

Tobacco Prevention & Control

Community of Practice Descriptions and Schedule for Fiscal Year 2020

Community of Practice (CoP) Descriptions

Alaska Native LEAD

TPC's strategies to address tobacco health disparities are integrated through our Leadership for Eliminating Alaskan Disparities (LEAD) CoP that focus on priority populations in Alaska. This group will establish and maintain relationships with organizations serving Alaska Native people to increase the number of leaders who support, role model, and promote tobacco-free lifestyles. For information contact shayla.compton@alaska.gov

Young Adult LEAD Workgroup

This group leverages partnerships from local post-secondary institutions including universities, colleges, and vocational/technical schools to decrease exposure to secondhand smoke, prolong protective factors against initiation of tobacco use into adulthood (18-29) and increase cessation of tobacco use among adults. For information contact shayla.compton@alaska.gov

Nicotine Addiction and Behavioral Health (NABH) LEAD

Facilitated in partnership with the Division of Behavioral Health and providers from substance use and/or mental health treatment programs to promote tobacco-free campuses and full integration of the U.S. Public Health Service Clinical Practice Guidelines to treat tobacco dependence/nicotine addiction. This spectrum of work for behavioral health populations also expands to justice-involved adults, youth and Veterans. For information contact shayla.compton@alaska.gov

Youth Engagement

Tobacco use is typically started and established during adolescence when the smoker's brain is still developing. Nearly nine in ten adult smokers started smoking before the age of 18. Despite a national trend of declining cigarette initiation, 10.9% of Alaska high school students have smoked within the last thirty days, a rate twice as high as the national average. Further youth initiation through alternative mechanisms is on the rise with 39.9% of the student body having used an electronic vapor product. This Community of Practice will strive to incorporate youth voice in decision making; equip our peers with best practices and educational materials to engage youth; identify new partners and community agencies to expand our efforts; learn from the successes of others; and work towards tobacco free generation! For information contact cess@ruralcap.com

Youth Prevention Policy

Tobacco is the leading cause of preventable death. With 90% of adult smokers having begun smoking before the age of 18, preventing smoking initiation in Alaska's youth is of utmost importance. This Community of Practice will explore the options available, both local and state-wide, to create and/or strengthen policies for preventing youth initiation of tobacco use. For more information contact: Alyssa.keill@lung.org

Smokefree MUH

Secondhand smoke exposure poses serious threats to the health of children and adults. For millions of people living in multi-unit housing (apartment buildings and condominiums), secondhand smoke can be a major concern. This Community of Practice will focus on known and emerging issues surrounding the exposure to secondhand smoke in multi-unit buildings such as apartments and condominiums, based on scientific evidence and best practice. We will share resources and experiences to educate the public, encourage property owners and managers to adopt and implement smokefree policies, and advocate for those exposed to secondhand smoke in their home. For more information contact Jennifer.brandt@lung.org

Smokefree Events

The Smokefree Events Community of Practice will use best practices to create smokefree public events throughout the state of Alaska so that attendees, volunteers, and employees can breathe clean air while enjoying the activities within their community. Using smokefree events such as the Alaska State Fair and Alaska PrideFest as models, this group will evaluate and strengthen current policies while strategizing to educate event organizers and community members about the benefits of smokefree events, creating new partnerships that lead to an increased number of smokefree event policies across Alaska. For more information contact: Katie.steffens@lung.org

Emerging Trends

Smokefree housing, workplaces, public facilities and events support those who want to quit smoking, protect those who do not smoke from the effects of secondhand smoke, and help to prevent young people from ever starting. The slow shift of public perception about smoking toward a healthier perspective tends to invite complacency when we know intellectually that the business of big tobacco never rests. The emerging issues community of practice exists to be that 'watcher on the wall' to identify practices and products that threaten public health; onsite consumption of cannabis at retail stores or events, and products like e-cigs and smokeless tobacco. This COP will invite participation from likeminded organizations to collaborate for a deeper and broader community impact. For more information contact rick.hinkey@lung.org

Policy Implementation

Congratulations, you're on the road to passing a comprehensive policy! Now what? From communication plans to best practice for signage, years of experience in the field of tobacco prevention and control have enabled us to develop best practices and tools to make your policy implementation easy and successful. This Community of Practice will use best practice strategies to provide assistance, support and guidance for implementation of all tobacco prevention and control policies. For more information contact Ashley.peltier@lung.org

Cessation

BRFSS data indicates that 89% of tobacco users would like to quit, yet we know that tobacco users that attempt to quit on their own are often unsuccessful. This group will work together to identify common challenges and barriers to evidence-based cessation treatment services that can be implemented in health systems throughout Alaska. Evidence based cessation strategies include Ask, Advise, Refer or Ask, Advise, Connect to an evaluated tobacco treatment service. The group will use quality improvement approaches to discuss and improve services in their community and develop standard evaluation tools to monitor effectiveness. For more information contact michele.grigsby@alaska.gov

Technical Assistance Schedule

Below is a summary schedule of training and technical assistance opportunities provided by TPC Program Staff and contractors. This schedule is subject to change, please confirm meeting time with the appropriate point of contact prior to the scheduled meeting. [Email the contacts listed with the topics above to receive meeting links for the CoPs you wish to participate in.](#)

