

2013 YOUTH RISK BEHAVIOR SURVEY

**Alaska Statewide: Alternative HS 2013
Compared to
Alaska Statewide: Traditional HS 2013
Final Scorecard Report
For
Risk Behaviors**

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with the:

Section of Chronic Disease Prevention and Health Promotion
Alaska Department of Health and Social Services

2013 YOUTH RISK BEHAVIOR SURVEY

Alaska Statewide Alternative High School Survey

Sample Description:

School Level - There were 16 alternative schools selected for the statewide alternative sample. These schools were selected based on criteria that they served students who were disproportionately at risk youth who have been unsuccessful in traditional school settings.

Class Level - All classes in the eligible schools were surveyed.

Response Rates:

Schools - 100% 16 of 16 sampled schools participated.

Students - 61% 818 of the 1332 sampled students submitted questionnaires.

Overall response rate - $100\% * 61\% = 61\%$

Note:

Because the overall response rate equaled or exceeded the 50% threshold established for schools that administer surveys to all of their students, the data were weighted and are representative of the entire student body. Confidence intervals are generated for weighted data where the number of responses is greater than or equal to 30 and collected from more than a single classroom unit.

District	School	Surveys	Class Enrollment	Response Rate
SUMMARY		818	1332	61%
Anchorage	AVAIL School	43	81	53%
Anchorage	Benson	92	201	46%
Anchorage	Crossroads School	7	26	27%
Anchorage	S.A.V.E. High School	97	150	65%
Delta/Greely	New Horizons High	16	19	84%
Juneau Borough	Yaakoosge Daakahidi	51	74	69%
Kenai Peninsula Borough	Homer Flex School	25	41	61%
Kenai Peninsula Borough	Kenai Alternative High	44	69	64%
Ketchikan Gateway	Revilla Jr/Sr High School	76	91	84%
Lower Kuskokwim	Kuskokwim Learning	37	43	86%
North Slope Borough	Kiita Learning	43	68	63%
Mat-Su Borough	American Charter	39	54	72%
Mat-Su Borough	Burchell High School	93	192	48%
Mat-Su Borough	Mat-Su Day School	7	13	54%
Mat-Su Borough	Valley Pathways	122	176	69%
Sitka	Pacific High School	26	34	76%

2013 YOUTH RISK BEHAVIOR SURVEY

Alaska Traditional High School Survey

Sample Description:

School Level - All regular public schools containing grades 9, 10, 11, or 12 with enrollments of ten or more were included in the sampling frame. Schools were selected systematically with probability proportional to enrollment in grades 9 through 12 using a random start. 43 schools were sampled.

Class Level - All classes meeting during a particular period of the day were included in the sampling frame. Systematic equal probability sampling with a random start was used to select classes from each school that participated in the survey.

Response Rates:

Schools - 100% 43 of 43 sampled schools participated
Students - 63% 1,247 of the 1,992 sampled students submitted questionnaires.
1,235 questionnaires were usable after data editing.
Overall response rate - $100\% * 63\% = 63\%$

Special Note:

Because the overall response rate equaled or exceeded the 60% threshold, the data were weighted and are representative of the entire student body.

Alaska 2013 Youth Risk Behavior Survey Final Results Scorecard: **Risk Behaviors**

