

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Total Injury and Violence																			
Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †				
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015							
QN8: Percentage of students who rarely or never wore a bicycle helmet (among students who had ridden a bicycle during the 12 months before the survey)													90.7	89.0	86.6	87.5	Decreased, 2009-2015	Not available [§]	No change
QN9: Percentage of students who rarely or never wore a seat belt (when riding in a car driven by someone else)													13.6	11.5	12.9	10.9	No linear change	Not available	No change
QN10: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle one or more times during the 30 days before the survey)													29.9	28.1	20.5	21.5	Decreased, 2009-2015	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

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Total Injury and Violence													Linear Change*	Quadratic Change*	Change from 2013-2015 †
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN11: Percentage of students who drove when drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)													No linear change	Not available [§]	No change
											12.3	10.5			
QN12: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)													No linear change	Not available	No change
											38.8	38.8			
QN15: Percentage of students who carried a weapon on school property (such as a gun, knife, or club on at least 1 day during the 30 days before the survey)													No linear change	Not available	Increased
								10.6	9.4	9.2	13.0				
QN16: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)													No linear change	Not available	No change
								7.3	6.6	8.8	8.3				

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Total Injury and Violence																
Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015				
QN18: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)																
									45.7	43.5	35.1	29.8	Decreased, 2009-2015	Not available [§]	Decreased	
QN19: Percentage of students who were injured in a physical fight (one or more times during the 12 months before the survey; injuries had to be treated by a doctor or nurse)																
									6.2	5.7	4.7	5.8	No linear change	Not available	No change	
QN21: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)																
									20.3	17.7	15.8	18.9	No linear change	Not available	No change	
QN22: Percentage of students who experienced physical dating violence (one or more times during the 12 months before the survey, including being hit, slammed into something, or injured with an object or weapon on purpose by someone they were dating or going out with among students who dated or went out with someone during the 12 months before the survey)																
											14.7	17.0	No linear change	Not available	No change	

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

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**Total
Injury and Violence**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN23: Percentage of students who experienced sexual dating violence (one or more times during the 12 months before the survey, including kissing, touching, or being physically forced to have sexual intercourse when they did not want to by someone they were dating or going out with among students who dated or went out with someone during the 12 months before the survey)													No linear change	Not available [§]	No change
									10.6	13.5					
QN24: Percentage of students who were bullied on school property (during the 12 months before the survey)													Increased, 2009-2015	Not available	Increased
									14.8	16.8	16.1	20.4			
QN25: Percentage of students who were electronically bullied (including being bullied through e-mail, chat rooms, instant messaging, websites, or texting during the 12 months before the survey)													No linear change	Not available	No change
									20.3	20.2	19.8				
QN26: Percentage of students who felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)													Increased, 2009-2015	Not available	No change
									37.5	37.9	39.8	44.6			

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**Total
Injury and Violence**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)													Increased, 2009-2015	Not available [§]	No change
						18.1	21.2	24.8	28.0						
QN28: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)													Increased, 2009-2015	Not available	No change
						14.1	17.0	18.7	22.4						
QN29: Percentage of students who attempted suicide (one or more times during the 12 months before the survey)													Increased, 2009-2015	Not available	Increased
						11.3	13.2	14.8	19.7						
QN30: Percentage of students who attempted suicide that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)													Increased, 2009-2015	Not available	No change
						4.4	5.2	5.5	7.1						

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

**Total
Tobacco Use**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN31: Percentage of students who ever tried cigarette smoking (even one or two puffs)													Decreased, 2009-2015	Not available [§]	Decreased
						86.7	82.7	82.1	77.1						
QN32: Percentage of students who smoked a whole cigarette before age 13 years (for the first time)													Decreased, 2009-2015	Not available	No change
						32.1	32.8	26.8	25.8						
QN33: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)													Decreased, 2009-2015	Not available	No change
						58.0	47.7	49.5	45.3						
QNFRSIG: Percentage of students who currently frequently smoked cigarettes (on 20 or more days during the 30 days before the survey)													Decreased, 2009-2015	Not available	Decreased
						34.3	29.3	27.1	21.7						
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)													Decreased, 2009-2015	Not available	No change
						25.0	22.8	19.5	15.7						

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Total Tobacco Use													Linear Change*	Quadratic Change*	Change from 2013-2015 †
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN34: Percentage of students who smoked more than 10 cigarettes per day (during the 30 days before the survey among students who currently smoked cigarettes on the days they smoked)													No linear change	Not available [§]	No change
QN35: Percentage of students who usually obtained their own cigarettes by buying them in a store or gas station (during the 30 days before the survey among students who currently smoked cigarettes and who were aged <18 years)													Decreased, 2009-2015	Not available	No change
QN36: Percentage of students who tried to quit smoking cigarettes (among students who currently smoked cigarettes during the 12 months before the survey)													No linear change	Not available	No change
QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, or dip on at least 1 day during the 30 days before the survey)													No linear change	Not available	No change

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**Total
Tobacco Use**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015				
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars on at least 1 day during the 30 days before the survey)													Decreased, 2009-2015	Not available [§]	Decreased	
						27.6	21.1	24.0	19.5							
QNTOB3: Percentage of students who currently used cigarettes, cigars, or smokeless tobacco (on at least 1 day during the 30 days before the survey)													Decreased, 2009-2015	Not available	No change	
						65.5	55.3	57.0	55.0							
QNTOB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)													Decreased, 2009-2015	Not available	No change	
						62.7	52.8	53.8	49.5							
QNNOTOB3: Percentage of students who did not currently use cigarettes, cigars, or smokeless tobacco (on at least 1 day during the 30 days before the survey)													Increased, 2009-2015	Not available	No change	
						37.9	47.9	45.0	48.9							
QNNOTOB2: Percentage of students who did not currently smoke cigarettes or cigars (on at least 1 day during the 30 days before the survey)													Increased, 2009-2015	Not available	No change	
						39.4	49.3	47.9	53.1							

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Trend Analysis Report

Total													Linear Change*	Quadratic Change*	Change from 2013-2015 †
Alcohol and Other Drug Use															
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN41: Percentage of students who ever drank alcohol (at least one drink of alcohol on at least 1 day during their life)													Decreased, 2009-2015	Not available [§]	No change
							88.1	82.4	79.7	77.1					
QN42: Percentage of students who drank alcohol before age 13 years (for the first time other than a few sips)													Decreased, 2009-2015	Not available	No change
							31.3	32.7	27.1	25.6					
QN43: Percentage of students who currently drank alcohol (at least one drink of alcohol on at least 1 day during the 30 days before the survey)													Decreased, 2009-2015	Not available	No change
							57.0	49.1	46.1	41.8					
QN44: Percentage of students who drank five or more drinks of alcohol in a row (within a couple of hours on at least 1 day during the 30 days before the survey)													Decreased, 2009-2015	Not available	Decreased
							42.7	37.9	34.8	27.7					
QN46: Percentage of students who usually obtained the alcohol they drank by someone giving it to them (among students who currently drank alcohol)													No linear change	Not available	No change
									32.8	35.9					

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Trend Analysis Report

Total													Linear Change*	Quadratic Change*	Change from 2013-2015 †
Alcohol and Other Drug Use															
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN47: Percentage of students who ever used marijuana (one or more times during their life)															
									80.2	77.6	79.1	78.7	No linear change	Not available [§]	No change
QN48: Percentage of students who tried marijuana before age 13 years (for the first time)															
									34.7	31.4	31.9	29.8	No linear change	Not available	No change
QN49: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)															
									50.5	47.6	49.5	49.7	No linear change	Not available	No change
QN50: Percentage of students who ever used cocaine (any form of cocaine, such as powder, crack, or freebase, one or more times during their life)															
									28.5	25.1	22.1	21.8	Decreased, 2009-2015	Not available	No change
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)															
									20.0	18.4	14.0	15.2	Decreased, 2009-2015	Not available	No change

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Total															
Alcohol and Other Drug Use															
Health Risk Behavior and Percentages															
													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China white," one or more times during their life)													No linear change	Not available [§]	No change
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal," "crank," or "ice," one or more times during their life)													No linear change	Not available	No change
QN54: Percentage of students who ever used ecstasy (also called "MDMA," one or more times during their life)													Decreased, 2009-2015	Not available	Decreased
QN57: Percentage of students who ever took prescription drugs without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during their life)													Decreased, 2009-2015	Not available	No change

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Total Sexual Behaviors	Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2013-2015 †	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013				2015
QN60: Percentage of students who ever had sexual intercourse										82.2	80.4	78.4	75.3	Decreased, 2009-2015	Not available [§]	No change
QN61: Percentage of students who had sexual intercourse before age 13 years (for the first time)										11.5	12.7	10.6	13.5	No linear change	Not available	No change
QN62: Percentage of students who had sexual intercourse with four or more persons (during their life)										42.9	43.6	40.4	37.2	Decreased, 2009-2015	Not available	No change
QN63: Percentage of students who were currently sexually active (sexual intercourse with at least one person during the 3 months before the survey)										65.5	61.3	58.0	54.6	Decreased, 2009-2015	Not available	No change
QN64: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)										27.7	30.3	29.3	28.6	No linear change	Not available	No change

