

# APPENDIX E: YEAR 2010 HEALTH OBJECTIVES

The U.S. Department of Health and Human Services published *Healthy People 2010: Understanding and Improving Health*<sup>1</sup> to comprehensively address health promotion and disease prevention opportunities in order to allow local communities and states to choose from among its recommendations in addressing their own highest priority needs.

The Alaska Department of Health and Social Services,

Division of Public Health has, using the framework of *Healthy People 2010*, developed targets for improving the health of Alaskans. *Healthy Alaskans 2010: Targets and Strategies for Improved Health* takes Alaska's unique situation and challenges into account.

The table below provides a brief comparison of some of the national and state objectives compared with Alaska vital statistics from 2003 through 2005.

**TABLE E.1** **YEAR 2010 HEALTH OBJECTIVES**

HEALTH INDICATOR	ALASKA STATISTICS			Healthy People Objectives	Healthy Alaskans Objectives
	2003	2004	2005		
Malignant Neoplasm (Cancer) Death Rate <sup>2</sup>	187.7	183.9	169.6	159.9	162.0
Unintentional Injuries Death Rate <sup>2</sup>	55.1	54.9	50.6	17.1	31.0
Intentional Self-Harm (Suicide) Death Rate <sup>2</sup>	20.6	23.4	19.5	5.0	11.0
Cerebrovascular Disease (Stroke) Death Rate <sup>2</sup>	60.0	52.3	52.9	48.0	60.0
Chronic Obstructive Pulmonary Disease Death Rate <sup>2</sup>	46.5	39.5	41.9	60.0	21.7
Diabetes Mellitus Death Rate, any mention <sup>2</sup>	73.0	65.6	67.0	45.0	62.0
Chronic Liver Disease and Cirrhosis Death Rate <sup>2</sup>	10.6	8.0	8.8	3.0	6.0
Infant Mortality Rate <sup>3</sup>	7.0	6.4	6.5	4.5	4.5
Neonatal Infant Mortality Rate <sup>3</sup>	3.0	2.9	3.2	2.9	2.5
Postneonatal Infant Mortality Rate <sup>3</sup>	4.0	3.5	3.2	1.2	2.3
Low Birth Weight (<2500 grams) Percent	5.9%	6.0%	6.0%	5.0%	4.0%
Very Low Birth Weight (<1500 grams) Percent	0.9%	1.2%	0.9%	0.9%	0.8%
Mothers Abstaining from Tobacco Use During Pregnancy	82.9%	84.1%	83.9%	99.0%	85.0%
Alaska Mothers Receiving Prenatal Care During the First Trimester	76.3%	76.7%	78.6%	90.0%	85.0%
White Mothers Receiving Prenatal Care During the First Trimester	80.8%	81.7%	83.5%	90.0%	85.0%
Native Mothers Receiving Prenatal Care During the First Trimester	68.5%	68.0%	70.5%	90.0%	85.0%

<sup>1</sup> U.S. Department of Health and Human Services. *Healthy People 2010: Understanding and Improving Health*. 2nd ed. Washington, DC: U.S. Government Printing Office, November 2000.

<sup>2</sup> Rate per 100,000 U.S. 2000 standard million population.

<sup>3</sup> Infant mortality rates are three-year averages using the death cohort method.

