

# SICK WORKERS SHOULD NOT COME TO WORK



## Know the Symptoms

Symptoms of COVID-19 may include cough, fever, chills, muscle pain, shortness of breath, sore throat, or new loss of taste or smell and may range from mild to severe.



## Stay Home

Workers with any of these symptoms should stay home and isolate from others to prevent the spread of COVID-19.



## Get Tested

If you have symptoms, even mild ones, that could be COVID-19, contact your health care provider, local hospital, or public health center, about getting tested.

## Questions?

Call 2-1-1 for general questions and assistance or email your questions to [covidquestions@alaska.gov](mailto:covidquestions@alaska.gov).