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Total Sexual Behaviors													Linear Change*	Quadratic Change*	Change from 2013-2015 †
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN65: Percentage of students who used a condom (during last sexual intercourse among students who were currently sexually active)													Decreased, 2009-2015	Not available [§]	No change
QN66: Percentage of students who used birth control pills (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)													Decreased, 2009-2015	Not available	No change
QNIUDIMP: Percentage of students who used an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon) (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)													Increased, 2013-2015	Not available	Increased
QNSHPARG: Percentage of students who used a shot (e.g., Depo-Provera), patch (e.g., OrthoEvra), or birth control ring (e.g., NuvaRing) (during last sexual intercourse among students who were currently sexually active)													No linear change	Not available	No change

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Total Sexual Behaviors													Linear Change*	Quadratic Change*	Change from 2013-2015 †
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QNOTHHPL: Percentage of students who used birth control pills; an IUD or implant; or a shot, patch, or birth control ring (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)													No linear change	Not available [§]	No change
											37.0	41.0			
QNDUALBC: Percentage of students who used both a condom during and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse (to prevent STD and pregnancy among students who were currently sexually active)													No linear change	Not available	No change
											8.2	8.6			
									17.7	17.7	20.9	17.1	No linear change	Not available	No change

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Total																			
Weight Management and Dietary Behaviors																			
Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2013-2015 †						
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015							
QNOWT: Percentage of students who were overweight (\geq 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth chart [§])													18.3	15.8	15.7	19.8	No linear change	Not available [¶]	Increased
QNOBESE: Percentage of students who were obese (\geq 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth chart [§])													19.0	18.1	22.3	22.7	No linear change	Not available	No change
QN69: Percentage of students who described themselves as slightly or very overweight													38.2	35.9	39.2	38.4	No linear change	Not available	No change
QN71: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)													21.1	22.1	26.4	24.7	Increased, 2009-2015	Not available	No change
QN72: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)													13.3	16.1	13.8	14.2	No linear change	Not available	No change

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§Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

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Total																			
Weight Management and Dietary Behaviors																			
Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2013-2015 †						
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015							
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (during the 7 days before the survey)													5.8	7.0	6.4	7.5	No linear change	Not available [§]	No change
QNFR1: Percentage of students who ate fruit or drank 100% fruit juices one or more times per day (during the 7 days before the survey)													55.7	55.0	55.7	54.3	No linear change	Not available	No change
QNFR2: Percentage of students who ate fruit or drank 100% fruit juices two or more times per day (during the 7 days before the survey)													25.6	26.8	24.6	23.9	No linear change	Not available	No change
QNFR3: Percentage of students who ate fruit or drank 100% fruit juices three or more times per day (during the 7 days before the survey)													17.3	18.4	14.4	15.9	Decreased, 2009-2015	Not available	No change
QN73: Percentage of students who did not eat salad (during the 7 days before the survey)													35.4	37.8	38.5	42.3	Increased, 2009-2015	Not available	No change

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Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN74: Percentage of students who did not eat potatoes (during the 7 days before the survey)													No linear change	Not available [§]	No change
						36.9	31.7	33.3	33.2						
QN75: Percentage of students who did not eat carrots (during the 7 days before the survey)													No linear change	Not available	No change
						44.3	47.3	42.4	46.2						
QN76: Percentage of students who did not eat other vegetables (during the 7 days before the survey)													No linear change	Not available	No change
						20.6	20.2	18.6	19.7						
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)													No linear change	Not available	No change
						7.1	6.9	7.4	7.7						

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Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2013-2015 †				
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015				
QNVEG1: Percentage of students who ate vegetables one or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)										57.7	63.3	61.0	58.6	No linear change	Not available [§]	No change
QNVEG2: Percentage of students who ate vegetables two or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)										27.0	29.3	29.2	24.4	No linear change	Not available	Decreased
QNVEG3: Percentage of students who ate vegetables three or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)										14.5	17.1	14.8	11.8	Decreased, 2009-2015	Not available	No change
QN77: Percentage of students who did not drink a can, bottle, or glass of soda or pop (not including diet soda or diet pop, during the 7 days before the survey)										15.4	15.9	17.0	20.0	Increased, 2009-2015	Not available	No change

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Weight Management and Dietary Behaviors															
Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2013-2015 †			
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (not including diet soda or diet pop, during the 7 days before the survey)															
									30.7	30.6	29.4	22.1	Decreased, 2009-2015	Not available [§]	Decreased
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (not including diet soda or diet pop, during the 7 days before the survey)															
									22.9	21.4	22.1	15.6	Decreased, 2009-2015	Not available	Decreased
QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day (not including diet soda or diet pop, during the 7 days before the survey)															
									15.4	13.5	11.9	8.6	Decreased, 2009-2015	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Total															
Physical Activity															
Health Risk Behavior and Percentages															
													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN80: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													No linear change	Not available [§]	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													No linear change	Not available	No change
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time (during the 7 days before the survey)													Decreased, 2011-2015	Not available	No change
QN81: Percentage of students who watched television 3 or more hours per day (on an average school day)													No linear change	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Total Physical Activity	Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2013-2015 †
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN82: Percentage of students who played video or computer games or used a computer 3 or more hours per day (for something that was not school work on an average school day)															
									24.7	30.2	38.2	35.9	Increased, 2009-2015	Not available [§]	No change
QN83: Percentage of students who attended physical education classes on 1 or more days (in an average week when they were in school)															
									29.5	38.3	37.4	36.7	Increased, 2009-2015	Not available	No change
QNDLYPE: Percentage of students who attended physical education classes on all 5 days (in an average week when they were in school)															
									13.0	16.5	15.9	18.0	Increased, 2009-2015	Not available	No change
QN84: Percentage of students who played on at least one sports team (run by their school or community groups during the 12 months before the survey)															
									26.5	29.7	27.9	28.9	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey
Trend Analysis Report

Total Other	Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2013-2015 †
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN87: Percentage of students who had ever been told by a doctor or nurse that they had asthma															
									26.1	24.8	27.4	24.7	No linear change	Not available [§]	No change
QN89: Percentage of students who made mostly A's or B's in school (during the 12 months before the survey)															
									39.4	40.4	46.2	43.5	Increased, 2009-2015	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Total Site-Added	Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2013-2015 †
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN91: Percentage of students who used chewing tobacco, snuff, or dip on school property (on at least 1 day during the 30 days before the survey)															
									11.1	8.9	10.0	12.0	No linear change	Not available [§]	No change
QN92: Percentage of students who used Iqmik or blackbull (on at least 1 day during the past 30 days)															
											4.8	9.6	Increased, 2013-2015	Not available	Increased
QN93: Percentage of students who used Iqmik or blackbull on school property (on at least 1 day during the past 30 days)															
											2.7	6.0	Increased, 2013-2015	Not available	Increased
QN94: Percentage of students who were in the same room with someone who was smoking cigarettes (on at least 1 day during the past 7 days)															
									70.5	65.0	58.7	58.9	Decreased, 2009-2015	Not available	No change
QN95: Percentage of students who think people greatly risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day															
									57.7	53.9	51.6	50.4	Decreased, 2009-2015	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Total Site-Added	Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2013-2015 †		
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013				2015	
QN96: Percentage of students who think people greatly risk harming themselves (physically or in other ways) if they have five or more drinks of an alcoholic beverage once or twice a week																	
												28.9	26.2	No linear change	Not available [§]	No change	
QN98: Percentage of students who think people greatly risk harming themselves (physically or in other ways) if they smoke marijuana once or twice a week																	
												5.4	6.2	No linear change	Not available	No change	
QN99: Percentage of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)																	
												21.6	21.6	19.8	No linear change	Not available	No change
QN109: Percentage of students who missed classes or school without permission (on one or more days during the 30 days before the survey)																	
												50.6	44.4	45.2	Decreased, 2011-2015	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Total Site-Added	Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2013-2015 †	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013				2015
QN110: Percentage of students who do not have one of their parents talk with them about what they are doing in school about every day																
										72.5	74.5	72.3	76.3	No linear change	Not available [§]	No change
QN111: Percentage of students who strongly agree or agree that their teachers really care about them and give them a lot of encouragement																
										72.4	72.3	74.2	73.3	No linear change	Not available	No change
QN112: Percentage of students who would feel comfortable seeking help from one or more adults besides their parents if they had an important question affecting their life																
										84.2	85.6	84.4	83.8	No linear change	Not available	No change
QN113: Percentage of students who do not spend any hours helping or volunteering at school or in the community (such as helping elders or neighbors; watching young children; teaching or tutoring; peer helping; mentoring; or helping out at local programs, health clinics, faith organizations, tribal organizations, or environmental organizations, during an average week)																
										58.1	59.0	52.9	56.7	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Total Site-Added	Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2013-2015 †	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013				2015
QN114: Percentage of students who do not take part in organized after school, evening, or weekend activities on any days (such as school clubs; community center groups; music, art, or dance lessons; drama; church; or cultural or other supervised activities, during an average week)																
										68.6	64.9	65.8	64.1	No linear change	Not available [§]	No change
QN115: Percentage of students who disagree or strongly disagree that they feel alone in their life																
										53.6	49.4	51.9	48.0	No linear change	Not available	No change
QN116: Percentage of students who strongly agree or agree that in their community they feel like they matter to people																
										47.8	46.0	47.4	41.8	No linear change	Not available	Decreased
QN117: Percentage of students who strongly agree or agree that their school has clear rules and consequences for behavior																
										74.6	74.3	77.1	76.9	No linear change	Not available	No change
QN118: Percentage of students who think their parents feel it would be wrong or very wrong for them to smoke marijuana																
												53.1	49.5	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey

Trend Analysis Report

Total Site-Added	Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2013-2015 †
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN119: Percentage of students who think their parents feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day															
											65.5	71.6	Increased, 2013-2015	Not available [§]	Increased
QN120: Percentage of students who think their parents feel it would be wrong or very wrong for them to smoke cigarettes															
											66.4	71.4	No linear change	Not available	Increased
QN122: Percentage of students who think there is some chance, pretty good chance, or very good chance they would be seen as cool if they smoked cigarettes															
										18.8	15.7	14.3	Decreased, 2011-2015	Not available	No change
QN123: Percentage of students who think there is some chance, pretty good chance, or very good chance they would be seen as cool if they began drinking alcoholic beverages regularly															
										26.2	22.5	20.1	Decreased, 2011-2015	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey
Trend Analysis Report

Total
Site-Added

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN124: Percentage of students who think there is some chance, pretty good chance, or very good chance they would be seen as cool if they smoked marijuana													No linear change	Not available [§]	No change
						33.9	36.9	34.9							

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Male															
Injury and Violence															
Health Risk Behavior and Percentages															
													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN8: Percentage of students who rarely or never wore a bicycle helmet (among students who had ridden a bicycle during the 12 months before the survey)													Decreased, 2009-2015	Not available [§]	No change
QN9: Percentage of students who rarely or never wore a seat belt (when riding in a car driven by someone else)													No linear change	Not available	No change
QN10: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle one or more times during the 30 days before the survey)													Decreased, 2009-2015	Not available	No change
QN11: Percentage of students who drove when drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)													No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Male																			
Injury and Violence																			
Health Risk Behavior and Percentages																			
													Linear Change*	Quadratic Change*	Change from 2013-2015 †				
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015							
QN12: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)													No linear change	Not available [§]	No change				
													39.6	41.3					
QN15: Percentage of students who carried a weapon on school property (such as a gun, knife, or club on at least 1 day during the 30 days before the survey)													No linear change	Not available	No change				
													14.9	13.0	12.3	13.7			
QN16: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)													No linear change	Not available	No change				
													7.6	5.3	9.0	6.7			
QN18: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)													Decreased, 2009-2015	Not available	No change				
													52.0	46.2	33.1	34.1			
QN19: Percentage of students who were injured in a physical fight (one or more times during the 12 months before the survey; injuries had to be treated by a doctor or nurse)													No linear change	Not available	No change				
													8.5	6.5	6.3	6.3			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Male																
Injury and Violence																
Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015				
QN21: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)																
									11.3	12.7	8.1	7.7	Decreased, 2009-2015	Not available [§]	No change	
QN22: Percentage of students who experienced physical dating violence (one or more times during the 12 months before the survey, including being hit, slammed into something, or injured with an object or weapon on purpose by someone they were dating or going out with among students who dated or went out with someone during the 12 months before the survey)																
											9.7	11.8	No linear change	Not available	No change	
QN23: Percentage of students who experienced sexual dating violence (one or more times during the 12 months before the survey, including kissing, touching, or being physically forced to have sexual intercourse when they did not want to by someone they were dating or going out with among students who dated or went out with someone during the 12 months before the survey)																
											7.5	7.8	No linear change	Not available	No change	
QN24: Percentage of students who were bullied on school property (during the 12 months before the survey)																
									12.2	14.5	13.7	15.6	No linear change	Not available	No change	

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Male																			
Injury and Violence																			
Health Risk Behavior and Percentages																			
													Linear Change*	Quadratic Change*	Change from 2013-2015 †				
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015							
QN25: Percentage of students who were electronically bullied (including being bullied through e-mail, chat rooms, instant messaging, websites, or texting during the 12 months before the survey)													No linear change	Not available [§]	No change				
													14.1	13.2	12.3				
QN26: Percentage of students who felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)													No linear change	Not available	No change				
													28.3	31.4	29.3	31.0			
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)													Increased, 2009-2015	Not available	No change				
													14.2	18.3	18.7	19.8			
QN28: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)													No linear change	Not available	No change				
													12.7	14.2	13.7	16.1			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey
Trend Analysis Report

Male
Injury and Violence

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN29: Percentage of students who attempted suicide (one or more times during the 12 months before the survey)													No linear change	Not available [§]	No change
QN30: Percentage of students who attempted suicide that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)													No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Male Tobacco Use													Linear Change*	Quadratic Change*	Change from 2013-2015 †
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN31: Percentage of students who ever tried cigarette smoking (even one or two puffs)													Decreased, 2009-2015	Not available [§]	Decreased
						84.7	83.6	82.7	73.0						
QN32: Percentage of students who smoked a whole cigarette before age 13 years (for the first time)													Decreased, 2009-2015	Not available	No change
						33.3	33.8	20.5	21.3						
QN33: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)													Decreased, 2009-2015	Not available	No change
						58.7	49.7	46.9	43.1						
QNFRSIG: Percentage of students who currently frequently smoked cigarettes (on 20 or more days during the 30 days before the survey)													Decreased, 2009-2015	Not available	No change
						34.6	32.1	24.8	20.0						
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)													Decreased, 2009-2015	Not available	No change
						25.7	26.1	18.0	13.6						

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Male Tobacco Use																			
Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †				
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015							
QN34: Percentage of students who smoked more than 10 cigarettes per day (during the 30 days before the survey among students who currently smoked cigarettes on the days they smoked)													9.1	11.9	10.5	7.2	No linear change	Not available [§]	No change
QN36: Percentage of students who tried to quit smoking cigarettes (among students who currently smoked cigarettes during the 12 months before the survey)													61.0	66.3	64.7	53.8	No linear change	Not available	Decreased
QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, or dip on at least 1 day during the 30 days before the survey)													30.3	26.2	22.5	19.6	Decreased, 2009-2015	Not available	No change
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars on at least 1 day during the 30 days before the survey)													37.4	25.7	27.5	21.3	Decreased, 2009-2015	Not available	Decreased
QNTOB3: Percentage of students who currently used cigarettes, cigars, or smokeless tobacco (on at least 1 day during the 30 days before the survey)													69.5	58.2	56.5	53.4	Decreased, 2009-2015	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Male Tobacco Use													Linear Change*	Quadratic Change*	Change from 2013-2015 †
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QNTOB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)													Decreased, 2009-2015	Not available [§]	No change
									66.1	54.9	52.3	48.0			
QNNOTOB3: Percentage of students who did not currently use cigarettes, cigars, or smokeless tobacco (on at least 1 day during the 30 days before the survey)													Increased, 2009-2015	Not available	No change
									35.1	45.7	46.2	51.7			
QNNOTOB2: Percentage of students who did not currently smoke cigarettes or cigars (on at least 1 day during the 30 days before the survey)													Increased, 2009-2015	Not available	No change
									37.0	47.5	50.2	55.4			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Male																			
Alcohol and Other Drug Use																			
Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2013-2015 †						
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015							
QN41: Percentage of students who ever drank alcohol (at least one drink of alcohol on at least 1 day during their life)													86.8	81.1	75.4	75.7	Decreased, 2009-2015	Not available [§]	No change
QN42: Percentage of students who drank alcohol before age 13 years (for the first time other than a few sips)													33.1	34.4	25.6	26.1	Decreased, 2009-2015	Not available	No change
QN43: Percentage of students who currently drank alcohol (at least one drink of alcohol on at least 1 day during the 30 days before the survey)													58.8	49.5	41.2	39.6	Decreased, 2009-2015	Not available	No change
QN44: Percentage of students who drank five or more drinks of alcohol in a row (within a couple of hours on at least 1 day during the 30 days before the survey)													42.5	39.2	30.9	24.9	Decreased, 2009-2015	Not available	No change
QN46: Percentage of students who usually obtained the alcohol they drank by someone giving it to them (among students who currently drank alcohol)													24.2	30.9			No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Male																			
Alcohol and Other Drug Use																			
Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2013-2015 †						
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015							
QN47: Percentage of students who ever used marijuana (one or more times during their life)													78.3	77.3	77.7	75.0	No linear change	Not available [§]	No change
QN48: Percentage of students who tried marijuana before age 13 years (for the first time)													38.1	30.7	30.7	28.6	Decreased, 2009-2015	Not available	No change
QN49: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)													49.7	50.8	49.0	48.2	No linear change	Not available	No change
QN50: Percentage of students who ever used cocaine (any form of cocaine, such as powder, crack, or freebase, one or more times during their life)													28.2	26.3	21.2	20.4	Decreased, 2009-2015	Not available	No change
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)													19.0	17.9	14.3	14.9	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Male															
Alcohol and Other Drug Use															
Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2013-2015 †		
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China white," one or more times during their life)													No linear change	Not available [§]	No change
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal," "crank," or "ice," one or more times during their life)													No linear change	Not available	No change
QN54: Percentage of students who ever used ecstasy (also called "MDMA," one or more times during their life)													Decreased, 2009-2015	Not available	No change
QN57: Percentage of students who ever took prescription drugs without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during their life)													Decreased, 2009-2015	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Male Sexual Behaviors													Linear Change*	Quadratic Change*	Change from 2013-2015 †				
Health Risk Behavior and Percentages																			
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015							
QN60: Percentage of students who ever had sexual intercourse													77.3	77.9	76.3	71.8	No linear change	Not available [§]	No change
QN61: Percentage of students who had sexual intercourse before age 13 years (for the first time)													14.9	15.6	11.4	14.8	No linear change	Not available	No change
QN62: Percentage of students who had sexual intercourse with four or more persons (during their life)													39.9	42.1	34.0	33.1	Decreased, 2009-2015	Not available	No change
QN63: Percentage of students who were currently sexually active (sexual intercourse with at least one person during the 3 months before the survey)													59.0	56.3	51.7	47.1	Decreased, 2009-2015	Not available	No change
QN64: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)													36.7	35.0	31.5	30.8	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Male															
Sexual Behaviors															
Health Risk Behavior and Percentages															
													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN65: Percentage of students who used a condom (during last sexual intercourse among students who were currently sexually active)													Decreased, 2009-2015	Not available [§]	No change
QN66: Percentage of students who used birth control pills (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)													No linear change	Not available	No change
QNIUDIMP: Percentage of students who used an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon) (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)													No linear change	Not available	No change
QNSHPARG: Percentage of students who used a shot (e.g., Depo-Provera), patch (e.g., OrthoEvra), or birth control ring (e.g., NuvaRing) (during last sexual intercourse among students who were currently sexually active)													No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey

Trend Analysis Report

Male Sexual Behaviors													Linear Change*	Quadratic Change*	Change from 2013-2015 †
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QNOTHHPL: Percentage of students who used birth control pills; an IUD or implant; or a shot, patch, or birth control ring (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)													No linear change	Not available [§]	No change
											31.6	30.9			
QNDUALBC: Percentage of students who used both a condom during and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse (to prevent STD and pregnancy among students who were currently sexually active)													No linear change	Not available	No change
											4.9	4.2			
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy (during last sexual intercourse among students who were currently sexually active)													No linear change	Not available	Decreased
											12.1	13.1	18.4	10.2	

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Male																			
Weight Management and Dietary Behaviors																			
Health Risk Behavior and Percentages																			
													Linear Change*	Quadratic Change*	Change from 2013-2015 †				
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015							
QNOWT: Percentage of students who were overweight (\geq 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth chart [§])													No linear change	Not available [¶]	No change				
													17.5	12.0	11.7	14.8			
QNOBESE: Percentage of students who were obese (\geq 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth chart [§])													No linear change	Not available	No change				
													20.7	18.9	25.0	24.9			
QN69: Percentage of students who described themselves as slightly or very overweight													No linear change	Not available	No change				
													30.1	28.9	30.5	31.1			
QN71: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)													No linear change	Not available	No change				
													22.7	21.4	30.1	25.3			
QN72: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)													No linear change	Not available	No change				
													16.2	14.7	15.9	17.4			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

¶Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Male															
Weight Management and Dietary Behaviors															
Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2013-2015 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (during the 7 days before the survey)															
								7.4	6.9	7.8	8.5		No linear change	Not available [§]	No change
QNFR1: Percentage of students who ate fruit or drank 100% fruit juices one or more times per day (during the 7 days before the survey)															
								57.5	55.0	54.8	56.8		No linear change	Not available	No change
QNFR2: Percentage of students who ate fruit or drank 100% fruit juices two or more times per day (during the 7 days before the survey)															
								26.7	27.4	28.4	26.2		No linear change	Not available	No change
QNFR3: Percentage of students who ate fruit or drank 100% fruit juices three or more times per day (during the 7 days before the survey)															
								18.7	19.6	15.7	17.9		No linear change	Not available	No change
QN73: Percentage of students who did not eat salad (during the 7 days before the survey)															
								38.0	40.3	42.9	46.2		Increased, 2009-2015	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey

Trend Analysis Report

Male													Linear Change*	Quadratic Change*	Change from 2013-2015 †
Weight Management and Dietary Behaviors															
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN74: Percentage of students who did not eat potatoes (during the 7 days before the survey)													No linear change	Not available [§]	No change
QN75: Percentage of students who did not eat carrots (during the 7 days before the survey)													No linear change	Not available	No change
QN76: Percentage of students who did not eat other vegetables (during the 7 days before the survey)													No linear change	Not available	No change
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)													No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Male																					
Weight Management and Dietary Behaviors																					
Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †						
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015									
QNVEG1: Percentage of students who ate vegetables one or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)													59.5	64.1	58.9	58.6	No linear change			Not available [§]	No change
QNVEG2: Percentage of students who ate vegetables two or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)													30.9	28.3	31.9	23.8	No linear change			Not available	Decreased
QNVEG3: Percentage of students who ate vegetables three or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)													15.7	16.8	17.4	12.0	No linear change			Not available	Decreased
QN77: Percentage of students who did not drink a can, bottle, or glass of soda or pop (not including diet soda or diet pop, during the 7 days before the survey)													14.4	16.0	16.2	17.5	No linear change			Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Male

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (not including diet soda or diet pop, during the 7 days before the survey)													Decreased, 2009-2015	Not available [§]	Decreased
									35.4	30.6	33.9	23.4			
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (not including diet soda or diet pop, during the 7 days before the survey)													Decreased, 2009-2015	Not available	Decreased
									28.3	21.2	26.1	18.1			
QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day (not including diet soda or diet pop, during the 7 days before the survey)													Decreased, 2009-2015	Not available	No change
									19.7	13.0	14.3	10.9			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Male															
Physical Activity															
Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN80: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													No linear change	Not available [§]	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													No linear change	Not available	No change
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time (during the 7 days before the survey)													No linear change	Not available	No change
QN81: Percentage of students who watched television 3 or more hours per day (on an average school day)													No linear change	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Male Physical Activity													Linear Change*	Quadratic Change*	Change from 2013-2015 †
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN82: Percentage of students who played video or computer games or used a computer 3 or more hours per day (for something that was not school work on an average school day)													Increased, 2009-2015	Not available [§]	No change
									31.4	34.8	42.3	38.5			
QN83: Percentage of students who attended physical education classes on 1 or more days (in an average week when they were in school)													Increased, 2009-2015	Not available	No change
									32.3	41.2	40.2	40.2			
QNDLYPE: Percentage of students who attended physical education classes on all 5 days (in an average week when they were in school)													Increased, 2009-2015	Not available	No change
									14.1	19.6	18.6	19.7			
QN84: Percentage of students who played on at least one sports team (run by their school or community groups during the 12 months before the survey)													No linear change	Not available	No change
									34.8	34.5	30.1	32.4			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey
Trend Analysis Report

Male Other	Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2013-2015 †	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013				2015
QN87: Percentage of students who had ever been told by a doctor or nurse that they had asthma																
										26.6	23.4	27.2	22.4	No linear change	Not available [§]	No change
QN89: Percentage of students who made mostly A's or B's in school (during the 12 months before the survey)																
										31.8	33.8	43.9	38.1	Increased, 2009-2015	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

**Male
Site-Added**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN91: Percentage of students who used chewing tobacco, snuff, or dip on school property (on at least 1 day during the 30 days before the survey)													Decreased, 2009-2015	Not available [§]	No change
						18.6		13.6		14.4		12.0			
QN92: Percentage of students who used Iqmik or blackbull (on at least 1 day during the past 30 days)													Increased, 2013-2015	Not available	No change
										5.6		8.6			
QN93: Percentage of students who used Iqmik or blackbull on school property (on at least 1 day during the past 30 days)													Increased, 2013-2015	Not available	No change
										3.1		5.5			
QN94: Percentage of students who were in the same room with someone who was smoking cigarettes (on at least 1 day during the past 7 days)													Decreased, 2009-2015	Not available	No change
						71.1		62.4		55.0		55.8			
QN95: Percentage of students who think people greatly risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day													No linear change	Not available	No change
						53.4		48.8		46.0		51.0			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Male Site-Added													Linear Change*	Quadratic Change*	Change from 2013-2015 †
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN96: Percentage of students who think people greatly risk harming themselves (physically or in other ways) if they have five or more drinks of an alcoholic beverage once or twice a week													No linear change	Not available [§]	No change
											24.8	22.2			
QN98: Percentage of students who think people greatly risk harming themselves (physically or in other ways) if they smoke marijuana once or twice a week													No linear change	Not available	No change
											4.8	6.3			
QN99: Percentage of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)													No linear change	Not available	No change
											24.3	20.3	18.0		
QN109: Percentage of students who missed classes or school without permission (on one or more days during the 30 days before the survey)													No linear change	Not available	No change
											51.7	45.0	45.2		

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

**Male
Site-Added**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †				
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015							
QN110: Percentage of students who do not have one of their parents talk with them about what they are doing in school about every day													71.1	75.3	68.7	74.5	No linear change	Not available [§]	No change
QN111: Percentage of students who strongly agree or agree that their teachers really care about them and give them a lot of encouragement													69.9	71.8	73.3	73.6	No linear change	Not available	No change
QN112: Percentage of students who would feel comfortable seeking help from one or more adults besides their parents if they had an important question affecting their life													80.9	84.0	84.1	84.1	No linear change	Not available	No change
QN113: Percentage of students who do not spend any hours helping or volunteering at school or in the community (such as helping elders or neighbors; watching young children; teaching or tutoring; peer helping; mentoring; or helping out at local programs, health clinics, faith organizations, tribal organizations, or environmental organizations, during an average week)													56.3	62.2	57.1	60.6	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

**Male
Site-Added**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †				
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015							
QN114: Percentage of students who do not take part in organized after school, evening, or weekend activities on any days (such as school clubs; community center groups; music, art, or dance lessons; drama; church; or cultural or other supervised activities, during an average week)													68.2	66.3	67.6	65.9	No linear change	Not available [§]	No change
QN115: Percentage of students who disagree or strongly disagree that they feel alone in their life													53.6	48.1	56.8	49.3	No linear change	Not available	Decreased
QN116: Percentage of students who strongly agree or agree that in their community they feel like they matter to people													54.2	47.2	52.5	46.3	No linear change	Not available	No change
QN117: Percentage of students who strongly agree or agree that their school has clear rules and consequences for behavior													75.3	72.2	73.7	79.2	No linear change	Not available	No change
QN118: Percentage of students who think their parents feel it would be wrong or very wrong for them to smoke marijuana													54.1	50.9			No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

