

## PRENATAL CARE SERVICES

CLINIC	PHONE	ADDRESS	SERVICES PROVIDED
<b>Alaska Family Health and Birth Center</b>	456-3719	2054 30th Avenue	Certified Direct-Entry Midwives and Certified Nurse Midwife provide prenatal care, birth center and home births
<b>Chena Obstetrics &amp; Gynecology</b>	456-8191	1919 Lathrop Street Suite 217	Obstetricians and Certified Nurse Midwives provide prenatal care and hospital deliveries
<b>Chief Andrew Isaac Health Center and WIC</b>	451-6682	1717 West Cowles Street	<b>Indian Health Service beneficiaries only</b> Obstetrician and Certified Nurse Midwives provide prenatal care and hospital deliveries
<b>Interior Women's Health</b>	479-7701	1626 30 <sup>th</sup> Avenue	Obstetricians and Certified Nurse Midwives provide prenatal care and hospital/birth center deliveries
<b>Interior Community Health Center</b>	455-4567	1606 23 <sup>rd</sup> Avenue	Family Practice Physicians and Nurse Practitioners provide prenatal care through 36 weeks then refer to obstetrician for delivery
<b>Dr. Lawrason</b>	452-1622	1919 Lathrop Street	Obstetrician and Certified Nurse Midwife provide prenatal care and hospital deliveries
<b>Tanana Valley Clinic</b>	459-3540 OB/GYN 459-3511 Family Practice	1650 Cowles St. 1001 Noble St.	Obstetricians and Family Practice Physicians provide prenatal care and hospital deliveries
<b>Women Infants and Children (WIC)-RCPC</b>	456-2990	726 26 <sup>th</sup> Ave Suite 2	A nutrition program that helps pregnant women, postpartum/breastfeeding mothers, and young children under 5 eat well, learn about nutrition, and stay healthy. Eligibility based on income

## CHILDBIRTH PREPARATION CLASSES

### **Alaska Family Health and Birth Center** 456-3719

One day class offered one Saturday of each month from noon to 5:00 PM; call for specific dates and to register.

Cost: \$50

Priority given to Birth Center clients, others admitted as space is available

### **Fairbanks Memorial Hospital** 458-5210, option #5, leave message on voicemail

Three session course offered once a month; Tuesday, Wednesday and Thursday evenings from 6:00 to 9:00 PM; call for specific dates and to register.

Cost: \$40

Bring anyone you would like with you; wear comfortable clothes; bring your own drinks/refreshments if desired

Classes are held in the Imaging Center classroom – Room 252, second floor

### **Tanana Valley Clinic** – Jean Fifield, RN, LCCE 459-3540

Two day course offered once a month; Saturday and Sunday from 12:30 to 4:30 PM; call for specific dates and to register.

Cost: \$40

Bring 2 pillows and wear comfortable clothing

## BREASTFEEDING CLASS

### **Successful Breastfeeding** 451-1629, leave message on voicemail

Offered the 4<sup>th</sup> Tuesday of every month from 6:00 to 8:30 PM

Cost: free

Classes are held at Fairbanks Regional Public Health Center