



Public Health Nursing:

Committed to improving the health of Alaskans

July 15, 2016

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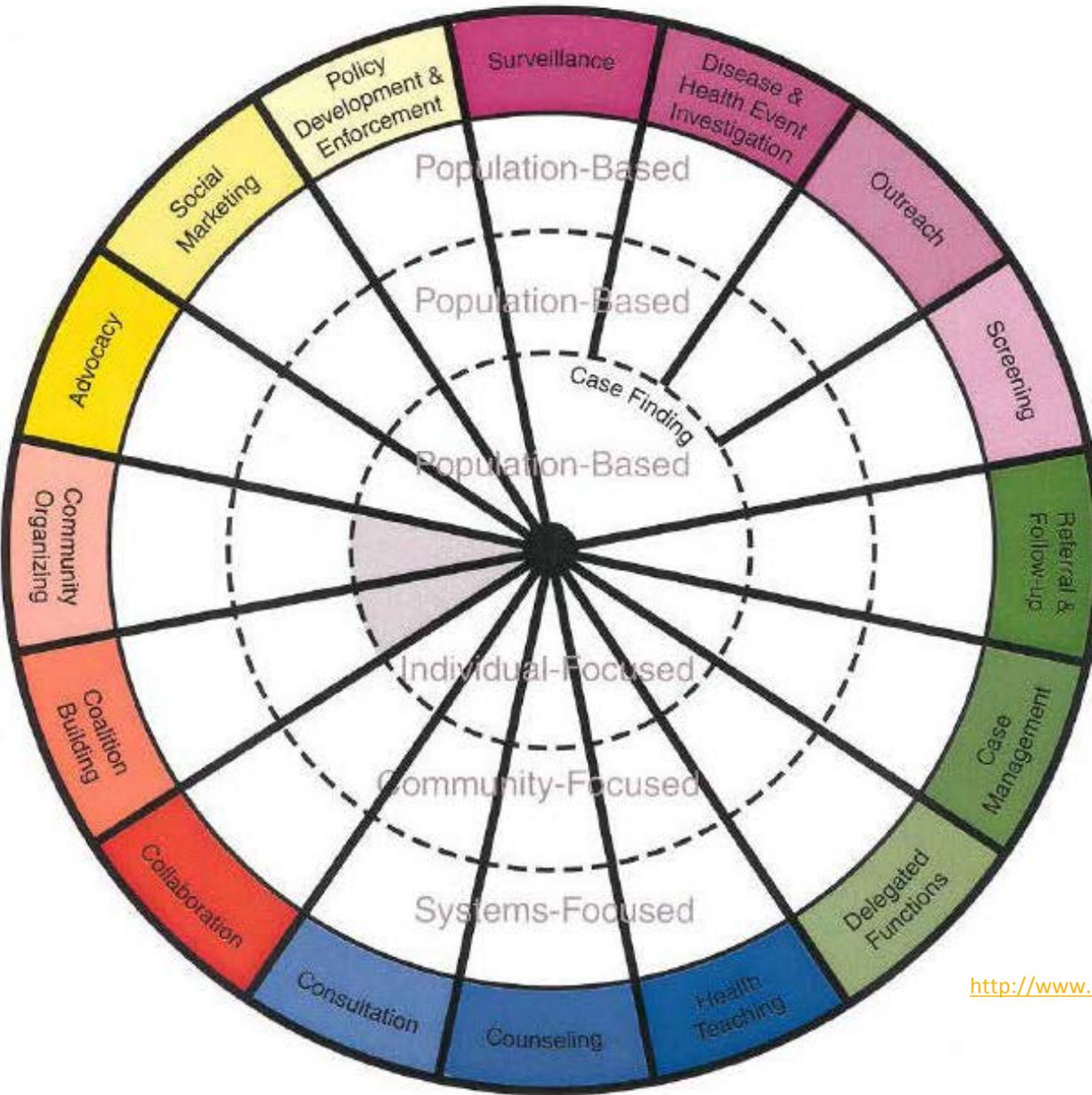
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Public Health Nursing