**Male
Site-Added**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †			
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015						
QN119: Percentage of students who think their parents feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day													62.6	69.5	Increased, 2013-2015	Not available [§]	Increased	
QN120: Percentage of students who think their parents feel it would be wrong or very wrong for them to smoke cigarettes													67.3	69.9	No linear change	Not available	No change	
QN122: Percentage of students who think there is some chance, pretty good chance, or very good chance they would be seen as cool if they smoked cigarettes													17.4	16.6	14.2	No linear change	Not available	No change
QN123: Percentage of students who think there is some chance, pretty good chance, or very good chance they would be seen as cool if they began drinking alcoholic beverages regularly													22.1	22.3	19.1	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey
Trend Analysis Report

Male
Site-Added

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN124: Percentage of students who think there is some chance, pretty good chance, or very good chance they would be seen as cool if they smoked marijuana															
										28.3	36.1	34.9	Increased, 2011-2015	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

**Female
Injury and Violence**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †				
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015							
QN8: Percentage of students who rarely or never wore a bicycle helmet (among students who had ridden a bicycle during the 12 months before the survey)													89.2	88.6	87.0	88.2	No linear change	Not available [§]	No change
QN9: Percentage of students who rarely or never wore a seat belt (when riding in a car driven by someone else)													10.9	9.2	10.0	9.3	No linear change	Not available	No change
QN10: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle one or more times during the 30 days before the survey)													29.6	29.2	20.3	26.1	No linear change	Not available	No change
QN11: Percentage of students who drove when drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)													8.0	9.3			No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

**Female
Injury and Violence**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN12: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)													No linear change	Not available [§]	No change
							6.3	5.5	5.5	11.8			Increased, 2009-2015	Not available	Increased
QN15: Percentage of students who carried a weapon on school property (such as a gun, knife, or club on at least 1 day during the 30 days before the survey)													No linear change	Not available	No change
							6.5	7.6	8.3	9.2			No linear change	Not available	No change
QN16: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)													Decreased, 2009-2015	Not available	Decreased
							39.7	40.5	37.3	24.9			Decreased, 2009-2015	Not available	Decreased
QN18: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)													No linear change	Not available	No change
							4.0	4.9	2.7	5.0			No linear change	Not available	No change
QN19: Percentage of students who were injured in a physical fight (one or more times during the 12 months before the survey; injuries had to be treated by a doctor or nurse)															

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

**Female
Injury and Violence**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN21: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)													No linear change	Not available [§]	No change
									29.1	22.7	24.9	30.6			
QN22: Percentage of students who experienced physical dating violence (one or more times during the 12 months before the survey, including being hit, slammed into something, or injured with an object or weapon on purpose by someone they were dating or going out with among students who dated or went out with someone during the 12 months before the survey)													No linear change	Not available	No change
											20.0	21.6			
QN23: Percentage of students who experienced sexual dating violence (one or more times during the 12 months before the survey, including kissing, touching, or being physically forced to have sexual intercourse when they did not want to by someone they were dating or going out with among students who dated or went out with someone during the 12 months before the survey)													No linear change	Not available	No change
											13.8	18.0			
QN24: Percentage of students who were bullied on school property (during the 12 months before the survey)													Increased, 2009-2015	Not available	Increased
									17.4	19.2	19.0	25.8			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

**Female
Injury and Violence**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN25: Percentage of students who were electronically bullied (including being bullied through e-mail, chat rooms, instant messaging, websites, or texting during the 12 months before the survey)													No linear change	Not available [§]	No change
						26.8		28.7		27.8					
QN26: Percentage of students who felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)													Increased, 2009-2015	Not available	No change
						46.8		44.4		52.3		59.6			
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)													Increased, 2009-2015	Not available	No change
						22.1		23.9		31.7		37.1			
QN28: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)													Increased, 2009-2015	Not available	No change
						15.6		19.6		24.3		29.6			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey
Trend Analysis Report

Female
Injury and Violence

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN29: Percentage of students who attempted suicide (one or more times during the 12 months before the survey)															
									12.9	13.8	19.2	28.4	Increased, 2009-2015	Not available [§]	Increased
QN30: Percentage of students who attempted suicide that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)															
									5.2	6.1	7.3	11.0	Increased, 2009-2015	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

**Female
Tobacco Use**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015				
QN31: Percentage of students who ever tried cigarette smoking (even one or two puffs)													Decreased, 2009-2015	Not available [§]	No change	
						88.7	81.6	81.4	81.7							
QN32: Percentage of students who smoked a whole cigarette before age 13 years (for the first time)													No linear change	Not available	No change	
						30.8	31.5	33.6	30.4							
QN33: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)													Decreased, 2009-2015	Not available	No change	
						57.5	45.5	52.3	47.5							
QNFRSIG: Percentage of students who currently frequently smoked cigarettes (on 20 or more days during the 30 days before the survey)													Decreased, 2009-2015	Not available	No change	
						34.1	26.3	29.8	23.8							
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)													No linear change	Not available	No change	
						24.3	19.5	21.3	18.2							

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

**Female
Tobacco Use**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN34: Percentage of students who smoked more than 10 cigarettes per day (during the 30 days before the survey among students who currently smoked cigarettes on the days they smoked)													No linear change	Not available [§]	No change
						5.8		9.0		9.0		7.0			
QN35: Percentage of students who usually obtained their own cigarettes by buying them in a store or gas station (during the 30 days before the survey among students who currently smoked cigarettes and who were aged <18 years)													No linear change	Not available	No change
						2.5		5.1		1.6		2.2			
QN36: Percentage of students who tried to quit smoking cigarettes (among students who currently smoked cigarettes during the 12 months before the survey)													No linear change	Not available	No change
						62.5		71.9		67.5		66.8			
QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, or dip on at least 1 day during the 30 days before the survey)													Increased, 2009-2015	Not available	No change
						6.7		8.4		12.4		15.8			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

**Female
Tobacco Use**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars on at least 1 day during the 30 days before the survey)													No linear change	Not available [§]	No change
QNTOB3: Percentage of students who currently used cigarettes, cigars, or smokeless tobacco (on at least 1 day during the 30 days before the survey)													No linear change	Not available	No change
QNTOB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)													Decreased, 2009-2015	Not available	No change
QNNOTOB3: Percentage of students who did not currently use cigarettes, cigars, or smokeless tobacco (on at least 1 day during the 30 days before the survey)													No linear change	Not available	No change
QNNOTOB2: Percentage of students who did not currently smoke cigarettes or cigars (on at least 1 day during the 30 days before the survey)													Increased, 2009-2015	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Female

Alcohol and Other Drug Use

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN41: Percentage of students who ever drank alcohol (at least one drink of alcohol on at least 1 day during their life)													Decreased, 2009-2015	Not available [§]	Decreased
									89.4	83.7	84.5	78.4			
QN42: Percentage of students who drank alcohol before age 13 years (for the first time other than a few sips)													No linear change	Not available	No change
									29.5	30.7	28.8	24.9			
QN43: Percentage of students who currently drank alcohol (at least one drink of alcohol on at least 1 day during the 30 days before the survey)													Decreased, 2009-2015	Not available	No change
									55.4	48.6	51.3	43.9			
QN44: Percentage of students who drank five or more drinks of alcohol in a row (within a couple of hours on at least 1 day during the 30 days before the survey)													Decreased, 2009-2015	Not available	Decreased
									42.9	36.3	39.1	30.3			
QN46: Percentage of students who usually obtained the alcohol they drank by someone giving it to them (among students who currently drank alcohol)													No linear change	Not available	No change
										40.3	40.2				

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Female

Alcohol and Other Drug Use

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †				
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015							
QN47: Percentage of students who ever used marijuana (one or more times during their life)													81.9	77.9	80.8	82.4	No linear change	Not available [§]	No change
QN48: Percentage of students who tried marijuana before age 13 years (for the first time)													31.5	31.9	33.2	31.0	No linear change	Not available	No change
QN49: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)													51.5	44.3	49.8	51.8	No linear change	Not available	No change
QN50: Percentage of students who ever used cocaine (any form of cocaine, such as powder, crack, or freebase, one or more times during their life)													28.8	23.7	22.4	22.3	Decreased, 2009-2015	Not available	No change
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)													21.1	18.6	13.2	14.8	Decreased, 2009-2015	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Female

Alcohol and Other Drug Use

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China white," one or more times during their life)													No linear change	Not available [§]	No change
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal," "crank," or "ice," one or more times during their life)													No linear change	Not available	No change
QN54: Percentage of students who ever used ecstasy (also called "MDMA," one or more times during their life)													Decreased, 2009-2015	Not available	Decreased
QN57: Percentage of students who ever took prescription drugs without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during their life)													Decreased, 2009-2015	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey

Trend Analysis Report

**Female
Sexual Behaviors**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN60: Percentage of students who ever had sexual intercourse													Decreased, 2009-2015	Not available [§]	No change
						86.7	82.9	80.6	79.3						
QN61: Percentage of students who had sexual intercourse before age 13 years (for the first time)													No linear change	Not available	No change
						8.1	9.9	9.7	11.6						
QN62: Percentage of students who had sexual intercourse with four or more persons (during their life)													No linear change	Not available	No change
						45.6	45.1	47.1	41.7						
QN63: Percentage of students who were currently sexually active (sexual intercourse with at least one person during the 3 months before the survey)													Decreased, 2009-2015	Not available	No change
						71.7	66.1	64.7	62.8						
QN64: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)													No linear change	Not available	No change
						20.8	26.4	27.0	26.7						

