



# Alaska Scorecard

## Key Issues Impacting Alaska Mental Health Trust Beneficiaries



	▲ Satisfactory	↔ Uncertain	▼ Needs Improvement	
<b>Key Population Indicators for Alaska</b>				
	<i>Alaska Data</i>	<i>U.S. Data</i>	<i>2012 AK Target</i>	<i>Status</i>
<b>Health</b>				
<b>Suicide</b>				
<b>1</b> Suicide rate per 100,000	19.6	10.9	18	▼
<b>2</b> Non-fatal suicide attempts (rate per 100,000)	104.9	54.5	95	▼
<b>Substance Abuse</b>				
<b>3</b> Alcohol-induced deaths per 100,000	20.7	7	17	▼
<b>4</b> Adults who engage in heavy drinking	6.4%	5.2%	5.2%	▼
<b>5</b> Adults who engage in binge drinking	19.2%	15.7%	18%	▼
<b>6</b> Illicit drug users (age 12 and older)	11.1%	8.3%	10%	▼
<b>Mental Health</b>				
<b>7</b> Days of poor mental health in past month (adults)	3.2	3.2	3	↔
<b>8</b> Teens who experienced depression during past year	26.9%	28.5%	22.5%	▼
<b>Access</b>				
<b>9</b> Population without health insurance	17.4%	15.5%	14.6%	↔
<b>Safety</b>				
<b>Protection</b>				
<b>10</b> Children abused and neglected (rate per 1,000)	14.3	12.3	12.3	▼
<b>11</b> Injuries to elders due to falls — rate per 100,000	1,369	1,176	1,176	↔
<b>12</b> Rate of non-fatal traumatic brain injury per 100,000	87.3	not avail.	82	▲
<b>Justice</b>				
<b>13</b> Percent of incarcerated adults with mental illness or mental disabilities	42%	38.7%	40%	▼
<b>14</b> Criminal recidivism rates for incarcerated adults with mental illness or mental disabilities	36.2%	not avail.	34%	↔
<b>15</b> Percent of arrests involving alcohol or substance abuse (State Troopers)	58.4%	not avail.	not avail.	▼
<b>Living with Dignity</b>				
<b>Accessible, Affordable Housing</b>				
<b>16</b> Rate of chronic homelessness per 100,000	91.8	41.1	63.5	▼
<b>Educational Goals</b>				
<b>17</b> High school graduation rate	63%	not avail.	not avail.	▼
<b>18</b> Percent of youth who received special education who are employed and/or enrolled in post-secondary education one year after leaving school	68.4%	not avail.	71.4%	↔
<b>Economic Security</b>				
<b>19</b> Percent of minimum wage income needed for average 2-bedroom housing	85%	not avail.	30%	▼
<b>20</b> Average annual unemployment rate	7%	5.7%	not avail.	↔
<b>21</b> Percent of SSI recipients with blindness or disabilities who are working	7.1%	5.7%	8%	▲

Prevalence Estimates: Alaska Mental Health Trust Beneficiaries		
Trust Beneficiary Population	Number (and population rate)	
Mental Illness: Alaskan adults with Serious Mental Illness	21,754	(4.6%)
Mental Illness: Alaskan children with Serious Emotional Disturbance	12,725	(6%)
Alaskans with Alzheimer's Disease and Related Disorders	5,100	(.8%)
Alaskans with Traumatic Brain Injury	11,900	(1.8%)
Alaskans with developmental disabilities	12,185	(1.8%)
Alaskan adults dependent on alcohol	17,000	(3.6%)

## Health: Suicide

- 1. Suicide rate per 100,000.** Alaska rate is almost twice the national rate. (2005)<sup>1</sup>
- 2. Non-fatal suicide attempts per 100,000.** Rate of non-fatal attempts requiring hospitalization for at least 24 hours. AK ranks no. 2 in the U.S. (2006)<sup>2</sup>

## Health: Substance Abuse

- 3. Alcohol-induced deaths per 100,000.** Includes fatalities from alcoholic psychoses, alcohol dependence syndrome, non-dependent abuse of alcohol, alcohol-induced chronic liver disease and cirrhosis, and alcohol poisoning. (2006)<sup>1</sup>
- 4. Adults who engage in heavy drinking.** Percent of adults who reported heavy drinking in past 30 days (2 or more drinks daily for men and 1 or more daily for women). AK ranks no. 8 in the U.S. (2007)<sup>3</sup>
- 5. Adults who engage in binge drinking.** Percent who reported drinking 5 or more drinks on one occasion in past 30 days. AK ranks no. 6 in the U.S. (2007)<sup>3</sup>
- 6. Illicit drug users.** % population age 12 and older who report using illicit drugs, including marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used non-medically. Alaska ranks no. 2 in the U.S. (2006)<sup>4</sup>