- Valuing healthy communities in Alaska
- Nursing through population-based public health
 - System
 - Community
 - Individual
- Applying the overarching core functions of public health

<http://www.health.state.mn.us/divs/opi/cd/phn/wheel.html>

The 10 Essential Public Health Services: Framework for Population-Based Public Health Nursing

- **Monitor** health status to identify community health problems.
- **Diagnose and investigate** health problems and health hazards in the community.
- **Inform, educate and empower** people about health issues.
- **Mobilize** community partnerships to identify and solve health problems.
- **Develop policies and plans** that support individual and community health efforts.

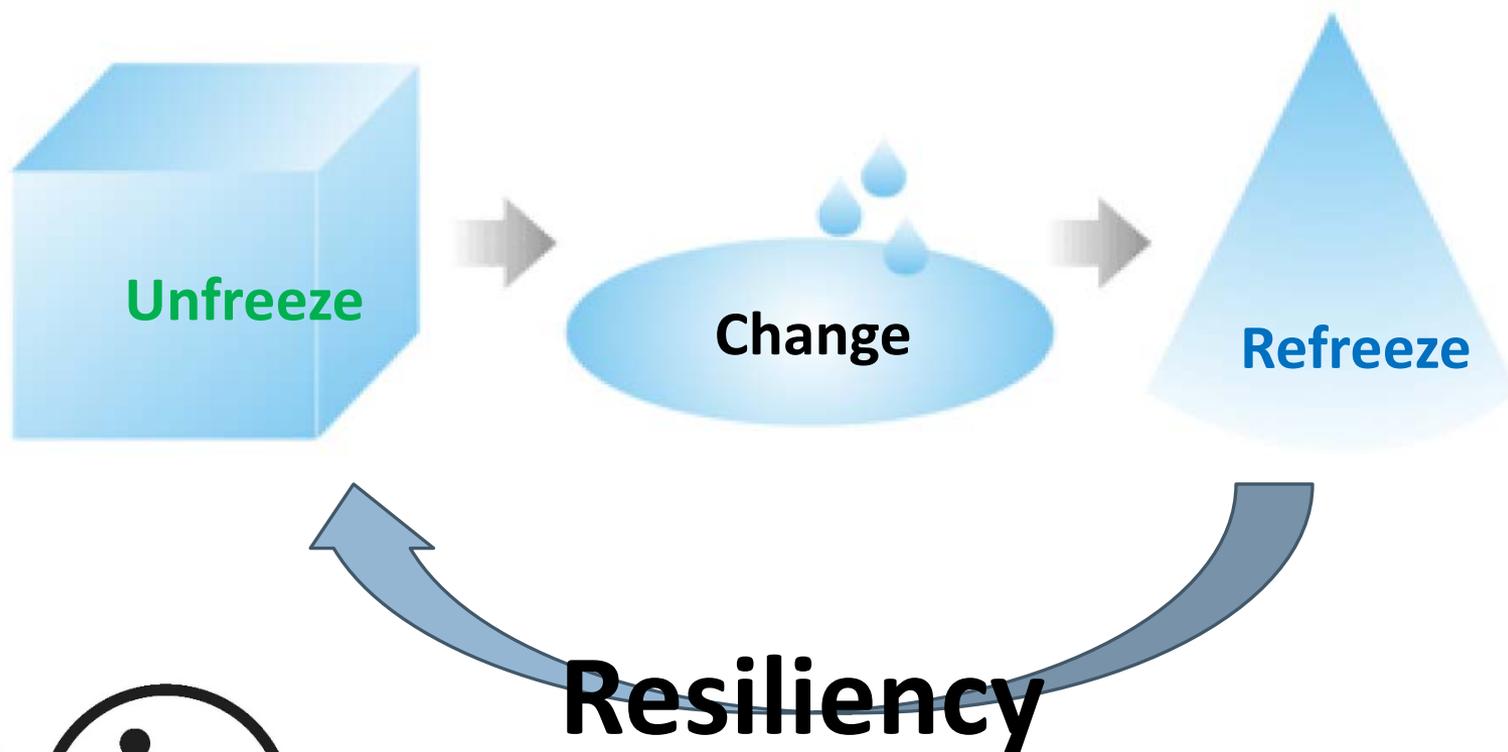


The 10 Essential Public Health Services: Framework for Population-Based Public Health Nursing