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey
Trend Analysis Report

Female
Sexual Behaviors

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN65: Percentage of students who used a condom (during last sexual intercourse among students who were currently sexually active)													No linear change	Not available [§]	No change
QN66: Percentage of students who used birth control pills (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)													Decreased, 2009-2015	Not available	No change
QNIUDIMP: Percentage of students who used an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon) (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)													Increased, 2013-2015	Not available	Increased
QNSHPARG: Percentage of students who used a shot (e.g., Depo-Provera), patch (e.g., OrthoEvra), or birth control ring (e.g., NuvaRing) (during last sexual intercourse among students who were currently sexually active)													No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

**Female
Sexual Behaviors**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QNOTHHPL: Percentage of students who used birth control pills; an IUD or implant; or a shot, patch, or birth control ring (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)													No linear change	Not available [§]	No change
QNDUALBC: Percentage of students who used both a condom during and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse (to prevent STD and pregnancy among students who were currently sexually active)													No linear change	Not available	No change
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy (during last sexual intercourse among students who were currently sexually active)													No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Female

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2013-2015 †				
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015						
QNOWT: Percentage of students who were overweight (\geq 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth chart [§])												19.1	19.7	20.7	25.4	Increased, 2009-2015	Not available [¶]	No change
QNOBESE: Percentage of students who were obese (\geq 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth chart [§])												17.4	17.4	19.0	20.2	No linear change	Not available	No change
QN69: Percentage of students who described themselves as slightly or very overweight												46.1	42.9	49.9	46.9	No linear change	Not available	No change
QN71: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)												19.7	22.7	22.1	23.9	No linear change	Not available	No change
QN72: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)												10.6	17.2	11.4	10.7	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

¶Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Female

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2013-2015 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (during the 7 days before the survey)												No linear change	Not available [§]	No change	
QNFR1: Percentage of students who ate fruit or drank 100% fruit juices one or more times per day (during the 7 days before the survey)												No linear change	Not available	No change	
QNFR2: Percentage of students who ate fruit or drank 100% fruit juices two or more times per day (during the 7 days before the survey)												Decreased, 2009-2015	Not available	No change	
QNFR3: Percentage of students who ate fruit or drank 100% fruit juices three or more times per day (during the 7 days before the survey)												No linear change	Not available	No change	
QN73: Percentage of students who did not eat salad (during the 7 days before the survey)												No linear change	Not available	No change	

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Female

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015				
QN74: Percentage of students who did not eat potatoes (during the 7 days before the survey)													No linear change	Not available [§]	No change	
						38.4	33.6	32.2	37.5							
QN75: Percentage of students who did not eat carrots (during the 7 days before the survey)													No linear change	Not available	No change	
						43.7	46.7	40.3	43.0							
QN76: Percentage of students who did not eat other vegetables (during the 7 days before the survey)													No linear change	Not available	No change	
						19.0	18.3	14.7	17.2							
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)													No linear change	Not available	No change	
						7.7	5.9	4.3	6.0							

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Female

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †				
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015							
QNVEG1: Percentage of students who ate vegetables one or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)													55.7	62.6	63.2	58.3	No linear change	Not available [§]	No change
QNVEG2: Percentage of students who ate vegetables two or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)													23.2	30.3	25.7	24.7	No linear change	Not available	No change
QNVEG3: Percentage of students who ate vegetables three or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)													13.3	17.5	11.5	10.9	Decreased, 2009-2015	Not available	No change
QN77: Percentage of students who did not drink a can, bottle, or glass of soda or pop (not including diet soda or diet pop, during the 7 days before the survey)													16.2	15.9	18.1	23.2	Increased, 2009-2015	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Female

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †				
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015							
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (not including diet soda or diet pop, during the 7 days before the survey)													26.2	30.4	23.7	20.0	Decreased, 2009-2015	Not available [§]	No change
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (not including diet soda or diet pop, during the 7 days before the survey)													17.8	21.3	17.4	12.9	Decreased, 2009-2015	Not available	No change
QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day (not including diet soda or diet pop, during the 7 days before the survey)													11.3	13.7	9.1	6.2	Decreased, 2009-2015	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

Female
Physical Activity

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN80: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													No linear change	Not available [§]	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													No linear change	Not available	No change
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time (during the 7 days before the survey)													No linear change	Not available	No change
QN81: Percentage of students who watched television 3 or more hours per day (on an average school day)													No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

**Female
Physical Activity**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN82: Percentage of students who played video or computer games or used a computer 3 or more hours per day (for something that was not school work on an average school day)													Increased, 2009-2015	Not available [§]	No change
QN83: Percentage of students who attended physical education classes on 1 or more days (in an average week when they were in school)													No linear change	Not available	No change
QNDLYPE: Percentage of students who attended physical education classes on all 5 days (in an average week when they were in school)													No linear change	Not available	No change
QN84: Percentage of students who played on at least one sports team (run by their school or community groups during the 12 months before the survey)													No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey
Trend Analysis Report

Female
Other

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN87: Percentage of students who had ever been told by a doctor or nurse that they had asthma															
									25.6	26.0	27.8	26.7	No linear change	Not available [§]	No change
QN89: Percentage of students who made mostly A's or B's in school (during the 12 months before the survey)															
									46.9	47.2	48.8	49.7	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

**Female
Site-Added**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †				
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015							
QN91: Percentage of students who used chewing tobacco, snuff, or dip on school property (on at least 1 day during the 30 days before the survey)													3.9	4.0	4.5	11.2	Increased, 2009-2015	Not available [§]	Increased
QN92: Percentage of students who used Iqmik or blackbull (on at least 1 day during the past 30 days)													3.9	9.7	Increased, 2013-2015	Not available	Increased		
QN93: Percentage of students who used Iqmik or blackbull on school property (on at least 1 day during the past 30 days)													2.2	5.6	No linear change	Not available	Increased		
QN94: Percentage of students who were in the same room with someone who was smoking cigarettes (on at least 1 day during the past 7 days)													70.3	67.5	62.8	61.8	Decreased, 2009-2015	Not available	No change
QN95: Percentage of students who think people greatly risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day													62.1	59.2	58.0	50.3	Decreased, 2009-2015	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

**Female
Site-Added**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN96: Percentage of students who think people greatly risk harming themselves (physically or in other ways) if they have five or more drinks of an alcoholic beverage once or twice a week													No linear change	Not available [§]	No change
						34.0					30.8				
QN98: Percentage of students who think people greatly risk harming themselves (physically or in other ways) if they smoke marijuana once or twice a week													No linear change	Not available	No change
						6.3					5.8				
QN99: Percentage of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)													No linear change	Not available	No change
						18.7					23.2	20.8			
QN109: Percentage of students who missed classes or school without permission (on one or more days during the 30 days before the survey)													No linear change	Not available	No change
						49.2					43.9	44.7			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

**Female
Site-Added**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN110: Percentage of students who do not have one of their parents talk with them about what they are doing in school about every day													No linear change	Not available [§]	No change
QN111: Percentage of students who strongly agree or agree that their teachers really care about them and give them a lot of encouragement													No linear change	Not available	No change
QN112: Percentage of students who would feel comfortable seeking help from one or more adults besides their parents if they had an important question affecting their life													No linear change	Not available	No change
QN113: Percentage of students who do not spend any hours helping or volunteering at school or in the community (such as helping elders or neighbors; watching young children; teaching or tutoring; peer helping; mentoring; or helping out at local programs, health clinics, faith organizations, tribal organizations, or environmental organizations, during an average week)													Decreased, 2009-2015	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

**Female
Site-Added**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †										
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015													
QN114: Percentage of students who do not take part in organized after school, evening, or weekend activities on any days (such as school clubs; community center groups; music, art, or dance lessons; drama; church; or cultural or other supervised activities, during an average week)													68.9	63.3	63.4	63.3					No linear change	Not available [§]	No change		
QN115: Percentage of students who disagree or strongly disagree that they feel alone in their life													53.6	50.8	46.4	47.3					Decreased, 2009-2015	Not available	No change		
QN116: Percentage of students who strongly agree or agree that in their community they feel like they matter to people													41.4	44.5	41.1	36.8					No linear change	Not available	No change		
QN117: Percentage of students who strongly agree or agree that their school has clear rules and consequences for behavior													74.2	76.6	81.5	74.8					No linear change	Not available	Decreased		
QN118: Percentage of students who think their parents feel it would be wrong or very wrong for them to smoke marijuana																	51.8	48.4					No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

**Female
Site-Added**

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †			
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015						
QN119: Percentage of students who think their parents feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day													69.0	74.3	No linear change	Not available [§]	No change	
QN120: Percentage of students who think their parents feel it would be wrong or very wrong for them to smoke cigarettes													65.4	74.3	Increased, 2013-2015	Not available	Increased	
QN122: Percentage of students who think there is some chance, pretty good chance, or very good chance they would be seen as cool if they smoked cigarettes													20.0	14.5	13.0	Decreased, 2011-2015	Not available	No change
QN123: Percentage of students who think there is some chance, pretty good chance, or very good chance they would be seen as cool if they began drinking alcoholic beverages regularly													30.2	22.3	20.6	Decreased, 2011-2015	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey
Trend Analysis Report

Female
Site-Added

Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2013-2015 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN124: Percentage of students who think there is some chance, pretty good chance, or very good chance they would be seen as cool if they smoked marijuana													No linear change	Not available [§]	No change
						39.4	37.2	34.6							

