



TOBACCO-FREE ALASKA

Alaska's Tobacco Quit Line Fax Referral Program

What is Fax Referral?

Fax Referral is a program that builds on the services Alaska's Tobacco Quit Line offers by creating partnerships with healthcare providers. Through the Fax Referral Program, tobacco users no longer have to take the first step by calling the quit line; instead, after talking with their clinician, they can agree to have the quit line call them.

How Does it Work?

Tobacco users who would like to make a quit attempt in the next 30 days can sign a Fax Referral enrollment form during a face-to-face intervention at a doctor's office, hospital, dentist's office, clinic or agency site. The form is then faxed to the quit line. Within 48 hours, a Quit Coach makes the initial call to the tobacco user to begin the intervention.

Why is it Beneficial?

• Seizing the Moment.

Fax Referral connects tobacco users with Alaska's Tobacco Quit Line right from the agency office. Since the quit line initiates the first call, the responsibility is not on the tobacco user to begin services, which increases the chances of a quit attempt.

• It Saves Time.

Many doctors, nurses, dentists and other healthcare providers may not have time to offer comprehensive tobacco treatment. Fax Referral allows them to refer their patients to the quit line for specialized coaching based on years of scientific research.

• Not Lost in Translation.

The tobacco user can identify his or her primary language on the enrollment form and a quit line translator will be on the line when the quit coach places the call. Quit line services are available in many languages spoken throughout Alaska.

What is Alaska's Tobacco Quit Line?

Alaska's Tobacco Quit Line is a free tobacco cessation service available to adult Alaskans (18 and over). It is funded by the Alaska Department of Health and Social Services Tobacco Prevention and Control Program. Quit line coaching services are provided via phone by Quit Coaches, who are specialists trained in tobacco cessation coaching techniques.

Who is Eligible for Services?

Alaskan adults (18 and over) are eligible for tobacco cessation services through Alaska's Tobacco Quit Line. All eligible tobacco users may enroll to receive eight weeks of free nicotine replacement products and up to four proactive coaching calls with a Quit Coach. Expanded services are available for pregnant and nursing women.



For more information, contact:

E: info@mission100alaska.org

P: 1-855-877-M100

W: mission100alaska.org

Alaska's Tobacco Quit Line Fax Referral Form

Fax referral is best for patients who are **ready to quit in the next 30 days AND ready to accept a call from the quit line in the next 48 hours**. If neither of these conditions are met, fax referral is not appropriate at this time. Instead, provide patient with quit line or other tobacco resource information.

Provider Information:

Sent Date: ____ / ____ / ____

Clinic Name: _____

Healthcare Provider: _____

Contact Name: _____

I am a HIPAA-covered entity: Yes No I don't know

Fax: (____) ____ - ____ Phone: (____) ____ - ____

Comments: (e.g. Patient has COPD, diabetes, etc. Include any information that might be helpful to the quit line)

Patient Information:

Gender: Male Female

Pregnant: Yes No

Patient Name: _____ DOB: ____ / ____ / ____

Address: _____ City: _____ Zip: _____

Primary Phone: (____) ____ - ____ Type: Home Work Cell Other

Secondary Phone: (____) ____ - ____ Type: Home Work Cell Other

Language Preference (check one): English Spanish Other _____

Tobacco Type (check all that apply): Cigarettes Smokeless Tobacco Cigar Pipe Other

_____ I am ready to quit tobacco and request that Alaska's Tobacco Quit Line contact me to help me with my quit plan.

(Initial)

_____ I **DO NOT** give my permission to Alaska's Tobacco Quit Line to leave a message when contacting me.

(Initial)

Patient Signature: _____ Date: ____ / ____ / ____

Alaska's Tobacco Quit Line will call you. Please check the best 3-hour time frame for them to reach you. The quit line is open 7 days a week. Call attempts over the weekend may be made at times other than during this 3-hour time frame.

6 a.m.-9 a.m. 9 a.m.-12 p.m. 12 p.m.-3 p.m. 3 p.m.-6 p.m. 6 p.m.-9 p.m.

Within this 3-hour time frame, please contact me at (check one): Primary Phone Secondary Phone

Comments: (e.g. I'm not available weekends, prefer Tues. or Thurs., etc.)