Question #	How does Alaska Statewide: Alternative HS 2013 compare to Alaska Statewide: Traditional HS 2013?	AK STWD ALT is doing:	Alaska Statewide: Alternative HS 2013 Percent (95% Conf. Interval)	Alaska Statewide: Traditional HS 2013 Percent (95% Conf. Interval)
Body Mass Index				
001-002 & 006-007	Percentage of students who are underweight (i.e., below the 5th percentile for body mass index, by age and sex)	Same	3.3% (2.0% - 5.4%)	3.1% (2.2% - 4.5%)
001-002 & 006-009	Percentage of students who are overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)	Same	14.9% (12.4% - 17.7%)	13.7% (11.4% - 16.5%)
001-002 & 006-010	Percentage of students who are obese (i.e., at or above the 95th percentile for body mass index, by age and sex)	Worse	22.2% (19.4% - 25.3%)	12.4% (10.5% - 14.6%)
001-002 & 006-011	Percentage of students who are overweight or obese (i.e., at or above the 85th percentile for body mass index, by age and sex)	Worse	37.0% (33.7% - 40.5%)	26.1% (23.4% - 29.1%)
001-002 & 006-008	Percentage of students who are underweight, overweight or obese (i.e., below the 5th percentile or above the 85th percentile for body mass index, by age and sex for body mass index, by age and sex)	Worse	40.3% (37.0% - 43.8%)	29.3% (26.3% - 32.4%)
Academic Achievement				
008	Percentage of students who received grades of mostly Ds and Fs during the past 12 months	Worse	14.5% (12.1% - 17.3%)	6.5% (4.7% - 9.1%)
Safety				
009	Among students who rode a bicycle during the past 12 months, the percentage who rarely or never wore a bicycle helmet	Worse	86.9% (83.0% - 90.0%)	64.3% (58.3% - 70.0%)
009	Among students who rode a bicycle during the past 12 months, the percentage who never wore a bicycle helmet	Worse	79.9% (75.2% - 83.9%)	52.2% (46.3% - 58.1%)
010	Percentage of students who rarely or never wore a seat belt when riding in a car driven by someone else	Same	13.6% (10.9% - 16.8%)	10.1% (7.6% - 13.2%)
010	Percentage of students who never wore a seat belt when riding in a car driven by someone else	Same	6.5% (4.6% - 9.2%)	5.2% (3.3% - 8.1%)
011	Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol	Worse	21.4% (18.0% - 25.2%)	13.1% (11.1% - 15.5%)
012	Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol	Worse	7.6% (5.8% - 9.8%)	2.1% (1.2% - 3.5%)
012	Among the students who drove a car or other vehicle during the past 30 days, the percentage who drove one or more times when they had been drinking alcohol	Worse	12.7% (9.7% - 16.6%)	3.4% (2.0% - 5.5%)
013	Among students who drove a car or other vehicle during the past 30 days, the percentage who texted or e-mailed while driving	Same	39.2% (34.0% - 44.7%)	34.2% (29.3% - 39.5%)
Violence-Related Behaviors				
014	Percentage of students who carried a weapon such as a gun, knife, or club on at least one of the past 30 days	Same	24.0% (20.5% - 27.8%)	19.2% (16.7% - 21.9%)
015	Percentage of students who carried a gun on one or more of the past 30 days	Same	7.7% (5.5% - 10.6%)	6.8% (5.5% - 8.2%)

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Violence-Related Behaviors Continued				
016	Percentage of students who carried a weapon such as a gun, knife, or club on school property on at least one of the past 30 days	Same	9.4% (7.5% - 11.8%)	6.1% (4.7% - 7.9%)
017	Percentage of students who did not go to school on at least one of the past 30 days because they felt they would be unsafe at school or on their way to or from school	Same	8.3% (6.3% - 10.9%)	6.2% (4.9% - 7.8%)
018	Percentage of students who were in a physical fight one or more times during the past 12 months	Worse	35.1% (30.5% - 40.1%)	22.7% (19.6% - 26.2%)
019	Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse	Same	5.2% (3.7% - 7.3%)	2.9% (2.1% - 3.9%)
020	Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to	Worse	15.2% (12.9% - 17.9%)	9.3% (7.6% - 11.2%)
022	Among students who dated or went out with someone during the past 12 months, the percentage who had been forced by someone they were dating or going out to do sexual things that they did not want to one or more times during the past 12 months	Same	11.5% (9.1% - 14.4%)	11.4% (9.3% - 13.8%)
021	The percentage of students who had been physically hurt on purpose by someone they were dating or going out with one or more times during the past 12 months	Worse	11.3% (9.0% - 14.1%)	5.9% (4.6% - 7.4%)
021	Among students who dated or went out with someone during the past 12 months, the percentage who had been physically hurt on purpose by someone they were dating or going out with one or more times during the past 12 months	Worse	14.7% (11.7% - 18.2%)	9.1% (7.3% - 11.2%)
Bullying				
023	Percentage of students who had been bullied on school property during the past 12 months	Same	16.6% (12.7% - 21.5%)	20.7% (18.2% - 23.6%)
024	Percentage of students who were electronically bullied during the past 12 months	Same	19.8% (16.4% - 23.7%)	14.7% (12.6% - 17.0%)
Sad Feelings and Attempted Suicide				
025	Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months	Worse	40.2% (35.9% - 44.7%)	27.2% (24.4% - 30.2%)
026	Percentage of students who had seriously considered attempting suicide during the past 12 months	Worse	25.0% (21.8% - 28.4%)	16.2% (13.9% - 18.8%)
027	Percentage of students who made a plan about how they would attempt suicide during the past 12 months	Worse	20.2% (17.1% - 23.7%)	13.9% (11.6% - 16.5%)
028	Percentage of students who actually attempted suicide one or more times during the past 12 months	Worse	14.8% (12.2% - 17.9%)	8.4% (6.7% - 10.5%)
029	Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse	Worse	5.5% (3.9% - 7.5%)	2.5% (1.7% - 3.7%)