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

White*

Injury and Violence

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN8: Percentage of students who rarely or never wore a bicycle helmet (among students who had ridden a bicycle during the 12 months before the survey)													Decreased, 2009-2015	Not available [¶]	No change
									90.2	89.6	84.3	83.8			
QN9: Percentage of students who rarely or never wore a seat belt (when riding in a car driven by someone else)													Decreased, 2009-2015	Not available	No change
									15.5	11.3	9.6	8.7			
QN10: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle one or more times during the 30 days before the survey)													Decreased, 2009-2015	Not available	No change
									31.4	31.3	26.1	24.0			
QN11: Percentage of students who drove when drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)													No linear change	Not available	No change
											15.5	9.1			

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

White*

Injury and Violence

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN12: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)															
											45.1	41.9	No linear change	Not available [¶]	No change
QN15: Percentage of students who carried a weapon on school property (such as a gun, knife, or club on at least 1 day during the 30 days before the survey)															
									11.1	10.0	9.8	13.9	No linear change	Not available	No change
QN16: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)															
									6.3	5.6	8.4	8.3	No linear change	Not available	No change
QN18: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)															
									47.5	42.1	34.0	30.8	Decreased, 2009-2015	Not available	No change
QN19: Percentage of students who were injured in a physical fight (one or more times during the 12 months before the survey; injuries had to be treated by a doctor or nurse)															
									6.8	5.1	2.8	4.6	No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

White*

Injury and Violence

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN21: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)													Decreased, 2009-2015	Not available [¶]	No change
									23.6	18.1	16.3	17.4			
QN22: Percentage of students who experienced physical dating violence (one or more times during the 12 months before the survey, including being hit, slammed into something, or injured with an object or weapon on purpose by someone they were dating or going out with among students who dated or went out with someone during the 12 months before the survey)													No linear change	Not available	No change
											15.7	14.6			
QN23: Percentage of students who experienced sexual dating violence (one or more times during the 12 months before the survey, including kissing, touching, or being physically forced to have sexual intercourse when they did not want to by someone they were dating or going out with among students who dated or went out with someone during the 12 months before the survey)													No linear change	Not available	No change
											10.8	11.4			
QN24: Percentage of students who were bullied on school property (during the 12 months before the survey)													Increased, 2009-2015	Not available	No change
									16.9	16.3	20.2	21.4			

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

White*
Injury and Violence

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN25: Percentage of students who were electronically bullied (including being bullied through e-mail, chat rooms, instant messaging, websites, or texting during the 12 months before the survey)													No linear change	Not available [¶]	No change
						21.3		22.7		20.3					
QN26: Percentage of students who felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)													No linear change	Not available	No change
						38.1		37.7		39.8		42.3			
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)													Increased, 2009-2015	Not available	No change
						19.7		20.7		26.3		30.7			
QN28: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)													Increased, 2009-2015	Not available	No change
						15.0		16.1		19.1		22.4			

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey
Trend Analysis Report

White*
Injury and Violence

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN29: Percentage of students who attempted suicide (one or more times during the 12 months before the survey)													Increased, 2009-2015	Not available [¶]	No change
QN30: Percentage of students who attempted suicide that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)													No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

White*
Tobacco Use

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN31: Percentage of students who ever tried cigarette smoking (even one or two puffs)													Decreased, 2009-2015	Not available [¶]	No change
						86.4	83.3	79.9	76.1						
QN32: Percentage of students who smoked a whole cigarette before age 13 years (for the first time)													Decreased, 2009-2015	Not available	No change
						31.2	33.3	24.2	21.0						
QN33: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)													Decreased, 2009-2015	Not available	No change
						59.5	50.2	48.6	42.3						
QNFRSIG: Percentage of students who currently frequently smoked cigarettes (on 20 or more days during the 30 days before the survey)													Decreased, 2009-2015	Not available	No change
						37.7	32.5	26.9	21.3						
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)													Decreased, 2009-2015	Not available	No change
						27.9	25.4	21.1	15.1						

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey

Trend Analysis Report

White*
Tobacco Use

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN34: Percentage of students who smoked more than 10 cigarettes per day (during the 30 days before the survey among students who currently smoked cigarettes on the days they smoked)													No linear change	Not available [¶]	No change
									12.1	14.5	13.1	8.9			
QN36: Percentage of students who tried to quit smoking cigarettes (among students who currently smoked cigarettes during the 12 months before the survey)													No linear change	Not available	No change
									58.1	66.0	60.0	53.3			
QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, or dip on at least 1 day during the 30 days before the survey)													Decreased, 2009-2015	Not available	No change
									19.8	19.1	13.9	15.1			
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars on at least 1 day during the 30 days before the survey)													Decreased, 2009-2015	Not available	No change
									31.4	22.9	24.9	22.0			
QNTOB3: Percentage of students who currently used cigarettes, cigars, or smokeless tobacco (on at least 1 day during the 30 days before the survey)													Decreased, 2009-2015	Not available	No change
									67.5	57.2	55.5	50.8			

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey
Trend Analysis Report

White*
Tobacco Use

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QNTOB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)													Decreased, 2009-2015	Not available [¶]	No change
							64.8	55.1	53.2	47.6					
QNNOTOB3: Percentage of students who did not currently use cigarettes, cigars, or smokeless tobacco (on at least 1 day during the 30 days before the survey)													Increased, 2009-2015	Not available	No change
							36.8	45.2	46.7	53.0					
QNNOTOB2: Percentage of students who did not currently smoke cigarettes or cigars (on at least 1 day during the 30 days before the survey)													Increased, 2009-2015	Not available	No change
							37.7	46.5	48.9	55.0					

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

White*

Alcohol and Other Drug Use

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN41: Percentage of students who ever drank alcohol (at least one drink of alcohol on at least 1 day during their life)													Decreased, 2009-2015	Not available [¶]	No change
									90.7	84.4	84.7	80.9			
QN42: Percentage of students who drank alcohol before age 13 years (for the first time other than a few sips)													Decreased, 2009-2015	Not available	No change
									33.8	34.9	31.2	27.2			
QN43: Percentage of students who currently drank alcohol (at least one drink of alcohol on at least 1 day during the 30 days before the survey)													Decreased, 2009-2015	Not available	No change
									60.8	55.5	53.9	46.2			
QN44: Percentage of students who drank five or more drinks of alcohol in a row (within a couple of hours on at least 1 day during the 30 days before the survey)													Decreased, 2009-2015	Not available	Decreased
									47.5	43.3	40.6	32.6			
QN46: Percentage of students who usually obtained the alcohol they drank by someone giving it to them (among students who currently drank alcohol)													No linear change	Not available	No change
											35.6	35.2			

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

White*

Alcohol and Other Drug Use

Health Risk Behavior and Percentages												Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN47: Percentage of students who ever used marijuana (one or more times during their life)												Decreased, 2009-2015	Not available [¶]	No change	
						82.4	78.5	78.1	74.4						
QN48: Percentage of students who tried marijuana before age 13 years (for the first time)												Decreased, 2009-2015	Not available	No change	
						35.3	31.9	31.6	25.3						
QN49: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)												No linear change	Not available	No change	
						54.7	49.6	51.1	53.6						
QN50: Percentage of students who ever used cocaine (any form of cocaine, such as powder, crack, or freebase, one or more times during their life)												Decreased, 2009-2015	Not available	No change	
						35.1	30.1	24.4	23.6						
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)												Decreased, 2009-2015	Not available	No change	
						22.9	22.6	15.4	18.9						

*Non-Hispanic.

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[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

White*

Alcohol and Other Drug Use

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China white," one or more times during their life)													No linear change	Not available [¶]	No change
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal," "crank," or "ice," one or more times during their life)													No linear change	Not available	No change
QN54: Percentage of students who ever used ecstasy (also called "MDMA," one or more times during their life)													Decreased, 2009-2015	Not available	No change
QN57: Percentage of students who ever took prescription drugs without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during their life)													Decreased, 2009-2015	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

White*
Sexual Behaviors

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]				
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015							
QN60: Percentage of students who ever had sexual intercourse													83.4	80.8	81.6	75.8	Decreased, 2009-2015	Not available [¶]	No change
QN61: Percentage of students who had sexual intercourse before age 13 years (for the first time)													11.2	12.0	10.0	11.4	No linear change	Not available	No change
QN62: Percentage of students who had sexual intercourse with four or more persons (during their life)													46.0	45.7	40.7	36.2	Decreased, 2009-2015	Not available	No change
QN63: Percentage of students who were currently sexually active (sexual intercourse with at least one person during the 3 months before the survey)													67.3	63.3	60.4	53.9	Decreased, 2009-2015	Not available	No change
QN64: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)													27.3	31.2	32.2	31.8	No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

White*
Sexual Behaviors

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]				
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015							
QN65: Percentage of students who used a condom (during last sexual intercourse among students who were currently sexually active)													46.1	43.7	34.0	41.0	No linear change	Not available [¶]	No change
QN66: Percentage of students who used birth control pills (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)													22.7	19.0	18.7	13.6	Decreased, 2009-2015	Not available	No change
QNIUDIMP: Percentage of students who used an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon) (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)															12.2	18.9	No linear change	Not available	No change
QNSHPARG: Percentage of students who used a shot (e.g., Depo-Provera), patch (e.g., OrthoEvra), or birth control ring (e.g., NuvaRing) (during last sexual intercourse among students who were currently sexually active)															9.8	18.0	Increased, 2013-2015	Not available	Increased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

