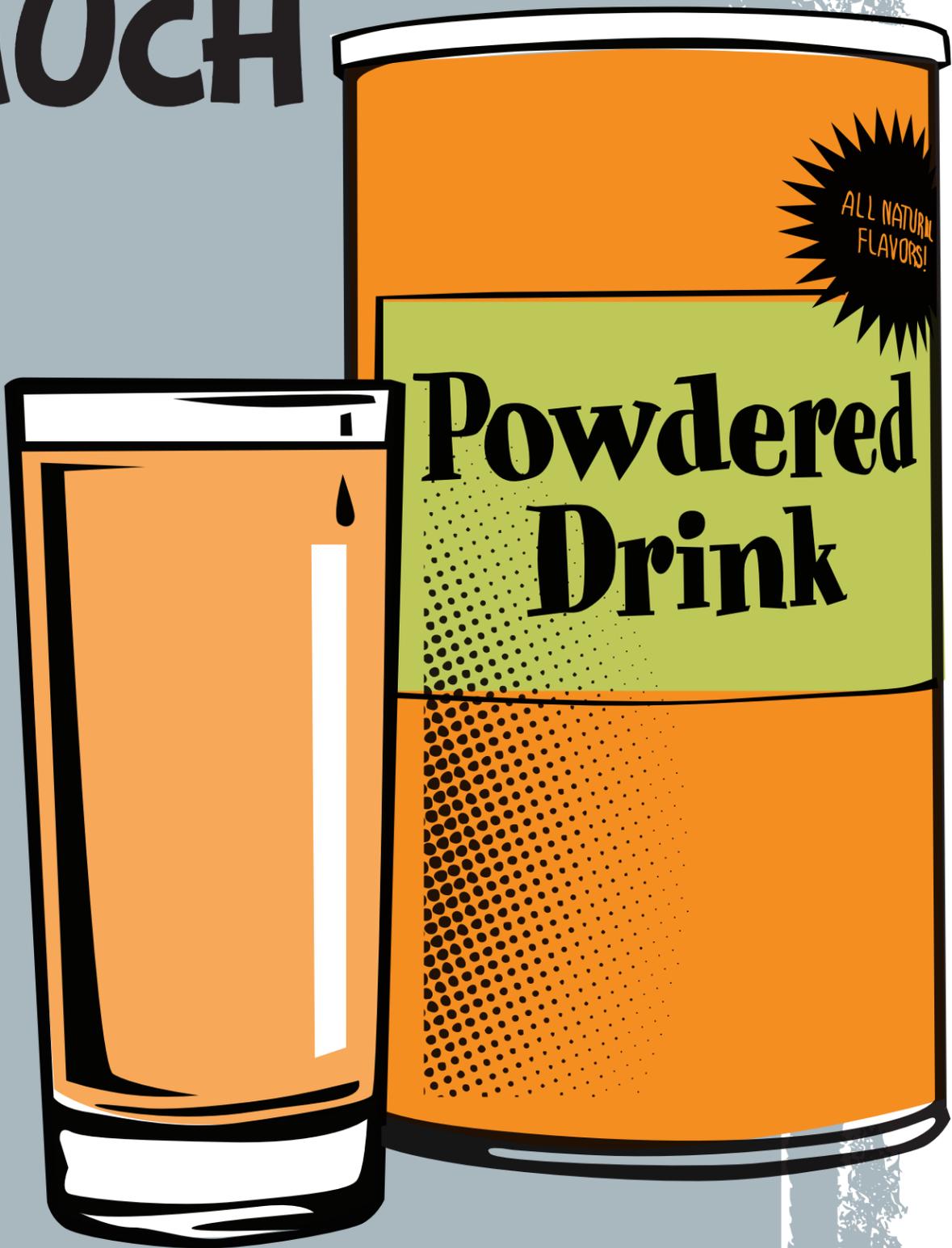


EVEN **ONE** IS TOO MUCH

**JUST ONE
POWDERED
DRINK HAS
MORE SUGAR
THAN KIDS
SHOULD HAVE
IN ONE DAY.**

Sugary drinks can
lead to cavities,
weight gain and
type 2 diabetes.



DRINK WATER



playeveryday.alaska.gov