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Tobacco Use				
030	Percentage of students who had ever tried cigarette smoking, even one or two puffs	Worse	81.5% (78.7% - 84.0%)	35.7% (31.6% - 40.0%)
031	Percentage of students who smoked a whole cigarette for the first time before age 13 years	Worse	27.3% (23.0% - 32.0%)	9.4% (7.3% - 12.0%)
032	Percentage of students who smoked cigarettes on at least one of the past 30 days (current cigarette use)	Worse	47.8% (42.6% - 53.0%)	10.6% (8.2% - 13.4%)
032	Percentage of students who smoked cigarettes on 20 or more of the past 30 days	Worse	25.4% (21.3% - 29.9%)	3.9% (2.7% - 5.6%)
033	Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	Same	9.8% (5.0% - 18.1%)	2.4% (0.8% - 6.9%)
001 & 034	Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days	Same	6.4% (3.6% - 11.2%)	4.0% (1.3% - 12.1%)
035	Percentage of students who smoked cigarettes on school property on at least one of the past 30 days	Worse	10.7% (8.0% - 14.0%)	2.7% (1.7% - 4.1%)
036	Percentage of students who had ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days	Worse	36.8% (32.1% - 41.8%)	7.2% (5.4% - 9.4%)
032 & 037	Among students who reported current cigarette use, the percentage who had not tried to quit smoking cigarettes during the past 12 months	Same	32.7% (27.7% - 38.1%)	32.9% (23.1% - 44.3%)
038	Percentage of students who used chewing tobacco, snuff, or dip on at least one of the past 30 days	Worse	17.4% (14.4% - 21.0%)	9.1% (6.4% - 12.8%)
039	Percentage of students who used chewing tobacco, snuff, or dip on school property on at least one of the past 30 days	Same	9.5% (7.6% - 11.9%)	7.1% (4.6% - 10.7%)
040	Percentage of students who used Iqmik or Blackbull on one or more of the past 30 days	Same	5.3% (2.9% - 9.3%)	4.9% (2.4% - 9.8%)
041	Percentage of students who used Iqmik or Blackbull on school property in the past 30 days	Same	3.4% (1.7% - 6.4%)	3.7% (1.7% - 8.0%)
042	Percentage of students who smoked cigars, cigarillos, or little cigars on at least one of the past 30 days	Worse	22.8% (19.4% - 26.7%)	7.3% (5.8% - 9.1%)
032, 038 & 042	Percentage of students who smoked cigarettes, or cigars, or cigarillos or little cigars, or used chewing tobacco, snuff, or dip on at least one of the past 30 days	Worse	53.5% (48.7% - 58.3%)	17.1% (13.4% - 21.5%)
043	Percentage of students who were in the same room with someone who was smoking in the past week	Worse	56.8% (52.3% - 61.1%)	31.1% (27.3% - 35.1%)
044	Percentage of students who think smoking one or more packs of cigarettes per day has slight risk or no risk of harm	Same	22.2% (18.5% - 26.4%)	16.0% (12.7% - 20.0%)
044	Percentage of students who think smoking one or more packs of cigarettes per day has no risk of harm	Same	11.8% (9.6% - 14.5%)	8.6% (6.3% - 11.7%)

