

**Alaska**

# **COVID-19 Update**

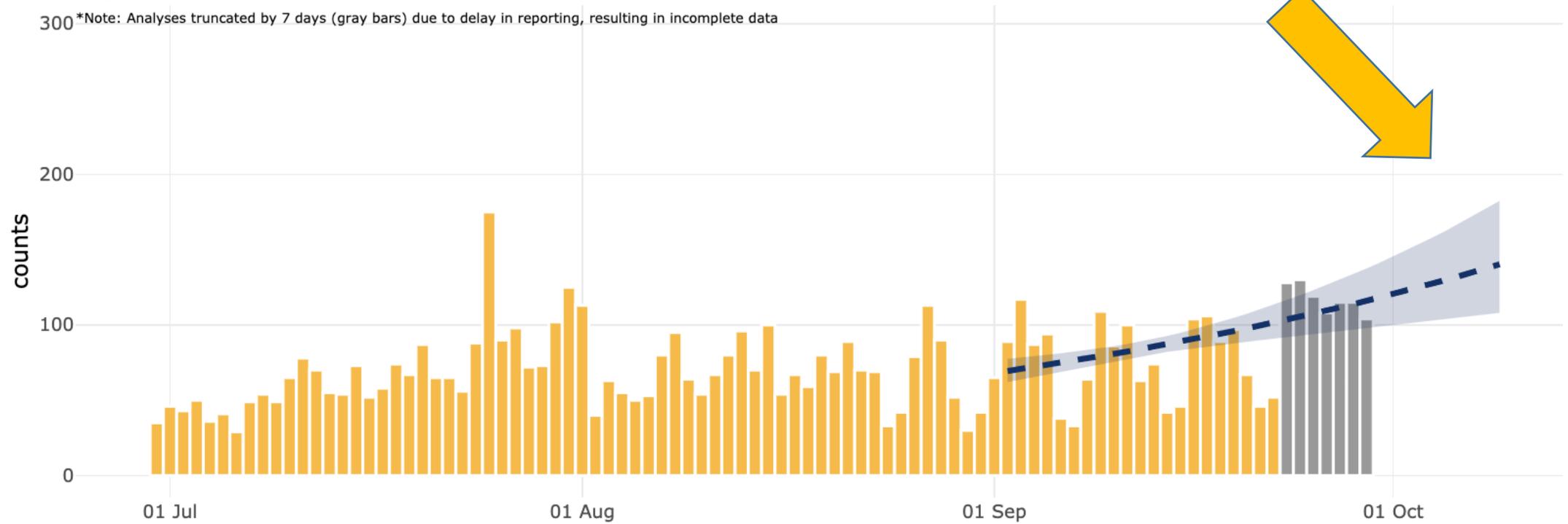
Dr. Anne Zink, DHSS, Chief Medical Officer

October 2, 2020



## Epidemic curve by onset date, Statewide (log-linear model: short term forecast with 95% confidence band)

300 \*Note: Analyses truncated by 7 days (gray bars) due to delay in reporting, resulting in incomplete data



