

## Youth Online: High School YRBS

### Alaska 2009 and United States 2009 Results

High School Youth Risk Behavior Survey						
Question	Alaska 2009	United States 2009	p-value	Alaska 2009 More Likely Than United States 2009	United States 2009 More Likely Than Alaska 2009	No Difference
<b>Unintentional Injuries and Violence</b>						
<b>Rarely or never wore a bicycle helmet</b> (among students who had ridden a bicycle during the 12 months before the survey)	72.5 (68.3–76.2) 996 <sup>†</sup>	84.7 (81.2–87.6) 10,486	0.00		●	
<b>Rarely or never wore a seat belt</b> (when riding in a car driven by someone else)	12.1 (9.1–16.0) 1,360	9.7 (8.2–11.4) 16,220	0.20			●
<b>Rode with a driver who had been drinking alcohol one or more times</b> (in a car or other vehicle during the 30 days before the survey)	21.3 (18.9–23.9) 1,369	28.3 (26.7–29.9) 16,347	0.00		●	
<b>Drove when drinking alcohol one or more times</b> (in a car or other vehicle during the 30 days before the survey)	8.9 (7.3–10.9) 1,333	9.7 (8.7–10.8) 16,121	0.45			●
<b>Carried a weapon on school property on at least 1 day</b> (for example, a gun, knife, or club during the 30 days before the survey)	7.8 (6.3–9.6) 1,353	5.6 (5.0–6.3) 16,256	0.02	●		
<b>Did not go to school because they felt unsafe at school or on their way to or from school on at least 1 day</b> (during the 30 days before the survey)	6.0 (4.9–7.5) 1,360	5.0 (4.3–5.7) 16,371	0.15			●
<b>Threatened or injured with a weapon on school property one or more times</b> (for example, a gun, knife, or club during the 12 months before the survey)	7.3 (5.7–9.3) 1,372	7.7 (6.9–8.5) 16,367	0.70			●
<b>In a physical fight on school property one or more times</b> (during the 12 months before the survey)	9.8 (7.9–12.1) 1,347	11.1 (10.0–12.2) 16,089	0.27			●
<b>Bullied on school property</b> (during the 12 months before the survey)	20.7 (18.3–23.4) 1,364	19.9 (18.8–21.1) 15,633	0.58			●
<b>Felt sad or hopeless</b> (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)	25.2 (22.4–28.3) 1,362	26.1 (24.8–27.5) 16,232	0.57			●
<b>Seriously considered attempting suicide</b> (during the 12 months before the survey)	13.9 (11.4–16.8) 1,361	13.8 (13.1–14.6) 16,220	0.96			●

