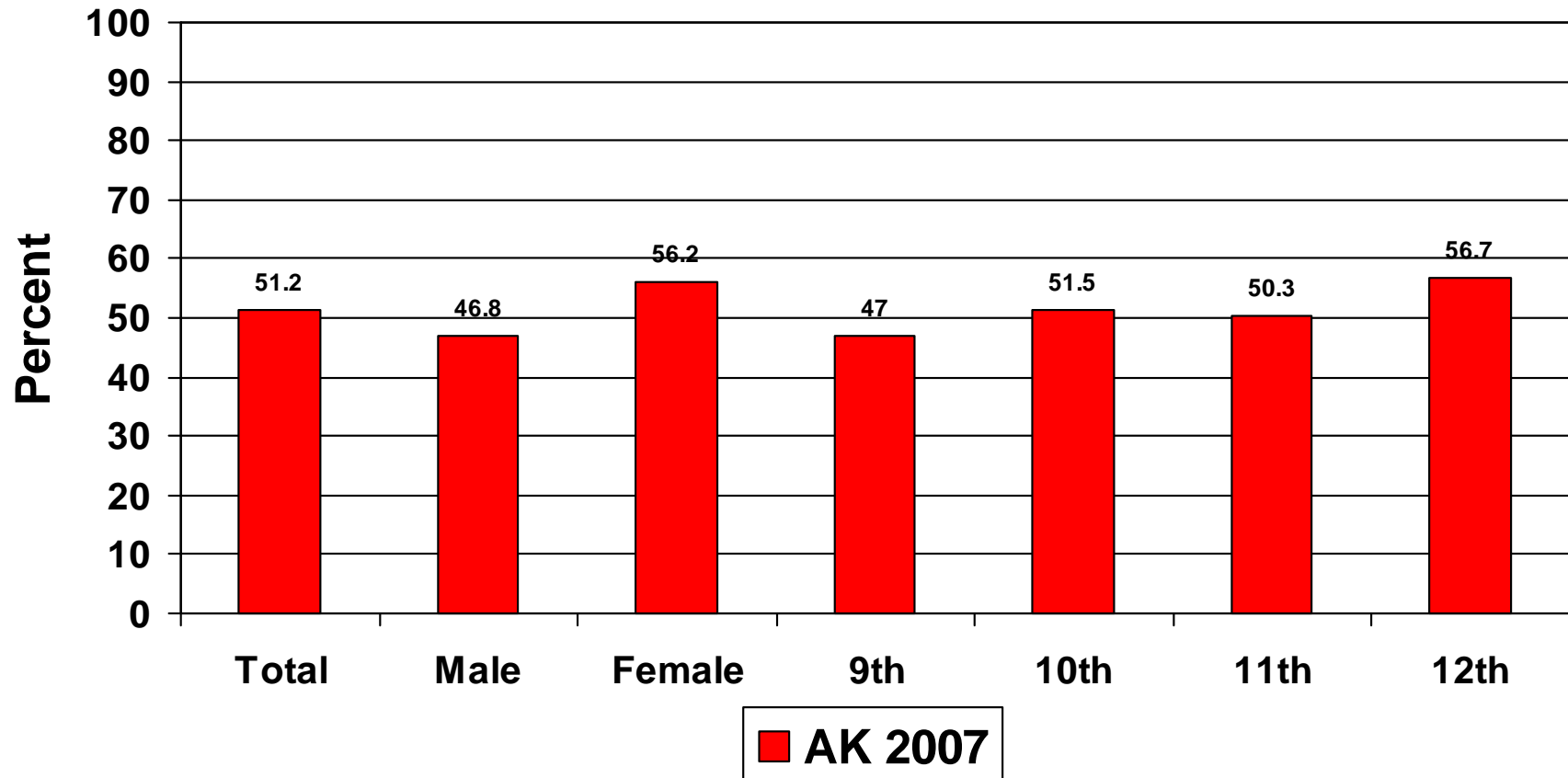
Percentage of students who would feel comfortable seeking help from three or more adults besides their parents if they had an important question affecting their life