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Alcohol Use				
045	Percentage of students who had at least one drink of alcohol on at least one day during their life	Worse	79.7% (76.6% - 82.4%)	58.4% (54.5% - 62.2%)
046	Percentage of students who had their first drink of alcohol other than a few sips before age 13 years	Worse	28.1% (23.2% - 33.6%)	13.7% (11.4% - 16.3%)
047	Percentage of students who had at least one drink of alcohol on at least one of the past 30 days (current alcohol use)	Worse	45.7% (41.2% - 50.3%)	22.5% (19.3% - 26.1%)
048	Percentage of students who had five or more drinks of alcohol in a row within a couple of hours, on at least one of the past 30 days	Worse	32.8% (28.5% - 37.5%)	12.8% (10.3% - 15.8%)
049	Percentage of students who had ten or more drinks of alcohol in a row, that is, within a couple of hours, during the past 30 days	Worse	9.7% (7.8% - 12.2%)	3.5% (2.5% - 4.9%)
047 & 050	Among students who reported current alcohol use, the percentage who usually got the alcohol they drank by buying it during the past 30 days	Same	5.2% (2.7% - 10.0%)	6.0% (3.6% - 9.7%)
047 & 050	Among students who reported current alcohol use, the percentage who usually got the alcohol they drank by having someone buy it for them during the past 30 days	Same	34.9% (27.1% - 43.5%)	26.7% (20.7% - 33.8%)
047 & 050	Among students who reported current alcohol use, the percentage who usually got the alcohol they drank by someone giving it to them during the past 30 days	Same	29.3% (24.2% - 35.0%)	28.6% (22.8% - 35.2%)
051	Percentage of students who think drinking one or two alcoholic beverages nearly every day has slight risk or no risk of harm	Same	41.0% (37.2% - 44.8%)	38.4% (35.3% - 41.5%)
051	Percentage of students who think drinking one or two alcoholic beverages nearly every day has no risk of harm	Same	14.5% (11.7% - 17.8%)	11.7% (9.1% - 14.9%)
052	Percentage of students who think drinking five or more alcoholic beverages once or twice a week has slight risk or no risk of harm	Worse	39.2% (35.3% - 43.3%)	30.1% (26.7% - 33.7%)
052	Percentage of students who think drinking five or more alcoholic beverages once or twice a week has no risk of harm	Same	15.1% (12.1% - 18.6%)	11.7% (9.1% - 14.8%)
Marijuana Use				
053	Percentage of students who had used marijuana one or more times during their life	Worse	79.3% (75.4% - 82.7%)	39.0% (34.7% - 43.5%)
054	Percentage of students who had tried marijuana for the first time before age 13 years	Worse	32.8% (29.2% - 36.8%)	10.4% (8.4% - 12.9%)
055	Percentage of students who had used marijuana one or more times during the past 30 days	Worse	47.8% (43.2% - 52.4%)	19.7% (17.1% - 22.5%)
056	Percentage of students who think smoking marijuana once or twice a week has slight risk or no risk of harm	Worse	86.3% (83.7% - 88.6%)	62.7% (58.8% - 66.3%)
056	Percentage of students who think smoking marijuana once or twice a week has no risk of harm	Worse	61.8% (57.2% - 66.1%)	33.6% (30.3% - 37.1%)

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Other Drug Use				
057	Percentage of students who had used any form of cocaine, including powder, crack, or freebase one or more times during their life	Worse	22.4% (19.0% - 26.3%)	5.8% (4.4% - 7.5%)
058	Percentage of students who had sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life	Worse	15.1% (11.7% - 19.3%)	6.6% (5.1% - 8.5%)
059	Percentage of students who had used heroin one or more times during their life	Worse	8.1% (5.5% - 11.9%)	2.2% (1.4% - 3.6%)
060	Percentage of students who had used methamphetamines one or more times during their life	Worse	13.9% (9.7% - 19.4%)	2.6% (1.8% - 3.9%)
061	Percentage of students who had used ecstasy one or more times during their life	Worse	26.9% (22.7% - 31.5%)	6.3% (4.7% - 8.4%)
062	Percentage of students who have ever taken a prescription drug without a prescription from a doctor during their life	Worse	40.1% (36.4% - 43.9%)	13.5% (11.4% - 16.1%)
063	Percentage of students who took a prescription drug without a prescription from a doctor one or more times during the past 30 days	Worse	22.6% (18.8% - 26.8%)	7.1% (5.6% - 8.9%)
053 & 063	Percentage of students who used marijuana or a prescribed drug without a prescription in the past 30 days	Worse	52.2% (47.6% - 56.7%)	22.0% (19.2% - 25.2%)
055 & 057-062	Percentage of students who have ever used marijuana, cocaine, solvents, heroin, methamphetamines, ecstasy, or unprescribed drugs	Worse	82.6% (79.0% - 85.7%)	42.7% (38.4% - 47.1%)
064	Percentage of students who had used a needle to inject any illegal drug into their body one or more times during their life	Worse	5.2% (3.6% - 7.6%)	2.0% (1.2% - 3.2%)
Sexual Behavior				
065	Percentage of students who had ever had sexual intercourse	Worse	77.5% (73.9% - 80.8%)	38.6% (34.1% - 43.2%)
066	Percentage of students who had sexual intercourse for the first time before age 13 years	Worse	11.4% (9.3% - 14.0%)	4.5% (3.2% - 6.3%)
067	Percentage of students who have had sexual intercourse with four or more people during their life	Worse	40.0% (35.5% - 44.6%)	10.5% (8.3% - 13.1%)
068	Among students who have ever had sexual intercourse the percentage who had sexual intercourse with at least one person during the past three months	Same	73.4% (68.3% - 77.9%)	64.2% (58.0% - 69.9%)
068	Percentage of students who have had sexual intercourse with at least one person during the past 3 months	Worse	56.9% (52.1% - 61.6%)	24.7% (21.1% - 28.8%)
068 & 069	Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse	Worse	30.4% (25.4% - 36.0%)	15.3% (11.5% - 20.0%)
068 & 070	Among students who had sexual intercourse during the past three months, the percentage who did not use a condom during last sexual intercourse	Worse	59.5% (53.3% - 65.5%)	39.6% (33.9% - 45.7%)
065 & 070	Among students who have ever had sexual intercourse the percentage who did not use a condom the last time they had sexual intercourse	DSU	DSU DSU	9.6% (7.5% - 12.1%)