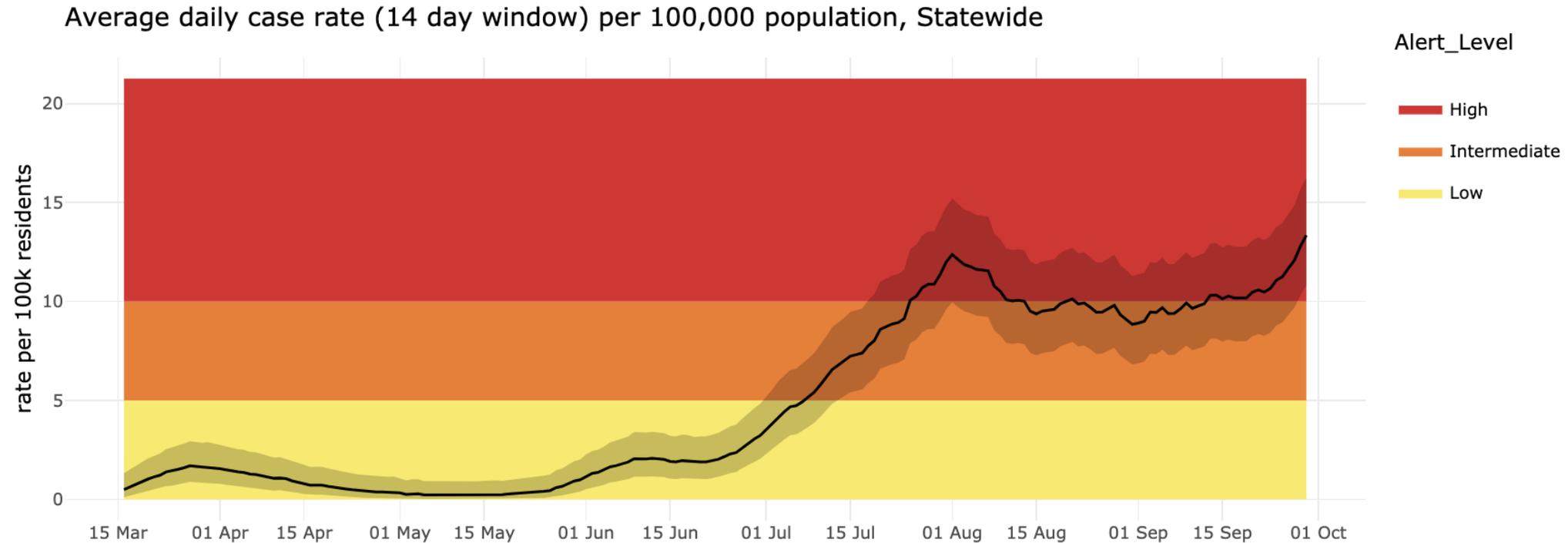
### Projection Statistics

Estimated number of days to doubling: 36.43

Estimated daily growth rate: 1.9%

# Statewide Alert Level – Community Spread

13.35 per 100,000 population

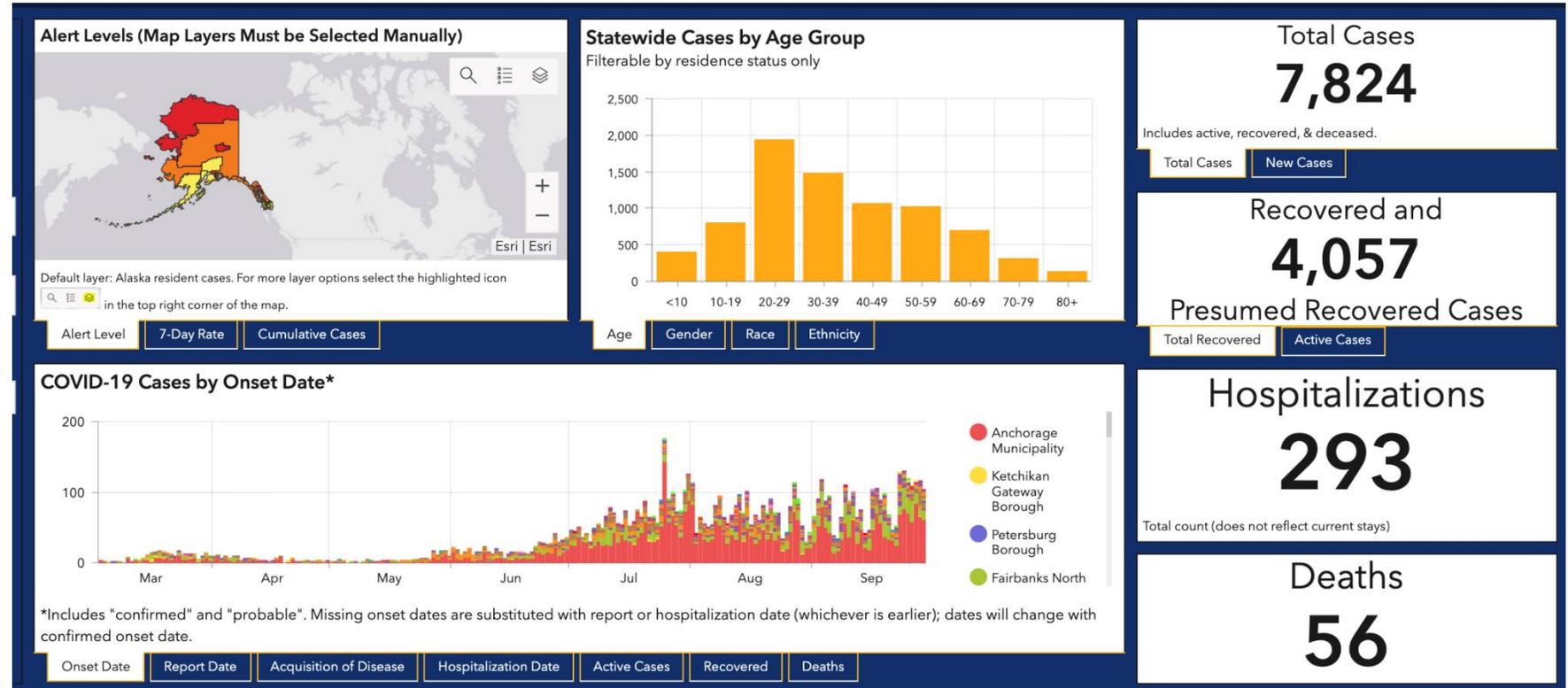


Source: Alaska Department of Health and Social Services Coronavirus Response Hub, September 15, 2020  
