Fever and Rash?....It Might Be Measles

Measles was recently confirmed in Fairbanks.
Measles is highly contagious and non-immune people who were at ________________ on ________________ may be at risk of becoming ill.

Keep an eye out for measles symptoms:

Early symptoms include:
• Day 1-3: Mild to moderate fever
  o Cough, Runny nose, Red eyes
• Day 3-7: Red, bumpy rash that starts at the hairline, then face, and spreads down the body

Other symptoms include:
• Fever spikes, often as high as 104°F
• Koplik spots (tiny blue/white spots on the bright red background of the buccal mucosa) may be present

Act immediately if you suspect measles:

• Check your and your family’s measles immunization status, and get vaccinated if you or your children are not up-to-date.
• Monitor yourself for symptoms above.
• If you develop symptoms, call your doctor’s office or an urgent care clinic before arriving to reduce risk of exposing others.

For more information go to: www.epi.alaska.gov/id/measles

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