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Sexual Behavior Continued				
068 & 071	Among students who had sexual intercourse during the past three months, the percentage who did not use birth control pills to prevent pregnancy before last sexual intercourse	Same	80.5% (75.6% - 84.6%)	76.6% (69.2% - 82.6%)
068 & 071	Among students who had sexual intercourse during the past three months, the percentage who did not use an IUD or implant or a shot, patch, or birth control ring to prevent pregnancy before last sexual intercourse	Same	80.8% (75.5% - 85.1%)	87.2% (82.0% - 91.0%)
068 & 071	Among students who had sexual intercourse during the past three months, the percentage who did not use birth control pills, an IUD or implant, or a shot, patch, or birth control ring to prevent pregnancy before last sexual intercourse	Same	61.3% (55.0% - 67.2%)	63.7% (56.3% - 70.5%)
068, 070 & 071	Among students who had sexual intercourse during the past three months, the percentage who did not use both a condom during last sexual intercourse and birth control pills or IUD (etc.) to prevent pregnancy before last sexual intercourse	Same	90.7% (85.2% - 94.2%)	83.6% (78.7% - 87.5%)
068 & 071	Among students who had sexual intercourse during the past three months, the percentage who used no method of birth control to prevent pregnancy before last intercourse	Same	20.7% (16.4% - 25.6%)	13.8% (9.0% - 20.8%)
Body Weight				
072	Percentage of students who described themselves as slightly or very overweight	Worse	37.3% (33.9% - 40.8%)	29.0% (26.6% - 31.5%)
073	Percentage of students who were trying to lose weight	Same	47.6% (43.2% - 51.9%)	46.0% (43.0% - 49.1%)
Food/Beverages Consumed During Past 7 Days				
074	Percentage of students who did not drink 100% fruit juices one or more times during the past 7 days	Same	25.7% (21.6% - 30.2%)	26.9% (24.3% - 29.6%)
075	Percentage of students who did not eat fruit one or more times during the past 7 days	Same	13.4% (10.9% - 16.5%)	10.2% (8.3% - 12.4%)
074 & 075	Percentage of students who did not eat any fruit or drink any 100% fruit juice during the past 7 days	Same	6.1% (4.3% - 8.5%)	5.7% (4.4% - 7.3%)
074 & 075	Percentage of students who ate fruit or drank 100% fruit juice less often than one time per day during the past 7 days	Same	44.2% (39.6% - 48.9%)	38.2% (34.5% - 42.0%)
074 & 075	Percentage of students who ate fruit or drank 100% fruit juice less than two times per day during the past 7 days	Same	75.5% (72.0% - 78.7%)	70.7% (67.7% - 73.5%)
074 & 075	Percentage of students who ate fruit or drank 100% fruit juice less than three times per day during the past 7 days	Same	85.6% (82.7% - 88.1%)	81.6% (79.0% - 84.0%)
076	Percentage of students who did not eat green salad one or more times during the past 7 days	Same	39.5% (34.7% - 44.4%)	37.5% (33.8% - 41.4%)
077	Percentage of students who did not eat potatoes one or more times during the past 7 days	Same	32.0% (28.6% - 35.7%)	34.2% (31.3% - 37.3%)
078	Percentage of students who did not eat carrots one or more times during the past 7 days	Same	41.0% (36.9% - 45.2%)	41.4% (38.1% - 44.7%)

