

Fever and Rash?...It Might Be Measles

Measles was recently confirmed in Fairbanks.

Measles is highly contagious and non-immune people who were at _____ on _____ may be at risk of becoming ill.



Keep an eye out for measles symptoms:

Early symptoms include:

- Day 1-3: Mild to moderate fever
 - Cough, Runny nose, Red eyes
- Day 3-7: Red, bumpy rash that starts at the hairline, then face, and spreads down the body

Other symptoms include:

- Fever spikes, often as high as 104°F
- Koplik spots (tiny blue/white spots on the bright red background of the buccal mucosa) may be present

Measles



Act immediately if you suspect measles:

- Check your and your family's measles immunization status, and get vaccinated if you or your children are not up-to-date.
- Monitor yourself for symptoms above.
- If you develop symptoms, call your doctor's office or an urgent care clinic before arriving to reduce risk of exposing others.

For more information go to: www.epi.alaska.gov/id/measles

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