- **Enforce** laws and regulations that protect health and ensure safety.
- **Link** people to needed personal health services and assure the provision of health care when otherwise unavailable.
- **Assure** a competent public health and personal health care workforce.
- **Evaluate** effectiveness, accessibility and quality of personal and population-based health services.
- **Research** for new insights and innovative solutions to health problems.



Change: Natural and Adaptable, Lewin's Change Management Model



Public Health Nursing transition of services based on professional documents:

- Public Health Nursing Scope & Standards of Practice
- Nursing Administration Scope & Standards of Practice
- Public Health Nursing Competencies
- Code of Ethics for Nurses
- Core Competencies for Public Health Professionals



Public Health Nursing transition of services based on social determinants of health & data:

- Section of Public Health Nursing data
- Poverty Levels
- Access to health care
- Geography
- County Health Rankings
- Section partner data and feedback:
 - Epidemiology
 - Women's, Children's, and Family Health
 - Laboratory
- Section of Public Health Nursing feedback



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Budget Impact

- Public Health Nursing has experienced an authorized General Fund (GF) reduction of 21% or \$5,344,800.00 over the past two fiscal years.
- Over 70% of Public Health Nursing's budget is absorbed by labor cost.
- Due to these facts the only way to reduce \$5.3 million in GF expenditures was to reduce personnel. We did this as follows:
 - ▣ Nursing Staff reduced 20%
 - Supervisory 14%
 - Public Health Nurses 17%
 - Public Health Nurse Aide 25%
 - Administrative Reduction 18%



What does this mean for you?



THE STATE
of **ALASKA**
GOVERNOR BILL WALKER

Department of Health and Social Services

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July 1, 2016

To our clients, communities, colleagues, and stakeholders:

As we are all aware, the State of Alaska is going through significant budget challenges. These challenges reverberate throughout all of State government, from school funding to highway funding to University funding. It affects State government at all levels. The State of Alaska Section of Public Health Nursing (SOPHN) is no exception.

Please call your local public health center for appointments, resources, and suggestions; if you or a family member is not part of the groups listed below, your local public health center staff members will work with you to link you to care options. We will continue with all other infectious disease services as currently practiced (TB, pertussis, etc.).



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Individual Service Parameters

- Immunizations 29 years old & under
- Reproductive Health 29 years old & under
- STI screening 29 years old & under, offer Expedited Partner Therapy
- STI contact investigation (pregnant females only)
- Child Health 6 years old and under, includes well child exams



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What does this mean for **your** **our** communities?

COMMUNITY-BASED SERVICES of Public Health Nurses

Infectious Disease Investigation. Generally started by a positive lab test result for a Reportable Condition that might be passed on to others.

Community Assessments. Working with other community groups, PHNs are available to help lead community health assessments. This assures a public health perspective is included in the process, which meets Affordable Care Act (ACA) requirements for private non-profit hospitals.

Community Health Improvement Processes. When communities identify and collaborate on public health concerns, PHNs participate by bringing experience, data, information and evidence-based research to the partnership. PHNs work with local people and groups to organize and develop activities/responses to meet those needs. For example, many community partnerships to decrease domestic/interpersonal violence in Alaskan communities include PHNs who work to increase the use of evidence-based strategies to reduce the incidence of domestic/interpersonal violence.

Community Organizing and Development Activities. When community assessments identify community health needs, PHNs work with local individuals and groups to organize and develop activities/responses to meet those needs.

Emergency Preparedness. Participate in Local Emergency Preparedness Committees (LEPCs) to organize and plan for community emergencies.

