

LET'S TALK DIABETES



Dr. Ross Tanner M.D.

In 2007 Dr. Tanner established the Diabetes & Lipid Clinic of Alaska. A multi-specialty clinic to serve adult patients with diabetes, obesity, elevated blood pressure or cholesterol problems. By utilizing a proactive approach, many patients are on fewer medications with better control and experience fewer complications over the long term. Dr. Tanner has been recognized by the NCQA

KEYNOTE

12 NOON

We will be holding a education session on resources available in Anchorage to prevent Type 2 Diabetes, and how to participate in self-management education classes to help you manage your Type 2 Diabetes. We will also have speakers tell us their story and how they are living with diabetes.

JOIN US!!!

WHEN: SEPTEMBER 19 (SATURDAY)

WHERE: KINCAID PARK CHALET

TIME: NOON – 3 PM

FREE ADMISSION

For Information: 907-278-0234 |

E-mail: diabetes@alaska.gov

LUNCH PROVIDED

BY:



The DeFeet Diabetes Trail Run is a fundraiser of the American Diabetes Association. Participants will experience the beautiful fall backdrop at the Kincaid Outdoor Center while running or walking the custom route made for this event! Find out more on <http://bit.ly/defeetdiabetes>

- ASK AN EXPERT BOOTH
- FOOD PROVIDED
- PARTICIPATE AND ENTER TO WIN **40,000 Alaska Airline miles**
- FREE SCREENINGS & A1C TESTING