<b>Made a plan about how they would attempt suicide</b> (during the 12 months before the survey)	11.7 (9.5–14.2) 1,362	10.9 (10.0–11.8) 16,213	0.53			●
<b>Attempted suicide one or more times</b> (during the 12 months before the survey)	8.5 (6.3–11.4) 1,183	6.3 (5.7–7.0) 14,609	0.10			●
<b>Suicide attempt resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse</b> (during the 12 months before the survey)	2.6 (1.7–4.2) 1,158	1.9 (1.6–2.3) 14,514	0.27			●
<b>Carried a weapon on at least 1 day</b> (for example, a gun, knife, or club during the 30 days before the survey)	20.0 (17.5–22.7) 1,315	17.5 (16.1–19.0) 16,110	0.09			●
<b>Carried a gun on at least 1 day</b> (during the 30 days before the survey)	6.9 (5.5–8.7) 1,337	5.9 (5.1–6.9) 15,664	0.28			●
<b>In a physical fight one or more times</b> (during the 12 months before the survey)	27.8 (24.9–31.0) 1,339	31.5 (30.1–32.9) 16,130	0.03		●	
<b>Injured in a physical fight one or more times</b> (injuries had to be treated by a doctor or nurse, during the 12 months before the survey)	3.0 (2.2–4.1) 1,346	3.8 (3.3–4.3) 15,749	0.15			●
<b>Hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend</b> (during the 12 months before the survey)	13.3 (11.4–15.4) 1,362	9.8 (8.9–10.8) 16,217	0.00	●		
<b>Ever physically forced to have sexual intercourse</b> (when they did not want to)	10.1 (8.6–11.9) 1,357	7.4 (6.7–8.3) 15,735	0.00	●		
<b>Tobacco Use</b>						
<b>Ever tried cigarette smoking</b> (even one or two puffs)	47.5 (44.1–50.9) 1,315	46.3 (43.7–48.9) 15,888	0.56			●
<b>Smoked a whole cigarette for the first time before age 13 years</b>	12.8 (10.7–15.3) 1,286	10.7 (9.6–11.9) 15,739	0.11			●
<b>Smoked cigarettes on at least 1 day</b> (during the 30 days before the survey)	15.7 (13.1–18.8) 1,286	19.5 (17.9–21.2) 15,762	0.02		●	
<b>Smoked cigarettes on 20 or more days</b> (during the 30 days before the survey)	5.1 (3.7–6.9) 1,286	7.3 (6.4–8.3) 15,762	0.02		●	
<b>Smoked more than 10 cigarettes per day</b> (among students who currently smoked cigarettes, on the days they smoked during the 30 days before the survey)	5.3 (2.7–10.3) 184	7.8 (6.6–9.0) 2,940	0.20			●
<b>Smoked cigarettes on school property on at least 1 day</b> (during the 30 days before the survey)	4.5 (3.2–6.2) 1,337	5.1 (4.5–5.8) 15,851	0.40			●
<b>Ever smoked at least one cigarette every day for 30 days</b>	10.3 (8.3–12.8) 1,321	11.2 (10.0–12.6) 15,431	0.49			●
<b>Did not try to quit smoking cigarettes</b> (among students who currently smoked cigarettes, during the 12 months before the survey)	41.8 (33.4–50.7) 176	49.2 (45.9–52.6) 2,859	0.12			●
<b>Usually obtained their own cigarettes by buying them in a store or gas station</b> (among the students who were aged <18 years and who currently smoked cigarettes, during the 30 days before the survey)	5.5 (2.7–10.6) 146	14.1 (11.7–17.0) 2,266	0.00		●	
<b>Used chewing tobacco, snuff, or dip on at least 1 day</b>	13.6 (10.7–17.1)	8.9 (7.3–10.8)	0.01	●		