July 2019	
July 1	Beginning of Fiscal Year
July 9	Policy Implementation CoP 2:00 – 3:00
July 12	Youth Engagement 9:00 – 10:00 All Grants Call 2:00 – 3:00
July 22	Emerging Trends CoP 1:00 – 2:00
July 23	Alaska Native LEAD 9:00am – 10:00am Cessation 2:00 – 3:30
July 30	Quarter 4 Program Report and Cumulative Fiscal Report due in GEMS
August 2019	
August 8	Smokefree Events CoP 1:00 – 2:30
August 9	Youth Engagement 9:00 – 10:00
August 13	Smokefree Housing Workgroup 2:00 – 3:00pm
August 15	Youth Prevention Policy CoP 1:00 – 2:00

August 21	Nicotine Addiction & Behavioral Health LEAD 2:30 – 3:30pm
August 27	Alaska Native LEAD 9:00 – 10:00am Cessation – Canceled. 2:00 – 3:30
September 2019	
September 10	Policy Implementation CoP 2:00 – 3:00
September 13	Youth Engagement 9:00 – 10:00
September 19	Youth Prevention Policy 1:00 – 2:00
September 23	Emerging Trends CoP 1:00 – 2:00
September 24	Alaska Native LEAD 9:00 – 10:00 Cessation 2:00 – 3:30
October 2019	
October 8	Smokefree Multi-Unit Housing CoP 1:00 – 2:30
October 10	Smokefree Events CoP 1:00 pm – 2:30 pm
October 11	Youth Engagement CoP 9:00 – 10:00 All Grants Call 2:00 – 2:30
October 16	Nicotine Addiction & Behavioral Health 2:30 – 3:30pm
October 17	Youth Prevention Policy CoP 1:00 pm – 2:00 pm
October 22	Cessation 2:00 pm – 3:30 pm

October 30	Quarter 1 Program Report and Cumulative Fiscal Report due in GEMS
November 2019	
November 8	Youth Engagement 9:00 – 10:00
November 12	Policy Implementation CoP 2:00 – 3:00
November 25	Emerging Trends 1:00 – 2:00
November 26	Alaska Native LEAD 9:00 – 10:00am Cessation 2:00 – 3:30
December 2019	
December 10	Smokefree Multi-Unit Housing 2:00 pm – 3:00 pm
December 12	Smokefree Events CoP 1:00 pm – 2:30 pm
December 13	Youth Engagement 9:00 – 10:00
December 18	Nicotine Addiction & Behavioral Health LEAD 2:30 – 3:30pm
December 19	Youth Prevention Policy CoP 1:00 pm – 2:00 pm
December 24	Cessation 2:00 – 3:00
January 2020	
January 10	Youth Engagement 9:00 – 10:00 All Grants Call 2:00 – 2:30

January 14	Policy Implementation CoP 2:00 pm – 3:00 pm
January 28	Alaska Native LEAD 9:00 – 10:00am Cessation 2:00 – 3:30
January 26	Emerging Trends 1:00 pm – 2:00 pm
January 30	Quarter 2 Program Report and Cumulative Fiscal Report due
February 2020	
February 10	Smokefree Multi-Unit Housing 2:00 pm – 3:00 pm
February 13	Smokefree Events 1:00 pm – 2:30 pm
February 14	Youth Engagement 9:00 – 10:00
February 19	Nicotine Addiction & Behavioral Health LEAD 2:30 – 3:30pm
February 20	Youth Prevention Policy 1:00 pm – 2:00 pm
February 25	Cessation 2:00 pm – 3:30 pm
March 2020	
March 10	Policy Implementation CoP 2:00 pm – 3:00 pm
March 13	Youth Engagement 9:00 am – 10:00 am
March 22	Emerging Trends 1:00 pm – 2:00 pm
March 24	Alaska Native LEAD 9:00 – 10:00am

	Cessation 2:00 – 3:30
April 2020	
April 9	Smokefree Events 1:00 pm – 2:30 pm
April 10	Youth Engagement 9:00 am – 10:00 am TPC Grants Call 2:00 – 2:30
April 14	Smokefree Multi-Unit Housing 2:00 pm – 3:00 pm
April 15	Nicotine Addiction & Behavioral Health LEAD 2:30 – 3:30pm
April 16	Youth Prevention Policy 1:00 pm – 2:00 pm
April 28	Cessation 2:00 pm – 3:30 pm
April 30	Quarter 3 Program Report and Cumulative Fiscal Report due
May 2020	
May 8	Youth Engagement 9:00 am – 10:00 am
May 12	Policy Implementation 2:00 pm – 3:00 pm
May 24	Emerging Trends 1:00 pm – 2:00 pm
May 26	Alaska Native LEAD 9:00 – 10:00am Cessation 2:00 – 3:30
June 2020	
June 9	Smokefree Multi-Unit Housing 2:00 pm – 3:00 pm

June 11	Smokefree Events 1:00 pm – 2:30 pm
June 16	Youth Prevention Policy 1:00 pm – 2:00 pm
June 17	Nicotine Addiction & Behavioral LEAD 2:30 – 3:30pm
June 19	Youth Engagement 9:00 am – 10:00 am
June 23	Cessation 2:00 pm – 3:30 pm