

(Q29) Has your child ever experienced any of the following events or situations?

	% yes	95% CI*	
Change in household members	42.7	37.5	48.0
Conflict between parents	26.5	21.9	31.6
Being away from either parent for longer than a one month time period	17.4	13.9	21.6
Overnight stay in hospital (not including right after birth)	12.8	9.8	16.7
Death of a close family member	10.6	8.2	13.7
Alcoholism or mental health disorder in family	6.4	4.1	9.8
Seeing violence or physical abuse in person	3.4	1.9	6.0

(Q34) Yesterday, how much time did your child spend watching television shows, videos or movies or playing video games? Include time on a computer or hand held device.

	%	95% CI*	
2+ hours	40.4	35.2	45.7
1 to <2 hours	34.3	29.3	39.7
<1 hour	13.1	10.1	17.0
None	12.2	9.0	16.3

(Q35) Yesterday, how much time did you or someone else read aloud to your child one-on-one or in a small group?

	%	95% CI*	
30 minutes or more	64.5	59.3	69.4
Less than 30 minutes	25.9	21.5	31.0
None	9.5	7.1	12.7

(Q36) How many children’s picture books are in your home now, including library books? Please only include picture books that are for young children.

	%	95% CI*	
More than 25 children’s books	72.4	67.2	77.1
11 to 25 children’s books	17.8	13.7	22.9
6 to 10 children’s books	6.5	4.3	9.9
1 to 5 children’s books	2.4	1.6	3.8
No children’s books	0.8	0.3	1.7

*95% Confidence Interval

What is CUBS?

CUBS stands for the Childhood Understanding Behaviors Survey and is a three-year follow-up to the Alaska Pregnancy Risk Assessment Monitoring System (PRAMS). PRAMS sends a survey to approximately one of every six mothers of newborns in Alaska. CUBS attempts follow-up with all mothers living in Alaska who completed PRAMS and whose infant was living with them at that time. The purpose of CUBS is to collect information about health, behaviors, and experiences of young children and families in Alaska.

Among 916 mothers who were sent the CUBS survey in 2013, 64% responded (590 women). Their answers were weighted to represent all mothers of 3-year-old children born in Alaska in 2010. The average child age at the time mothers responded was 38 months (range 37-42 months). 1.7% of mothers said their 3-year-old child was not living with them at the time.

For more information about CUBS, visit the [CUBS website](#).

For questions or for specific data requests, contact Margaret Young, CUBS Program Coordinator, at 907-269-5657 or margaret.young@alaska.gov.

(Q37) During the past week, how many days did you or someone else in your household read a book or a story to your child?

	%	95% CI*	
Every day	44.9	39.6	50.2
5 or 6 days	19.1	15.1	23.8
3 or 4 days	23.8	19.4	28.9
1 or 2 days	10.4	7.4	14.2
None	1.9	1.1	3.1

(Q38) During the past week, how many days did you and your 3-year-old child sit down and eat a meal together?

	%	95% CI*	
Every day	80.2	75.5	84.1
5 or 6 days	12.4	9.2	16.6
3 or 4 days	6.2	4.2	9.2
0, 1, or 2 days	1.2	0.5	2.7

(Q39) Indicate which of following statements describes your child’s situation now.

	% yes	95% CI*	
My child has a caring relationship with at least one adult other than his or her parents	95.8	92.3	97.8
My child’s bedtime is usually the same everyday	85.8	81.4	89.2
My child plays with children outside the family on a regular basis	81.5	76.8	85.3

*95% Confidence Interval