Health Education. Both an individual health care activity during clinic visits and a community activity. PHNs offer health education classes about a variety of health-related topics in communities, many in coordination with schools, community organizations, and other health care providers. A large variety of topics are available dependent on community needs and desires. Much parenting education related to child health and development is done during clinic visits by families. Many PHNs also participate in community parenting education programs with hospitals, health care systems, education systems and other community-based groups focusing on health and development issues of children and families.

Communities across Alaska have a large variety of sizes, needs, organizational and cultural styles, so PHN service delivery varies across the state. Please contact your local Public Health Nurse or Public Health Clinic (see bar at side for links) to find out how and what PHN services are delivered in your community.

Page updated July 1, 2016



Community-Based Services of Public Health Nurses

Public Health Nursing transition of services evidence-based resources:

- MMWR - Sexually Transmitted Diseases Treatment Guidelines, 2015 (Partner Services section)
 - <http://www.cdc.gov/std/tg2015/default.htm>
- MMWR - Providing Quality Family Planning Services: Recommendations of CDC and the U.S. Office of Population Affairs
 - <http://www.cdc.gov/reproductivehealth/UnintendedPregnancy/QFP.htm>
 - http://www.cdc.gov/mmwr/volumes/65/wr/mm6509a3.htm?s_cid=mm6509a3_e
- NEJM – Declines in Unintended Pregnancy in the United States, 2008-2011 (Table 1)
 - <http://www.nejm.org/doi/full/10.1056/NEJMsa1506575>
- HP 2020
 - <https://www.healthypeople.gov/2020/leading-health-indicators/2020-lhi-topics/Reproductive-and-Sexual-Health>
 - <https://www.healthypeople.gov/2020/topics-objectives/topic/sexually-transmitted-diseases>



Public Health Nursing transition of services evidence-based resources: (cont.)

- HA2020
 - <http://hss.state.ak.us/ha2020/>
 - <http://hss.state.ak.us/ha2020/25LHI.htm>
- *Public Health Nursing Section: Public Health Interventions–Applications for Public Health Nursing Practice.* St. Paul: Minnesota Dept. of Health, 2001.
 - <http://www.health.state.mn.us/divs/opi/cd/phn/wheel.html>
- Lathrop, B. *Nursing Leadership in Addressing the Social Determinants of Health, Policy Politics Nursing Practice, February 2013* 14: 41-47, first published on June 21, 2013.
 - <http://ppn.sagepub.com/content/14/1/41.short?rss=1&ssource=mfr#cited-by>
- Kulbok, P., Thatcher, E., Park, E., & Meszaros, P. *Evolving public health nursing roles: focus on community participatory health promotion and prevention.* *Online J Issues Nurs.* 2012 May 31;17(2):1.
 - <http://www.ncbi.nlm.nih.gov/pubmed/22686109>
- *Prevention Institute: Measuring What Works to Achieve Health Equity: Metrics for the Determinants of Health-June2015*
 - <http://www.preventioninstitute.org/component/jlibrary/article/id-367/127.html>