(during the 30 days before the survey)	1,323	16,134				
<b>Used chewing tobacco, snuff, or dip on school property on at least 1 day</b> (during the 30 days before the survey)	6.7 (4.8–9.3) 1,355	5.5 (4.4–6.8) 15,974	0.32			●
<b>Smoked cigars, cigarillos, or little cigars on at least 1 day</b> (during the 30 days before the survey)	10.3 (8.6–12.3) 1,368	14.0 (12.8–15.4) 15,671	0.00		●	
<b>Smoked cigarettes; smoked cigars, cigarillos, or little cigars; or used chewing tobacco, snuff, or dip on at least 1 day</b> (during the 30 days before the survey)	25.2 (21.8–28.8) 1,248	26.0 (23.8–28.3) 14,997	0.68			●
<b>Alcohol and Other Drug Use</b>						
<b>Ever had at least one drink of alcohol on at least 1 day</b> (during their life)	66.6 (63.4–69.7) 1,334	72.5 (70.6–74.3) 15,953	0.00		●	
<b>Drank alcohol for the first time before age 13 years</b> (other than a few sips)	16.9 (15.0–19.0) 1,354	21.1 (19.6–22.6) 16,207	0.00		●	
<b>Had at least one drink of alcohol on at least 1 day</b> (during the 30 days before the survey)	33.2 (30.0–36.6) 1,242	41.8 (40.2–43.4) 14,864	0.00		●	
<b>Had five or more drinks of alcohol in a row within a couple of hours on at least 1 day</b> (during the 30 days before the survey)	21.7 (18.8–24.8) 1,341	24.2 (22.6–25.9) 16,009	0.13			●
<b>Usually obtained the alcohol they drank by someone giving it to them</b> (among students who currently drank alcohol during the 30 days before the survey)	34.7 (28.5–41.4) 396	42.2 (40.3–44.1) 6,121	0.03		●	
<b>Had at least one drink of alcohol on school property on at least 1 day</b> (during the 30 days before the survey)	3.0 (2.2–4.1) 1,348	4.5 (3.9–5.1) 16,024	0.01		●	
<b>Ever used marijuana one or more times</b> (during their life)	44.5 (40.6–48.5) 1,311	36.8 (34.8–38.8) 16,060	0.00	●		
<b>Tried marijuana for the first time before age 13 years</b>	10.0 (8.2–12.0) 1,339	7.5 (6.7–8.3) 16,134	0.02	●		
<b>Used marijuana one or more times</b> (during the 30 days before the survey)	22.7 (19.5–26.1) 1,334	20.8 (19.4–22.3) 16,112	0.30			●
<b>Used marijuana on school property one or more times</b> (during the 30 days before the survey)	5.9 (4.7–7.5) 1,337	4.6 (4.0–5.4) 16,086	0.10			●
<b>Ever used any form of cocaine one or more times</b> (for example, powder, crack, or freebase, during their life)	7.4 (5.9–9.2) 1,352	6.4 (5.7–7.1) 16,204	0.25			●
<b>Used any form of cocaine one or more times</b> (for example, powder, crack, or freebase, during the 30 days before the survey)	2.1 (1.4–3.2) 1,342	2.8 (2.4–3.2) 15,557	0.16			●
<b>Ever sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times</b> (during their life)	9.8 (8.3–11.6) 1,366	11.7 (10.6–12.8) 16,293	0.06			●
<b>Ever used heroin one or more times</b> (also called "smack", "junk", or "China white", during their life)	3.3 (2.4–4.5) 1,361	2.5 (2.2–2.9) 15,731	0.17			●
<b>Ever used methamphetamines one or more times</b>	3.6 (2.8–4.5)	4.1 (3.6–4.6)	0.30			●

(also called "speed", "crystal", "crank", or "ice", during their life)	1,357	16,289				
<b>Ever used ecstasy one or more times</b> (also called "MDMA", during their life)	7.1 (5.5–9.1) 1,362	6.7 (5.8–7.6) 15,887	0.69			●
<b>Ever took steroid pills or shots without a doctor's prescription one or more times</b> (during their life)	—	3.3 (2.9–3.8) 16,320	~			
<b>Ever used a needle to inject any illegal drug into their body one or more times</b> (during their life)	2.2 (1.5–3.4) 1,361	2.1 (1.8–2.5) 16,140	0.78			●
<b>Offered, sold, or given an illegal drug by someone on school property</b> (during the 12 months before the survey)	24.8 (22.4–27.4) 1,356	22.7 (20.7–24.9) 16,261	0.19			●
<b>Sexual Behaviors</b>						
<b>Ever had sexual intercourse</b>	43.5 (39.4–47.6) 1,252	46.0 (42.9–49.2) 15,065	0.32			●
<b>Had sexual intercourse for the first time before age 13 years</b>	5.1 (3.6–7.0) 1,244	5.9 (5.1–6.8) 15,046	0.36			●
<b>Had sexual intercourse with four or more persons</b> (during their life)	11.4 (9.3–13.9) 1,251	13.8 (12.4–15.4) 14,987	0.08			●
<b>Had sexual intercourse with at least one person</b> (during the 3 months before the survey)	30.4 (26.5–34.6) 1,253	34.2 (31.9–36.5) 15,017	0.11			●
<b>Drank alcohol or used drugs before last sexual intercourse</b> (among students who were currently sexually active)	17.1 (13.1–22.0) 364	21.6 (20.0–23.3) 5,548	0.06			●
<b>Did not use a condom during last sexual intercourse</b> (among students who were currently sexually active)	37.8 (33.3–42.5) 359	38.9 (36.9–41.0) 5,454	0.66			●
<b>Did not use birth control pills before last sexual intercourse</b> (to prevent pregnancy, among students who were currently sexually active)	74.0 (68.7–78.7) 356	80.2 (77.5–82.6) 5,360	0.03		●	
<b>Were never taught in school about AIDS or HIV infection</b>	16.1 (13.5–19.1) 1,352	13.0 (11.7–14.3) 16,109	0.05			●
<b>Did not use Depo-Provera before last sexual intercourse</b> (to prevent pregnancy, among students who were currently sexually active)	95.2 (91.9–97.2) 356	96.9 (96.3–97.4) 5,360	0.18			●
<b>Did not use birth control pills or Depo-Provera before last sexual intercourse</b> (to prevent pregnancy, among students who were currently sexually active)	69.2 (64.2–73.7) 356	77.1 (74.3–79.7) 5,360	0.00		●	
<b>Did not use both a condom during last sexual intercourse and birth control pills or Depo-Provera before last sexual intercourse</b> (to prevent pregnancy, among students who were currently sexually active)	85.7 (80.8–89.5) 354	91.1 (89.7–92.4) 5,329	0.02		●	
<b>Dietary Behaviors</b>						
<b>Ate fruits and vegetables less than five times per day</b> (100% fruit juices, fruit, green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	82.8 (80.5–84.9) 1,339	77.7 (76.3–78.9) 16,057	0.00		●	

