SICK WORKERS SHOULD NOT COME TO WORK

Know the Symptoms
Symptoms of COVID-19 may include cough, fever, chills, muscle pain, shortness of breath, sore throat, or new loss of taste or smell and may range from mild to severe.

Stay Home
Workers with any of these symptoms should stay home and isolate from others to prevent the spread of COVID-19.

Get Tested
If you have symptoms, even mild ones, that could be COVID-19, contact your health care provider, local hospital, or public health center, about getting tested.

Questions?
Call 2-1-1 for general questions and assistance or email your questions to covidquestions@alaska.gov.

Made by Foundation Health Partners, Alaska Department of Health and Social Services, and Alaska Department of Commerce, Community, and Economic Development.