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Food/Beverages Consumed During Past 7 Days Continued				
079	Percentage of students who did not eat other vegetables one or more times per day during the past 7 days	Same	18.2% (15.4% - 21.5%)	14.6% (12.0% - 17.7%)
076 - 079	Percentage of students who did not eat any vegetables during the past 7 days	Same	8.0% (6.0% - 10.5%)	5.8% (4.4% - 7.6%)
076 - 079	Percentage of students who ate vegetables less often than one time per day during the past 7 days	Same	38.8% (35.2% - 42.5%)	36.6% (33.2% - 40.2%)
076 - 079	Percentage of students who ate vegetables less than two times per day during the past 7 days	Same	70.9% (66.5% - 74.9%)	69.3% (66.4% - 72.0%)
076 - 079	Percentage of students who ate vegetables less than three times per day during the past 7 days	Same	85.3% (81.9% - 88.1%)	84.5% (82.1% - 86.6%)
075 - 079	Percentage of students who ate eat fruits and vegetables less than five times per day during the past 7 days	Same	82.2% (78.2% - 85.6%)	80.1% (77.4% - 82.6%)
075 - 079	Percentage of students who ate fruits less than two times and vegetables less than three times per day during the past 7 days	Same	92.2% (89.2% - 94.4%)	88.9% (86.7% - 90.7%)
080	Percentage of students who drank a can, bottle, or glass of soda or pop one or more times during the past 7 days	Worse	81.3% (76.2% - 85.5%)	71.0% (67.3% - 74.3%)
080	Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days	Worse	27.2% (23.4% - 31.3%)	15.8% (13.2% - 18.7%)
080	Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day during the past 7 days	Worse	19.5% (16.5% - 22.9%)	10.7% (8.5% - 13.2%)
080	Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day during the past 7 days	Worse	11.3% (9.1% - 14.0%)	5.5% (4.3% - 7.2%)
081	Percentage of students who drank a sugar-sweetened drink one or more times during the past 7 days	Worse	78.5% (75.0% - 81.7%)	72.0% (69.0% - 74.7%)
081	Percentage of students who drank a sugar-sweetened drink one or more times per day during the past 7 days	Same	21.4% (18.2% - 24.9%)	16.9% (13.9% - 20.5%)
081	Percentage of students who drank a sugar-sweetened drink two or more times per day during the past 7 days	Same	14.9% (12.6% - 17.4%)	10.7% (8.3% - 13.7%)
081	Percentage of students who drank a sugar-sweetened drink three or more times per day during the past 7 days	Same	9.0% (7.2% - 11.2%)	6.6% (4.9% - 8.9%)
080 & 081	Percentage of students who drank soda or another sugar-sweetened drink one or more times during the past 7 days	Worse	91.4% (88.3% - 93.7%)	85.6% (83.2% - 87.8%)
080 & 081	Percentage of students who drank soda or another sugar-sweetened drink one or more times per day during the past 7 days	Worse	54.8% (50.1% - 59.4%)	42.0% (38.1% - 46.0%)
080 & 081	Percentage of students who drank soda or another sugar-sweetened drink two or more times per day during the past 7 days	Worse	26.8% (23.4% - 30.4%)	17.8% (14.9% - 21.2%)
080 & 081	Percentage of students who drank soda or another sugar-sweetened drink three or more times per day during the past 7 days	Worse	19.3% (16.5% - 22.5%)	11.8% (9.4% - 14.8%)

Alaska 2013 Youth Risk Behavior Survey Final Results Scorecard: **Risk Behaviors**