<https://coronavirus-response-alaska-dhss.hub.arcgis.com/>

# COVID-19 Dashboard: Weekly Updates

9/30/20 Reporting Data from 9/29/20

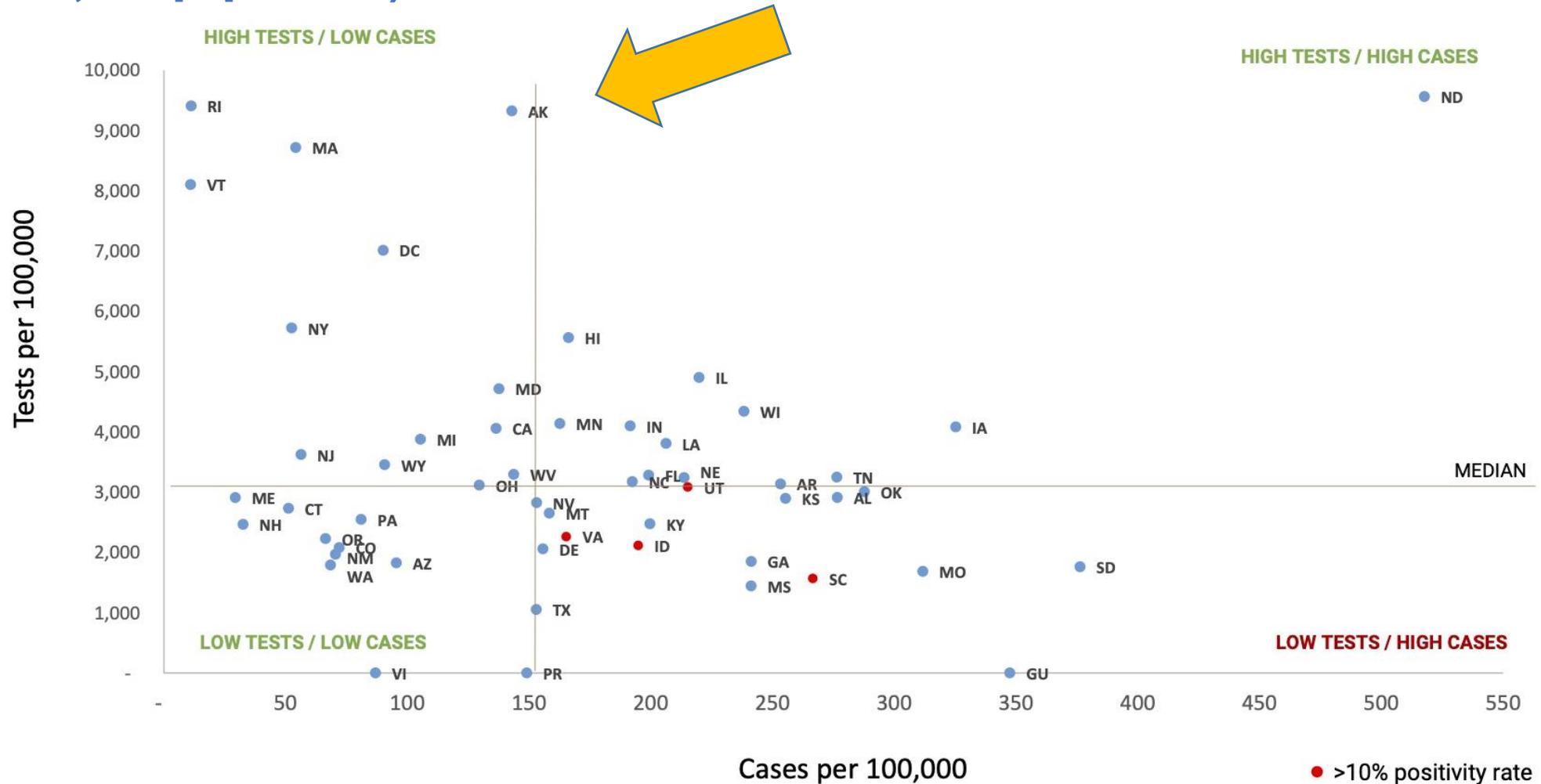
- This week, 645 new cases in Alaskans (7,824 total)
- 19 new nonresident cases (950 total)
- 11 new deaths (56 total)
- 21 hospitalizations (283 total hospitalizations)
- 457,207 cumulative tests
- 2.87% of tests were positive over past 7 days



