



# Alaska Health and Disability Program Committee Meeting Minutes

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## Present

Kathy Allely (Section of Chronic Disease Prevention and Health Promotion), Amanda Cooper \*(Section of Women's, Children's, and Family Health), Rain Van Den Berg\* (Center for Human Development), Rick Benjamin (Hope Community Resources), Julia Thorsness (Section of Chronic Disease Prevention and Health Promotion), Lanny Mommsen\* (Governor's Council on Disabilities and Special Education), Darla Gillen (Fairbanks Resource Agency)

\* indicates grant steering committee member.

## Shared Goal

Improve health across the lifespan for Alaskans experiencing disability.

## Purpose

Bring together our partners from the Alaska Health & Disability Program to discuss the next steps of our Strategic Plan process.

### 1:00 Introductions and Announcements

Amanda Cooper reported that the Alaska Health and Disability Program has completed its winter newsletter. This will be a biannual newsletter. Copies were available for committee members.

### 1:10pm Strategic Plan Timeline Update

Amanda updated the committee on the strategic plan timeline. Letters are being sent to all agencies that have not committed to the action steps they are identified in. Letters will be individualized and state which action steps the agency has been identified in. Amanda will be sending these out this week and if an agency has not committed by 12/19/2014 the wording in the actions step will be amended. The wording will then be "AHDP *recommends* that Agency X will....".

### 1:15pm Discussion- Strategic Plan Dissemination

Lanny facilitated a discussion among the group regarding the dissemination of the strategic plan. The strategic plan will be available electronically as well as in print. Committee suggestions included the following:

- AHDP/ GCDSE Channels, Gov delivery
- HSS FB page
- ADN news release
- Strategic Plan overview presentation at Cancer Partnership meeting and other meetings "dog and pony show" 15-20 min canned presentation and ready to go
- AK Connect, ASD resources
- Disability Providers/Agencies AADD
- Full Lives/other conferences
- ALPHA
- Stone Soup Group
- Source America
- January Gov Council Meeting
- Upstream- to CDC and grantees

### **1:35pm Discussion- Making Progress Towards our goals**

Rain facilitated a discussion among the group regarding maintaining forward momentum. With the long break from monthly committee meetings to work on the strategic plan, agency participation currently is inconsistent. Committee suggestions included the following:

- Choose a program(s) to report on plan progress to feature at each meeting
- Topic specific meetings, and notes that give highlights
- Knowing when meetings will be (1st Wednesday, at Frontier Bldg)

### **1:45pm Partner Progress**

Amanda facilitated a discussion among the group regarding continuing the feedback loop. How are agencies going to keep AHDP updated on their progress?

Committee suggestions included the following:

- Monthly meeting that are topic specific, identified topic partners will be invited, and feedback for topic will be obtained at the monthly meeting

### **1:55pm Announcements & Upcoming Meeting Dates**

Lanny updated the committee that starting January 2015 the primary mode of communication from AHDP will be through its listserv. Committee members were encouraged to join the listserv. Joining is easy, just enter your email address [here](#)

Amanda updated the committee on the printing plan for the Strategic Plan. She has a meeting with Stephanie Birch to discuss this. Ideas include: Public Information Team as well as amending Marcy Rein's contract to include Marcy designing/formatting the Strategic Plan.

Conclusions:

- Monthly meetings will be topic specific
  - January 7, 2015: Abuse Prevention and Intervention
  - February 4, 2015: Behavioral Health
  - March 4, 2015: Emergency Preparedness
  - April 1, 2015: Nutrition and Physical Activity
  - May 6, 2015: Oral Health
  - June 3, 2015: Preventive Health Screenings
  - July 1, 2015: Sexual Health
  - August 5, 2015: Tobacco Use

## **Next Meeting**

Wednesday, January 7, 2015 from 1:00-2:00 pm in Suite 880 of the Frontier Building (3601 C Street, Anchorage)

## **Action Items**

**Lanny:** Send out meeting minutes

**Amanda:** Send out agency commitment letters

Minutes recorded by Lanny Mommsen and Rain Van Den Berg