

Child's BMI percentile. Based on results to questions:

(Q3) How tall is your child?

(Q4) How much does your child weigh?

	%	95% CI*	
Underweight (< 5 th percentile)	5.6	3.2	9.8
Healthy weight (5 th to <85 th percentile)	57.7	51.5	63.7
Overweight (85 th to <95 th percentile)	12.7	9.2	17.2
Obese (equal to or >95 th percentile)	23.9	19.1	29.5

Note: Body Mass Index (BMI) is calculated from a child's weight and height. Category criteria and percentiles are based on the 2000 CDC growth charts. 74% of respondents provided sufficient information to calculate child's BMI.

(Q13) During the past 12 months, did your child receive ongoing care from any of the following health care specialists or therapists?

	% yes	95% CI*	
Hearing specialist (audiologist)	6.0	3.9	9.3
Speech or language therapist	5.5	3.6	8.4
Eye specialist (ophthalmologist or optometrist)	4.4	2.6	7.5
Physical or occupational therapist	3.8	2.2	6.6

(Q14) Has your child ever been enrolled in or received services from any of the following programs?

	% yes	95% CI*	
WIC	56.0	50.8	61.1
Head Start or Early Head Start	8.7	6.4	11.8
Early Intervention (EI) or Infant Learning Program (ILP)	8.1	5.7	11.3
School district special education or special needs program	3.9	2.3	6.8

(Q15) Has your child ever had repeated episodes of cough, chest tightness, trouble breathing or wheezing?

	%	95% CI*	
Yes	15.7	12.0	20.3
No	84.3	79.7	88.0

What is CUBS?

CUBS stands for the Childhood Understanding Behaviors Survey and is a three-year follow-up to the Alaska Pregnancy Risk Assessment Monitoring System (PRAMS). PRAMS sends a survey to approximately one of every six mothers of newborns in Alaska. CUBS attempts follow-up with all mothers living in Alaska who completed PRAMS and whose infant was living with them at that time. The purpose of CUBS is to collect information about health, behaviors, and experiences of young children and families in Alaska.

Among 916 mothers who were sent the CUBS survey in 2013, 64% responded (590 women). Their answers were weighted to represent all mothers of 3-year-old children born in Alaska in 2010. The average child age at the time mothers responded was 38 months (range 37-42 months). 1.7% of mothers said their 3-year-old child was not living with them at the time.

For more information about CUBS, visit the [CUBS website](#).

For questions or for specific data requests, contact Margaret Young, CUBS Program Coordinator, at 907-269-5657 or margaret.young@alaska.gov.

(Q16) Has a doctor, nurse, or other health care worker *ever* told you your child has asthma or an asthma-like condition?

	%	95% CI*	
Yes	8.6	6.0	12.3
No	91.4	87.7	94.0

(Q17) During the past 12 months, has your child used an inhaler, puffer, or nebulizer for asthma or an asthma-like condition? (Among those who reported having been told by a health care worker that their child has asthma or an asthma-like condition.)

	%	95% CI*	
Yes	70.7[^]	50.2	85.2
No	29.3[^]	14.8	49.8

(Q22) During the past 12 months, has a doctor, nurse, or other health care worker told you that your child was overweight for his or her age or height?

	%	95% CI*	
Yes	3.6	2.5	5.2
No	96.4	94.8	97.5

(Q23) Compared to other 3-year-old children, I feel my child is:

	%	95% CI*	
Underweight	0.4	0.2	1.2
Slightly underweight	8.5	6.0	12.0
About the right weight	87.7	83.9	90.7
Slightly overweight	3.0	1.7	5.4
Overweight	0.3	0.1	1.1

(Q30) During the past 12 months, have you had any concerns about how your child acts, gets along with others, or shows feelings? The concern may be about small or large problems.

	%	95% CI*	
Yes	11.6	8.7	15.4
No	88.4	84.6	91.3

(Q31) Did you seek professional help or advice because of concerns about how your child acts, gets along with others, or shows feelings? (Among those who reported having concerns.)

	%	95% CI*	
Yes	33.1	20.9	47.9
No	66.9	52.1	79.1

[^]Data may be unreliable. Number of respondents was at least 30 but less than 60.

*95% Confidence Interval