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

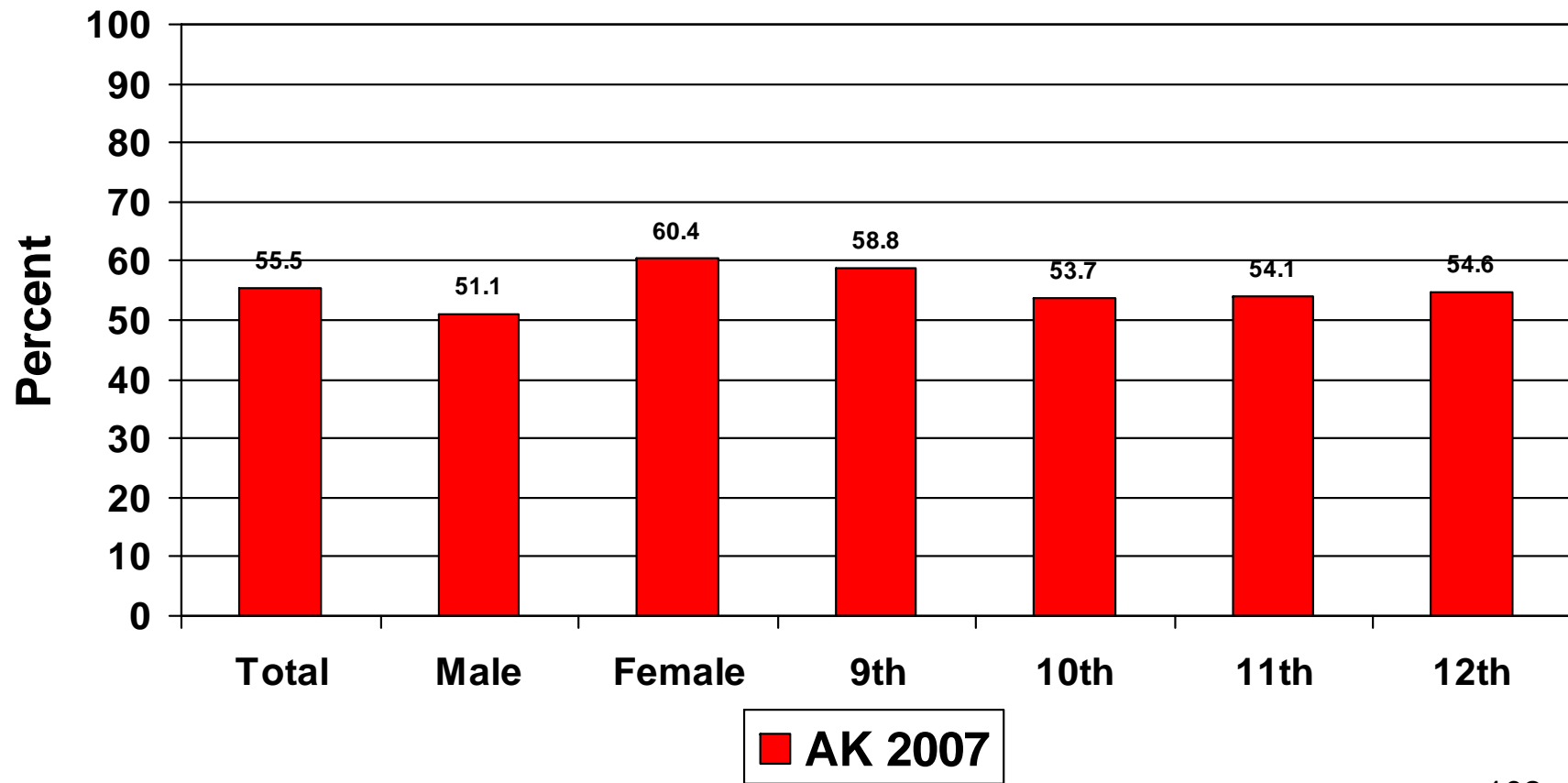
Percentage of students who spend one or more hours helping or volunteering at school or in the community during an average week