## Health: Mental Health

- 7. Days of poor mental health in past month (adults).** Mean number of reports of poor mental health. (2007)<sup>3</sup>
- 8. Teens who experienced depression during past year.** Percent of high school students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during past 12 months. (2007)<sup>5</sup>

## Health: Access

- 9. Population without health insurance.** Percent of Alaskans without health insurance for entire year. (2007)<sup>6</sup>

## Safety: Protection

- 10. Children abused and neglected.** Rate of child abuse and neglect per 1,000 children ages 0-17. AK rate is number 6 in U.S. (2006).<sup>7</sup>
- 11. Injuries to elders due to falls — rate per 100,000.** Non-fatal injuries, ages 65+, hospitalized 24 hours or more. (2005)<sup>2</sup>
- 12. Rate of non-fatal traumatic brain injury per 100,000.** Hospitalized 24 hours or more. (2005)<sup>2</sup>

## Safety: Justice

- 13. Percent of incarcerated adults with mental illness or mental disabilities.** (2006)<sup>8</sup>
- 14. Statewide criminal recidivism rates for incarcerated adults with mental illness or mental disabilities.** Rate of re-entry into ADOC for a new crime occurring within one year of initial date of discharge. (2006)<sup>8</sup>
- 15. Percent of arrests involving alcohol or substance abuse.** Arrest offenses with Division of AK State Troopers or Wildlife Troopers that were flagged as being related to alcohol and/or drugs. This data does not include municipalities. (2007)<sup>9</sup>

## Living with Dignity: Housing

- 16. Rate of chronic homelessness per 100,000 population.** AHFC Point-in-Time Survey. (2007)<sup>10</sup>

## Living with Dignity: Education

- 17. High school graduation rate.** Percent graduating public schools with a regular diploma. (2007)<sup>11</sup>
- 18. Percent of youth who received special education who are employed and/or enrolled in post-secondary education one year after leaving school.** (2007)<sup>12</sup>

## Economic Security

- 19. Percent of minimum wage income needed for average 2-bedroom housing in Alaska.** "Affordable" housing defined as 30% of one's income. (2007)<sup>13</sup>
- 20. Average annual unemployment rate.** Rate represents the number unemployed as a percent of the labor force. (2007)<sup>14</sup>
- 21. Percent of SSI recipients with blindness or disabilities who are working.** (2007)<sup>15</sup>

## Data Sources

- DHSS Division of Public Health, Bureau of Vital Statistics and CDC National Vital Statistics Reports
- DHSS Div. of Public Health, Alaska Trauma Registry and US Centers for Disease Control, WISQARS
- AK DHSS Div. of Public Health, Behavioral Risk Factor Surveillance Survey (BRFSS) and U.S. CDC
- SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health
- AK DHSS Div. of Public Health, Youth Risk Behavior Survey (YRBS)

6. US Census Bureau, Current Population Reports, P60 Series, Consumer Income

7. AK DHSS Office of Children's Services, 253 and 257 reports from the ORCA On-line Report Manager

8. Hornby Zeller Associates, Inc. (December, 2007). A Study of Trust Beneficiaries in the Alaska Department of Corrections.

9. Alaska Public Safety Information Network (APSIN) case data for AK Dept of Public Safety Division of AK State Troopers and Wildlife Troopers (personal communication 11/5/08)

10. Alaska Housing Finance Corporation

11. Alaska Department of Education and Early Development

12. Alaska Department of Education and Early Development, Special Education

13. National Low Income Housing Coalition "Out of Reach" reports

14. Alaska Dept. of Labor and Workforce Development; U.S. Dept. of Labor, Labor Force Statistics from the Current Population Survey

15. Social Security Administration Annual Statistical Reports

**Population Rates:** AK Dept. of Labor & Workforce Development Population Estimates

## Prevalence Data — Sources

**Mental Illness (SMI and SED).** WICHE Mental Health Program and Holzer, Charles (January 15, 2008). 2006 Behavioral Health Prevalence Estimates in Alaska: Serious Behavioral Health Disorders in Households

**Alzheimer's Disease.** Alaska Commission on Aging (2008)

**Traumatic Brain Injury.** Univ. of AK Center for Human Development (2003). The Alaska Traumatic Brain Injury (TBI) Planning Grant Needs and Resources Assessment, June 2001 – January, 2003 and AK Brain Injury Network director

**Developmental Disabilities.** Gollay, E. (1981). Summary Report on the Implications of Modifying the Definition of a Developmental Disability. U.S. Department of Health, Education and Welfare; and GCDSE

**Alcohol dependence.** U.S. DHHS, SAMHSA, State Estimates of Substance Use from the 2005-2006 National Surveys on Drug Use & Health