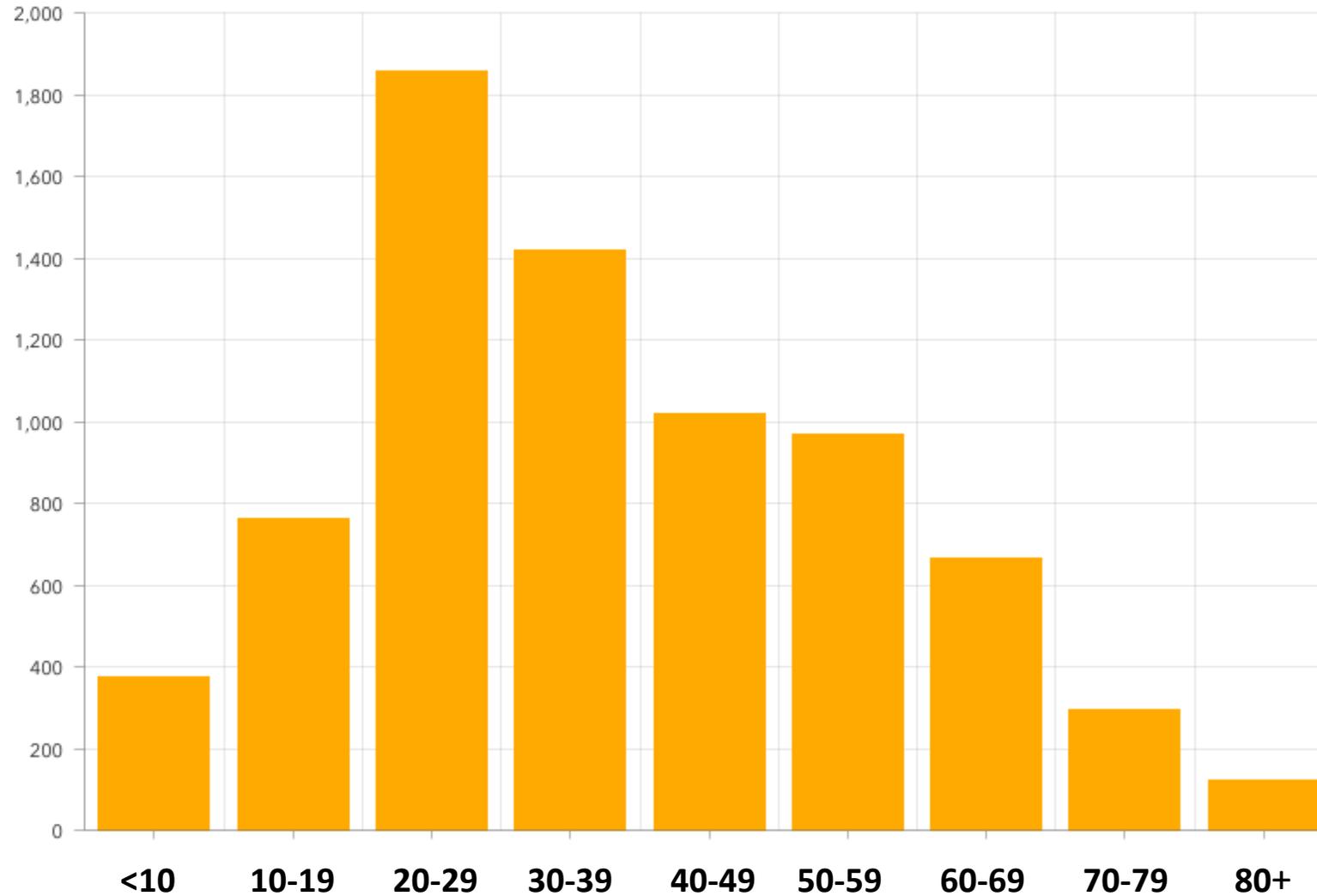
Source: Alaska Department of Health and Social Services Coronavirus Response Hub, September 15, 2020  
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# COVID-19 Tests and Cases: September 1-14, 2020