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

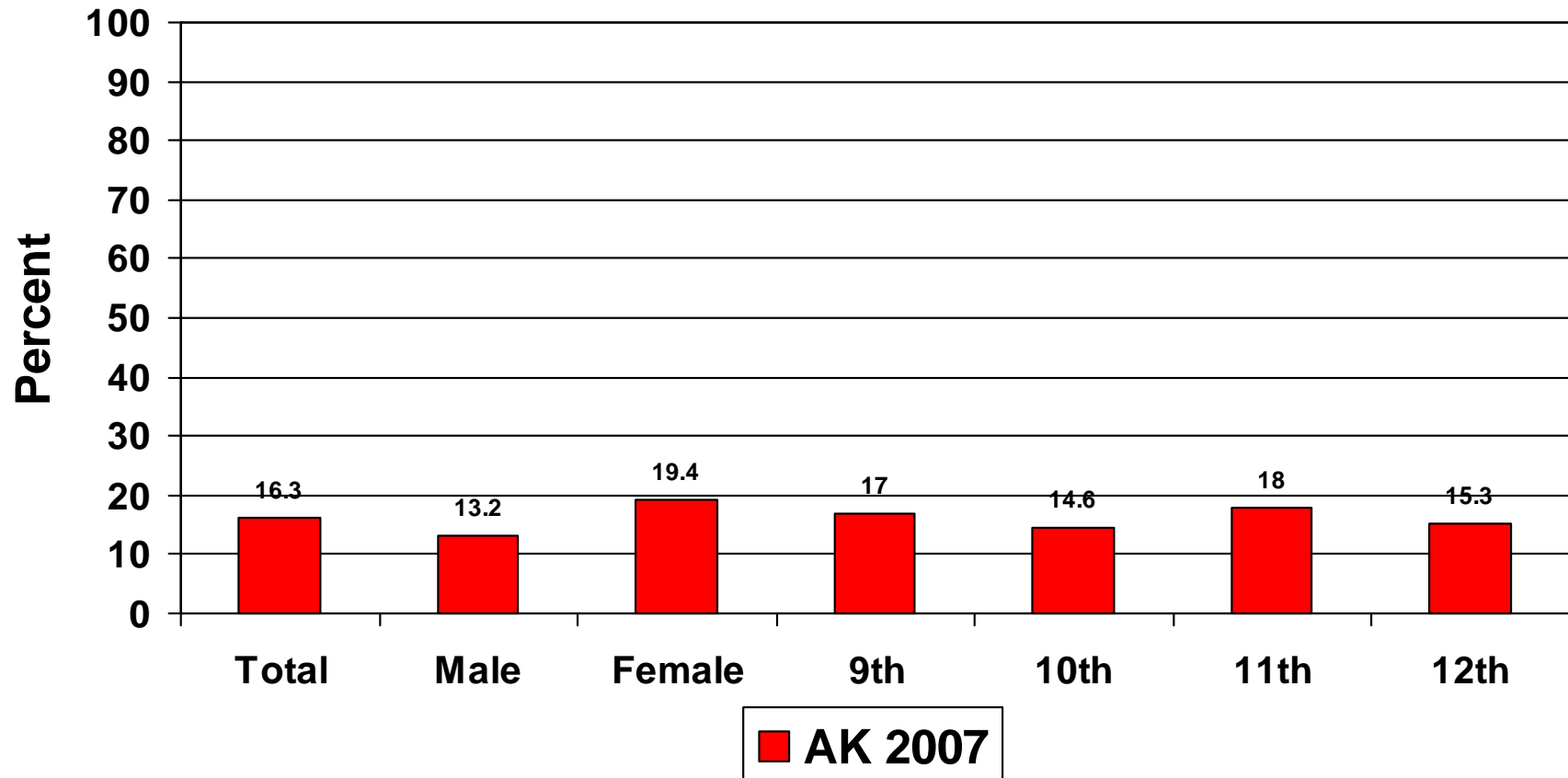
Percentage of students who take part in organized after school, evening, or weekend activities on one or more days during an average week