Question #	How does Alaska Statewide: Alternative HS 2013 compare to Alaska Statewide: Traditional HS 2013?	AK STWD ALT is doing:	Alaska Statewide: Alternative HS 2013 Percent (95% Conf. Interval)	Alaska Statewide: Traditional HS 2013 Percent (95% Conf. Interval)
Physical Activity				
082	Percentage of students who physically active for a total of at least 60 minutes per day on zero of the past 7 days	Same	17.3% (14.0% - 21.2%)	15.3% (12.7% - 18.5%)
082	Percentage of students who were physically active for a total of at least 60 minutes per day on fewer than five of the past 7 days	Same	63.5% (57.9% - 68.8%)	55.1% (51.4% - 58.7%)
82	Percentage of students who were physically active for a total of at least 60 minutes per day on fewer than seven of the past 7 days	Same	80.7% (76.9% - 83.9%)	79.1% (76.1% - 81.7%)
83	Percentage of students who watched television three or more hours per day on an average school day	Worse	29.3% (25.3% - 33.8%)	20.5% (18.2% - 23.0%)
84	Percentage of students who played video or computer games or used a computer for something other than school work for three or more hours per day on an average school day	Same	37.7% (33.1% - 42.5%)	33.5% (30.7% - 36.4%)
083 & 084	Percentage of students who, on an average day, watched TV, videos, or used the computer for reasons other than school work for 3 or more hours per day	Same	68.2% (63.4% - 72.7%)	66.5% (63.4% - 69.5%)
85	Percentage of students who attended physical education (PE) classes on zero days in an average week when they were in school	Same	65.2% (60.2% - 69.8%)	57.1% (52.3% - 61.9%)
85	Percentage of students who did not attend physical education (PE) classes five days in an average week when when they were in school	Same	83.9% (80.1% - 87.1%)	84.0% (80.4% - 87.0%)
86	Percentage of students who did not play on one or more sports teams during the past 12 months	Worse	72.9% (68.7% - 76.8%)	39.7% (35.9% - 43.6%)
Other Health-Related Topics				
87	Percentage of students who had never been taught in school about AIDS or HIV infection	Same	15.9% (13.3% - 18.8%)	18.0% (15.1% - 21.4%)
88	Percentage of students who had ever been told by a doctor or nurse that they had asthma	Worse	24.9% (21.6% - 28.5%)	19.0% (16.6% - 21.5%)
Community Connectedness				
89	Percentage of students who missed school one or more times because they were sick during the past 30 days	Worse	61.0% (56.3% - 65.4%)	47.3% (43.8% - 50.9%)
90	Percentage of students who missed classes or school without permission one or more days during the past 30 days	Worse	43.0% (38.8% - 47.3%)	22.6% (19.5% - 26.1%)
91	Percentage of students who did not have at least one parent who talked with them about what they were doing in school about every day	Worse	71.3% (67.3% - 74.9%)	59.3% (55.7% - 62.9%)
92	Percentage of students who disagree or strongly disagree that their teachers really care about them and give them a lot of encouragement	Same	8.7% (6.8% - 11.1%)	10.8% (8.9% - 12.9%)
92	Percentage of students who strongly disagree that their teachers really care about them and give them a lot of encouragement	Same	4.5% (3.0% - 6.6%)	3.3% (2.3% - 4.8%)
93	Percentage of students who would not feel comfortable seeking help from at least one adult besides their parents if they had an important question affecting their life	Same	15.7% (12.9% - 19.0%)	14.9% (12.8% - 17.4%)

Alaska 2013 Youth Risk Behavior Survey Final Results Scorecard: **Risk Behaviors**