<b>Did not drink 100% fruit juices</b> (during the 7 days before the survey)	22.5 (20.1–25.2) 1,361	19.4 (18.0–20.8) 16,167	0.03	●		
<b>Did not eat fruit</b> (during the 7 days before the survey)	10.6 (8.8–12.8) 1,361	11.4 (10.1–12.9) 16,232	0.51			●
<b>Did not eat green salad</b> (during the 7 days before the survey)	37.1 (34.0–40.4) 1,358	36.6 (34.7–38.6) 16,220	0.78			●
<b>Did not eat potatoes</b> (excluding French fries, fried potatoes, or potato chips, during the 7 days before the survey)	31.9 (28.6–35.4) 1,362	31.2 (29.5–33.1) 16,224	0.73			●
<b>Did not eat carrots</b> (during the 7 days before the survey)	42.5 (38.9–46.1) 1,358	51.8 (49.5–54.2) 16,223	0.00		●	
<b>Did not eat other vegetables</b> (excluding green salad, potatoes, or carrots, during the 7 days before the survey)	16.1 (13.8–18.7) 1,352	16.7 (15.3–18.1) 16,215	0.70			●
<b>Drank a can, bottle, or glass of soda or pop at least one time per day</b> (not including diet soda or diet pop, during the 7 days before the survey)	20.1 (17.7–22.8) 1,360	29.2 (27.2–31.2) 16,188	0.00		●	
<b>Drank less than three glasses per day of milk</b> (during the 7 days before the survey)	88.3 (86.1–90.2) 1,355	85.5 (83.1–87.6) 16,174	0.06			●
<b>Ate fruit or drank 100% fruit juices less than two times per day</b> (during the 7 days before the survey)	72.5 (70.0–74.8) 1,360	66.1 (64.4–67.8) 16,141	0.00	●		
<b>Ate vegetables less than three times per day</b> (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	86.8 (85.0–88.4) 1,341	86.2 (85.2–87.1) 16,160	0.54			●
<b>Overweight</b> (students who were $\geq$ 85th percentile but $<$ 95th percentile for body mass index, by age and sex, based on reference data)	14.4 (12.3–16.7) 1,303	15.8 (14.7–17.0) 15,178	0.25			●
<b>Obese (students who were <math>\geq</math> 95th percentile for body mass index, by age and sex, based on reference data)</b>	11.8 (9.9–13.9) 1,303	12.0 (10.9–13.1) 15,178	0.87			●
<b>Described themselves as slightly or very overweight</b>	29.3 (26.1–32.7) 1,354	27.7 (26.7–28.6) 16,123	0.34			●
<b>Did not exercise to lose weight or to keep from gaining weight</b> (during the 30 days before the survey)	37.5 (34.6–40.6) 1,349	38.5 (37.2–39.8) 16,109	0.55			●
<b>Did not eat less food, fewer calories, or low-fat foods to lose weight or to keep from gaining weight</b> (during the 30 days before the survey)	63.7 (60.6–66.6) 1,336	60.5 (59.0–61.8) 16,099	0.05			●
<b>Went without eating for 24 hours or more to lose weight or to keep from gaining weight</b> (during the 30 days before the survey)	—	10.6 (9.7–11.5) 16,115	~			
<b>Took diet pills, powders or liquids to lose weight or to keep from gaining weight</b> (without a doctor's advice, during the 30 days before the survey)	—	5.0 (4.5–5.5) 16,120	~			
<b>Vomited or took laxatives to lose weight or to keep from</b>	—	4.0 (3.5–4.4)	~			