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

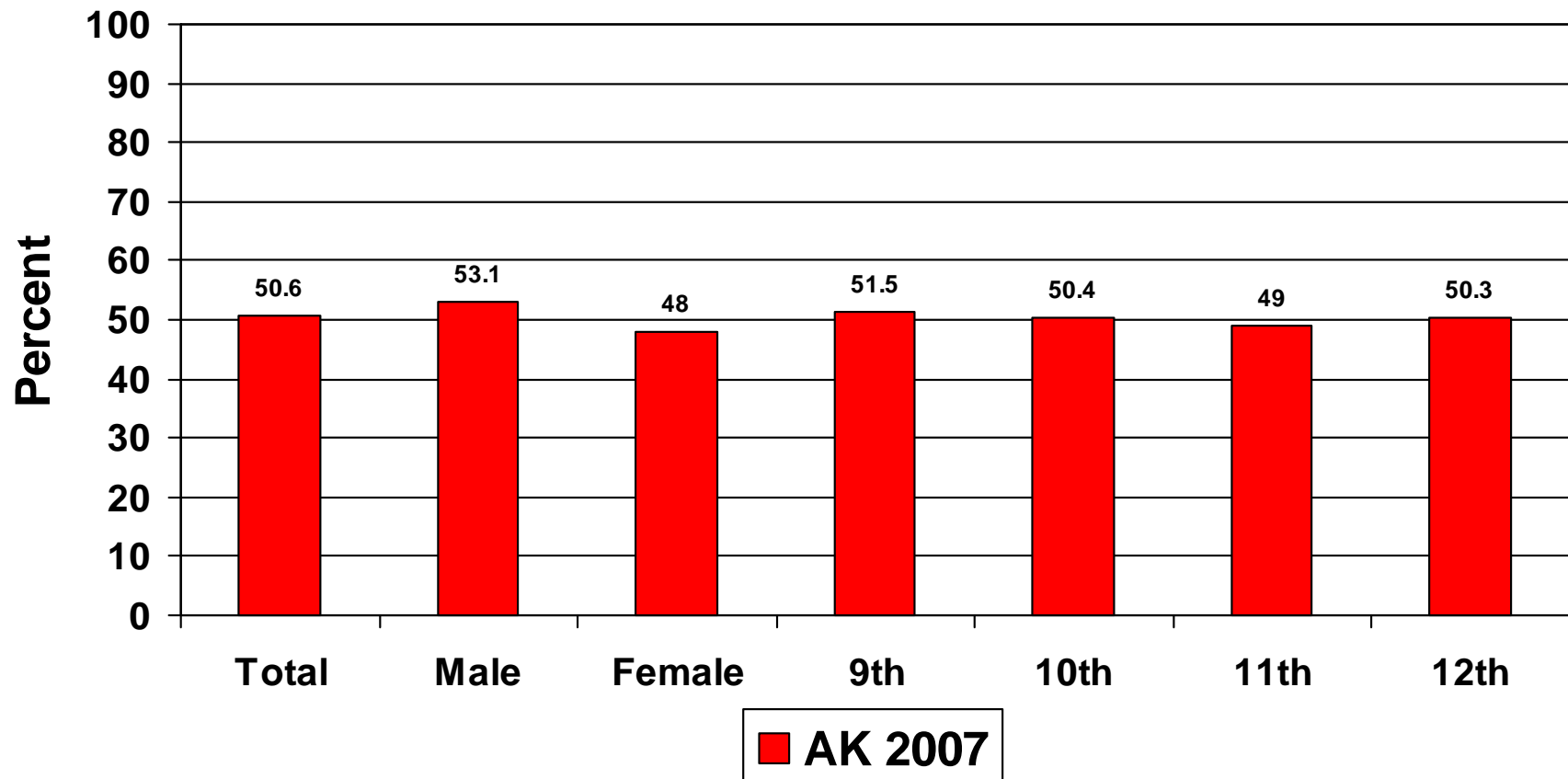
Percentage of students who agree or strongly agree that they feel alone in their life



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

Percentage of students who agree or strongly agree that in their community they feel like they matter to people