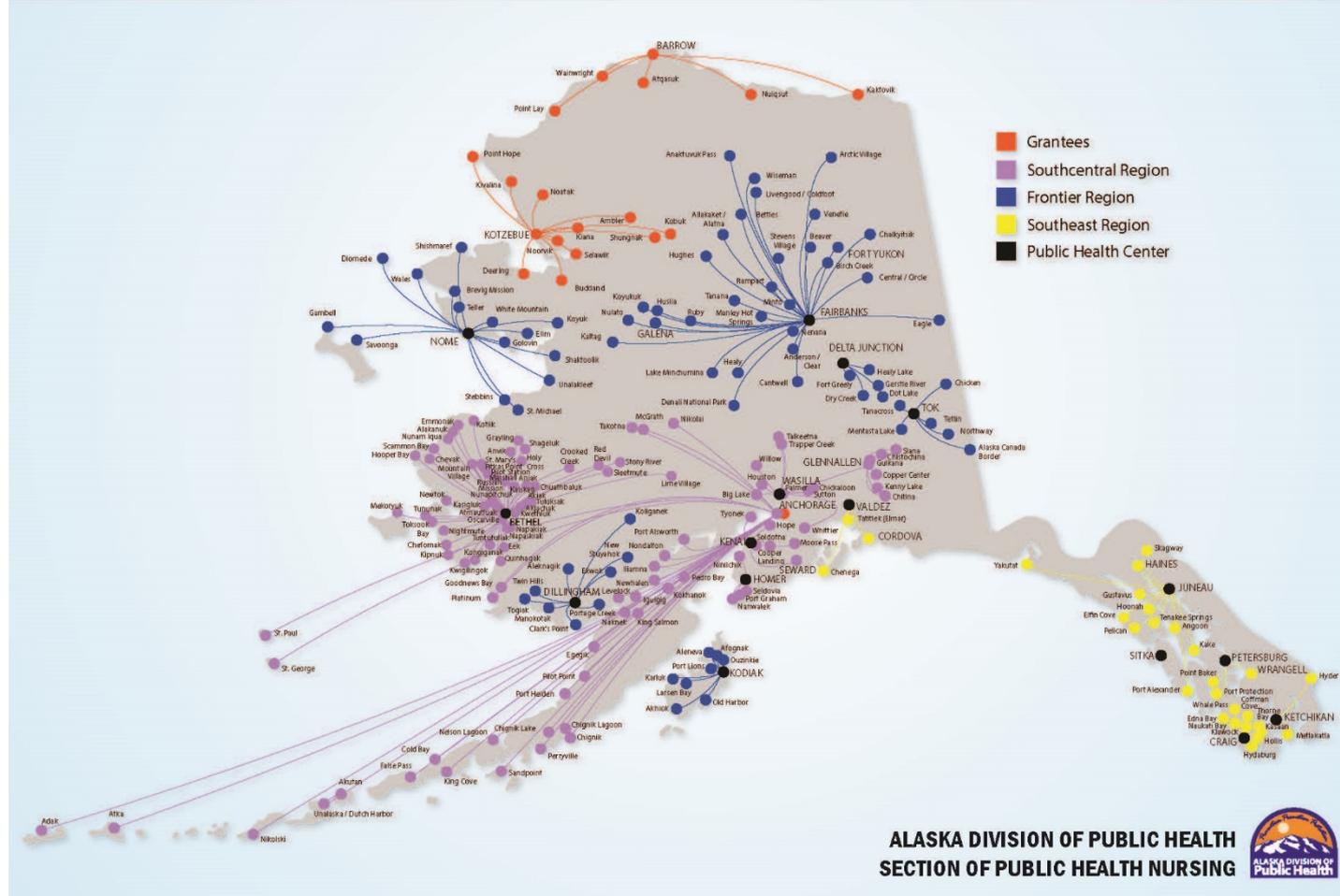
Public Health Nursing transition of services evidence-based resources: (cont.)

- Association of Public Health Nurses (APHN). *The Public Health Nurse's Role in Achieving Health Equity: Eliminating Inequalities in Health* - 12/3/15
 - <http://phnurse.org/>
 - [http://phnurse.org/resources/APHN%20Health%20Equity%20Paper-%20Version%20%2012-3-15%20\(2\).pdf](http://phnurse.org/resources/APHN%20Health%20Equity%20Paper-%20Version%20%2012-3-15%20(2).pdf)
- Association of Public Health Nurses (APHN). *The Public Health Nurse: Necessary Partner for the Future of Healthy Communities A Position Paper of the Association of Public Health Nurses* June 1, 2016
 - <http://phnurse.org/>
 - http://phnurse.org/resources/Documents/APHN-PHN%20Value-Position%20P_APPROVED%205.30.2016.pdf
- Frieden, Thomas R. *A Framework for Public Health Action: The Health Impact Pyramid*. *Am J Public Health*. 2010 April; 100(4): 590–595.
 - <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2836340/>



Thank you

PUBLIC HEALTH CENTERS AND ITINERANT PHN SERVICES MAP LIVING LOCALLY, WORKING GLOBALLY – JULY 2016



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