

(Q47) During the past 3 months, how often have you felt down, depressed or hopeless?

	%	95% CI*	
Always	0.2	0.1	0.7
Often	7.1	4.5	10.9
Sometimes	25.6	20.8	31.1
Rarely	31.6	26.8	36.8
Never	35.5	30.5	40.9

(Q48) During the past 3 months, how often have you had little interest or little pleasure in doing things?

	%	95% CI*	
Always	1.5	0.8	2.9
Often	4.3	2.4	7.5
Sometimes	22.1	17.6	27.5
Rarely	36.3	31.1	41.8
Never	35.8	30.7	41.2

(combined Q47 & Q48) During the past 3 months, how often have you felt down, depressed or hopeless OR had little interest or little pleasure in doing things?

	%	95% CI*	
Always or often to either 47 or 48	10.7	7.6	14.8
Always or often to either 47 or 48 or sometimes to both	23.7	19.0	29.1

(Q49) During the past 12 months, did your husband or partner push, hit, slap, kick, choke or physically hurt you in any other way?

	%	95% CI*	
Yes	3.8	2.0	7.0

(Q50) During the past 12 months, did your husband or partner threaten you, limit your activities against your will or make you feel unsafe in any other way?

	%	95% CI*	
Yes	4.2	2.4	7.1

*95% Confidence Interval

What is CUBS?

CUBS stands for the Childhood Understanding Behaviors Survey and is a three-year follow-up to the Alaska Pregnancy Risk Assessment Monitoring System (PRAMS). PRAMS sends a survey to approximately one of every six mothers of newborns in Alaska. CUBS attempts follow-up with all mothers living in Alaska who completed PRAMS and whose infant was living with them at that time. The purpose of CUBS is to collect information about health, behaviors, and experiences of young children and families in Alaska.

Among 1062 mothers who were sent the CUBS survey in 2011, 57% responded. Their answers were weighted to represent all mothers of 3-year-old children born in Alaska in 2008. The average child age at the time mothers responded was 38 months (range 37-40 months). 1.8% of mothers said their 3-year-old child was not living with them at the time.

For more information about CUBS, visit www.epi.hss.state.ak.us/mchebi/cubs/.

For questions or for specific data requests, contact Margaret Young, CUBS Program Coordinator, at 907-269-5657 or margaret.young@alaska.gov.

(combined Q49 & Q50) Either physical abuse OR threatening partner

	%	95% CI*	
Yes	6.3	3.9	10.0

(Q51) Indicate if any of the following things happened to you since your 3-year-old child was born.

	% yes	95% CI*	
I moved to a new address	48.1	42.6	53.6
I had a lot of bills I couldn't pay	29.2	24.2	34.8
My marital status changed (marriage, divorce, separation, became a widow)	22.0	17.4	27.5
Someone close to me had a bad problem with drinking or drugs	18.3	14.3	23.1
My husband or partner lost his job	17.6	13.4	22.8
I was diagnosed with depression	10.5	7.2	15.0
My husband or partner or I went to jail	9.6	6.8	13.3
I lost my job even though I wanted to go on working	7.9	5.5	11.3
I was homeless	3.8	2.3	6.4

(Q52) Indicate which of the following statements describe your situation now. I know someone who would...

	% yes	95% CI*	
...listen to me if I needed to talk	94.0	90.7	96.1
...take me to the clinic or doctor's office if I needed a ride	93.2	89.7	95.6
...help me if I was sick and needed to be in bed	89.8	85.9	92.7
...loan me money for bills if I needed it	82.1	77.6	85.8

*95% Confidence Interval