Question #	How does Alaska Statewide: Alternative HS 2013 compare to Alaska Statewide: Traditional HS 2013?	AK STWD ALT is doing:	Alaska Statewide: Alternative HS 2013 Percent (95% Conf. Interval)	Alaska Statewide: Traditional HS 2013 Percent (95% Conf. Interval)
Community Connectedness Continued				
93	Percentage of students who would not feel comfortable seeking help from at least two adults besides their parents if they had an important question affecting their life	Same	31.6% (28.1% - 35.3%)	33.6% (30.3% - 37.1%)
93	Percentage of students who would not feel comfortable seeking help from at least three adults besides their parents if they had an important question affecting their life	Same	52.2% (48.1% - 56.3%)	57.2% (53.5% - 60.8%)
94	Percentage of students who do not spend one or more hours helping or volunteering at school or in the community during an average week	Worse	54.5% (50.3% - 58.6%)	46.7% (43.2% - 50.2%)
94	Percentage of students who do not spend two or more hours helping or volunteering at school or in the community during an average week	Same	68.5% (64.0% - 72.6%)	65.4% (62.0% - 68.7%)
94	Percentage of students who do not spend three or more hours helping or volunteering at school or in the community during an average week	Same	79.7% (76.2% - 82.9%)	80.6% (78.4% - 82.7%)
95	Percentage of students who do not take part in organized after school, evening, or weekend activities on one or more days during an average week	Worse	67.5% (63.2% - 71.5%)	46.6% (42.7% - 50.5%)
95	Percentage of students who do not take part in organized after school, evening, or weekend activities on two or more days during an average week	Worse	76.2% (71.9% - 80.1%)	58.5% (54.5% - 62.5%)
95	Percentage of students who do not take part in organized after school, evening, or weekend activities on three or more days during an average week	Worse	84.3% (80.5% - 87.4%)	70.3% (66.1% - 74.1%)
96	Percentage of students who agree or strongly agree that they feel alone in their life	Same	28.2% (25.0% - 31.6%)	22.0% (19.3% - 25.0%)
96	Percentage of students who strongly agree that they feel alone in their life	Same	10.8% (8.7% - 13.3%)	8.3% (6.5% - 10.5%)
97	Percentage of students who disagree or strongly disagree that in their community they feel like they matter to people	Same	19.4% (16.6% - 22.4%)	14.8% (12.7% - 17.1%)
97	Percentage of students who strongly disagree that in their community they feel like they matter to people	Same	8.7% (6.6% - 11.4%)	5.2% (3.9% - 6.9%)
98	Percentage of students who disagree or strongly disagree that their school has clear rules and consequences for behavior	Same	8.7% (6.9% - 10.9%)	12.6% (10.8% - 14.7%)
98	Percentage of students who strongly disagree that their school has clear rules and consequences for behavior	Same	2.8% (1.7% - 4.4%)	4.2% (3.2% - 5.6%)
Risk & Acceptance Perceptions				
99	Percentage of students whose parents who consider it a little bit wrong or not wrong at all for them to smoke marijuana	Worse	37.6% (33.2% - 42.3%)	15.4% (12.9% - 18.3%)
99	Percentage of students whose parents consider it not wrong at all for them to smoke marijuana	Worse	20.1% (16.7% - 23.9%)	4.7% (3.4% - 6.5%)
100	Percentage of students whose parents consider it a little bit wrong or not at all wrong for them to have one or two alcoholic drinks per day	Worse	27.7% (23.6% - 32.1%)	14.3% (12.1% - 16.7%)
100	Percentage of students whose parents consider it not at all wrong for them to have one or two alcoholic drinks per day	Same	10.5% (8.0% - 13.6%)	6.9% (5.4% - 8.9%)

Alaska 2013 Youth Risk Behavior Survey Final Results Scorecard: **Risk Behaviors**

Question #	How does Alaska Statewide: Alternative HS 2013 compare to Alaska Statewide: Traditional HS 2013?	AK STWD ALT is doing:	Alaska Statewide: Alternative HS 2013 Percent (95% Conf. Interval)	Alaska Statewide: Traditional HS 2013 Percent (95% Conf. Interval)
Risk & Acceptance Perceptions Continued				
101	Percentage of students whose parents consider it a little bit wrong or not wrong at all for them to smoke cigarettes	Worse	25.4% (22.6% - 28.4%)	6.1% (4.8% - 7.8%)
101	Percentage of students whose parents consider it not wrong at all for them to smoke cigarettes	Worse	12.5% (10.0% - 15.6%)	2.0% (1.3% - 3.2%)
102	Percentage of students who think there is a pretty good chance or a very good chance of being seen as cool if they smoke cigarettes	Same	7.6% (5.8% - 9.9%)	4.1% (2.9% - 5.8%)
102	Percentage of students who think there is a very good chance of being seen as cool if they smoke cigarettes	Same	3.2% (2.2% - 4.8%)	1.4% (0.9% - 2.4%)
103	Percentage of students who think there is a pretty good chance or a very good chance of being seen as cool if they drink alcohol regularly	Same	10.3% (7.8% - 13.6%)	10.7% (8.7% - 13.2%)
103	Percentage of students who think there is a very good chance of being seen as cool if they drink alcohol regularly	Same	5.2% (3.4% - 7.9%)	3.5% (2.5% - 4.7%)
104	Percentage of students who think there is a pretty good chance or a very good chance of being seen as cool if they smoke marijuana	Worse	23.8% (19.5% - 28.7%)	14.5% (12.3% - 17.0%)
104	Percentage of students who think there is a a very good chance of being seen as cool if they smoke marijuana	Worse	14.4% (10.8% - 18.8%)	6.6% (5.0% - 8.6%)

NOTES:

Worse	Higher prevalence of risk behaviors compared to statewide estimate	82
Same	No difference in prevalence of risk behaviors from statewide estimate	79
Better	Lower prevalence of risk behaviors compared to statewide estimate	0
DNR	Data Not Reportable in order to insure privacy and confidentiality where the number of responses were extremely high or low relative to the sample size.	0
DSU	Data statistically unreliable due to small sample size (<30)	1
CNA	Comparison not available	0
	Total number of comparative measures	162
DNC	Data not collected	

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