<b>gaining weight</b> (during the 30 days before the survey)		16,100				
<b>Physical Activity</b>						
<b>Physically active at least 60 minutes per day on less than 5 days</b> (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	57.6 (54.0–61.1) 1,358	63.0 (61.2–64.8) 16,109	0.01		●	
<b>Did not attend physical education classes in an average week</b> (when they were in school)	54.2 (49.3–59.1) 1,352	43.6 (36.4–51.1) 15,578	0.02	●		
<b>Did not attend physical education classes daily</b> (when they were in school)	82.3 (78.4–85.6) 1,352	66.7 (60.7–72.3) 15,578	0.00	●		
<b>Did not play on sports teams</b> (run by their school or community groups during the 12 months before the survey)	38.1 (35.2–41.2) 1,345	41.7 (38.9–44.5) 15,562	0.09			●
<b>Watched television 3 or more hours per day</b> (on an average school day)	24.8 (22.8–26.9) 1,352	32.8 (30.4–35.3) 16,126	0.00		●	
<b>Used computers 3 or more hours per day</b> (played video or computer games or used a computer for something that was not school work on an average school day)	23.6 (20.6–26.9) 1,349	24.9 (22.9–27.0) 16,124	0.51			●
<b>Physically active at least 60 minutes per day on less than 7 days</b> (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	79.8 (76.7–82.6) 1,358	81.6 (80.5–82.7) 16,109	0.25			●
<b>Did not participate in at least 60 minutes of physical activity on any day</b> (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	16.2 (13.9–18.9) 1,358	23.1 (21.5–24.8) 16,109	0.00		●	
<b>Asthma</b>						
<b>Ever told by a doctor or nurse that they had asthma</b>	18.5 (16.7–20.5) 1,348	22.0 (20.8–23.1) 16,089	0.00		●	
<b>Ever told by a doctor or nurse that they had asthma and still have asthma</b>	7.9 (6.5–9.7) 1,333	10.8 (9.9–11.7) 15,998	0.00		●	

**Footnotes**

†	Percentage, confidence interval, cell size
‘—’	Data not available
~	P-value not available

**Application URL:** <http://ngdev.cdc.gov/YouthOnline/App/Results.aspx?TT=G&OUT=0&SID=HS&QID=QQ&LID=AK&YID=2009&LID2=XX&YID2=2009&COL=&ROW1=&ROW2=&HT=QQ&LCT=&FS=1&FR=1&FG=1&FSL=&FRL=&FGL=&PV=&TST=True&C1=AK2009&C2=XX2009&QP=G&DP=1&VA=CI&CS=Y&SYID=&EYID=&SC=DEFAULT&SO=ASC&PF=1>