

**(Q52) During the past 3 months, how often have you felt down, depressed or hopeless?**

	%	95% CI*	
Always	1.5	0.6	3.4
Often	6.9	4.6	10.3
Sometimes	34.1	29.2	39.3
Rarely	36.5	31.6	41.7
Never	21.1	17.2	25.6

**(Q53) During the past 3 months, how often have you had little interest or little pleasure in doing things?**

	%	95% CI*	
Always	2.3	1.2	4.3
Often	5.3	3.5	8.2
Sometimes	23.0	18.8	27.8
Rarely	38.8	33.7	44.1
Never	30.6	26.0	35.6

**(combined Q52 & Q53) Felt down, depressed or hopeless OR had little interest or little pleasure in doing things**

	%	95% CI*	
Always or often to either 52 or 53	12.6	9.5	16.5
Always or often to either 52 or 53 or sometimes to both	27.6	23.1	32.6

**(Q55) During the past 12 months, did your husband or partner push, hit, slap, kick, choke or physically hurt you in any other way?**

	%	95% CI*	
Yes	4.4	2.8	6.8

**(Q56) During the past 12 months, did your husband or partner threaten you, limit your activities against your will or make you feel unsafe in any other way?**

	%	95% CI*	
Yes	3.9	2.4	6.3

### What is CUBS?

CUBS stands for the Childhood Understanding Behaviors Survey and is a three-year follow-up to the Alaska Pregnancy Risk Assessment Monitoring System (PRAMS) survey. PRAMS sends a survey to approximately one of every six mothers of newborns in Alaska, and CUBS attempts follow-up with all mothers who completed PRAMS and whose infant was living with them at that time. The purpose of CUBS is to collect information about the health, behaviors, and early childhood experiences of children in Alaska before they enter school.

Among mothers who were sent the CUBS survey in 2008, 49% responded. Their answers were weighted to represent all mothers of 3-year-old children who were born in Alaska in 2005. The average child age at the time the mother responded to CUBS was 36 months (range 35-40 months).

For more information about CUBS, visit [www.epi.hss.state.ak.us/mcheipi/cubs/](http://www.epi.hss.state.ak.us/mcheipi/cubs/).

For questions or for specific data requests, contact Margaret Blabey, CUBS Program Coordinator, at 907-269-5657 or [margaret.blabey@alaska.gov](mailto:margaret.blabey@alaska.gov).

\*95% Confidence Intervals (CI)

**(combined Q55 & Q56) Either physical abuse OR threatening partner**

	%	95% CI*	
Yes	<b>5.0</b>	3.4	7.4

**(Q54) Indicate if any of the following things happened to you *since your 3-year-old child was born.***

	% yes	95% CI*	
I moved to a new address	<b>46.5</b>	41.2	51.8
I had a lot of bills I couldn't pay	<b>30.1</b>	25.3	35.3
Someone close to me had a bad problem with drinking or drugs	<b>15.5</b>	12.0	19.9
My husband or partner lost his job	<b>13.5</b>	10.1	17.9
My marital status changed (marriage, divorce, separation, became a widow)	<b>10.0</b>	7.2	13.7
My husband or partner or I went to jail	<b>8.9</b>	6.3	12.4
I was diagnosed with depression	<b>8.1</b>	5.6	11.6
I lost my job even though I wanted to go on working	<b>7.0</b>	4.6	10.4
I was homeless	<b>2.9</b>	1.5	5.6

**(Q62) Indicate if any of the following statements describes your situation *now*. I know someone who would...**

	% yes	95% CI*	
...listen to me if I needed to talk	<b>94.3</b>	91.6	96.1
...take me to the clinic or doctor's office if I needed a ride	<b>91.7</b>	88.6	94.0
...help me if I was sick and needed to be in bed	<b>86.5</b>	82.7	89.7
...loan me money for bills if I needed it	<b>75.9</b>	71.3	80.0