White*
Sexual Behaviors

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]		
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015					
QNOTHHPL: Percentage of students who used birth control pills; an IUD or implant; or a shot, patch, or birth control ring (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)													40.7	50.5	Increased, 2013-2015	Not available [¶]	No change
QNDUALBC: Percentage of students who used both a condom during and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse (to prevent STD and pregnancy among students who were currently sexually active)													8.6	11.8	No linear change	Not available	No change
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy (during last sexual intercourse among students who were currently sexually active)									16.0	14.8	18.8	9.5	No linear change	Not available	Decreased		

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

White*

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth chart [¶])													No linear change	Not available**	No change
									16.0	14.9	14.6	17.1			
QNOBESE: Percentage of students who were obese (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth chart [¶])													No linear change	Not available	No change
									17.6	14.7	21.1	21.3			
QN69: Percentage of students who described themselves as slightly or very overweight													No linear change	Not available	No change
									37.8	35.3	39.6	36.6			
QN71: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)													No linear change	Not available	No change
									22.7	21.5	25.1	22.6			
QN72: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)													No linear change	Not available	No change
									12.9	18.1	13.9	17.5			

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

**Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

White*

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (during the 7 days before the survey)													No linear change	Not available [¶]	No change
									5.4	7.9	6.3	8.3			
QNFR1: Percentage of students who ate fruit or drank 100% fruit juices one or more times per day (during the 7 days before the survey)													No linear change	Not available	No change
									54.9	53.1	56.9	49.7			
QNFR2: Percentage of students who ate fruit or drank 100% fruit juices two or more times per day (during the 7 days before the survey)													No linear change	Not available	No change
									23.7	22.5	23.9	18.8			
QNFR3: Percentage of students who ate fruit or drank 100% fruit juices three or more times per day (during the 7 days before the survey)													Decreased, 2009-2015	Not available	No change
									15.7	14.0	11.4	11.3			
QN73: Percentage of students who did not eat salad (during the 7 days before the survey)													No linear change	Not available	Increased
									35.9	35.7	33.5	42.4			

*Non-Hispanic.

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[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

White*

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages												Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN74: Percentage of students who did not eat potatoes (during the 7 days before the survey)												No linear change	Not available [¶]	No change	
						35.4	29.6	33.9	33.1						
QN75: Percentage of students who did not eat carrots (during the 7 days before the survey)												No linear change	Not available	No change	
						45.6	45.9	43.7	46.5						
QN76: Percentage of students who did not eat other vegetables (during the 7 days before the survey)												No linear change	Not available	No change	
						20.6	18.1	16.0	17.4						
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)												No linear change	Not available	No change	
						6.9	4.9	5.4	6.2						

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

White*

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]				
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015							
QNVEG1: Percentage of students who ate vegetables one or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)													56.1	63.8	63.9	57.9	No linear change	Not available [¶]	No change
QNVEG2: Percentage of students who ate vegetables two or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)													25.8	27.4	28.7	22.0	No linear change	Not available	Decreased
QNVEG3: Percentage of students who ate vegetables three or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)													13.0	13.6	13.1	9.4	No linear change	Not available	No change
QN77: Percentage of students who did not drink a can, bottle, or glass of soda or pop (not including diet soda or diet pop, during the 7 days before the survey)													17.2	18.8	18.3	19.5	No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

White*

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (not including diet soda or diet pop, during the 7 days before the survey)													Decreased, 2009-2015	Not available [¶]	Decreased
						30.5	29.2	25.7	18.9						
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (not including diet soda or diet pop, during the 7 days before the survey)													Decreased, 2009-2015	Not available	Decreased
						22.2	20.0	19.4	13.0						
QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day (not including diet soda or diet pop, during the 7 days before the survey)													Decreased, 2009-2015	Not available	No change
						13.9	10.4	10.5	7.6						

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

White*

Physical Activity

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN80: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													No linear change	Not available [¶]	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)													No linear change	Not available	No change
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time (during the 7 days before the survey)													Decreased, 2011-2015	Not available	No change
QN81: Percentage of students who watched television 3 or more hours per day (on an average school day)													No linear change	Not available	Decreased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

White*

Physical Activity

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN82: Percentage of students who played video or computer games or used a computer 3 or more hours per day (for something that was not school work on an average school day)													Increased, 2009-2015	Not available [¶]	No change
									25.3	28.7	41.0	35.6			
QN83: Percentage of students who attended physical education classes on 1 or more days (in an average week when they were in school)													Increased, 2009-2015	Not available	No change
									27.7	32.9	34.5	34.2			
QNDLYPE: Percentage of students who attended physical education classes on all 5 days (in an average week when they were in school)													No linear change	Not available	No change
									14.4	16.2	18.0	17.5			
QN84: Percentage of students who played on at least one sports team (run by their school or community groups during the 12 months before the survey)													No linear change	Not available	No change
									24.7	26.7	23.1	24.7			

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey
Trend Analysis Report

White* Other	Health Risk Behavior and Percentages												Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN87: Percentage of students who had ever been told by a doctor or nurse that they had asthma															
									25.1	23.8	25.0	24.3	No linear change	Not available [¶]	No change
QN89: Percentage of students who made mostly A's or B's in school (during the 12 months before the survey)															
									43.3	43.9	50.4	45.0	No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

**White*
Site-Added**

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN91: Percentage of students who used chewing tobacco, snuff, or dip on school property (on at least 1 day during the 30 days before the survey)													Decreased, 2009-2015	Not available [¶]	No change
									13.8	9.6	7.8	8.1			
QN92: Percentage of students who used Iqmik or blackbull (on at least 1 day during the past 30 days)													No linear change	Not available	Increased
											1.7	4.2			
QN93: Percentage of students who used Iqmik or blackbull on school property (on at least 1 day during the past 30 days)													No linear change	Not available	Increased
											0.8	2.7			
QN94: Percentage of students who were in the same room with someone who was smoking cigarettes (on at least 1 day during the past 7 days)													Decreased, 2009-2015	Not available	No change
									76.1	74.5	63.6	68.0			
QN95: Percentage of students who think people greatly risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day													No linear change	Not available	No change
									58.6	55.1	58.7	57.2			

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

**White*
Site-Added**

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN96: Percentage of students who think people greatly risk harming themselves (physically or in other ways) if they have five or more drinks of an alcoholic beverage once or twice a week													No linear change	Not available [¶]	No change
						27.9					22.8				
QN98: Percentage of students who think people greatly risk harming themselves (physically or in other ways) if they smoke marijuana once or twice a week													No linear change	Not available	No change
						5.6					5.7				
QN99: Percentage of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)													No linear change	Not available	No change
						25.5					25.3	20.9			
QN109: Percentage of students who missed classes or school without permission (on one or more days during the 30 days before the survey)													No linear change	Not available	No change
						51.4					43.3	46.1			

*Non-Hispanic.

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[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

White*
Site-Added

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN110: Percentage of students who do not have one of their parents talk with them about what they are doing in school about every day													No linear change	Not available [¶]	Increased
QN111: Percentage of students who strongly agree or agree that their teachers really care about them and give them a lot of encouragement													No linear change	Not available	No change
QN112: Percentage of students who would feel comfortable seeking help from one or more adults besides their parents if they had an important question affecting their life													No linear change	Not available	No change
QN113: Percentage of students who do not spend any hours helping or volunteering at school or in the community (such as helping elders or neighbors; watching young children; teaching or tutoring; peer helping; mentoring; or helping out at local programs, health clinics, faith organizations, tribal organizations, or environmental organizations, during an average week)													No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

White*
Site-Added

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]				
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015							
QN114: Percentage of students who do not take part in organized after school, evening, or weekend activities on any days (such as school clubs; community center groups; music, art, or dance lessons; drama; church; or cultural or other supervised activities, during an average week)													69.8	69.3	66.5	65.7	No linear change	Not available [¶]	No change
QN115: Percentage of students who disagree or strongly disagree that they feel alone in their life													51.9	49.4	50.8	46.4	No linear change	Not available	No change
QN116: Percentage of students who strongly agree or agree that in their community they feel like they matter to people													46.2	44.6	45.3	42.4	No linear change	Not available	No change
QN117: Percentage of students who strongly agree or agree that their school has clear rules and consequences for behavior													75.8	75.4	81.0	78.3	No linear change	Not available	No change
QN118: Percentage of students who think their parents feel it would be wrong or very wrong for them to smoke marijuana													48.3	45.8			No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey Trend Analysis Report

White*
Site-Added

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN119: Percentage of students who think their parents feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day													No linear change	Not available [¶]	No change
						63.0					65.8				
QN120: Percentage of students who think their parents feel it would be wrong or very wrong for them to smoke cigarettes													No linear change	Not available	No change
						69.0					73.3				
QN122: Percentage of students who think there is some chance, pretty good chance, or very good chance they would be seen as cool if they smoked cigarettes													Decreased, 2011-2015	Not available	No change
						21.5					17.3	14.9			
QN123: Percentage of students who think there is some chance, pretty good chance, or very good chance they would be seen as cool if they began drinking alcoholic beverages regularly													Decreased, 2011-2015	Not available	Decreased
						29.2					28.1	21.6			

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Alaska (Recoded Race) Alternative High School Survey
Trend Analysis Report

White*
Site-Added

Health Risk Behavior and Percentages													Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015			
QN124: Percentage of students who think there is some chance, pretty good chance, or very good chance they would be seen as cool if they smoked marijuana													No linear change	Not available [¶]	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.