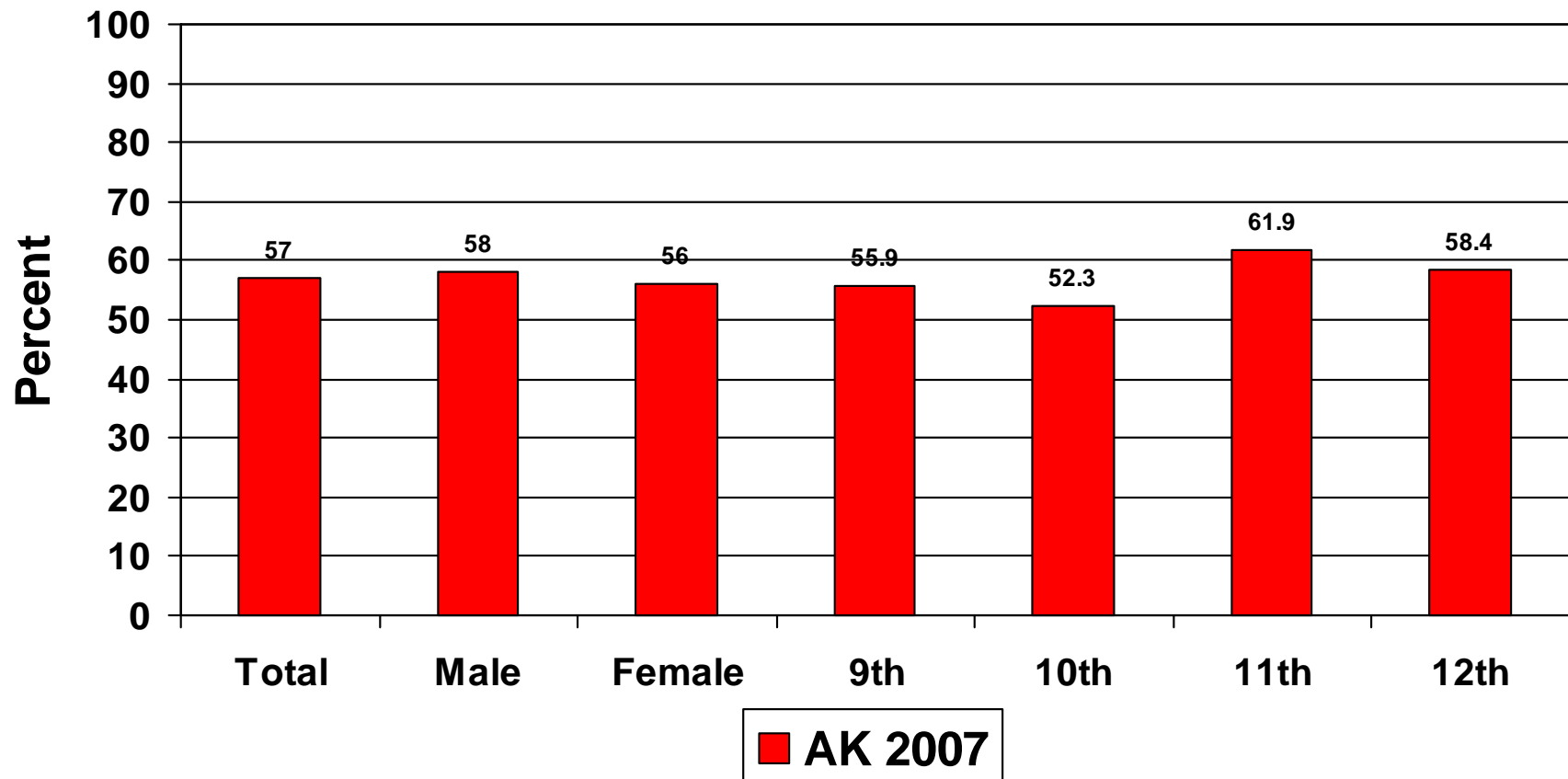




# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

Percentage of students who agree or strongly agree that their school has clear rules and consequences for behavior



# 2007 Youth Risk Behavior Survey Results

## Alaska High School Survey Grades 9-12

For more information:

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