(per 100,000 population)



# Statewide Cases by Age Group

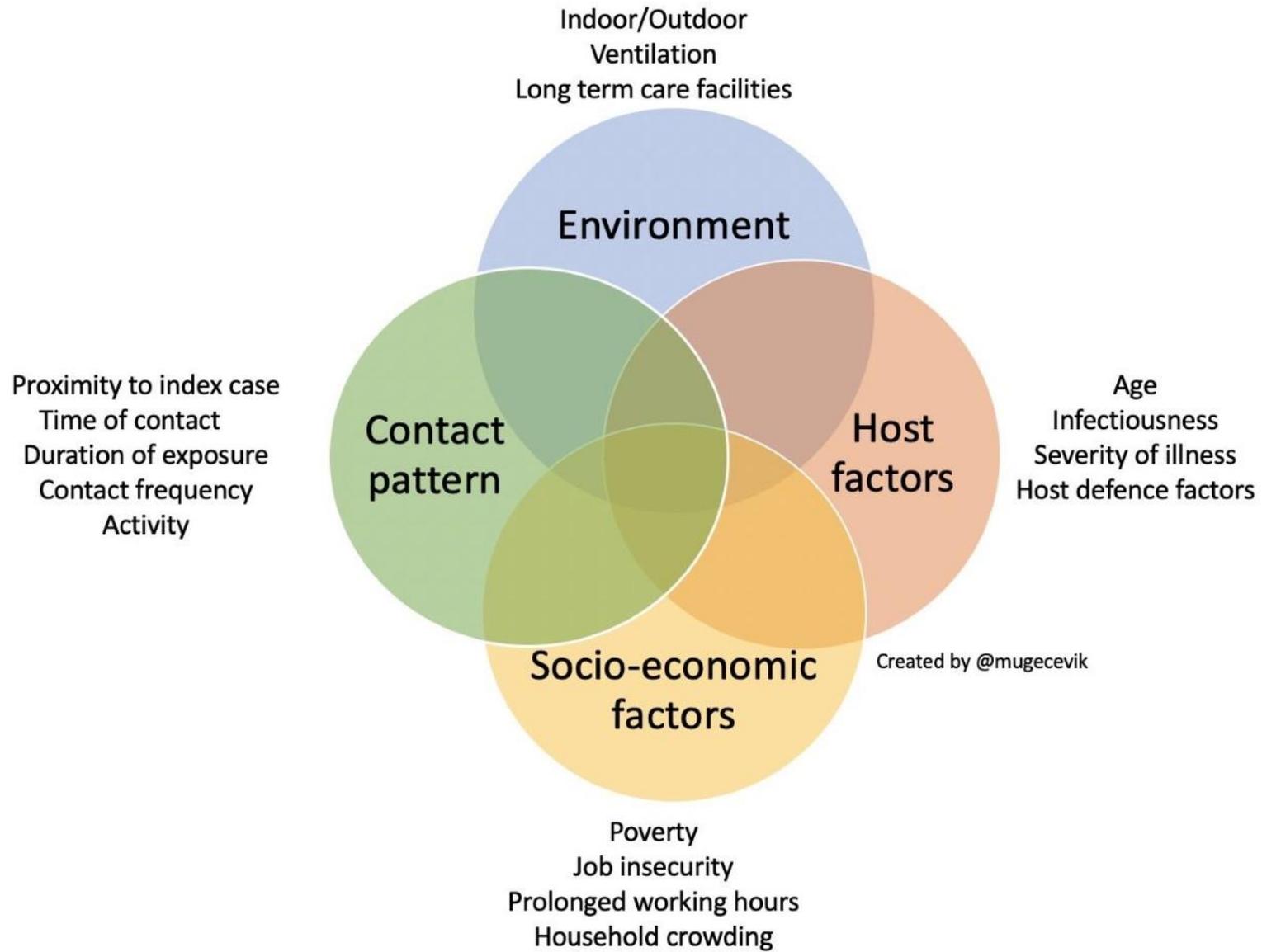


# Symptom-Free Schools

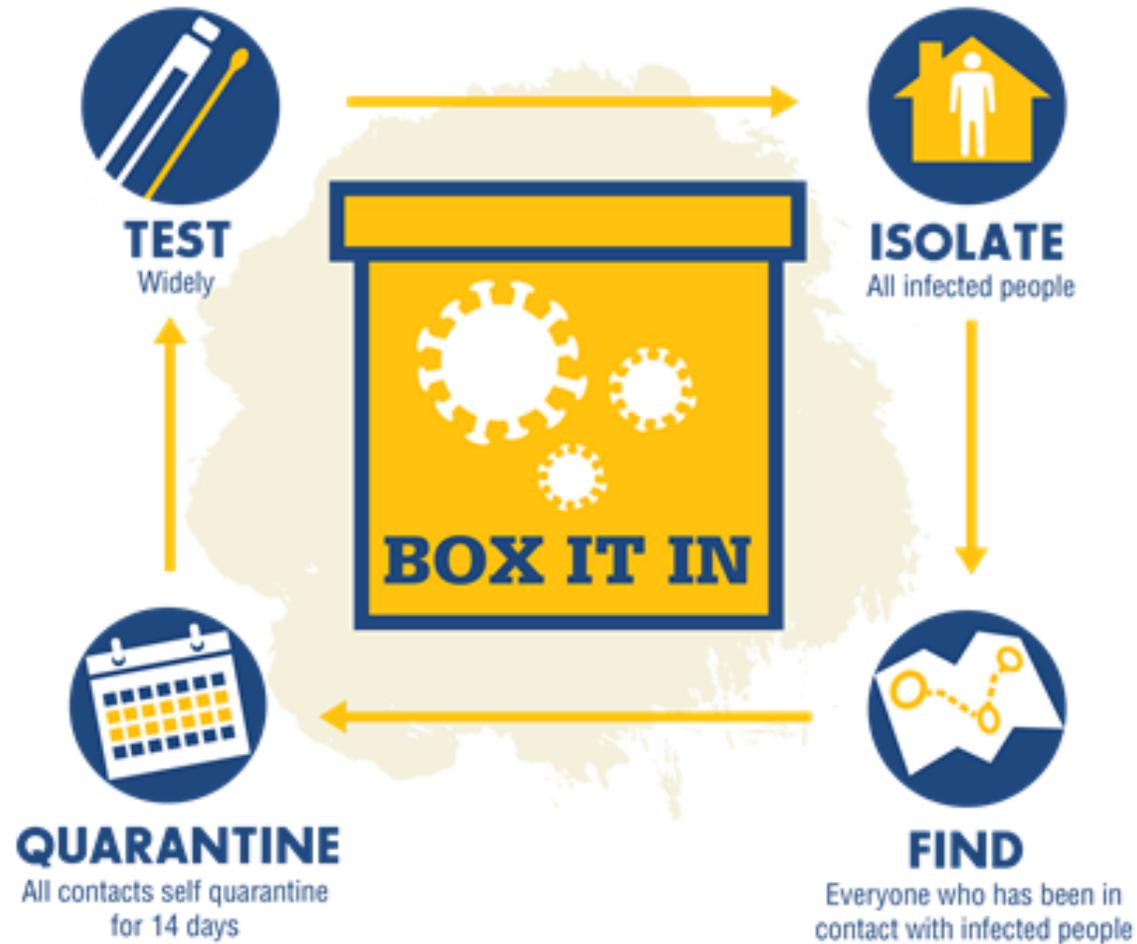
 <p><b>FEVER</b></p>	 <p><b>COUGH</b></p>	 <p><b>FATIGUE</b></p>	 <p><b>LACK OR LOSS OF APPETITE</b></p>
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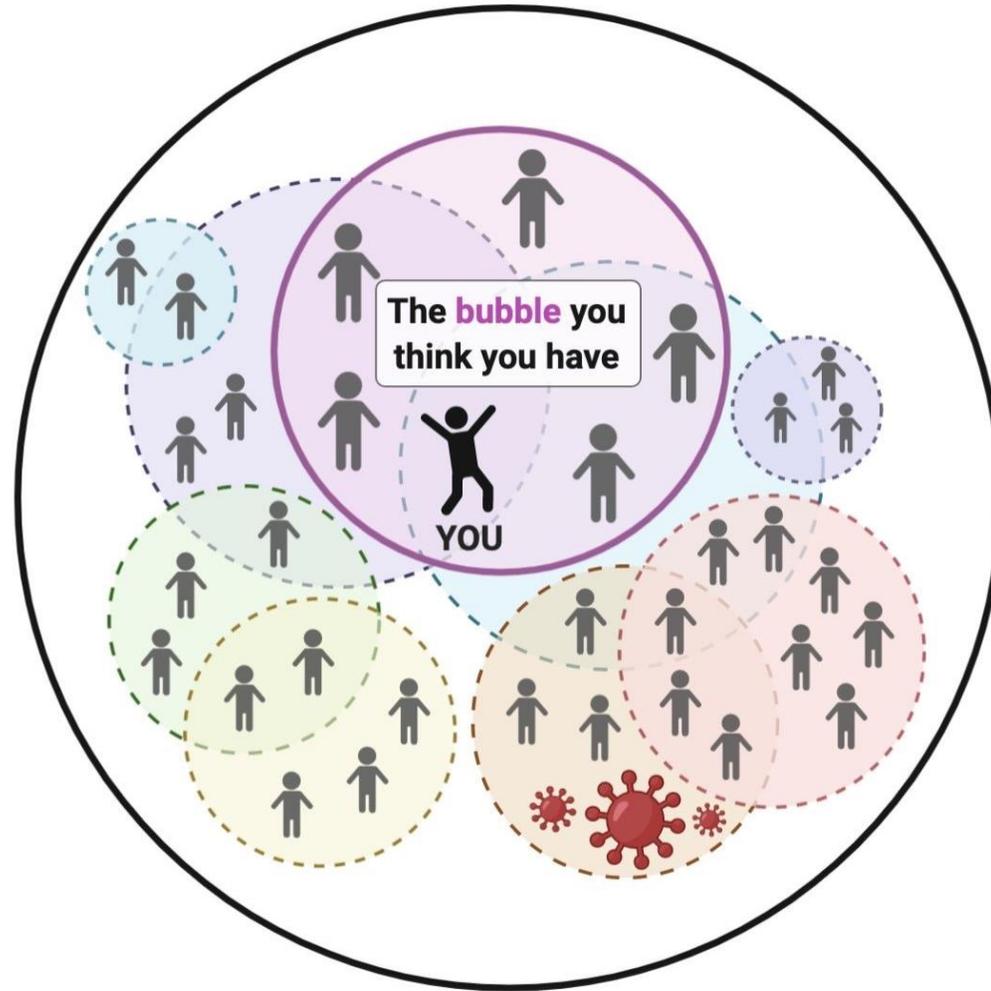
 <p><b>SHORTNESS OF BREATH</b></p>	 <p><b>SPUTUM PRODUCTION</b></p>	 <p><b>MYALGIAS</b></p>
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# We Can Do This, Alaska





The bubble you actually have

Source: @thoughtsofaphd

Everybody otter  
get a **flu shot!**



# Getting Ready for Winter – COVID Checklist

- Make a plan to stay active physically and mentally
- Healthy diet + vitamin D
- Stay connected virtually!
- Build in time to relax
- Check your indoor air
- Plan for quarantine or isolation
- Avoid the 3 C's – closed spaces, crowded places, and close contact
- Do the 3 W's – Wear a mask, Wash your hands, and Watch your space.
- Check on your Elders and neighbors



# Let's Find Creative Ways to be Strong + Resilient Together



**We Are Alaskans**



<http://dhss.alaska.gov/dph/Epi/id/Pages/COVID-19/echo.aspx>

**COVID19.ALASKA.GOV**